What will I have to do for this study?
Complete an online questionnaire (10-15 minutes). The questionnaire will ask about general demographics, music training, and physical activity.

Am I eligible for this study?
We are looking for volunteers who are currently:
- **Music students**
  - Enrolled in a music degree or non-degree/certificate program
- **Professional musicians**
  - Being a performing musician is your main occupation and main source of income
- **Non-musicians**
  - You have not received formal music training outside of the required music curriculum in school (elementary, middle, or high school) AND
  - You do not currently play/practice any musical instruments

What’s in it for me?
Participants will be compensated with a $5 gift card (your choice of: Amazon, Indigo, President’s Choice (i.e. Loblaws/No Frills), or Starbucks).

To find out more information about the study please contact:
kpe.tempolab@utoronto.ca

To complete the study, please visit:
https://redcap.utoronto.ca/surveys/?s=L4DEHCHMR3