

Faculty of Kinesiology and Physical Education
 University of Toronto
 Undergraduate Academic Timetable 2023-24

YEAR I COURSES – FALL TERM

Course	Sect. Code	Title	Meeting Section	Time	Location	CAT	Instructor
ANA124H1 INPER	F	Kinesiology Human Anatomy I: Organ Systems	L0101	T 2-4 & R 2-3		REQ	Laprade
			P0101 ①	F 9-11			
			P0102 ①	F 9-11			
			P0103 ①	F 9-11			
			P0104 ①	F 9-11			
			P0105 ①	F 11-1			
			P0106 ①	F 11-1			
			P0107 ①	F 11-1			
			P0108 ①	F 11-1			
			P0109 ①	F 1-3			
			P0110 ①	F 1-3			
			P0111 ①	F 1-3			
			P0112 ①	F 1-3			
			P0113 ①	M 2-4			
			P0114 ①	M 2-4			
			P0115 ①	M 2-4			
P0116 ①	M 2-4						
KPE160H1 INPER	F	Fundamentals of Human Movement	L0101	W 9-11 & R 12 -1		REQ	Richards/Pathak
KPE162H1 INPER	F	Physical Activity and Healthy Lifestyles	L0101	T 9-11 & R 11-12		REQ	Richards
			T0101	W 6-7			
			T0102	W 6-7			
			T0103	W 6-7			
			T0104	W 6-7			
			T0105	W 5-6			
			T0106	W 5-6			
			T0107	W 5-6			
			T0108	W 5-6			
			T0109	W 4-5			
			T0110	W 4-5			
			T0111	W 4-5			
			T0112	W 4-5			
			T0113	W 2-3			
			T0114	W 2-3			
			T0115	W 2-3			
T0116	W 2-3						
T0117	W 3-4						
T0118	W 3-4						
T0119	W 3-4						
T0120	W 3-4						
KPE182H1 INPER	F	Introduction to Movement Observation and Evaluation	L0101	W 11-1		REQ	Dobney
			P0101	M 10-12			
			P0102	M 10-12			
			P0103	M 10-12			
			P0104	M 10-12			

			P0105	M 10-12		
			P0106	M 10-12		
			P0107	M 10-12		
			P0108	M 12-2		
			P0109	M 12-2		
			P0110	M 12-2		
			P0111	M 12-2		
			P0112	M 12-2		
			P0113	M 12-2		
			P0114	M 12-2		
KPE190H1 INPER	F	Inquiry in Kinesiology and Physical Education	L0101	T 12-1 R 3-5	REQ	Atkinson

YEAR I COURSES – WINTER TERM

Course	Sect. Code	Title	Meeting Section	Time	Location	CAT	Instructor
ANA125H1 INPER	S	Kinesiology Human Anatomy II: Musculoskeletal System	L0101 P0101 ① P0102 ① P0103 ① P0104 ① P0105 ① P0106 ① P0107 ① P0108 ① P0109 ① P0110 ① P0111 ① P0112 ① P0113 ① P0114 ① P0115 ① P0116 ①	T 1-3 & R 2–3 F 9-11 F 9-11 F 9-11 F 9-11 F 11-1 F 11-1 F 11-1 F 11-1 F 1-3 F 1-3 F 1-3 F 1-3 M 2-4 M 2-4 M 2-4 M 2-4		REQ	Laprade
KPE100H1 INPER	S	Physical Cultural Studies	L0101 T0101 ① T0102 ① T0103 ① T0104 ① T0105 ① T0106 ① T0107 ① T0108 ① T0109 ① T0110 ① T0111 ① T0112 ① T0113 ① T0114 ①	T 9-10 & R 9-11 T 3-4 T 3-4 T 3-4 T 3-4 T 3-4 T 3-4 T 3-4 T 4-5 T 4-5 T 4-5 T 4-5 T 4-5 T 4-5 T 4-5		REQ	Darnell
KPE120H1 HYBR	S	Foundations of Sport, Exercise, and Health Psychology	L0101 T0101 ① T0102 ① T0103 ① T0104 ① T0105 ① T0106 ① T0107 ① T0108 ① T0109 ① T0110 ① T0111 ① T0112 ① T0113 ① T0114 ①	R 12-2 W 9-10 W 9-10 W 9-10 W 9-10 W 9-10 W 9-10 W 9-10 W 10-11 W 10-11 W 10-11 W 10-11 W 10-11 W 10-11 W 10-11		REQ	Trinh
KPE161H1 INPER	S	Fitness: Principles and Practice	L0101	T 10-11 W 2-4		REQ	Taha
KPE255H1 INPER	S	Future Workplace Trends and Preparation	L0101	M 12-2 W 11-12		B	Stirling
<p>**Note: There are no pre-requisites for the course. It will be available to BKin students of all years and highly recommended for 1st and 2nd year students as a precursor to elective upper-year work-integrated learning course.</p>							

REGISTRATION NOTES FOR YEAR I:

- ❶ Tutorials/labs will be explained in the first week of lectures

LEGEND	Course:	H=half credit course, Y =full credit course, 1=St. George Campus
	Section Code:	F=fall session, S=winter session, Y=fall & winter sessions.
	Meeting Section:	L= Lecture, T = Tutorial, P = Labs
		Time: R = Thursday
	Building Key:	see Campus Map http://map.utoronto.ca/
	ACORN	www.acorn.utoronto.ca

YEAR II COURSES – FALL TERM

Course	Sect. Code	Title	Meeting Section	Time	Location	CAT	Instructor
KPE200H1 INPER	F	Physical Cultural Studies: Theories, Bodies, Politics, Contexts and Praxis	L0101	W 10-12		REQ	Fusco
			T0101	R 1-2			
			T0102	R 1-2			
			T0103	R 1-2			
			T0104	R 1-2			
			T0105	R 1-2			
			T0106	R 1-2			
			T0107	R 1-2			
			T0108	R 1-2			
			T0109	R 1-2			
			T0110	R 1-2			
KPE220H1 INPER	F	Psychosocial Development	L0101	W 2-5		REQ	Mainwaring
KPE260H1 INPER	F	Human Physiology I	L0101	T 9-11 & R 11-12		REQ	Locke
			P0101	M 10-11			
			P0102	M 10-11			
			P0103	M 10-11			
			P0104	M 10-11			
			P0105	M 11-12			
			P0106	M 11-12			
			P0107	M 11-12			
			P0108	M 11-12			
			P0109	M 12-1			
			P0110	M 12-1			
			P0111	M 12-1			
			P0112	M 12-1			
			P0113	M 1-2			
			P0114	M 1-2			
			P0115	M 1-2			
P0116	M 1-2						
KPE261H1 INPER	F	Theory of Motor Skill Acquisition – Motor Learning	L0101	T 1-3 & W 12-1		REQ	Chen
			P0101	R 9-10			
			P0102	R 9-10			
			P0103	R 10-11			
			P0104	R 10-11			
			P0105	F 10-11			
			P0106	F 10-11			
			P0107	F 11-12			
			P0108	F 11-12			
			P0109	T 3-4			
			P0110	T 3-4			
P0111	T 4-5						

		P0112	T 4-5		
KPE291H1 INPER	F	Research Design and Evaluation: Quantitative Approaches	L0101 ⑤	W 9-10 & R 3-5	REQ Hutchison

YEAR II COURSES – WINTER TERM

Course	Sect. Code	Title	Meeting Section	Time	Location	CAT	Instructor
KPE240H1 INPER	S	Indigenous & Black Histories: Health, Healing and Physical Activity	L0101	T 9-10 R 9-11		REQ	McGuire-Adams
KPE263H1 INPER	S	Introductory Biomechanics	L0101 P0101 P0102 P0103 P0104 P0105 P0106 P0107 P0108 P0109 P0110 P0111 P0112	T 1-3 & R 4-5 M 9-12 M 9-12 M 9-12 M 9-12 M 12-3 M 12-3 M 12-3 M 12-3 M 3-6 M 3-6 M 3-6 M 3-6		REQ	Burkhart
KPE264H1 INPER	S	Exercise Physiology	L0101 P0101 P0102 P0103 P0104 P0105 P0106 P0107 P0108 P0109 P0110 P0111 P0112	T 10-11 & R 11-1 F 10-12 F 10-12 F 10-12 F 10-12 T 5-7 T 5-7 T 5-7 T 5-7 T 3-5 T 3-5 T 3-5 T 3-5		REQ	Gillen
KPE282H1 INPER	S	Physical Activity and Exercise Applications	L0101 P0101 P0102 P0103 P0104 P0105 P0106 P0107 P0108 P0109 P0110	W 3-5 W 12-2 W 12-2 W 12-2 W 12-2 W 12-2 R 2-4 R 2-4 R 2-4 R 2-4 R 2-4		REQ	Dobney
KPE391H1 INPER	S	Research Design and Evaluation: Qualitative Approaches	L0101 ⁵	T 12-1 & W 9-11		REQ	Orr

YEAR III and IV COURSES – FALL TERM

Course	Sect. Code	Title	Meeting Section	Time	Location	CAT	Instructor
KPE305H1 INPER	F	Geographies of Social and Environmental Justice in Health and Physical Culture	L0101	T 2-5		A	Fusco
KPE319H1 INPER	F	Special Topics: Sport Media and Culture	L0101	W 4-7		A	Sailofsky
KPE320H1 SYNC	F	Administrative Theory and Organizational Behaviour	L0101	T 5-8		B	VanWiechen
KPE324H1 INPER	F	Advanced Sport Psychology	L0101	W 3-6		B	Gairdner
KPE325H1 INPER	F	Stress & Coping	L0101	T 4-7		B	Bonk
KPE326H1 INPER	F	Aging, Health and Physical Activity	L0101 P0101 P0102	M 9-11 M 11-1 M 11-1		B	Amara
KPE327H1 INPER	F	Exercise and Mental Health	L0101	W 4-7		B	deJonge
KPE328H1 INPER	F	Exercise and Nutrition for Health and Performance	L0101	W 9-11 R 2-3		B	Moore
KPE329H1 INPER	F	Developing Physical Literacy Foundations in the Early Years	L0101 P0101	T 2-4 W 9:30-11:30		B	Razack
KPE331H1 INPER	F	Sport Analytics Game Theory and Tactics	L0101	W 2-4 R 3-4		B	Taha
KPE333H1 INPER	F	The Pedagogy of Playing Games	L0101	T 3-4 R 12-2		B	Lowe
KPE334H1 INPER	F	Adapted Physical Activity	L0101 P0101 P0102 P0103 P0104 P0105 P0106	T 9-12 R 9-12 R 9-12 R 9-12 R 9-12 R 9-12		REQ ²	Arbour-Nicitopoulos
KPE336H1 INPER	F	Outdoor Physical Activity and Recreation	L0101	M 1-4		B	Kirk
KPE340H1 HYBR	F	Introduction to Physical Activity Pedagogy	L9999 P0101	ASYNC W 1-3		B	Razack
KPE342H1 INPER	F	Theory of Coaching Part I	L0101 ①	T 12-1:30 R 2-3:30		B	Lowe
KPE355Y1 INPER	Y	Interpersonal Theory in Kinesiology and Physical Education	L0101 ④ T0101 ① T0102 ① T0103 ① T0104 ① T0105 ① T0106 ① T0107 ①	M 11-1 M 11-12 M 11-12 M 11-12 M 12-1 M 12-1 M 12-1 M 11-12	1 st Term	B	Banwell

			T0108 ❶	M 11-12		
			T0109 ❶	M 11-12		
			T0110 ❶	M 12-1		
			T0111 ❶	M 12-1		
			T0112 ❶	M 12-1		
KPE360H1 INPER	F	Advanced Cardiorespiratory Physiology	L0101 P0101 ❶ P0102 ❶ P0103 ❶ P0104 ❶ P0105 ❶ P0106 ❶	T 2-5 W 3-5 W 3-5 W 11-1 W 11-1 W 1-3 W 1-3	C	Bentley
KPE362H1 INPER	F	Neural Basis of Human Movement	L0101	M 12-1 W 11-1	C	Welsh
KPE366H1 INPER	F	Ergonomics	L0101	M 4-7	C	Raina
KPE370H1 INPER	F	Science and Practice of Training for Sport Performance	L0101	M 11-1 R 12-1	C	Taha
KPE372H1 INPER	F	Injury and Orthopedic Biomechanics	L0101	M 9-11 & W 9-10	C	Burkhart
KPE390Y1 INPER	Y	Directed Research	L0101 ❸	F 11-12	B	Various
KPE400H1 INPER	F	Ethics and Power in Kinesiology, Physical Education and Health Fields	L0101 T0101 T0102 T0103 T0104 T0105 T0106	T 12-2 R 1-2 T 2-3 T 2-3 T 3-4 T 3-4 T 4-5 T 4-5	REQ.	Joseph
KPE401H1 INPER	F	International Development Through Sport	L0101	M 9-10 W 11-1	A	Darnell
KPE404H1 INPER	F	Illness, Disease and Physical Culture	L0101	M 9-12	A	Atkinson
KPE407H1 INPER	F	Maltreatment in Youth Sport	L0101	M 4-7	A	Battaglia
KPE416H1 INPER	F	Special Topics: Sport in Films	L0101	R 4-7	A	Rahman
KPE422H1 INPER	F	Topics in Coaching	L0101	W 12-3	B	Drakich
KPE423H1 INPER	F	Theory of Dance Performance	L0101 P0101	M 2-3:30 W 1-2:30	B	Berg
KPE432H1 INPER	F	Legal Aspects of Sport, Recreation and Kinesiology	L0101	R 3-6	B	Mazzucco
KPE434H1 INPER	F	Advanced Adapted Physical Activity	L0101 P0101	R 3-5 T 10-12	B	Huynh
KPE438H1 INPER	F	Special Topics in Kinesiology: Psychology of Body Image	L0101	M 1-4	B	Brown
KPE439H1 INPER	F	Special Topics: Innovation and Entrepreneurship in Kinesiology	L0101	M 2-5	B	Buryk

KPE455Y1 INPER	Y Kinesiology and Physical Education in Society	L0101 ④ T0101 ① T0102 ① T0103 ① T0104 ① T0105 ① T0106 ①	R 11-1 R 11-12 R 11-12 R 11-12 R 12-1 R 12-1 R 12-1	(1 st Term)	B	Banwell
KPE461H1 INPER	F Speed and Power	L0101 T0101	T 9-11 W 11-1		C	Taha
KPE463H1 INPER	F Topics in Professional Kinesiology	L0101	M 11-2		C	Lawrence
KPE471H1 INPER	F Musculoskeletal Biomechanics	L0101	R 9-12		C	Hossain
KPE490Y1 INPER	Y Advanced Research	L0101 ⑤	F 11-12		B	Various
KPE495H1 INPER	Y/S Independent Study	L0101 ⑤	F 11-12		B	Various

YEAR III and IV COURSES – WINTER TERM

Course	Sect. Code	Title	Meeting Section	Time	Location	CAT.	Instructor
KPE300H1 INPER	S	Physical Culture and Social Inequality	L0101 T0101 T0102 T0103	T 4-7 R 11-12 R 11-12 R 12-1		A	Sailofsky
KPE306H1 INPER	S	Hockey in Canadian Society	L0101	M 12-1:30 & W 12-1:30		A	Lowe
KPE310H1 INPER	S	Sport and Climate Change	L0101	R 4-7		A	Orr
KPE321H1 INPER	S	Population Health	L0101	W 4-7		B	Lombardo
KPE322H1 INPER	S	Psychology of Injury and Rehabilitation	L0101	W 11-2		B	Mainwaring
KPE329H1 INPER	S	Developing Physical Literacy Foundations in the Early Years	L0101 P0101	T 12-2 W 9:30-11:30		B	Razack
KPE330H1 INPER	S	Advanced Exercise Psychology	L0101	W 3-6		B	Trinh
KPE331H1 INPER	S	Sport Analytics Game Theory and Tactics	L0101	W 9-11 R 10-11		B	Taha
KPE332H1 INPER	S	Innovations in Mobile Health	L0101	W 11-12 R 12-2		B	Shah
KPE335H1 INPER	S	Global Sports Law	L0101	W 5-8		B	Mazzucco
KPE342H1 INPER	S	Theory of Coaching Part I	L0101 ①	T & R 8:30-10		B	Lowe
KPE355Y1 INPER	Y	Interpersonal Theory in Kinesiology and Physical Education	L0101 ④ T0101 ① T0102 ① T0103 ① T0104 ① T0105 ① T0106 ① T0107 ① T0108 ① T0109 ① T0110 ① T0111 ① T0106 ①	M 11-1 M 11-12 M 11-12 M 11-12 M 12-1 M 12-1 M 12-1 M 11-12 M 11-12 M 11-12 M 12-1 M 12-1 M 12-1		B	Banwell
KPE361H1 INPER	S	Motor Control	L0101	W 2-5		C	Tremblay
KPE363H1 INPER	S	Sport Medicine	L0101 T0101 ① T0102 ① T0103 ① T0104 ① T0105 ① T0106 ①	T 9-10 & R 9-11 M 4-5 M 4-5 M 5-6 M 5-6 M 6-7 M 6-7		C	Richards

KPE366H1 INPER	S	Ergonomics	L0101	M 4-7	C	Raina
KPE367H1 INPER	S	Sport and Exercise Biomechanics	L0101	M 5:30-7 W 12-1:30	C	Dobney
KPE369H1 INPER	S	Human Physiology II	L0101	T 12-1 R 12-2	C	Amara
KPE370H1 INPER	S	Science and Practice of Training for Sport Performance	L0101	M 11-1 R 11-12	C	Taha
KPE380H1 INPER	S	Advanced Assessment and Exercise Program Design	L0101 ❶	T & R 2-4	B	Dobney
KPE390Y1 INPER	Y	Directed Research	L0101 ❷	F 11-12	B	Various
KPE391H1 INPER	S	Research Design and Evaluation: Qualitative Approaches	L0101 ❸	T 12-1 & W 9-11	REQ	Orr
KPE405H1 INPER	S	Race, Indigeneity and Physical Culture	L0101	W 2-5	A	Rahman
KPE409H1 INPER	S	Sport, Physical Activity and Human Rights	L0101	R 5-8	A	Donnelly
KPE418H1 INPER	S	Special Topics Course: Criminology of Sport and Games	L0101	M 5-8	A	Sailofsky
KPE421H1 INPER	S	The Role of Physical Activity in Girls' and Women's Health	L0101	W 5-8	B	Gairdner
KPE423H1 INPER	S	Theory of Dance Performance	L0101 P0101	M 10-11:30 M 11:30-1	B	Berg
KPE426H1 INPER	S	Exercise and Cancer Survivorship	L0101	M 9-12	B	Lawrence
KPE427H1 HYBR	S	Health & Physical Education in the Elementary Years	L9999 P0101	ASYNCR W 2-4	B	Razack
KPE428H1 INPER	S	Nutrition and Ergogenic Aids in Health and Performance	L0101	W 2-5	B	Moore
KPE429H1 SYNC	S	Sport Management	L0101	R 4-7	B	VanWiechen
KPE431H1 INPER	S	Positive Psychology Coaching	L0101	T 10-1	B	Stirling
KPE434H1 INPER	S	Advanced Adapted Physical Activity	L0101 P0101	R 10-12 T 10-12	B	Huynh
KPE436H1 INPER	S	Outdoor Education and Environmental Stewardship	L0101	M 1-4	B	Kirk
KPE442H1 INPER	S	Theory of Coaching Part II	L0101	T & R 10-11:30	B	Lowe
KPE455Y1 INPER	Y	Kinesiology and Physical Education in Society	L0101 ❹ T0101 ❶ T0102 ❶ T0103 ❶ T0104 ❶ T0105 ❶ T0106 ❶	R 11-1 R 11-12 R 11-12 R 11-12 R 12-1 R 12-1 R 12-1	(2nd term) B	Banwell

KPE462H1 INPER	S	Human Environmental Exercise Physiology	L0101	T 1-3 & R 1-2	C	Jacobs
KPE467H1 INPER	S	Cellular Physiology	L0101	T 11-12 W 9-11	C	Locke
KPE469H1 INPER	S	Performance and Neuroplasticity	L0101	T 2-3:30 W 2-3:30	C	Chen
KPE470H1 INPER	S	Science in Sport, Health and Exercise	L0101	T 9-11 W 1-2	C	Locke
KPE474H1 INPER	S	Exercise Training and Non- Responder Physiology	L0101	W 9-12	C	Bentley
KPE490Y1 INPER	Y	Advanced Research	L0101 ⑤	F 11-12	B	Various
KPE495H1 INPER	Y/S	Independent Study	L0101 ⑤	F 11-12	B	Various

REGISTRATION NOTES FOR YEAR III-IV:

- ① Tutorials/labs will be arranged in the first week of lectures or via course website.
- ② Required course for students admitted in September 2015 or later.
- ③ Check KPE Calendar for information and procedures. Research activities may be remote or in person as determined with supervisor.
- ④ Infield learning placements will be primarily in person with a few remote placement site options at the time of application.
- ⑤ Can be taken in either second or third year. Please see an academic advisor to assist with your course planning.

Reading Weeks and Sessional Breaks

There will be a Reading Week in each of the Fall and Winter terms. No academic classes will take place during these weeks.

Fall term: November 6-10, 2023

Winter term: February 19-23, 2024

There will be no classes held during the following weeks between terms.

December 21, 2023 – January 5, 2024

📍 LEGEND FOR KPE GYM/ACTIVITY SPACES

Sports Gym 1	BN W1
Sports Gym 2	BN W2
Upper Gym	BN W3
Field House Court 1	WS FH1
Field House Court 2	WS FH2
Field House Court 3	WS FH2
Field House Court 4	WS FH3
Benson Dance Studio	BN 219
Goldring Fitness Studio	GO 310

Delivery Mode Code Description

INPER	In Person meeting sections require attendance at a specific time and physical location for most or all activities.
HYBR	Hybrid meeting sections involve a mix of online and in-person interaction and require attendance at a specific time and physical location for some activities.
SYNC	Online Synchronous meeting sections require online attendance at a specific time for some or all activities. Attendance at a specific location is not required with the exception of final or interim assessments, which may require attendance at a specific physical location.
ASYNC	Online Asynchronous meeting sections do not require attendance at a specific time or location for any activities, with the exception of final or interim assessments, which may require attendance at a specific time and specific physical location.

*Definitions apply to the course as a whole (e.g., the combined experience of lecture / lab / tutorial)

Statement Regarding In-Person Learning

The University of Toronto delivers academic programs through an in-person learning environment. All students should therefore plan to attend on-campus activities in-person in order to successfully complete their program/ degree unless: (i) students have been approved by

the University to participate in off-campus activities (such as study abroad or work terms), or (ii) the calendar entry for a program/degree explicitly states that no in-person activities are required.

While the University strives to maintain an in-person learning environment, the University reserves the right to alter the manner in which it delivers its courses and co-curricular opportunities in response to health and safety emergencies and public health guidance.

Recommended technology requirements for online/remote learning

The University of Toronto has identified [minimum technical requirements](#) needed for students to access remote/online learning. Institutional supports are available for any students experiencing challenges in acquiring these minimum requirements. Please contact undergrad.kpe@utoronto.ca for more information.