



JUNIOR BLUES



Learn new *Skills!*

From gymnastics to swimming and everything in between,
get active with the U of T Junior Blues.

Registration opens 7 a.m. December 6, 2023

Explore our programs at juniorblues.ca



LEARN, PLAY AND GROW WITH JUNIOR BLUES!

U of T Sport and Rec's Junior Blues program offers a range of activities for children ages 6 months to 17 years. With a variety of classes on land, in water and on ice, Junior Blues gives children and youth the physical literacy skills they need to be active and healthy for life.

Conveniently located on the University's downtown campus, our 'Junior Blues' enjoy access to world-class facilities including the Varsity Centre, Athletic Centre and Back Campus fields.

In the pages that follow, you will find the full schedule of Junior Blues programs being offered for the 2024 Winter session.

We are looking forward to another terrific year and hope to see you here!

Learn more about our programs and facilities at juniorblues.ca

Please check our website for the latest program details: juniorblues.ca.

OFFERING	AGE	START DATE	END DATE	LOCATION/FACILITY	COURSE FEE
GYMNASTICS					
Gymnastics - Caregiver and Tot					
Tuesdays 9:30am - 10:20am	18 months - 3.5 years	16 January	19 March	Athletic Centre Lower Gym	\$185
Tuesdays 10:30am - 11:20am	18 months - 3.5 years	16 January	19 March	Athletic Centre Lower Gym	\$185
Gymnastics - Preschool 4-5 years					
Saturdays 9:10am - 10:00am	4-5	20 January	23 March	Athletic Centre Lower Gym	\$210
Saturdays 10:10am - 11:00am	4-5	20 January	23 March	Athletic Centre Lower Gym	\$210
Saturdays 11:10am - 12:00pm	4-5	20 January	23 March	Athletic Centre Lower Gym	\$210
Saturdays 12:10pm - 1:00pm	4-5	20 January	23 March	Athletic Centre Lower Gym	\$210
Sundays 9:10am - 10:00am	4-5	21 January	24 March	Athletic Centre Lower Gym	\$210
Sundays 10:10am - 11:00am	4-5	21 January	24 March	Athletic Centre Lower Gym	\$210
Sundays 11:10am - 12:00pm	4-5	21 January	24 March	Athletic Centre Lower Gym	\$210
Sundays 12:10pm - 1:00pm	4-5	21 January	24 March	Athletic Centre Lower Gym	\$210
Gymnastics - Girls - 6-12 years					
Saturdays 9:10am - 10:30am	6-12	20 January	23 March	Athletic Centre Lower Gym	\$305
Saturdays 10:45am - 12:15pm	6-12	20 January	23 March	Athletic Centre Lower Gym	\$305
Saturdays 12:30pm - 2:00pm	6-12	20 January	23 March	Athletic Centre Lower Gym	\$305
Sundays 9:10am - 10:30am	6-12	21 January	24 March	Athletic Centre Lower Gym	\$305
Sundays 10:45am - 12:15pm	6-12	21 January	24 March	Athletic Centre Lower Gym	\$305
Sundays 12:30pm - 2:00pm	6-12	21 January	24 March	Athletic Centre Lower Gym	\$305
Gymnastics - Boys - 6-8 years					
Saturdays 12:30pm - 2:00pm	6-8	20 January	23 March	Athletic Centre Lower Gym	\$305
Gymnastics - Boys - 7-10 years					
Sundays 12:30pm - 2:00pm	7-10	21 January	24 March	Athletic Centre Lower Gym	\$305
SPORT					
Badminton - 9-12 years					
Sundays 9:10am - 10:30am	9-12	21 January	24 March	Athletic Centre Sports Gym	\$239
Sundays 10:40am - 12:00pm	9-12	21 January	24 March	Athletic Centre Sports Gym	\$239
Basketball - 6-7 years					
Sundays 9:10am - 10:30am	6-7	21 January	24 March	Athletic Centre Field House Court 2 & 3	\$239
Basketball - 8-9 years					
Sundays 9:10am - 10:30am	8-9	21 January	24 March	Athletic Centre Field House Court 2 & 3	\$239
Sundays 10:40am - 12:00pm	8-9	21 January	24 March	Athletic Centre Field House Court 2 & 3	\$239
Basketball - 10-12 years					
Sundays 10:40am - 12:00pm	10-12	21 January	24 March	Athletic Centre Field House Court 2 & 3	\$239
MiniSport - 4-5 years					
Sundays 9:10am - 10:00am	4-5	21 January	24 March	Athletic Centre Dance Studio	\$163
MultiSport - 6-8 years					
Sundays 10:10am - 11:30am	6-8	21 January	24 March	Athletic Centre Dance Studio	\$239
Soccer - 6-7 years					
Sundays 8:10am - 9:00am	6-7	21 January	24 March	Varsity Field Dome	\$239
Soccer - 8-10 years					
Sundays 9:10am - 10:00am	8-10	21 January	24 March	Varsity Field Dome	\$239
Trackactivities - 7-12 years					
Saturdays 9:10am - 10:30am	7-12	20 January	23 March	Athletic Centre Field House/Athletic	\$239
Saturdays 10:40am - 12:00pm	7-12	20 January	23 March	Athletic Centre Field House/Athletic	\$239

SPORT (continued)						
Track & Field - Intro to Training						
Wednesdays and Fridays 4:30pm - 6:00pm	9-12	17 January	22 March	Athletic Centre Field House		\$394
Track & Field - Rising Stars						
Wednesdays and Fridays 6:00pm - 7:15pm	8-12	17 January	22 March	Athletic Centre Field House		\$400
Skating - 4-12 years						
Saturdays 8:45am - 9:30am	4-7	20 January	March 23	Varsity Arena		\$204
Saturdays 8:45am - 9:30am	8-12	20 January	March 23	Varsity Arena		\$204
Saturdays 9:30am - 10:15am	4-7	20 January	March 23	Varsity Arena		\$204
Saturdays 9:30am - 10:15am	8-12	20 January	March 23	Varsity Arena		\$204
Saturdays 10:30am - 11:15am	4-7	20 January	March 23	Varsity Arena		\$204
Saturdays 10:30am - 11:15am	8-12	20 January	March 23	Varsity Arena		\$204
Saturdays 11:15am - 12:00pm	4-7	20 January	March 23	Varsity Arena		\$204
Saturdays 11:15am - 12:00pm	8-12	20 January	March 23	Varsity Arena		\$204
Sundays 8:30am - 9:15am	4-7	21 January	March 24	Varsity Arena		\$204
Sundays 8:30am - 9:15am	8-12	21 January	March 24	Varsity Arena		\$204
Sundays 9:15am - 10:00am	4-7	21 January	March 24	Varsity Arena		\$204
Sundays 9:15am - 10:00am	8-12	21 January	March 24	Varsity Arena		\$204
Sundays 10:00am - 10:45am	4-7	21 January	March 24	Varsity Arena		\$204
Sundays 10:00am - 10:45am	8-12	21 January	March 24	Varsity Arena		\$204
Sundays 11:00am - 11:45am	4-7	21 January	March 24	Varsity Arena		\$204
Sundays 11:00am - 11:45am	8-12	21 January	March 24	Varsity Arena		\$204
Sundays 11:45am - 12:30pm	4-7	21 January	March 24	Varsity Arena		\$204
Sundays 11:45am - 12:30pm	8-12	21 January	March 24	Varsity Arena		\$204
Sundays 12:30pm - 1:15pm	4-7	21 January	March 24	Varsity Arena		\$204
Sundays 12:30pm - 1:15pm	8-12	21 January	March 24	Varsity Arena		\$204
MARCH BREAK CAMPS						
Adventure Camp						
Monday to Friday 9:00am - 4:00pm	4-5	11 March	15 March	Goldring Centre		\$371
MultiSport Camps						
Monday to Friday 9:00am - 4:00pm	6-7	11 March	15 March	Varsity Arena		\$371
Monday to Friday 9:00am - 4:00pm	8-9	11 March	15 March	Varsity Arena		\$371
Monday to Friday 9:00am - 4:00pm	10-12	11 March	15 March	Varsity Arena		\$371
Gymnastics Camp						
Monday to Friday 9:00am - 4:00pm	6-12	11 March	15 March	Athletic Centre Lower Gym		\$417
SWIMMING & AQUATICS						
Caregiver and Tot Swimming						
Thursdays 4:00pm - 4:30pm	6 months - 3 years	25 January	21 March	Athletic Centre Teach Pool		\$133
Saturdays 9:15am - 9:45am	6 months - 3 years	3 February	6 April	Athletic Centre 25yd. Pool		\$133
Saturdays 9:15am - 9:45am	6 months - 3 years	3 February	6 April	Athletic Centre 25yd. Pool		\$133
Swim for Life 1						
Mondays 4:00pm - 4:30pm	5-12	22 January	18 March	Athletic Centre 25yd. Pool		\$133
Wednesdays 4:30pm - 5:00pm	5-12	24 January	20 March	Athletic Centre 25yd. Pool		\$133
Thursdays 6:15pm - 6:45pm	5-12	25 January	21 March	Athletic Centre Teach Pool		\$133
Fridays 5:00pm - 5:30pm	5-12	2 February	5 April	Athletic Centre 25yd. Pool		\$133
Saturdays 10:15am - 10:45am	5-12	3 February	6 April	Athletic Centre 25yd. Pool		\$133
Saturdays 11:00am - 11:30am	5-12	3 February	6 April	Athletic Centre 25yd. Pool		\$133

SWIMMING & AQUATICS (continued)**Swim for Life 2**

Mondays 4:00pm - 4:30pm	5-12	22 January	18 March	Athletic Centre 25yd. Pool	\$133
Wednesdays 4:30pm - 5:00pm	5-12	24 January	20 March	Athletic Centre 25yd. Pool	\$133
Thursdays 6:15pm - 6:45pm	5-12	25 January	21 March	Athletic Centre Teach Pool	\$133
Fridays 6:00pm - 6:30pm	5-12	2 February	5 April	Athletic Centre 25yd. Pool	\$133
Saturdays 11:30am - 12:00pm	5-12	3 February	6 April	Athletic Centre 25yd. Pool	\$133

Swim for Life 3

Mondays 4:30pm - 5:00pm	5-12	22 January	18 March	Athletic Centre 25yd. Pool	\$133
Wednesdays 4:00pm - 4:30pm	5-12	24 January	20 March	Athletic Centre 25yd. Pool	\$133
Fridays 4:00pm - 4:30pm	5-12	2 February	5 April	Athletic Centre 25yd. Pool	\$133
Saturdays 11:30am - 12:00pm	5-12	3 February	6 April	Athletic Centre 25yd. Pool	\$133
Sundays 4:30pm - 5:00pm	5-12	28 January	24 March	Athletic Centre 25yd. Pool	\$133

Swim for Life 4

Mondays 4:30pm - 5:00pm	5-12	22 January	18 March	Athletic Centre 25yd. Pool	\$133
Wednesdays 4:00pm - 4:30pm	5-12	24 January	20 March	Athletic Centre 25yd. Pool	\$133
Fridays 6:30pm - 7:00pm	5-12	2 February	5 April	Athletic Centre 25yd. Pool	\$133
Saturdays 11:30am - 12:00pm	5-12	3 February	6 April	Athletic Centre 25yd. Pool	\$133
Sundays 4:30pm - 5:00pm	5-12	28 January	24 March	Athletic Centre 25yd. Pool	\$133

Swim for Life 3/4

Fridays 4:30pm - 5:00pm	5-12	2 February	5 April	Athletic Centre 25yd. Pool	\$133
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Swim for Life 5

Mondays 5:00pm - 5:45pm	5-14	22 January	18 March	Athletic Centre 25yd. Pool	\$155
Wednesdays 5:45pm - 6:30pm	5-14	24 January	20 March	Athletic Centre 25yd. Pool	\$155
Thursdays 6:15pm - 7:00pm	5-14	25 January	21 March	Athletic Centre Varsity Pool	\$155
Fridays 4:00pm - 4:45pm	5-14	2 February	5 April	Athletic Centre 25yd. Pool	\$155
Sundays 3:45pm - 4:30pm	5-14	28 January	24 March	Athletic Centre 25yd. Pool	\$155

Swim for Life 6

Mondays 5:00pm - 5:45pm	5-14	22 January	18 March	Athletic Centre 25yd. Pool	\$155
Wednesdays 5:45pm - 6:30pm	5-14	24 January	20 March	Athletic Centre 25yd. Pool	\$155
Thursdays 6:45pm - 7:30pm	5-14	25 January	21 March	Athletic Centre Varsity Pool	\$155
Fridays 4:45pm - 5:30pm	5-14	2 February	5 April	Athletic Centre 25yd. Pool	\$155
Sundays 3:45pm - 4:30pm	5-14	28 January	24 March	Athletic Centre 25yd. Pool	\$155

Swim for Life 5/6

Saturdays 10:45am - 11:30am	5-14	3 February	6 April	Athletic Centre 25yd. Pool	\$155
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Swim for Life 7

Mondays 5:45pm - 6:30pm	5-14	22 January	18 March	Athletic Centre 25yd. Pool	\$155
Wednesdays 5:00pm - 5:45pm	5-14	24 January	20 March	Athletic Centre 25yd. Pool	\$155
Fridays 5:30pm - 6:15pm	5-14	2 February	5 April	Athletic Centre 25yd. Pool	\$155
Sundays 3:00pm - 3:45pm	5-14	28 January	24 March	Athletic Centre 25yd. Pool	\$155

Swim for Life 8

Mondays 5:45pm - 6:30pm	5-14	22 January	18 March	Athletic Centre 25yd. Pool	\$155
Wednesdays 5:00pm - 5:45pm	5-14	24 January	20 March	Athletic Centre 25yd. Pool	\$155
Fridays 6:15pm - 7:00pm	5-14	2 February	5 April	Athletic Centre 25yd. Pool	\$155
Sundays 3:00pm - 3:45pm	5-14	28 January	24 March	Athletic Centre 25yd. Pool	\$155

SWIMMING & AQUATICS (continued)						
Swim for Life 7/8						
Thursdays 6:45pm - 7:30pm	5-14	25 January	21 March	Athletic Centre Varsity Pool		\$155
Saturdays 10:45am - 11:30am	5-14	3 February	6 April	Athletic Centre 25yd. Pool		\$155
Swim for Life 9 - Rookie Patrol						
Thursdays 7:30pm - 8:15pm	8-14	25 January	21 March	Athletic Centre Varsity Pool		\$155
Swim for Life 10 - Ranger Patrol						
Thursdays 7:30pm - 8:15pm	8-14	25 January	21 March	Athletic Centre Varsity Pool		\$155
Swim for Life 9/10 - Rookie/Ranger Patrol						
Saturdays 9:45am - 10:30am	8-14	3 February	6 April	Athletic Centre 25yd. Pool		\$155
Swim for Life Preschool A						
Thursdays 4:30pm - 5:00pm	3-5	25 January	21 March	Athletic Centre Teach Pool		\$133
Thursdays 5:30pm - 6:00pm	3-5	25 January	21 March	Athletic Centre Teach Pool		\$133
Saturdays 9:45am - 10:15am	3-5	3 February	6 April	Athletic Centre 25yd. Pool		\$133
Sundays 1:45pm - 2:15pm	3-5	28 January	24 March	Athletic Centre 25yd. Pool		\$133
Swim for Life Preschool B						
Thursdays 4:30pm - 5:00pm	3-5	25 January	21 March	Athletic Centre Teach Pool		\$133
Thursdays 5:30pm - 6:00pm	3-5	25 January	21 March	Athletic Centre Teach Pool		\$133
Saturdays 9:45am - 10:15am	3-5	3 February	6 April	Athletic Centre 25yd. Pool		\$133
Sundays 2:15pm - 2:45pm	3-5	28 January	24 March	Athletic Centre 25yd. Pool		\$133
Swim for Life Preschool C						
Thursdays 5:00pm - 5:30pm	3-5	25 January	21 March	Athletic Centre Teach Pool		\$133
Fridays 4:30pm - 5:00pm	3-5	2 February	5 April	Athletic Centre 25yd. Pool		\$133
Saturdays 10:30am - 11:00am	3-5	3 February	6 April	Athletic Centre 25yd. Pool		\$133
Sundays 2:15pm - 2:45pm	3-5	28 January	24 March	Athletic Centre 25yd. Pool		\$133
Swim for Life Preschool D						
Thursdays 5:00pm - 5:30pm	3-5	25 January	21 March	Athletic Centre Teach Pool		\$133
Saturdays 10:15am - 10:45am	3-5	3 February	5 April	Athletic Centre 25yd. Pool		\$133
Swim for Life Preschool E						
Fridays 5:00pm - 5:30pm	3-5	2 February	5 April	Athletic Centre 25yd. Pool		\$133
Private Swim Lessons						
Fridays 4:00pm - 4:30pm	5-17	2 February	5 April	Athletic Centre 25yd. Pool		\$357
Fridays 5:30pm - 6:00pm	5-17	2 February	5 April	Athletic Centre 25yd. Pool		\$357
Fridays 5:30pm - 6:00pm	5-17	2 February	5 April	Athletic Centre 25yd. Pool		\$357
Fridays 6:00pm - 6:30pm	5-17	2 February	5 April	Athletic Centre 25yd. Pool		\$357
Fridays 6:30pm - 7:00pm	5-17	2 February	5 April	Athletic Centre 25yd. Pool		\$357
Sundays 12:15pm - 12:45pm	5-17	28 January	24 March	Athletic Centre 25yd. Pool		\$357
Sundays 12:15pm - 12:45pm	5-17	28 January	24 March	Athletic Centre 25yd. Pool		\$357
Sundays 12:45pm - 1:15pm	5-17	28 January	24 March	Athletic Centre 25yd. Pool		\$357
Sundays 1:15pm - 1:45pm	5-17	28 January	24 March	Athletic Centre 25yd. Pool		\$357
Sundays 2:15pm - 2:45pm	5-17	28 January	24 March	Athletic Centre 25yd. Pool		\$357
Adapted Swim - Preschool A						
Sundays 12:15pm - 12:45pm	3-5	28 January	24 March	Athletic Centre 25yd. Pool		\$133
Adapted Swim - Preschool B						
Sundays 12:45pm - 1:15pm	3-5	28 January	24 March	Athletic Centre 25yd. Pool		\$133
Adapted Swim - Swim for Life 1						
Sundays 12:45pm - 1:15pm	5-12	28 January	24 March	Athletic Centre 25yd. Pool		\$133
Sundays 1:15pm - 1:45pm	5-12	28 January	24 March	Athletic Centre 25yd. Pool		\$133

SWIMMING & AQUATICS (continued)						
Adapted Swim - Swim for Life 2						
Sundays 1:15pm - 1:45pm	5-12	28 January	24 March	Athletic Centre 25yd. Pool		\$133
Adapted Swim - Swim for Life 3/4						
Sundays 1:45pm - 2:15pm	5-12	28 January	24 March	Athletic Centre 25yd. Pool		\$133
Adapted Swim - Intermediate (Swim for Life 5+)						
Sundays 1:45pm - 2:15pm	5-12	28 January	24 March	Athletic Centre 25yd. Pool		\$133
Introduction to Competitive Swim - Ages 8-10						
Sundays 3:00pm - 3:45pm	8-10	28 January	24 March	Athletic Centre Varsity Pool		\$162
Introduction to Competitive Swim - Ages 11-15						
Sundays 3:45pm - 4:30pm	11-15	28 January	24 March	Athletic Centre Varsity Pool		\$162
CERTIFICATIONS						
Bronze Star & Basic First Aid						
Thursdays 7:00pm - 8:30pm	11-14	25 January	21 March	Athletic Centre Varsity Pool		\$199
Bronze Medallion & Emergency First Aid						
Tuesdays 6:00pm - 9:00pm	13+	23 January	19 March	Athletic Centre Varsity Pool		\$253
Bronze Cross						
Tuesdays 6:00pm - 9:00pm	13+	23 January	19 March	Athletic Centre Varsity Pool		\$253
Emergency First Aid						
Friday 9:00am - 5:00pm	11-15	February 16	February 16	Athletic Centre		\$88
Mondays 9:00am - 5:00pm	11-15	April 1	April 1	Athletic Centre		\$88
Friday 9:00am - 5:00pm	11-15	April 19	April 19	Athletic Centre		\$88

WINTER 2024 JUNIOR BLUES PROGRAM EXCLUSION DATES

February 17 - 24 (Reading Week) Exception: Gymnastics

March 11 - 15 (March Break) Gymnastics only

SWIM LEVEL DESCRIPTIONS

Please refer to our website for more details, level descriptions and prerequisites:

<https://www.kpe.utoronto.ca/sport-and-fitness/swimming-year-round>

REGISTRATION

Registration can be busy, particularly when registration first opens. When you log-in, you may be placed into a virtual queue. You will be assigned a number representing your place in line and provided with an estimated wait-time. Once your user ID reaches the front of the queue you will be able to access the "campus rec" system to complete your registration(s).

Please ensure that you have created an account and added your dependents prior to the registration date. For instructions on account creation, visit

uoft.me/campusrec

If you require assistance registering due to a disability please contact us in advance at junior.blues@utoronto.ca.

REFUND POLICY/WITHDRAWALS

Refunds are available for most Junior Blues programs and must be requested **WITHIN** two business days after the first class.

Refunds can be requested in person, by phone or by email at sportandrec@utoronto.ca by 11:59 p.m. Please remember to include your name, your child's name, and the program from which you are requesting to withdraw. Participants will be refunded the full amount less a cancellation fee of 10%.

Participants withdrawing for medical reasons will receive a full refund for the remainder of the program. A medical note is required. Notes must be received within two weeks of the date of illness.

INFORMED CONSENT

Remember, only the parent or guardian of the child can complete the informed consent and register them for programs.

TRANSFERS

Participants may transfer to another class or time any time before the second scheduled class. Transfers must be officially completed by main office staff and can only be completed if there is space in the program to which you wish to be transferred. Participants may transfer to any Junior Blues or Camp U of T program for which registration is open.

AGE GUIDELINES

Age guidelines for Junior Blues programs are based on a child's developmental stage, the facility in which the program is held and individual program goals. Your child's safety and enjoyment are important to us. We ask that all parents and caregivers adhere to age guidelines.

CHILDREN UNDER 3 YEARS OLD

Programs for children under three are family programs and require an adult to attend and fully participate. One adult per child is required.

CHILDREN 3 & 4 YEARS OLD

All children participating in classes for three and four year-olds must be the minimum age specified in the class description by the first day of class.

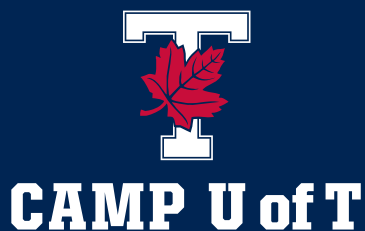
CHILDREN 5+ YEARS OLD

All children participating in classes for those five and over must be the minimum age specified in the class description by the last day of class.

Exception: For aquatics programs, participants must meet the minimum age by the first day of class for all levels.

If you would like to enroll your older child in a program that is set for younger children, please contact junior.blues@utoronto.ca.

Make March Break Fun with **Camp U of T!**



Sign up now for March Break Camps.
Learn more at campuoft.ca