



UNIVERSITY OF TORONTO
FACULTY OF KINESIOLOGY & PHYSICAL EDUCATION

Youth Athlete Advisor	
Research Project: Mental Health Care among Elite Youth Athletes	
Union: USW 1998 Casual	
<p><i>Are you looking for challenging, meaningful work in a supportive and diverse environment? Are you looking for a career at one of Canada's top employers? Work where the world comes to think, discover and learn. Consider a career at the University of Toronto.</i></p> <p><i>The University of Toronto is strongly committed to diversity within its community and especially welcomes applications from racialized persons / persons of colour, women, Indigenous / Aboriginal People of North America, persons with disabilities, LGBTQ persons, and others who may contribute to the further diversification of ideas.</i></p>	
Deadline:	November 21, 2023
Number of Positions:	2
Rate of Pay:	\$25.00/hour
Position Start Date:	December 1, 2023
Position End Date:	May 31, 2024
Number of Hours per week:	Approximately 80 hours over the term of the contract
Classification:	USW Casual
Summary:	<p>This project is funded by the Tanenbaum Institute for Science in Sport and is focused on understanding the issues of help-seeking for mental health concerns among elite youth athletes and families. The project combines evidence-based and innovative research approaches to ensure strong youth, family, and other stakeholder voices in their initiatives.</p> <p>The project is currently seeking two (2) Youth Athlete Advisors. Reporting to Dr. Katherine Tamminen and working closely with a postdoctoral researcher and youth advisors for the project, the successful candidates will draw from their own lived/living experience with mental health challenges (as a patient, consumer, survivor, service user, family member) in sport as well as a broader system level perspective within system and service planning, education, and research activities and in the broader community.</p>

	<p>The Youth Athlete Advisors will work alongside service providers, education, and research staff to ensure that project and program goals, staffing, activities and outcomes are more relevant and better reflect the needs of people with lived/living experience. As part of their role, the Advisors will support the understanding of issues related to help-seeking for mental health concerns among elite youth athletes and families.</p> <p>The Advisors will work alongside the Youth Engagement Coordinator and postdoctoral researcher, helping to recruit Advisory Group members (youth elite athletes and parents), and supporting focus group meetings and administrative tasks related to engagement activities as needed. The Advisors will be responsible for providing consultation and recommendations on research materials and meeting documents to ensure that they are youth-friendly, relevant, and appropriate for advisory group members. The Advisors will help support and review knowledge translation and education activities, including the development of trainings, infographics, tip sheets, webinars, videos, etc.</p> <p>Successful applicants will support a healthy workplace that embraces diversity, equity and inclusion, encourages teamwork and complies with all applicable regulatory and legislative requirements. This position is located at 100 Devonshire Place (Goldring Center for High Performance Sport, Faculty of Kinesiology and Physical Education). The Advisors will be expected to be able to attend some in-person meetings, although most of the work may be completed remotely. This role will require occasional evening and weekend hours.</p> <p>As an employment equity employer, The Faculty of Kinesiology and Physical Education actively seeks First Nations, Inuit and Métis candidates, those from ethno-cultural backgrounds, women, transgender and gender diverse people, people with disabilities, people with experiences of mental health, and intersecting identities.</p>
<p>Minimum Qualifications:</p>	<p>Education: Completed or current high school education.</p> <p>Experience: The Youth Athlete Advisors will be youth (aged 16-19) with experience related to high-performance sport systems in Ontario. The Advisors may be current or former elite/high-performance youth athletes. The Advisors will have demonstrated prior experience working with youth/young adults with lived/living experience related to mental health in sport. Familiarity with mental health issues is considered an asset. Proven experience in facilitating peer group discussions or other consultations with a broad range of youth is considered an asset.</p>

	<p>Experience in supporting peers in safe and meaningful engagement and being open to diverse ways of thinking about, understanding and articulating issues related to mental health is an asset. Proven verbal and written communication skills are required. Professionalism, a positive attitude, and the ability to work effectively as a team member as well as independently are all requirements. Successful candidates will possess strong organizational and time management skills. The ability to work with people of diverse ethno-racial and cultural backgrounds is essential, as is an appreciation of diversity. A high degree of familiarity with Microsoft Office, Teams, Zoom, e-mail, and social media are required.</p> <p>Other: You have sound knowledge of equitable environments and will support and implement anti-oppressive and anti-racist best practices in the workplace and with research participants, youth, and families. You have an understanding of systemic barriers and individual experiences in the sector and have the ability to work with stakeholders of diverse identities and ethno-racial and cultural backgrounds.</p>
Method of Application	Resume and cover letter to be emailed to: katherine.tamminen@utoronto.ca
Contact Information:	Dr. Katherine Tamminen
Date Posted:	October 30, 2023