

Master of Professional Kinesiology Capstone 2018

GRADUATE DEPARTMENT OF EXERCISE SCIENCE

FACULTY OF KINESIOLOGY & PHYSICAL EDUCATION

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BRIDGING EVIDENCE-TO- PRACTICE GAPS IN KINESIOLOGY



UNIVERSITY OF TORONTO
FACULTY OF KINESIOLOGY & PHYSICAL EDUCATION

PRESENTATION SCHEDULE

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| 9:00 | | OPENING REMARKS & ANNOUNCEMENTS |
| 9:30 | Cesar Calero | Time to ACT? Exploring the role of a Registered Kinesiologist within Assertive Community Treatment teams |
| 9:40 | Megan McBride | Beyond the Physical - Training Professionals to Intentionally Target Mental Health Through Exercise |
| 9:50 | Eric Ljubojevich | Qualitative Movement Screens - The Consideration of Important Movement Variables During Implementation |
| 10:00 | Wen Wu | Not Physical Activity, Exercise as Medicine - Integrating Exercise Counselling and Kinesiology Referral in Primary Care Practice |
| 10:10 | Dominic Sawa | Development of a Resource to Facilitate Selection of Functional Capacity Evaluation Provider |
| 10:20 | | REFRESHMENTS BREAK |
| 10:40 | Emily Meligrana | KinnectAbilities - An Approach to Facilitate the Selection of Suitable Physical Activity Programming for Children with Disabilities |
| 10:50 | Allison Brown | Improving the Implementation of Physical Literacy Assessment Tools |
| 11:00 | Victoria Rollit | Improving Physical Literacy at Home - A Web-Based Program for Parents of Children with Disabilities |
| 11:10 | Teresa Griffin | Empowering Youth - Instituting Kinesiologists as Health/Fitness Counselors in Schools |
| 11:20 | Olivia Kitchener | Brain Matters - A Concussion Education Program for Special Olympics Coaches |
| 11:30 | | BREAK |
| 11:40 | Meena Sharif | Active for Life: A Transition Support Program for Student-Athletes |
| 11:50 | Bolun Zhang | Long-Term Player Development Program for Toronto Football Club Academy |
| 12:00 | Michael Larocque | ABC's Performance Training: Empowering Physical Educators for Injury Prevention in School & Youth Sport |
| 12:10 | Yizhou Lu | Sports Science Workshop in Youth Soccer Training |
| 12:20 | Amanda Sussman | Exploring the Gap in Paediatric Concussion Guideline Implementation and Management by Youth Rugby Coaches in Ontario |
| 12:30 | | LUNCH ANNOUNCEMENTS |

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| 12:35 | | LUNCH BREAK |
| 1:40 | | ANNOUNCEMENTS |
| 1:50 | Oksana Wankiewicz | SCI Active Living - A Community-Centered Approach for Life Long Physical Activity Adherence |
| 2:00 | Ashkan Malekdanesh | Evidence-Based Exercise Prescription Guideline for Clients Undergoing Hemodialysis |
| 2:10 | Katelynn Machum | Healthy Mind for a Healthy Heart - Refocusing Women's Cardiac Rehabilitation |
| 2:20 | Gabrielle Spencer | Heart Smart for Life - A Transition Program for Cardiac Rehabilitation Graduates |
| 2:30 | Heather Gilbert | One Step Ahead - Preparing Amputees for Prosthetic Limbs through Exercise Rehabilitation |
| 2:40 | | BREAK |
| 2:50 | Tyler McInnes | Strength Training Interventions for the Ageing Population - Changing the Paradigm |
| 3:00 | Shaolin Rahman | Good Today, Better Tomorrow - A Physical Conditioning Program to Prevent Future Falls |
| 3:10 | Jonathan Wang | The Movement Hygiene Workshop for Dentists and Hygienists with Neck Pain |
| 3:20 | Danielle Hildebrand | Bump Fitness - An Exercise Facility for Pregnant Women of All Fitness Levels |
| 3:30 | Alyssa Lacroix | Cancer Survivorship - Highlighting the Importance of a Registered Kinesiologist Throughout the Cancer Care Journey |
| 3:40 | | REFRESHMENTS BREAK |
| 4:00 | Jenny Lee | Managing Spasticity - Progressive Resistance Training for Children with Cerebral Palsy |
| 4:10 | Ellie Hetz | Physical Activity - The Final Complement to a Novel ADHD Treatment Approach |
| 4:20 | Natalie Ford | Learning to Move after Experiencing an Intervertebral Disk Herniation |
| 4:30 | Stephanie Hemstock | From Fundamental to Functional - A Spine Hygiene Program Targeting Mechanical Low Back Pain |
| 4:40 | Jinhyun Kim | Run Without Fear - Returning to Running After Having Patellofemoral Pain Syndrome |
| 4:50 | | CLOSING REMARKS |
| 5:00 | | RECEPTION |