



Nutritionist Instructor

Are you looking for challenging, meaningful work in a supportive and diverse environment? Are you looking for a career at one of Canada's top employers? Work where the world comes to think, discover and learn. Consider a career at the University of Toronto.

The University of Toronto is strongly committed to diversity within its community and especially welcomes applications from racialized persons / persons of colour, women, Indigenous / Aboriginal People of North America, persons with disabilities, LGBTQ persons, and others who may contribute to the further diversification of ideas.

Deadline:	July 17, 2019
Number of Jobs:	1-2
Rate of pay:	\$22.50-38.00/hour
Position Start Date:	Aug 26, 2019
Position End Date:	January 4, 2020
Number of Hours per week:	Variable; hours subject to client(s) availability and demand
Classification:	Non-Union
Summary:	<p>Reporting to the Coordinator, Personal Training and Nutrition, the incumbent is responsible for providing prompt and professional individualized customer service to clients by determining each client's nutritional needs, consult with clients on nutrition issues and healthy habits, and provide advice in the development of customized meal plans. The Nutritionist will evaluate the effects of the client's meal plans and change the plans as needed. He or she must market personal training & nutrition programs, services and expertise to generate business for the University and is also responsible for recruiting and maintaining an active client base. The incumbent is expected to design, prepare and deliver nutrition presentations to different groups of clients. He or she is also responsible for other administrative tasks as directed by the Coordinator, Personal Training & Nutrition.</p> <p>The Nutritionist must demonstrate professionalism, arrive five minutes prior to meeting with each client, start and end sessions on time, record notes for clients, complete timecard(s) accurately and promptly and respect all staff and members of the KPE facilities. The Nutritionist should plan to attend recommended professional development workshops and mandatory training (if applicable).</p>

<p>Minimum Qualifications:</p>	<p>Education: Degree in nutritional sciences or university or college level courses in the area of nutrition, kinesiology, physical activity, resistance training or neuromuscular conditioning preferred.</p> <p>Certifications:</p> <ul style="list-style-type: none"> • CPR-C; issued by a WSIB-recognized provider not more than one (1) year prior to July 17, 2019 • Standard First Aid; issued by a WSIB-recognized provider not more than three (3) years prior to July 17, 2019 • Registered Dietitian or Nutrition Certification (Precision Nutrition PnL1 or PnL2, Canfitpro Healthy Eating & Weight Loss coach or equivalent); must be current as of July 17, 2019 <p>The incumbent must maintain all certifications while employed in this position.</p> <p>Experience: Minimum 2 years of experience in counselling/coaching different clientele by provide nutrition knowledge. Previous customer service experience and/or experience working in a fitness/athletics facility. Familiarity with the Faculty of Kinesiology & Physical Education's programs and services an asset.</p> <p>Other: Excellent customer service skills Excellent oral and written communication skills Demonstrated ability to work with a diverse group of people and within a team Experience with conflict resolution Professionalism, health promotion and leadership skills Ability to foster inclusivity and equity in a fitness/athletic setting *Current full-time University of Toronto student preferred.</p>
<p>Method of Application:</p>	<p>Resume and cover letter to be emailed to douglas.rosa@utoronto.ca Please include position title in subject line. *Only those applicants selected for an interview will be contacted.</p>
<p>Contact Information:</p>	<p>Douglas Rosa Coordinator, Personal Training & Nutrition Faculty of Kinesiology and Physical Education, University of Toronto Athletic Centre 55 Harbord St. Toronto, ON M5S 2W6 douglas.rosa@utoronto.ca 416-978-4456</p>
<p>Date Posted:</p>	<p>June 24, 2019</p>