



PARTICIPATE IN RESEARCH

Evaluating physical activity levels in musicians and non-musicians

What will I have to do for this study?

Complete an online questionnaire (10-15 minutes). The questionnaire will ask about general demographics, music training, and physical activity.

Am I eligible for this study?

We are looking for volunteers who are currently:

- **Music students**
 - Enrolled in a music degree or non-degree/certificate program
- **Professional musicians**
 - Being a performing musician is your main occupation and main source of income
- **Non-musicians**
 - You have not received formal music training outside of the required music curriculum in school (elementary, middle, or high school) AND
 - You do not currently play/practice any musical instruments

What's in it for me?

Participants will be compensated with a **\$5 gift card** (your choice of: Amazon, Indigo, President's Choice (i.e. Loblaws/No Frills), or Starbucks).

To find out more information about the study please contact:

kpe.tempolab@utoronto.ca

To complete the study, please visit:

<https://redcap.utoronto.ca/surveys/?s=L4DEHCHMR3>