

Faculty of Kinesiology and Physical Education
 University of Toronto
 Undergraduate Academic Timetable 2022-23

YEAR I COURSES – FALL TERM

Course	Sect. Code	Title	Meeting Section	Time	Location	CAT	Instructor
ANA126Y1 INPER	Y	Elementary Human Anatomy	L0101	T 1-3 & R 2-3	TBD	REQ	Laprade
			P0101	F 9-11			
			P0102	F 9-11			
			P0103	F 9-11			
			P0104	F 11-1			
			P0105	F 11-1			
			P0106	F 11-1			
			P0107	F 1-3			
			P0108	F 1-3			
P0109	F 1-3						
KPE100H1 INPER	F	Physical Cultural Studies	L0101	W 1-3	TBD	REQ	Darnell
			T0101 ①	W 3-4			
			T0102 ①	W 3-4			
			T0103 ①	W 3-4			
			T0104 ①	W 3-4			
			T0105 ①	W 3-4			
			T0106 ①	W 3-4			
			T0107 ①	W 4-5			
			T0108 ①	W 4-5			
			T0109 ①	W 4-5			
			T0110 ①	W 4-5			
			T0111 ①	W 4-5			
T0112 ①	W 4-5						
KPE160H1 INPER	F	Fundamentals of Human Movement	L0101	T 9-10 & W 9 -11	TBD	REQ	Richards/ Bek
KPE182H1 HYBR	F	Introduction to Movement Observation and Evaluation	L0101	T 10:30-11:30 & R 9-11	TBD	REQ	TBD
			L0102	T 10:30-11:30 & R 9-11			
			L0103	T 10:30-11:30 & R 9-11			
			L0104	T 10:30-11:30 & R 9-11			
			L0105	T 10:30-11:30 & R 9-11			
			L0106	T 11:30-12:30 & R 11:30-1:30			
			L0107	T 11:30-12:30 & R 11:30-1:30			
			L0108	T 11:30-12:30 & R 11:30-1:30			
			L0109	T 11:30-12:30 & R 11:30-1:30			
			L0110	T 11:30-12:30 & R 11:30-1:30			
KPE190H1 INPER	F	Inquiry in Kinesiology and Physical Education	L0101	R 3-5	TBD	REQ	Ali
			T0101	T 3-4			
			T0102	T 3-4			
			T0103	T 3-4			
			T0104	T 3-4			

T0105	T 3-4
T0106	T 4-5
T0107	T 4-5
T0108	T 4-5
T0109	T 4-5
T0110	T 4-5
T0111	T 5-6
T0112	T 5-6
T0113	T 5-6
T0114	T 5-6

YEAR I COURSES – WINTER TERM

Course	Sect. Code	Title	Meeting Section	Time	Location	CAT	Instructor
ANA126Y1 INPER	Y	Elementary Human Anatomy	L0101	T 1-3 & R 2-3	TBD	REQ	Laprade
			P0101	F 9-11			
			P0102	F 9-11			
			P0103	F 9-11			
			P0104	F 11-1			
			P0105	F 11-1			
			P0106	F 11-1			
			P0107	F 1-3			
			P0108	F 1-3			
			P0109	F 1-3			
KPE120H1 HYBR	S	Foundations of Sport, Exercise, and Health Psychology	L0101	W 9-10	TBD	REQ	Trinh
			T0101 ①	W 10-11			
			T0102 ①	W 10-11			
			T0103 ①	W 10-11			
			T0104 ①	W 10-11			
			T0105 ①	W 11-12			
			T0106 ①	W 11-12			
			T0107 ①	W 11-12			
			T0108 ①	W 11-12			
			T0109 ①	W 12-1			
			T0110 ①	W 12-1			
			T0111 ①	W 12-1			
T0112 ①	W 12-1						
KPE161H1 INPER	S	Fitness: Principles and Practice	L0101	W 2-5	TBD	REQ	Farra
			P0101	T 6-8			
			P0102	T 6-8			
			P0103	T 6-8			
			P0104	T 6-8			
			P0105	W 6-8			
			P0106	W 6-8			
			P0107	W 6-8			
			P0108	W 6-8			
			P0109	R 6-8			
			P0110	R 6-8			
			P0111	R 6-8			
P0112	R 6-8						
KPE162H1 INPER	S	Personal Health	L0101	T 11-12 & R 12-2	TBD	REQ	Richards
			T0101	T 10-11			
			T0102	T 10-11			
			T0103	T 10-11			
			T0104	T 10-11			

T0105	T 9-10
T0106	T 9-10
T0107	T 9-10
T0108	T 9-10
T0109	R 10-11
T0110	R 10-11
T0111	R 10-11
T0112	R 10-11
T0113	R 9-10
T0114	R 9-10
T0115	R 9-10
T0116	R 9-10

REGISTRATION NOTES FOR YEAR I:

- ① Tutorials/labs will be explained in the first week of lectures

LEGEND	Course:	H=half credit course, Y =full credit course, 1=St. George Campus
	Section Code:	F=fall session, S=winter session, Y=fall & winter sessions.
	Meeting Section:	L= Lecture, T = Tutorial, P = Labs
		Time: R = Thursday
	Building Key:	see Campus Map http://map.utoronto.ca/
	ACORN	www.acorn.utoronto.ca

YEAR II COURSES – FALL TERM

Course	Sect. Code	Title	Meeting Section	Time	Location	CAT	Instructor
KPE200H1 INPER	F	Physical Culture and the Human Condition	L0101	T 5-7	TBD	REQ	Razack
KPE220H1 HYBR	F	Psychosocial Development	L0101	W 2-4	TBD	REQ	Mainwaring
KPE260H1 INPER	F	Human Physiology I	L0101	T 9-11 & R 9-11	TBD	REQ	Locke
			P0101	M 3-4			
			P0102	M 3-4			
			P0103	M 3-4			
			P0104	M 3-4			
			P0105	M 4-5			
			P0106	M 4-5			
			P0107	M 4-5			
			P0108	M 4-5			
			P0109	M 5-6			
			P0110	M 5-6			
			P0111	M 5-6			
			P0112	M 5-6			
			P0113	M 6-7			
			P0114	M 6-7			
			P0115	M 6-7			
			P0116	M 6-7			
KPE261H1 INPER	F	Theory of Motor Skill Acquisition – Motor Learning	L0101	T 12-2 & R 12-1	TBD TBD	REQ	Chen
			P0101	T 2-3			
			P0102	T 2-3			
			P0103	T 3-4			

			P0104	T 3-4			
			P0105	T 4-5			
			P0106	T 4-5			
			P0107	R 2-3			
			P0108	R 2-3			
			P0109	R 3-4			
			P0110	R 3-4			
			P0111	R 4-5			
			P0112	R 4-5			
KPE291H1 INPER	F	Research Design and Evaluation: Quantitative Approaches	L0101	W 10-12	TBD	REQ	Hutchison

YEAR II COURSES – WINTER TERM

Course	Sect. Code	Title	Meeting Section	Time	Location	CAT	Instructor
KPE263H1 INPER	S	Introductory Biomechanics	L0101	T 2-4 & R 2-3	TBD	REQ	Burkhart
			P0101	M 9-12			
			P0102	M 9-12			
			P0103	M 9-12			
			P0104	M 9-12			
			P0105	M 12-3			
			P0106	M 12-3			
			P0107	M 12-3			
			P0108	M 12-3			
			P0109	M 3-6			
			P0110	M 3-6			
			P0111	M 3-6			
P0112	M 3-6						
KPE264H1 HYBR	S	Exercise Physiology	L0101	T 10-11	TBD	REQ	Gillen
			P0101	T 4-6			
			P0102	T 4-6			
			P0103	T 4-6			
			P0104	T 4-6			
			P0105	W 4-6			
			P0106	W 4-6			
			P0107	W 4-6			
			P0108	W 4-6			
			P0109	R 4-6			
			P0110	R 4-6			
			P0111	R 4-6			
P0112	R 4-6						
KPE282H1 HYBR	S	Physical Activity and Exercise Applications	L0101	T 11:30-12:30 & R 9-11	TBD	REQ	TBD
			L0102	T 11:30-12:30 & R 9-11			
			L0103	T 11:30-12:30 & R 9-11			
			L0104	T 11:30-12:30 & R 9-11			
			L0105	T 11:30-12:30 & R 9-11			
			L0106	T 12:30-1:30 & R 11:30-1:30			
			L0107	T 12:30-1:30 & R 11:30-1:30			
			L0108	T 12:30-1:30 &			

			L0109	R 11:30-1:30 T 12:30-1:30 & R 11:30-1:30	TBD		
			L0110	T 12:30-1:30 & R 11:30-1:30	TBD		
KPE290H1 INPER	S	Research Design and Evaluation: Qualitative Approaches	L0101 T0101 T0102 T0103 T0104 T0105 T0106 T0107 T0108 T0109 T0110 T0111 T0112 T0113 T0114	W 9-11 W 11-12 W 11-12 W 11-12 W 11-12 W 12-1 W 12-1 W 12-1 W 12-1 W 12-1 W 12-1 W 1-2 W 1-2 W 1-2 W 1-2	TBD	REQ	Ali

YEAR III and IV COURSES – FALL TERM

Course	Sect. Code	Title	Meeting Section	Time	Location	CAT	Instructor
KPE305H1 HYBR	F	Geographies and Environments of Health and Physical Culture	L0101	W 11-12:30	TBD	A	Fusco
KPE309H1 INPER	F	Innovating Change in Fitness and Exercise Cultures	L0101	R 9-12	TBD	A	Ali
KPE320H1 SYNC	F	Administrative Theory and Organizational Behaviour	L0101	W 4-5:30	SYNC	B	VanWiechen
KPE324H1 INPER	F	Advanced Sport Psychology	L0101	R 12-3	TBD	B	Gairdner
KPE327H1 INPER	F	Exercise and Mental Health	L0101	W 2-5	TBD	B	Murray
KPE328H1 INPER	F	Exercise and Nutrition for Health and Performance	L0101	R 10-12	TBD	B	Moore
KPE329H1 INPER	F	Developing Physical Literacy Foundations in the Early Years	L0101 P0101	T 10-12 W 10-11:30	TBD TBD	B	Finlay-Watson
KPE333H1 INPER	F	The Pedagogy of Playing Games	L0101	T 12-1 & R 12-2	TBD	B	Low
KPE334H1 INPER	F	Adapted Physical Activity	L0101 T0101	T 9-11 F 9-11	TBD TBD	REQ ②	Arbour- Nicitopoulos
KPE340H1 HYBR	F	Introduction to Physical Activity Pedagogy	L9999 P0101	ASync T 1-3	TBD TBD	B	Finlay-Watson
KPE342H1 INPER	F	Theory of Coaching Part I	L0101 ①	T & R 8:30-10	TBD	B	Low

KPE355Y1 HYBR	Y	Interpersonal Theory in Kinesiology and Physical Education	L0101 ④ T0101 ① T0102 ① T0103 ① T0104 ① T0105 ① T0106 ① T0107 ① T0108 ① T0109 ① T0110 ① T0111 ① T0112 ①	W 12-2 W 12-1 W 12-1 W 12-1 W 1-2 W 1-2 W 1-2 W 12-1 W 12-1 W 12-1 W 1-2 W 1-2 W 1-2	SYNC TBD TBD TBD TBD TBD TBD TBD TBD TBD TBD TBD TBD	B	Banwell
KPE360H1 INPER	F	Advanced Cardiorespiratory Physiology	L0101 P9101 ① P0102 ① P0103 ① P0104 ① P0105 ① P0106 ①	W 3-6 M 9-11 M 9-11 M 11-1 M 11-1 M 1-3 M 1-3	TBD	C	Bentley
KPE362H1 INPER	F	Neural Basis of Human Movement	L0101	M 12-1 & W 1-3	TBD	C	Welsh
KPE366H1 INPER	F	Ergonomics	L0101	M 4-7	TBD	C	TBD
KPE368H1 INPER	F	Sport Concussion	L0101	R 1-4	TBD	C	Hutchison
KPE369H1 HYBR	F	Human Physiology II	L0101	T 4-6	TBD	C	TBD
KPE371H1 HYBR	F	Lifestyle & Metabolic Disease	L0101	T 9-10	TBD	C	Gillen
KPE372H1 INPER	F	Injury and Orthopedic Biomechanics	L0101	T 10-12 R 11-12	TBD	C	Burkhart
KPE390Y1 INPER	Y	Directed Research	L0101 ⑤	F 11-12	TBD	B	Amara
KPE400H1 INPER	F	Ethics and Power in Kinesiology, Physical Education and Health Fields	L0101 T0101 T0102 T0103 T0104 T0105 T0106	T 11-1 T 1-2 T 2-3 T 3-4 T 1-2 T 2-3 T 3-4	TBD	REQ.	Joseph
KPE403H1 HYBR	F	Gender/s, Sexualities and Sport	L0101	R 1-2:30	TBD	A	Fusco
KPE407H1 INPER	F	Maltreatment in Youth Sport	L0101	T 4-7	TBD	A/B	Battaglia
KPE408H1 INPER	F	Sport and the “War on Terror”	L0101	W 2-5	TBD	A	Ali
KPE422H1 HYBR	F	Topics in Coaching	L0101	W 12-2	TBD	B	Drakich
KPE423H1 INPER	F	Theory of Dance Performance	L0101	M 4-6	TBD	B	Berg

KPE432H1 INPER	F	Legal Aspects of Sport, Recreation and Kinesiology	L0101	T 5-8	TBD	B	Mazzucco
KPE438H1 SYNC	F	Special Topics in Kinesiology: Psychology of Body Image	L0101	W 10-12	SYNC	B	Vani
KPE455Y1 HYBR	Y	Kinesiology and Physical Education in Society	L0101 ④ T0101 ① T0102 ① T0103 ① T0104 ① T0105 ① T0106 ①	T 5-7 T 5-6 T 5-6 T 5-6 T 6-7 T 6-7 T 6-7	SYNC TBD TBD TBD TBD TBD TBD	B	Banwell
KPE471H1 SYNC	F	Musculoskeletal Biomechanics	L0101	W 9-11	SYNC	C	Gooyers
KPE490Y1 INPER	Y	Advanced Research	L0101 ⑤	F 11-12	TBD	B	Amara
KPE495H1 INPER	Y/S	Independent Study	L0101 ⑤	F 11-12	TBD	B	Amara

YEAR III and IV COURSES – WINTER TERM

Course	Sect. Code	Title	Meeting Section	Time	Location	CAT.	Instructor
KPE300H1 INPER	S	Physical Culture and Social Inequality	L0101 T0101 T0102	T 4-6 R 4-5 R 4-5	TBD TBD TBD	A	Razack
KPE306H1 INPER	S	Hockey in Canadian Society	L0101	M 10-11 & W 10-12	TBD	A	Lowe
KPE308H1 INPER	S	Critical Sport Policy and Praxis	L0101	W 2-5	TBD	A	Ali
KPE309H1 INPER	S	Innovating Change in Fitness and Exercise Cultures	L0101	T 9-12	TBD	A	Ali
KPE321H1 SYNC	S	Population Health	L0101	W 9-12	SYNC	B	Lombardo
KPE322H1 SYNC	S	Psychology of Injury and Rehabilitation	L0101	R 4-5:30	SYNC	B	Mainwaring
KPE325H1 HYBR	S	Stress & Coping	L0101	T 2-4	TBD	B	Tamminen
KPE326H1 INPER	S	Aging, Health and Physical Activity	L0101 P0101 P0102	M 9-11 M 11-1 M 11-1	TBD	B	Amara
KPE329H1 INPER	S	Developing Physical Literacy Foundations in the Early Years	L0101 P0101	T 10-12 W 10-11:30	TBD TBD	B	Finlay-Watson
KPE332H1 INPER	S	Innovations in Mobile Health	L0101	T 9-11 & R 9-10	TBD	B	Shah
KPE335H1 INPER	S	Global Sports Law	L0101	R 5-8	TBD	B	Mazzucco

KPE342H1 INPER	S	Theory of Coaching Part I	L0101 ①	T & R 1-2:30	TBD	B	Lowe
KPE355Y1 HYBR	Y	Interpersonal Theory in Kinesiology and Physical Education	L0101 ④ T0101 ① T0102 ① T0103 ① T0104 ① T0105 ① T0106 ① T0107 ① T0108 ① T0109 ① T0110 ① T0111 ① T0112 ①	W 12-2 W 12-1 W 12-1 W 12-1 W 1-2 W 1-2 W 1-2 W 12-1 W 12-1 W 12-1 W 1-2 W 1-2 W 1-2	SYNC TBD TBD TBD TBD TBD TBD TBD TBD TBD TBD TBD TBD	B	Banwell
KPE361H1 INPER	S	Motor Control	L0101	W 4-7	TBD	C	Hajj
KPE363H1 INPER	S	Sport Medicine	L0101 T0101 ① T0102 ① T0103 ① T0104 ① T0105 ① T0106 ①	T & R 8:30-10 M 5-6 M 5-6 M 5-6 M 6-7 M 6-7 M 6-7	TBD	C	Richards
KPE366H1 INPER	S	Ergonomics	L0101	M 4-7	TBD	C	TBD
KPE367H1 INPER	S	Sport and Exercise Biomechanics	L0101	T & R 10-11:30	TBD	C	Frost
KPE380H1 HYBR	S	Advanced Assessment and Exercise Program Design	L0101 ①	T & R 2-4	TBD	B	Frost
KPE390Y1 INPER	Y	Directed Research	L0101 ⑤	F 11-12	TBD	B	Amara
KPE401H1 INPER	S	International Development Through Sport	L0101	R 10-1	TBD	A	Darnell
KPE405H1 INPER	S	Race, Indigeneity and Physical Culture	L0101	T 12-3	TBD	A	Joseph
KPE409H1 INPER	S	Sport, Physical Activity and Human Rights	L0101	W 5-8	TBD	A	Donnelly
KPE421H1 INPER	S	The Role of Physical Activity in Girls' and Women's Health	L0101	M 12-2	TBD	B	Gairdner
KPE423H1 INPER	S	Theory of Dance Performance	L0101	M 10-12	TBD	B	Berg
KPE426H1 INPER	S	Exercise and Cancer Survivorship	L0101	M 11-12 & W 11-1	TBD	B	Santa Mina
KPE427H1 HYBR	S	Health & Physical Education in the Elementary Years	L9999 P0101	ASYNC T 1-3	----- TBD	B	Finlay-Watson
KPE428H1 INPER	S	Nutrition and Ergogenic Aids in Health and Performance	L0101	W 12-3	TBD	B	Moore
KPE429H1	S	Sport Management	L0101	T 4-5:30	SYNC	B	VanWiechen

SYNC							
KPE442H1 INPER	S	Theory of Coaching Part II	L0101	T & R 2:30-4	TBD	B	Lowe
KPE455Y1 HYBR	Y	Kinesiology and Physical Education in Society	L0101 ④ T0101 ① T0102 ① T0103 ① T0104 ① T0105 ① T0106 ①	T 5-7 T 5-6 T 5-6 T 5-6 T 6-7 T 6-7 T 6-7	SYNC TBD TBD TBD TBD TBD TBD	B	Banwell
KPE462H1 INPER	S	Human Environmental Exercise Physiology	L0101	T 1-2 & R 1-3	TBD	C	Jacobs
KPE463H1 INPER	S	Topics in Professional Kinesiology	L0101	M 1-3 & W 2-3	TBD	C	Santa Mina
KPE467H1 INPER	S	Cellular Physiology	L0101	M 9-11 W 9-11	TBD	C	Locke
KPE470H1 INPER	S	Science in Sport, Health and Exercise	L0101	M 11-1 W 11-1	TBD	C	Locke
KPE474H1 INPER	S	Exercise Training and Non- Responder Physiology	L0101	F 9-12	TBD	C	Bentley
KPE490Y1 INPER	Y	Advanced Research	L0101 ③	F 11-12	TBD	B	Amara
KPE495H1 INPER	Y/S	Independent Study	L0101 ③	F 11-12	TBD	B	Amara

REGISTRATION NOTES FOR YEAR III-IV:

- ① Tutorials/labs will be arranged in the first week of lectures or via course website.
- ② Required course for students admitted in September 2015 or later.
- ③ Check KPE Calendar for information and procedures. Research activities may be remote or in person as determined with supervisor.
- ④ Infield learning placements will be primarily in person with a few remote placement site options at the time of application.

Reading Weeks and Sessional Breaks

There will be a Reading Week in each of the Fall and Winter terms. No academic classes will take place during these weeks.

Fall term: November 7-11, 2022

Winter term: February 20-24, 2023

There will be no classes held during the following weeks between terms.

December 21, 2022 – January 6, 2023

Delivery Mode Code Description

INPER	In Person meeting sections require attendance at a specific time and physical location for most or all activities.
HYBR	Hybrid meeting sections involve a mix of online and in-person interaction and require attendance at a specific time and physical location for some activities.
SYNC	Online Synchronous meeting sections require online attendance at a specific time for some or all activities. Attendance at a specific location is not required with the exception of final or interim assessments, which may require attendance at a specific physical location.
ASYNCR	Online Asynchronous meeting sections do not require attendance at a specific time or location for any activities, with the exception of final or interim assessments, which may require attendance at a specific time and specific physical location.

*Definitions apply to the course as a whole (e.g., the combined experience of lecture / lab / tutorial).

Statement Regarding In-Person Learning

The University of Toronto delivers academic programs through an in-person learning environment. All students should therefore plan to attend on-campus activities in-person in order to successfully complete their program/ degree unless: (i) students have been approved by the University to participate in off-campus activities (such as study abroad or work terms), or (ii) the calendar entry for a program/degree explicitly states that no in-person activities are required.

While the University strives to maintain an in-person learning environment, the University reserves the right to alter the manner in which it delivers its courses and co-curricular opportunities in response to health and safety emergencies and public health guidance.

Recommended technology requirements for online/remote learning

The University of Toronto has identified [minimum technical requirements](#) needed for students to access remote/online learning. Institutional supports are available for any students experiencing challenges in acquiring these minimum requirements. Please contact undergrad.kpe@utoronto.ca for more information.