



From basketball to skating and everything in between, get into the game with the U of T Junior Blues.

Registration opens 7 a.m. December 7, 2022

Explore our programs at juniorblues.ca



LEARN, PLAY AND GROW WITH JUNIOR BLUES!

U of T Sport and Rec's Junior Blues program offers a range of activities for children ages 1 to 17 years. With a variety of classes on land, in water and on ice, Junior Blues gives children and youth the physical literacy skills they need to be active and healthy for life.

Conveniently located on the University's downtown campus, our 'Junior Blues' enjoy access to world-class facilities including the Varsity Centre, Athletic Centre and Back Campus fields.

In the pages that follow, you will find the full schedule of Junior Blues programs being offered for the 2023 Winter session.

We are looking forward to another terrific year and hope to see you here!

Learn more about our programs and facilities at juniorblues.ca

Program Details

Important note: With ongoing and evolving developments relating to COVID-19, there may be changes or cancellations around these programs. We appreciate your patience and cooperation.

Please check our website for the latest program details: juniorblues.ca.

Cymnasts Caregiver and Tot	OFFERING	AGE	START DATE	END DATE	LOCATION/FACILITY	COURSE FEE
Toesday 9.30 a.m10.20 a.m. 18mo - 3.5 January 24 April 4 Athletic Centre Lower Gym \$200	GYMNASTICS					
Tuesday 10.30 a.m11.20 a.m.	Gymnastics Caregiver and Tot					
Cymmastics Preschool 4–5 yr Saturday 9-10 a.m.—10 a.m. 4-5 January 21 April 1 Athletic Centre Lower Gym \$225 Saturday 1-10 a.m.—12 a.m. 4-5 January 21 April 1 Athletic Centre Lower Gym \$225 Saturday 1-10 a.m.—12 a.m. 4-5 January 21 April 1 Athletic Centre Lower Gym \$225 Saturday 1-10 a.m.—10 a.m. 4-5 January 22 April 2 Athletic Centre Lower Gym \$225 Sunday 1-10 a.m.—10 a.m. 4-5 January 22 April 2 Athletic Centre Lower Gym \$225 Sunday 1-10 a.m.—12 m. 4-5 January 22 April 2 Athletic Centre Lower Gym \$225 Sunday 1-10 a.m.—12 m. 4-5 January 22 April 2 Athletic Centre Lower Gym \$225 Sunday 1-10 a.m.—1 p.m. 4-5 January 22 April 2 Athletic Centre Lower Gym \$225 Sunday 1-10 a.m.—1 p.m. 4-5 January 22 April 2 Athletic Centre Lower Gym \$330 Sunday 1-10 a.m.—1 p.m. 6-12 January 21 April 1 Athletic Centre Lower Gym \$330 <td>Tuesday 9:30 a.m.—10:20 a.m.</td> <td>18mo - 3.5</td> <td>January 24</td> <td>April 4</td> <td>Athletic Centre Lower Gym</td> <td>\$200</td>	Tuesday 9:30 a.m.—10:20 a.m.	18mo - 3.5	January 24	April 4	Athletic Centre Lower Gym	\$200
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MiniSport- 4-5 yr Sunday 9:10 a.m.—10 a.m. 4-5 January 22 April 2 Athletic Centre Dance Studio \$158 MultiSport 6-8 yr	Basketball 10–12 yr					
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MultiSport 6–8 yr	MiniSport– 4–5 yr					
	Sunday 9:10 a.m.—10 a.m.	4-5	January 22	April 2	Athletic Centre Dance Studio	\$158
Sunday 10:10 a.m.—11:30 a.m. 6-8 January 22 April 2 Athletic Centre Dance Studio \$232	MultiSport 6–8 yr					
	Sunday 10:10 a.m.—11:30 a.m.	6-8	January 22	April 2	Athletic Centre Dance Studio	\$232

SPORT (continued)					
Soccer 6-7 yr					
Sunday 8:10 a.m.—9 a.m.	6-7	January 22	April 2	Varsity Field Dome	\$156
Soccer 8-10 yr					
Sunday 9:10 a.m.—10 a.m.	8-10	January 22	April 2	Varsity Field Dome	\$156
Tracktivites 7–12 yr					
Saturday 9:10 a.m.—10:30 a.m.	7-12	January 21	April 1	Athletic Centre Field House/Athletic Centre	\$232
Saturday 10:40 a.m.—12 p.m.	7-12	January 21	April 1	Athletic Centre Field House/Athletic Centre	\$232
Track & Field–Intro to Training					
Wednesday and Friday 4:30 p.m.—6 p.m.	9-12	January 18	March 31	Athletic Centre Field House Court 1	\$405
Track & Field-Rising Stars					
Wednesday and Friday 6 p.m.—7:15 p.m.	8-12	February 1	February 24	Athletic Centre Field House Court 1	\$325
Wednesday and Friday 6 p.m.—7:15 p.m.	8-12	March 1	March 31	Athletic Centre Field House Court 1	\$325
Skating 4-12 yr					
Saturday 8:45 a.m.—9:30 a.m.	4-12	January 21	April 1	Varsity Arena	\$198
Saturday 9:30 a.m.—10:15 a.m.	4-12	January 21	April 1	Varsity Arena	\$198
Saturday 10:30 a.m.—11:15 a.m.	4-12	January 21	April 1	Varsity Arena	\$198
Saturday 11:15 a.m.—12 p.m.	4-12	January 21	April 1	Varsity Arena	\$198
Sunday 8:30 a.m.—9:15 a.m.	4-12	January 22	April 2	Varsity Arena	\$198
Sunday 9:15 a.m.—10 a.m.	4-12	January 22	April 2	Varsity Arena	\$198
Sunday 10 a.m.—10:45 a.m.	4-12	January 22	April 2	Varsity Arena	\$198
Sunday 11 a.m.—11:45 a.m.	4-12	January 22	April 2	Varsity Arena	\$198
Sunday 11:45 a.m.—12:30 p.m.	4-12	January 22	April 2	Varsity Arena	\$198
Sunday 12:30 p.m.—1:15 p.m.	4-12	January 22	April 2	Varsity Arena	\$198
Sunday 12:30 p.m.—1:15 p.m.	4-12	January 22	April 2	Varsity Arena	\$198
SWIMMING & AQUATICS					
Caregiver and Tot Swimming					
Thursday 5:30 p.m.—6 p.m.	6mo-3	January 26	April 6	Athletic Centre Teach Pool	\$158
Saturday 9:15 a.m.—9:45 a.m.	6mo-3	January 28	April 1	Athletic Centre 25yd Pool	\$143
Swim Adapted Preschool Beginner					
Sunday 12 p.m.—12:30 p.m.	3-5	January 29	April 2	Athletic Centre 25yd Pool	\$127
Swim Adapted Preschool Intermediate		-	•	•	
Sunday 12:30 p.m.—1 p.m.	3-5	January 29	April 2	Athletic Centre 25yd Pool	\$127
Swim Adapted Beginner			·	,	'
Sunday 1 p.m.—1:30 p.m.	5-12	January 29	April 2	Athletic Centre 25yd Pool	\$127
Sunday 2 p.m.—2:30 p.m.	5-12	January 29	April 2	Athletic Centre 25yd Pool	\$127
Swim Adapted Intermediate	5 12	January 20	7.p	. a.nodo oondo zoja i ooi	Ψ±=!
Sunday 1:30 p.m.—2 p.m.	5-12	January 29	April 2	Athletic Centre 25yd Pool	\$127
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	2.5	January 26	April 6	Athlatic Contro Toogh Pool	\$158
Thursday 4:30 p.m.—5 p.m.	3-5	January 26	April 1	Athletic Centre Teach Pool	
Saturday 9:45 a.m.—10:15 a.m.	3-5	January 28	April 1	Athletic Centre 25yd Pool	\$143
Sunday 12 p.m.—12:30 p.m.	3-5	January 29	April 2	Athletic Centre 25yd Pool	\$127
Preschool B					446-
Thursday 5 p.m.—5:30 p.m.	3-5	January 26	April 6	Athletic Centre Teach Pool	\$158
Saturday 9:45 a.m.—10:15 a.m.	3-5	January 28	April 1	Athletic Centre 25yd Pool	\$143
Sunday 12:30 p.m.—1 p.m.	3-5	January 29	April 2	Athletic Centre 25yd Pool	\$127

Thursday 5-30 p.m.—6 p.m. 3-5 January 28 April 6 Athletic Centre Teach Pool \$13.8 Findley 5 p.m.—1-30 p.m. 3-5 January 27 March 31 Athletic Centre 25yd Pool \$13.8 Storting 10 15 a.m.—1045 a.m. 3-5 January 28 April 6 Athletic Centre 25yd Pool \$13.8 Storting 10 15 a.m.—1045 a.m. 3-5 January 28 April 3 Athletic Centre 25yd Pool \$14.8 Storting 10 15 a.m.—1045 a.m. 3-5 January 27 March 31 Athletic Centre 25yd Pool \$14.8 Storting 10 15 a.m.—1045 a.m. 3-5 January 27 March 31 Athletic Centre 25yd Pool \$13.8 Heateneddy 4-30 p.m.—5 p.m. 5-12 January 25 April 3 Athletic Centre 25yd Pool \$15.8 Heateneddy 4-30 p.m.—5 p.m. 5-12 January 27 Athletic Centre 25yd Pool \$15.8 Heateneddy 4-30 p.m.—5 p.m. 5-12 January 28 April 6 Athletic Centre 25yd Pool \$13.8 Findley 5 p.m.—5 45 p.m. 5-12 January 28 April 6 Athletic Centre 25yd Pool \$13.8 Heateneddy 4-30 p.m.—5 p.m. 5-12 January 28 April 6 Athletic Centre 25yd Pool \$14.8 Storting 10 15 a.m.—10-45 a.m. 5-12 January 28 April 6 Athletic Centre 25yd Pool \$13.8 Heateneddy 4-30 p.m.—5 p.m. 5-12 January 28 April 6 Athletic Centre 25yd Pool \$13.8 Heateneddy 4-30 p.m.—5 p.m. 5-12 January 28 April 6 Athletic Centre 25yd Pool \$13.8 Heateneddy 4-30 p.m.—5 p.m. 5-12 January 28 April 6 Athletic Centre 25yd Pool \$13.8 Heateneddy 4-30 p.m.—5 p.m. 5-12 January 28 April 6 Athletic Centre 25yd Pool \$13.8 Heateneddy 4-30 p.m.—5 p.m. 5-12 January 28 April 6 Athletic Centre 25yd Pool \$14.8 Heateneddy 4-30 p.m.—5 p.m. 5-12 January 28 April 6 Athletic Centre 25yd Pool \$14.8 Heateneddy 4-30 p.m.—5 p.m. 5-12 January 28 April 7 Athletic Centre 25yd Pool \$14.8 Heateneddy 4-30 p.m.—5 p.m. 5-12 January 29 April 7 Athletic Centre 25yd Pool \$15.8 Heateneddy 4-30 p.m.—5 p.m. 5-12 January 29 April 7 Athletic Centre 25yd Pool \$15.8 Heateneddy 4-30 p.m.—5 p.m. 5-12 January 29 April 7 Athletic Centre 25yd Pool \$15.8 Heateneddy 4-30 p.m.—5 p.m. 5-12 January 29 April 7 Athletic Centre 25yd Pool \$15.8 Heateneddy 4-30 p.m.—5 p.m. 5-12 January 29 April 7 Athletic Centre 25yd Pool \$15.8 Heateneddy 4-30 p.m.—5 p.m. 5-14 Janu	SWIMMING & AQUATICS (con	tinued)				
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Swim for Life 7/8					
Thursday 6:45 p.m.—7:30 p.m.	5-14	January 26	April 6	Athletic Centre Varsity Pool	\$185
Saturday 10:45 a.m.—11:30 a.m.	5-14	January 28	April 1	Athletic Centre 25yd Pool	\$166
Sunday 3 p.m.—3:45 p.m.	5-14	January 29	April 2	Athletic Centre 25yd Pool	\$166
Swim for Life 9 (Rookie)					
Thursday 7:30 p.m.—8:15 p.m.	8-14	January 26	April 6	Athletic Centre Varsity Pool	\$185
Swim for Life 10 (Ranger)					
Thursday 7:30 p.m.—8:15 p.m.	8-14	January 26	April 6	Athletic Centre Varsity Pool	\$185
Private Swim Lessons					
Friday 4 p.m.–4:30 p.m.	5-17	January 27	March 31	Athletic Centre 25yd Pool	\$383
Friday 4:30 p.m.—5 p.m.	5-17	January 27	March 31	Athletic Centre 25yd Pool	\$383
Friday 5 p.m.—5:30 p.m.	5-17	January 27	March 31	Athletic Centre 25yd Pool	\$383
Friday 5:30 p.m.—6 p.m.	5-17	January 27	March 31	Athletic Centre 25yd Pool	\$383
Friday 6 p.m.–6:30 p.m.	5-17	January 27	March 31	Athletic Centre 25yd Pool	\$383
Friday 6:30 p.m.—7 p.m.	5-17	January 27	March 31	Athletic Centre 25yd Pool	\$383
Sunday 1 p.m.—1:30 p.m.	5-17	January 29	April 2	Athletic Centre 25yd Pool	\$340
Sunday 1:30 p.m.–2 p.m.	5-17	January 29	April 2	Athletic Centre 25yd Pool	\$340
Sunday 2 p.m.–2:30 p.m.	5-17	January 29	April 2	Athletic Centre 25yd Pool	\$340
Intro to Competitive Swim 8–11 years	S				
Sunday 3 p.m.—3:45 p.m.	8-11	January 29	April 2	Athletic Centre Varsity Pool	\$173
Intro to Competitive Swim 11–15 yea	rs				
Sunday 3:45 p.m.—4:30 p.m.	11-15	January 29	April 2	Athletic Centre Varsity Pool	\$173
CERTIFICATIONS					
Bronze Star & Basic First Aid					
Thursday 6:45 p.m.—8:15 p.m.	11-13	January 26	April 6	Athletic Centre Varsity Pool	\$237
Bronze Medallion & Emergency First	Aid				
Tuesday 6 p.m.—9 p.m.	13-17	January 24	April 4	Athletic Centre Varsity Pool	\$317
Bronze Cross					
Tuesday 6 p.m.—9 p.m.	13-17	January 24	April 4	Athletic Centre Varsity Pool	\$317
MARCH BREAK CAMPS					
Adventure Camp					
Monday to Friday 9 a.m4 p.m.	4-5	March 13	March 17	Goldring Centre	\$360
Multisport					
Monday to Friday 9 a.m4 p.m.	6-7	March 13	March 17	Varsity Centre	\$360
Monday to Friday 9 a.m4 p.m.	8-9	March 13	March 17	Varsity Centre	\$360
Monday to Friday 9 a.m4 p.m.	10-12	March 13	March 17	Varsity Centre	\$360
Gymnastics					
Monday to Friday 9 a.m4 p.m.	6-12	March 13	March 17	Athletic Centre	\$405



WINTER 2023 PROGRAM EXCLUSION DATES

Classes will not run on the following dates: February 18 - 24, 2023 (Reading Week)

Gymnastics and Aquatics programs run during March Break. Due to special events at our pools swimming classes are cancelled on March 5, 2023.

SWIM TRANSITION

Please note that starting Fall 2022 Junior Blues Swimming Lessons have transitioned from Canadian Red Cross to a customized Lifesaving Society Swim for Life program. Please refer to our website for more details, level descriptions and prerequisites: https://www.kpe.utoronto.ca/sport-and-fitness/swimming-year-round

REGISTRATION

Registration can be busy, particularly when registration first opens. When you log-in, you may be placed into a virtual queue. You will be assigned a number representing your place in line and provided with an estimated wait-time. Once your user ID reaches the front of the queue you will be able to access the "campus rec" system to complete your registration(s).

Please ensure that you have created an account and added your dependents prior to the registration date. For instructions on account creation, visit **uoft**. **me/campusrec**

If you require assistance registering due to a disability please contact us in advance at junior.blues@utoronto.ca.

REFUND POLICY/WITHDRAWALS

Refunds are available for most Junior Blues programs and must be requested **WITHIN** two business days after the first class.

Refunds can be requested in person, by phone or by email at **sportandrec@utoronto.ca** by 11:59 p.m. Please remember to include your name, your child's name, and the program from which you are requesting to withdraw. Participants will be refunded the full amount less a cancellation fee of 10%.

Participants withdrawing for medical reasons will receive a full refund for the remainder of the program. A medical note is required. Notes must be received within two weeks of the date of illness.

INFORMED CONSENT

Remember, only the parent or guardian of the child can complete the informed consent and register them for programs.

TRANSFERS

Participants may transfer to another class or time any time before the second scheduled class. Transfers must be officially completed by main office staff and can only be completed if there is space in the program to which you wish to be transferred. Participants may transfer to any Junior Blues or Camp U of T program for which registration is open.

AGE GUIDELINES

Age guidelines for Junior Blues programs are based on a child's developmental stage, the facility in which the program is held and individual program goals. Your child's safety and enjoyment are important to us. We ask that all parents and caregivers adhere to age guidelines.

CHILDREN UNDER 3 YEARS OLD

Programs for children under three are family programs and require an adult to attend and fully participate. One adult per child is required.

CHILDREN 3 & 4 YEARS OLD

All children participating in classes for three and four year-olds must be the minimum age specified in the class description by the first day of class.

CHILDREN 5+ YEARS OLD

All children participating in classes for those five and over must be the minimum age specified in the class description by the last day of class.

If you would like to enroll your older child in a program that is set for younger children, please contact junior.blues@utoronto.ca.





juniorblues.ca