

Learnnew 117

From gymnastics to swimming and everything in between, get active with the U of T Junior Blues.

Registration opens 7 a.m. December 6, 2023

Explore our programs at juniorblues.ca



LEARN, PLAY AND GROW WITH JUNIOR BLUES!

U of T Sport and Rec's Junior Blues program offers a range of activities for children ages 6 months to 17 years. With a variety of classes on land, in water and on ice, Junior Blues gives children and youth the physical literacy skills they need to be active and healthy for life.

Conveniently located on the University's downtown campus, our 'Junior Blues' enjoy access to world-class facilities including the Varsity Centre, Athletic Centre and Back Campus fields.

In the pages that follow, you will find the full schedule of Junior Blues programs being offered for the 2024 Winter session.

We are looking forward to another terrific year and hope to see you here!

Learn more about our programs and facilities at juniorblues.ca

Please check our website for the latest program details: juniorblues.ca.

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Soccer - 6-7 yearsSundays 8:10am - 9:00am6-721 January24 MarchVarsity Field Dome\$239Soccer - 8-10 yearsSundays 9:10am - 10:00am8-1021 January24 MarchVarsity Field Dome\$239Tracktivities - 7-12 yearsSaturdays 9:10am - 10:30am7-1220 January23 MarchAthletic Centre Field House/Athletic\$239	MultiSport - 6-8 years					
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Soccer - 8-10 years Sundays 9:10am - 10:00am 8-10 21 January 24 March Varsity Field Dome \$239 Tracktivities - 7-12 years Saturdays 9:10am - 10:30am 7-12 20 January 23 March Athletic Centre Field House/Athletic \$239	Soccer - 6-7 years					
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Fracktivities - 7-12 years Saturdays 9:10am - 10:30am 7-12 20 January 23 March Athletic Centre Field House/Athletic \$239	Soccer - 8-10 years					
Saturdays 9:10am - 10:30am7-1220 January23 MarchAthletic Centre Field House/Athletic\$239	Sundays 9:10am - 10:00am	8-10	21 January	24 March	Varsity Field Dome	\$239
· · · · · · · · · · · · · · · · · · ·	Tracktivities - 7-12 years					
aturdays 10:40am - 12:00pm 7-12 20 January 23 March Athletic Centre Field House/Athletic \$239	Saturdays 9:10am - 10:30am	7-12	20 January	23 March	Athletic Centre Field House/Athletic	\$239
	Saturdays 10:40am - 12:00pm	7-12	20 January	23 March	Athletic Centre Field House/Athletic	\$239

SPORT (continued)					
Track & Field - Intro to Training					
Wednesdays and Fridays 4:30pm - 6:00pm	9-12	17 January	22 March	Athletic Centre Field House	\$394
Track & Field - Rising Stars					
Wednesdays and Fridays 6:00pm - 7:15pm	8-12	17 January	22 March	Athletic Centre Field House	\$400
Skating - 4-12 years					
Saturdays 8:45am - 9:30am	4-7	20 January	March 23	Varsity Arena	\$204
Saturdays 8:45am - 9:30am	8-12	20 January	March 23	Varsity Arena	\$204
Saturdays 9:30am - 10:15am	4-7	20 January	March 23	Varsity Arena	\$204
Saturdays 9:30am - 10:15am	8-12	20 January	March 23	Varsity Arena	\$204
Saturdays 10:30am - 11:15am	4-7	20 January	March 23	Varsity Arena	\$204
Saturdays 10:30am - 11:15am	8-12	20 January	March 23	Varsity Arena	\$204
Saturdays 11:15am - 12:00pm	4-7	20 January	March 23	Varsity Arena	\$204
Saturdays 11:15am - 12:00pm	8-12	20 January	March 23	Varsity Arena	\$204
Sundays 8:30am - 9:15am	4-7	21 January	March 24	Varsity Arena	\$204
Sundays 8:30am - 9:15am	8-12	21 January	March 24	Varsity Arena	\$204
Sundays 9:15am - 10:00am	4-7	21 January	March 24	Varsity Arena	\$204
Sundays 9:15am - 10:00am	8-12	21 January	March 24	Varsity Arena	\$204
Sundays 10:00am - 10:45am	4-7	21 January	March 24	Varsity Arena	\$204
Sundays 10:00am - 10:45am	8-12	21 January	March 24	Varsity Arena	\$204
Sundays 11:00am - 11:45am	4-7	21 January	March 24	Varsity Arena	\$204
Sundays 11:00am - 11:45am	8-12	21 January	March 24	Varsity Arena	\$204
Sundays 11:45am - 12:30pm	4-7	21 January	March 24	Varsity Arena	\$204
Sundays 11:45am - 12:30pm	8-12	21 January	March 24	Varsity Arena	\$204
Sundays 12:30pm - 1:15pm	4-7	21 January	March 24	Varsity Arena	\$204
Sundays 12:30pm - 1:15pm	8-12	21 January	March 24	Varsity Arena	\$204
MARCH BREAK CAMPS					
Adventure Camp					
Monday to Friday 9:00am - 4:00pm	4-5	11 March	15 March	Goldring Centre	\$371
MultiSport Camps					
Nonday to Friday 9:00am - 4:00pm	6-7	11 March	15 March	Varsity Arena	\$371
Monday to Friday 9:00am - 4:00pm	8-9	11 March	15 March	Varsity Arena	\$371
Nonday to Friday 9:00am - 4:00pm	10-12	11 March	15 March	Varsity Arena	\$371
Gymnastics Camp					
Monday to Friday 9:00am - 4:00pm	6-12	11 March	15 March	Athletic Centre Lower Gym	\$417
SWIMMING & AQUATICS					
Caregiver and Tot Swimming					
Fhursdays 4:00pm - 4:30pm	6 months - 3 years	25 January	21 March	Athletic Centre Teach Pool	\$133
Saturdays 9:15am - 9:45am	6 months - 3 years	3 February	6 April	Athletic Centre 25yd. Pool	\$133
Saturdays 9:15am - 9:45am	6 months - 3 years	3 February	6 April	Athletic Centre 25yd. Pool	\$133
Swim for Life 1					
Mondays 4:00pm - 4:30pm	5-12	22 January	18 March	Athletic Centre 25yd. Pool	\$133
Wednesdays 4:30pm - 5:00pm	5-12	24 January	20 March	Athletic Centre 25yd. Pool	\$133
Thursdays 6:15pm - 6:45pm	5-12	25 January	21 March	Athletic Centre Teach Pool	\$133
Fridays 5:00pm - 5:30pm	5-12	2 February	5 April	Athletic Centre 25yd. Pool	\$133
Saturdays 10:15am - 10:45am	5-12	3 February	6 April	Athletic Centre 25yd. Pool	\$133

SWIMMING & AQUATICS (continued	l)				
Swim for Life 2					
Mondays 4:00pm - 4:30pm	5-12	22 January	18 March	Athletic Centre 25yd. Pool	\$133
Wednesdays 4:30pm - 5:00pm	5-12	24 January	20 March	Athletic Centre 25yd. Pool	\$133
Thursdays 6:15pm - 6:45pm	5-12	25 January	21 March	Athletic Centre Teach Pool	\$133
Fridays 6:00pm - 6:30pm	5-12	2 February	5 April	Athletic Centre 25yd. Pool	\$133
Saturdays 11:30am - 12:00pm	5-12	3 February	6 April	Athletic Centre 25yd. Pool	\$133
Swim for Life 3					
Mondays 4:30pm - 5:00pm	5-12	22 January	18 March	Athletic Centre 25yd. Pool	\$133
Wednesdays 4:00pm - 4:30pm	5-12	24 January	20 March	Athletic Centre 25yd. Pool	\$133
Fridays 4:00pm - 4:30pm	5-12	2 February	5 April	Athletic Centre 25yd. Pool	\$133
Saturdays 11:30am - 12:00pm	5-12	3 February	6 April	Athletic Centre 25yd. Pool	\$133
Sundays 4:30pm - 5:00pm	5-12	28 January	24 March	Athletic Centre 25yd. Pool	\$133
Swim for Life 4					
Mondays 4:30pm - 5:00pm	5-12	22 January	18 March	Athletic Centre 25yd. Pool	\$133
Nednesdays 4:00pm - 4:30pm	5-12	24 January	20 March	Athletic Centre 25yd. Pool	\$133
Fridays 6:30pm - 7:00pm	5-12	2 February	5 April	Athletic Centre 25yd. Pool	\$133
Saturdays 11:30am - 12:00pm	5-12	3 February	6 April	Athletic Centre 25yd. Pool	\$133
Sundays 4:30pm - 5:00pm	5-12	28 January	24 March	Athletic Centre 25yd. Pool	\$133
Swim for Life 3/4					
- Fridays 4:30pm - 5:00pm	5-12	2 February	5 April	Athletic Centre 25yd. Pool	\$133
Swim for Life 5					
Nondays 5:00pm - 5:45pm	5-14	22 January	18 March	Athletic Centre 25yd. Pool	\$155
Vednesdays 5:45pm - 6:30pm	5-14	24 January	20 March	Athletic Centre 25yd. Pool	\$155
hursdays 6:15pm - 7:00pm	5-14	25 January	21 March	Athletic Centre Varsity Pool	\$155
ridays 4:00pm - 4:45pm	5-14	2 February	5 April	Athletic Centre 25yd. Pool	\$155
Sundays 3:45pm - 4:30pm	5-14	28 January	24 March	Athletic Centre 25yd. Pool	\$155
Swim for Life 6					
Nondays 5:00pm - 5:45pm	5-14	22 January	18 March	Athletic Centre 25yd. Pool	\$155
Vednesdays 5:45pm - 6:30pm	5-14	24 January	20 March	Athletic Centre 25yd. Pool	\$155
Fhursdays 6:45pm - 7:30pm	5-14	25 January	21 March	Athletic Centre Varsity Pool	\$155
ridays 4:45pm - 5:30pm	5-14	2 February	5 April	Athletic Centre 25yd. Pool	\$155
Sundays 3:45pm - 4:30pm	5-14	28 January	24 March	Athletic Centre 25yd. Pool	\$155
Swim for Life 5/6					
Saturdays 10:45am - 11:30am	5-14	3 February	6 April	Athletic Centre 25yd. Pool	\$155
Swim for Life 7					
Nondays 5:45pm - 6:30pm	5-14	22 January	18 March	Athletic Centre 25yd. Pool	\$155
Vednesdays 5:00pm - 5:45pm	5-14	24 January	20 March	Athletic Centre 25yd. Pool	\$155
ridays 5:30pm - 6:15pm	5-14	2 February	5 April	Athletic Centre 25yd. Pool	\$155
undays 3:00pm - 3:45pm	5-14	28 January	24 March	Athletic Centre 25yd. Pool	\$155
Swim for Life 8		-			
Aondays 5:45pm - 6:30pm	5-14	22 January	18 March	Athletic Centre 25yd. Pool	\$155
Nednesdays 5:00pm - 5:45pm	5-14	24 January	20 March	Athletic Centre 25yd. Pool	\$155
Fridays 6:15pm - 7:00pm	5-14	2 February	5 April	Athletic Centre 25yd. Pool	\$155
Sundays 3:00pm - 3:45pm	5-14	28 January	24 March	Athletic Centre 25yd. Pool	\$155

Swim for Life 7/8					
Thursdays 6:45pm - 7:30pm	5-14	25 January	21 March	Athletic Centre Varsity Pool	\$155
Saturdays 10:45am - 11:30am	5-14	3 February	6 April	Athletic Centre 25yd. Pool	\$155
Swim for Life 9 - Rookie Patrol			- · F · ·		
hursdays 7:30pm - 8:15pm	8-14	25 January	21 March	Athletic Centre Varsity Pool	\$155
wim for Life 10 - Ranger Patrol		,			
hursdays 7:30pm - 8:15pm	8-14	25 January	21 March	Athletic Centre Varsity Pool	\$155
wim for Life 9/10 - Rookie/Ranger Patrol					1.11
aturdays 9:45am - 10:30am	8-14	3 February	6 April	Athletic Centre 25yd. Pool	\$155
wim for Life Preschool A		,		· · · · · · · · · · · · · · · · · · ·	1.11
hursdays 4:30pm - 5:00pm	3-5	25 January	21 March	Athletic Centre Teach Pool	\$133
hursdays 5:30pm - 6:00pm	3-5	25 January	21 March	Athletic Centre Teach Pool	\$133
aturdays 9:45am - 10:15am	3-5	3 February	6 April	Athletic Centre 25yd. Pool	\$133
undays 1:45pm - 2:15pm	3-5	28 January	24 March	Athletic Centre 25yd. Pool	\$133
wim for Life Preschool B					
hursdays 4:30pm - 5:00pm	3-5	25 January	21 March	Athletic Centre Teach Pool	\$133
hursdays 5:30pm - 6:00pm	3-5	25 January	21 March	Athletic Centre Teach Pool	\$133
aturdays 9:45am - 10:15am	3-5	3 February	6 April	Athletic Centre 25yd. Pool	\$133
undays 2:15pm - 2:45pm	3-5	28 January	24 March	Athletic Centre 25yd. Pool	\$133
wim for Life Preschool C					
hursdays 5:00pm - 5:30pm	3-5	25 January	21 March	Athletic Centre Teach Pool	\$133
ridays 4:30pm - 5:00pm	3-5	2 February	5 April	Athletic Centre 25yd. Pool	\$133
aturdays 10:30am - 11:00am	3-5	3 February	6 April	Athletic Centre 25yd. Pool	\$133
undays 2:15pm - 2:45pm	3-5	28 January	24 March	Athletic Centre 25yd. Pool	\$133
wim for Life Preschool D					
hursdays 5:00pm - 5:30pm	3-5	25 January	21 March	Athletic Centre Teach Pool	\$133
aturdays 10:15am - 10:45am	3-5	3 February	5 April	Athletic Centre 25yd. Pool	\$133
wim for Life Preschool E					
ridays 5:00pm - 5:30pm	3-5	2 February	5 April	Athletic Centre 25yd. Pool	\$133
rivate Swim Lessons					
ridays 4:00pm - 4:30pm	5-17	2 February	5 April	Athletic Centre 25yd. Pool	\$357
ridays 5:30pm - 6:00pm	5-17	2 February	5 April	Athletic Centre 25yd. Pool	\$357
ridays 5:30pm - 6:00pm	5-17	2 February	5 April	Athletic Centre 25yd. Pool	\$357
ridays 6:00pm - 6:30pm	5-17	2 February	5 April	Athletic Centre 25yd. Pool	\$357
ridays 6:30pm - 7:00pm	5-17	2 February	5 April	Athletic Centre 25yd. Pool	\$357
undays 12:15pm - 12:45pm	5-17	28 January	24 March	Athletic Centre 25yd. Pool	\$357
undays 12:15pm - 12:45pm	5-17	28 January	24 March	Athletic Centre 25yd. Pool	\$357
undays 12:45pm - 1:15pm	5-17	28 January	24 March	Athletic Centre 25yd. Pool	\$357
undays 1:15pm - 1:45pm	5-17	28 January	24 March	Athletic Centre 25yd. Pool	\$357
undays 2:15pm - 2:45pm	5-17	28 January	24 March	Athletic Centre 25yd. Pool	\$357
dapted Swim - Preschool A					
undays 12:15pm - 12:45pm	3-5	28 January	24 March	Athletic Centre 25yd. Pool	\$133
dapted Swim - Preschool B					
Sundays 12:45pm - 1:15pm	3-5	28 January	24 March	Athletic Centre 25yd. Pool	\$133
dapted Swim - Swim for Life 1					
Sundays 12:45pm - 1:15pm	5-12	28 January	24 March	Athletic Centre 25yd. Pool	\$133
Sundays 1:15pm - 1:45pm	5-12	28 January	24 March	Athletic Centre 25yd. Pool	\$133

SWIMMING & AQUATICS (continued)					
Adapted Swim - Swim for Life 2					
Sundays 1:15pm - 1:45pm	5-12	28 January	24 March	Athletic Centre 25yd. Pool	\$133
Adapted Swim - Swim for Life 3/4					
Sundays 1:45pm - 2:15pm	5-12	28 January	24 March	Athletic Centre 25yd. Pool	\$133
Adapted Swim - Intermediate (Swim for Life 5+)					
Sundays 1:45pm - 2:15pm	5-12	28 January	24 March	Athletic Centre 25yd. Pool	\$133
Introduction to Competitive Swim - Ages 8-10					
Sundays 3:00pm - 3:45pm	8-10	28 January	24 March	Athletic Centre Varsity Pool	\$162
Introduction to Competitive Swim - Ages 11-15					
Sundays 3:45pm - 4:30pm	11-15	28 January	24 March	Athletic Centre Varsity Pool	\$162
CERTIFICATIONS					
Bronze Star & Basic First Aid					
Thursdays 7:00pm - 8:30pm	11-14	25 January	21 March	Athletic Centre Varsity Pool	\$199
Bronze Medallion & Emergency First Aid					
Tuesdays 6:00pm - 9:00pm	13+	23 January	19 March	Athletic Centre Varsity Pool	\$253
Bronze Cross					
Tuesdays 6:00pm - 9:00pm	13+	23 January	19 March	Athletic Centre Varsity Pool	\$253
Emergency First Aid					
Friday 9:00am - 5:00pm	11-15	February 16	February 16	Athletic Centre	\$88
Mondays 9:00am - 5:00pm	11-15	April 1	April 1	Athletic Centre	\$88
Friday 9:00am - 5:00pm	11-15	April 19	April 19	Athletic Centre	\$88

WINTER 2024 JUNIOR BLUES PROGRAM EXCLUSION DATES

February 17 - 24 (Reading Week) Exception: Gymnastics March 11 - 15 (March Break) Gymnastics only

SWIM LEVEL DESCRIPTIONS

Please refer to our website for more details, level descriptions and prerequisites: https://www.kpe.utoronto.ca/sport-and-fitness/swimming-year-round

REGISTRATION

Registration can be busy, particularly when registration first opens. When you log-in, you may be placed into a virtual queue. You will be assigned a number representing your place in line and provided with an estimated wait-time. Once your user ID reaches the front of the queue you will be able to access the "campus rec" system to complete your registration(s).

Please ensure that you have created an account and added your dependents prior to the registration date. For instructions on account creation, visit **uoft.me/campusrec**

If you require assistance registering due to a disability please contact us in advance at junior.blues@utoronto.ca.

REFUND POLICY/WITHDRAWALS

Refunds are available for most Junior Blues programs and must be requested **WITHIN** two business days after the first class.

Refunds can be requested in person, by phone or by email at **sportandrec@utoronto.ca** by 11:59 p.m. Please remember to include your name, your child's name, and the program from which you are requesting to withdraw. Participants will be refunded the full amount less a cancellation fee of 10%.

Participants withdrawing for medical reasons will receive a full refund for the remainder of the program. A medical note is required. Notes must be received within two weeks of the date of illness.

INFORMED CONSENT

Remember, only the parent or guardian of the child can complete the informed consent and register them for programs.

TRANSFERS

Participants may transfer to another class or time any time before the second scheduled class. Transfers must be officially completed by main office staff and can only be completed if there is space in the program to which you wish to be transferred. Participants may transfer to any Junior Blues or Camp U of T program for which registration is open.

AGE GUIDELINES

Age guidelines for Junior Blues programs are based on a child's developmental stage, the facility in which the program is held and individual program goals. Your child's safety and enjoyment are important to us. We ask that all parents and caregivers adhere to age guidelines.

CHILDREN UNDER 3 YEARS OLD

Programs for children under three are family programs and require an adult to attend and fully participate. One adult per child is required.

CHILDREN 3 & 4 YEARS OLD

All children participating in classes for three and four year-olds must be the minimum age specified in the class description by the first day of class.

CHILDREN 5+ YEARS OLD

All children participating in classes for those five and over must be the minimum age specified in the class description by the last day of class. **Exception: For aquatics programs, participants must meet the minimum age by the first day of class for all levels.**

If you would like to enroll your older child in a program that is set for younger children, please contact **junior.blues@utoronto.ca**.

Make March Break Fun with Camp U of T!

CAMP ULAT



Sign up now for March Break Camps. Learn more at campuoft.ca