



## ***ODP 300H COURSE REGISTRATION KIT - 2019***

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### ***Checklist and Instructions:***

1. Read this information carefully, especially information regarding departure time and location, and the clothing/equipment list for each course Done!
2. Register for the course on ACORN starting July 10, 2019 Done!
3. Complete Blackboard Survey by August 3, 2019 Done!

### ***Code Of Behaviour - Read Carefully:***

1. ***Attendance:*** As these are short courses, all practical sessions must be fully attended, and students must participate in all activities. The quality and quantity of learning is dependent upon both the instructor and the student. You will be expected to be appropriately dressed for activity and be prepared to participate fully. There will be NO late arrivals or early departures without loss of credit.
2. ***Transportation to Camp:*** Students *must* take the arranged transportation. Personal transportation to camp is not allowed, and students must make arrangements to be at the University for the scheduled departure time.
3. ***Alcohol and Illegal Drugs:*** Following the regulations of both the University and the Camp, there are to be no alcoholic beverages or non-prescription drugs allowed on the camp premises or consumed during the camp period. Course credit will not be given to anyone who is directly or indirectly in violation of this rule (those associated with others partaking in these activities will also be dismissed from camp without a refund).
4. ***Remaining on Camp Grounds:*** Students cannot leave the campsite for the duration of the course except to conduct exercise (running, walking). Unauthorized departure will lead to the loss of the course credit.
5. ***Boating / Swimming After Dark:*** Use of the entire waterfront without authorized supervision is strictly forbidden and is not allowed after dusk for safety reasons. Please abide by these rules – they are for your own safety.
6. ***Valuables:*** Please do not bring valuable belongings such as jewellery, cash, and ideally, smart phones. We cannot take responsibility for their loss.

## COURSE DETAILS

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- Location:** Camp New Moon, Lake of Bays, Muskoka
- Registration:** Please make sure you enter the appropriate course ODP 300H1F P101 *on ACORN*.
- Departure:** Friday, August 30, 2019  
**From:** University of Toronto, Athletic Complex, Spadina Ave. and Harbord St. (Buses load on Huron Street, one block east of Spadina Ave.)  
**Time:** 7:30 am. SHARP'  
**\*\*\*Pack a lunch to eat on the bus\*\*\***
- Date of Return:** Sunday, September 1, 2019  
Buses will return to University of Toronto at approximately 5:00 p.m.
- Registration:** Year IV students receive priority for registration and will be permitted to add these courses on ACORN starting July 10, 2019 at 6 a.m. Year III students will be permitted to add these courses on ACORN starting July 18, 2019 at 12 noon.
- Fees and Payment:** The fee for ODP300H1 will be included in your tuition invoice when you add the course on ACORN.
- Cancellation & Refunds:** ODP course enrolments must be cancelled on ACORN by the published ancillary fee refund deadline for a full refund. Refer to the Student Accounts website for published refund deadlines. Students wishing to cancel their ODP after these deadlines should contact [undergrad.kpe@utoronto.ca](mailto:undergrad.kpe@utoronto.ca) for assistance.
- If you are unable to attend the camp because of uncontrollable circumstances, please contact [undergrad.kpe@utoronto.ca](mailto:undergrad.kpe@utoronto.ca) no later than two weeks prior to the departure date. If a student misses a camp, fees cannot be transferred to a future outdoor project.

<sup>1</sup> Anyone missing the bus will have to find and pay for his/her own transportation. All Students MUST take and pay for the bus, no cars permitted under ANY circumstances.

### General Objectives:

- To introduce students to canoe tripping skills in a natural wilderness setting including canoeing, portaging, packing, cooking over a fire, emergency wilderness First Aid etc.
- To gain sensitivity for ecological fragility of the natural environment and principles of conservation
- To provide the opportunity for the student to demonstrate organizational and leadership ability
- To encourage an appreciation of nature's aesthetic value with appropriate attitudes and behaviours
- To gain insight into one's personal limits and the importance of working within a group
- To allow the student to solve problems, thus enabling him/her to demonstrate qualities of leadership, sociability and creativity

## Specific Objectives and Content:

To experience a brief canoe trip and effectively demonstrate the various techniques related to wilderness travel which include:

### a) Preparation

- Equipment and packing
- Description and analysis of route
- Emergency procedures
- Final inspection and trip readiness

### b) Canoe Trip

- Integration of various activities dealing with initiative, adaptation to the natural environment, and especially to life in a small group
- Canoe, portage and campsite preparation/maintenance
- Sharing different tasks around the campsite, including layout, cooking, clean-up
- Appreciation of various forms of nature from an aesthetic point of view

## Evaluation

1. A post-trip debriefing includes an evaluation of the trip in terms of quantity and quality of experiences, including one's own contribution to the group experience. This evaluation is an integral part of the trip that is continually done throughout the experience
2. Students must complete a written component for the ODP300H credit. An essay of approximately 2 typed pages will be assigned at camp. **Due Date:** Last Friday in September. This assignment must be completed for course credit.

## ODP300H Clothing & Equipment List

- 1 pair long pants (quick drying)
- Sunglasses and sunscreen
- Hat or bandanna
- 1 light wool sweater or fleece-lined garment
- T-shirt or "drifit" ; low volume please
- 1 pair lightweight hiking boots or 1 pair running shoes
- Summer sleeping bag – 2lbs. of Darcon II, Polarguard, goose down or Quallofill fill
- Dry Sack (large: for sleeping bag and clothing; 30L)
- Toiletries: toothbrush, small container of toothpaste, and biodegradable soap
- Any necessary medication
- 1 pair shorts
- Bathing suit and small towel
- 1 long-sleeve shirt (cotton or wool)
- 2 pairs underwear
- 2 pair socks (synthetic or wool)
- Waterproof (not just water repellent) rain jacket, rain pants (if possible) or small poncho
- Plastic knife, fork and spoon kit
- Personal water bottle (Nalgene or similar)
- Sandals (eg. Teva's) but should not be worn extensively unless they are closed toe

### **Optional:**

- Camera, small folding pocket knife

***Please Note:***

- PLEASE DO NOT BRING ANY KIND OF ELECTRICAL APPLIANCE.
- Each article should be labelled with your name. You should pack your clothing in duffel bags, knapsacks or any soft bag – suitcases are not appropriate. Although the weather at this time is generally warm, be prepared for the worst weather; bring gloves, hats and extra clothing just in case!!
- We advise that you leave valuables at home, you will not require any money while at camp
- Participants may wish to leave a clean change of clothes at base camp to change into at the end of their trip
- Your travel clothes to and from camp, along with your duffels/packs and valuables, will be left in a secured location while you are on trip

***Sources of Equipment & Clothing for Outdoor Projects***

There are a number of stores which supply clothing and equipment relating to outdoor recreation and camping. Some items can be found at stores like Canadian Tire, whereas most items and in particular, specialized and “high end” items are best purchased at stores specializing in this area including Mountain Equipment Coop, Europe Bound and various other outdoor shops.

***IMPORTANT: Camp New Moon is Peanut/Nut-free***



**DO NOT BRING FOOD/SNACKS CONTAINING PEANUTS OR NUT PRODUCTS**

Please respect your fellow students who may have life-threatening peanut and/or nut allergies.