



JUNIOR BLUES



Learn new *Skills!*

From basketball to skating and everything in between,
get into the game with the U of T Junior Blues.

Registration opens 7 a.m. December 7, 2022

Explore our programs at juniorblues.ca



LEARN, PLAY AND GROW WITH JUNIOR BLUES!

U of T Sport and Rec's Junior Blues program offers a range of activities for children ages 1 to 17 years. With a variety of classes on land, in water and on ice, Junior Blues gives children and youth the physical literacy skills they need to be active and healthy for life.

Conveniently located on the University's downtown campus, our 'Junior Blues' enjoy access to world-class facilities including the Varsity Centre, Athletic Centre and Back Campus fields.

In the pages that follow, you will find the full schedule of Junior Blues programs being offered for the 2023 Winter session.

We are looking forward to another terrific year and hope to see you here!

Learn more about our programs and facilities at juniorblues.ca

Program Details

Important note: With ongoing and evolving developments relating to COVID-19, there may be changes or cancellations around these programs. We appreciate your patience and cooperation.

Please check our website for the latest program details: juniorblues.ca.

OFFERING	AGE	START DATE	END DATE	LOCATION/FACILITY	COURSE FEE
GYMNASTICS					
Gymnastics Caregiver and Tot					
Tuesday 9:30 a.m.–10:20 a.m.	18mo - 3.5	January 24	April 4	Athletic Centre Lower Gym	\$200
Tuesday 10:30 a.m.–11:20 a.m.	18mo - 3.5	January 24	April 4	Athletic Centre Lower Gym	\$200
Gymnastics Preschool 4–5 yr					
Saturday 9:10 a.m.–10 a.m.	4-5	January 21	April 1	Athletic Centre Lower Gym	\$225
Saturday 10:10 a.m.–11 a.m.	4-5	January 21	April 1	Athletic Centre Lower Gym	\$225
Saturday 11:10 a.m.–12 p.m.	4-5	January 21	April 1	Athletic Centre Lower Gym	\$225
Saturday 12:10 p.m.–1 p.m.	4-5	January 21	April 1	Athletic Centre Lower Gym	\$225
Sunday 9:10 a.m.–10 a.m.	4-5	January 22	April 2	Athletic Centre Lower Gym	\$225
Sunday 10:10 a.m.–11 a.m.	4-5	January 22	April 2	Athletic Centre Lower Gym	\$225
Sunday 11:10 a.m.–12 p.m.	4-5	January 22	April 2	Athletic Centre Lower Gym	\$225
Sunday 12:10 p.m.–1 p.m.	4-5	January 22	April 2	Athletic Centre Lower Gym	\$225
Gymnastics Girls 6–12 yr					
Saturday 9:10 a.m.–10:30 a.m.	6-12	January 21	April 1	Athletic Centre Lower Gym	\$330
Saturday 10:45 a.m.–12:15 p.m.	6-12	January 21	April 1	Athletic Centre Lower Gym	\$330
Saturday 12:30 p.m.–2 p.m.	6-12	January 21	April 1	Athletic Centre Lower Gym	\$330
Sunday 9:10 a.m.–10:30 a.m.	6-12	January 22	April 2	Athletic Centre Lower Gym	\$330
Sunday 10:45 a.m.–12:15 p.m.	6-12	January 22	April 2	Athletic Centre Lower Gym	\$330
Sunday 12:30 p.m.–2 p.m.	6-12	January 22	April 2	Athletic Centre Lower Gym	\$330
Gymnastics Boys 6–8 yr					
Saturday 12:30 p.m.–2 p.m.	6-8	January 21	April 1	Athletic Centre Lower Gym	\$330
Gymnastics Boys 9–12 yr					
Sunday 12:30 p.m.–2 p.m.	9-12	January 22	April 2	Athletic Centre Lower Gym	\$330
SPORT					
Badminton 9–12 yr					
Sunday 9:10 a.m.–10:30 a.m.	9-12	January 22	April 2	Athletic Centre Sports Gym	\$232
Sunday 10:40 a.m.–12 p.m.	9-12	January 22	April 2	Athletic Centre Sports Gym	\$232
Basketball 6–7 yr					
Sunday 9:10 a.m.–10:30 a.m.	8-9	January 22	April 2	Athletic Centre Field House Court 2&3	\$232
Basketball 8–9 yr					
Sunday 9:10 a.m.–10:30 a.m.	8-9	January 22	April 2	Athletic Centre Field House Court 2&3	\$232
Sunday 10:40 a.m.–12 p.m.	8-9	January 22	April 2	Athletic Centre Field House Court 2&3	\$232
Basketball 10–12 yr					
Sunday 10:40 a.m.–12 p.m.	10-12	January 22	April 2	Athletic Centre Field House Court 2&3	\$232
MiniSport– 4–5 yr					
Sunday 9:10 a.m.–10 a.m.	4-5	January 22	April 2	Athletic Centre Dance Studio	\$158
MultiSport 6–8 yr					
Sunday 10:10 a.m.–11:30 a.m.	6-8	January 22	April 2	Athletic Centre Dance Studio	\$232

SPORT (continued)**Soccer 6-7 yr**

Sunday 8:10 a.m.–9 a.m.	6-7	January 22	April 2	Varsity Field Dome	\$156
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Soccer 8-10 yr

Sunday 9:10 a.m.–10 a.m.	8-10	January 22	April 2	Varsity Field Dome	\$156
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Tracktivites 7–12 yr

Saturday 9:10 a.m.–10:30 a.m.	7-12	January 21	April 1	Athletic Centre Field House/Athletic Centre	\$232
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Saturday 10:40 a.m.–12 p.m.	7-12	January 21	April 1	Athletic Centre Field House/Athletic Centre	\$232
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Track & Field—Intro to Training

Wednesday and Friday 4:30 p.m.–6 p.m.	9-12	January 18	March 31	Athletic Centre Field House Court 1	\$405
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Track & Field—Rising Stars

Wednesday and Friday 6 p.m.–7:15 p.m.	8-12	February 1	February 24	Athletic Centre Field House Court 1	\$325
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Wednesday and Friday 6 p.m.–7:15 p.m.	8-12	March 1	March 31	Athletic Centre Field House Court 1	\$325
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Skating 4-12 yr

Saturday 8:45 a.m.–9:30 a.m.	4-12	January 21	April 1	Varsity Arena	\$198
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Saturday 9:30 a.m.–10:15 a.m.	4-12	January 21	April 1	Varsity Arena	\$198
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Saturday 10:30 a.m.–11:15 a.m.	4-12	January 21	April 1	Varsity Arena	\$198
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Saturday 11:15 a.m.–12 p.m.	4-12	January 21	April 1	Varsity Arena	\$198
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Sunday 8:30 a.m.–9:15 a.m.	4-12	January 22	April 2	Varsity Arena	\$198
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Sunday 9:15 a.m.–10 a.m.	4-12	January 22	April 2	Varsity Arena	\$198
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Sunday 10 a.m.–10:45 a.m.	4-12	January 22	April 2	Varsity Arena	\$198
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Sunday 11 a.m.–11:45 a.m.	4-12	January 22	April 2	Varsity Arena	\$198
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Sunday 11:45 a.m.–12:30 p.m.	4-12	January 22	April 2	Varsity Arena	\$198
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Sunday 12:30 p.m.–1:15 p.m.	4-12	January 22	April 2	Varsity Arena	\$198
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Sunday 12:30 p.m.–1:15 p.m.	4-12	January 22	April 2	Varsity Arena	\$198
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SWIMMING & AQUATICS**Caregiver and Tot Swimming**

Thursday 5:30 p.m.–6 p.m.	6mo-3	January 26	April 6	Athletic Centre Teach Pool	\$158
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Saturday 9:15 a.m.–9:45 a.m.	6mo-3	January 28	April 1	Athletic Centre 25yd Pool	\$143
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Swim Adapted Preschool Beginner

Sunday 12 p.m.–12:30 p.m.	3-5	January 29	April 2	Athletic Centre 25yd Pool	\$127
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Swim Adapted Preschool Intermediate

Sunday 12:30 p.m.–1 p.m.	3-5	January 29	April 2	Athletic Centre 25yd Pool	\$127
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Swim Adapted Beginner

Sunday 1 p.m.–1:30 p.m.	5-12	January 29	April 2	Athletic Centre 25yd Pool	\$127
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Sunday 2 p.m.–2:30 p.m.	5-12	January 29	April 2	Athletic Centre 25yd Pool	\$127
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Swim Adapted Intermediate

Sunday 1:30 p.m.–2 p.m.	5-12	January 29	April 2	Athletic Centre 25yd Pool	\$127
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Preschool A

Thursday 4:30 p.m.–5 p.m.	3-5	January 26	April 6	Athletic Centre Teach Pool	\$158
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Saturday 9:45 a.m.–10:15 a.m.	3-5	January 28	April 1	Athletic Centre 25yd Pool	\$143
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Sunday 12 p.m.–12:30 p.m.	3-5	January 29	April 2	Athletic Centre 25yd Pool	\$127
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Preschool B

Thursday 5 p.m.–5:30 p.m.	3-5	January 26	April 6	Athletic Centre Teach Pool	\$158
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Saturday 9:45 a.m.–10:15 a.m.	3-5	January 28	April 1	Athletic Centre 25yd Pool	\$143
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Sunday 12:30 p.m.–1 p.m.	3-5	January 29	April 2	Athletic Centre 25yd Pool	\$127
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SWIMMING & AQUATICS (continued)**Preschool C**

Thursday 5:30 p.m.–6 p.m.	3-5	January 26	April 6	Athletic Centre Teach Pool	\$158
Friday 4 p.m.–4:30 p.m.	3-5	January 27	March 31	Athletic Centre 25yd Pool	\$143
Saturday 10:15 a.m.–10:45 a.m.	3-5	January 28	April 1	Athletic Centre 25yd Pool	\$143

Preschool D

Friday 4:30 p.m.–5 p.m.	3-5	January 27	March 31	Athletic Centre 25yd Pool	\$143
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Swim for Life 1

Monday 4 p.m.–4:30 p.m.	5-12	January 23	April 3	Athletic Centre 25yd Pool	\$158
Wednesday 4:30 p.m.–5 p.m.	5-12	January 25	April 5	Athletic Centre 25yd Pool	\$158
Thursday 6:15 p.m.–6:45 p.m.	5-12	January 26	April 6	Athletic Centre Teach Pool	\$158
Friday 5 p.m.–5:30 p.m.	5-12	January 27	March 31	Athletic Centre 25yd Pool	\$143
Saturday 10:15 a.m.–10:45 a.m.	5-12	January 28	April 1	Athletic Centre 25yd Pool	\$143

Swim for Life 2

Monday 4 p.m.–4:30 p.m.	5-12	January 23	April 3	Athletic Centre 25yd Pool	\$158
Wednesday 4:30 p.m.–5 p.m.	5-12	January 25	April 5	Athletic Centre 25yd Pool	\$158
Thursday 6:15 p.m.–6:45 p.m.	5-12	January 26	April 6	Athletic Centre Teach/Varsity Pools	\$158
Friday 5:30 p.m.–6 p.m.	5-12	January 27	March 31	Athletic Centre 25yd Pool	\$143
Saturday 11:30 a.m.–12 p.m.	5-12	January 28	April 1	Athletic Centre 25yd Pool	\$143

Swim for Life 3

Monday 4:30 p.m.–5 p.m.	5-12	January 23	April 3	Athletic Centre 25yd Pool	\$158
Wednesday 4 p.m.–4:30 p.m.	5-12	January 25	April 5	Athletic Centre 25yd Pool	\$158
Friday 6 p.m.–6:30 p.m.	5-12	January 27	March 31	Athletic Centre 25yd Pool	\$143
Saturday 11:30 a.m.–12 p.m.	5-12	January 28	April 1	Athletic Centre 25yd Pool	\$143

Swim for Life 4

Monday 4:30 p.m.–5 p.m.	5-12	January 23	April 3	Athletic Centre 25yd Pool	\$158
Wednesday 4 p.m.–4:30 p.m.	5-12	January 25	April 5	Athletic Centre 25yd Pool	\$158
Friday 6:30 p.m.–7 p.m.	5-12	January 27	March 31	Athletic Centre 25yd Pool	\$143
Sunday 4:30 p.m.–5 p.m.	5-12	January 29	April 2	Athletic Centre 25yd Pool	\$143

Swim for Life 5

Monday 5 p.m.–5:45 p.m.	5-14	January 23	April 3	Athletic Centre 25yd Pool	\$185
Wednesday 5:45 p.m.–6:30 p.m.	5-14	January 25	April 5	Athletic Centre 25yd Pool	\$185

Swim for Life 6

Monday 5 p.m.–5:45 p.m.	5-14	January 23	April 3	Athletic Centre 25yd Pool	\$185
Wednesday 5:45 p.m.–6:30 p.m.	5-14	January 25	April 5	Athletic Centre 25yd Pool	\$185

Swim for Life 5/6

Thursday 6:45 p.m.–7:30 p.m.	5-14	January 26	April 6	Athletic Centre Varsity Pool	\$185
Saturday 10:45 a.m.–11:30 a.m.	5-14	January 28	April 1	Athletic Centre 25yd Pool	\$166
Sunday 3:45 p.m.–4:30 p.m.	5-14	January 29	April 2	Athletic Centre 25yd Pool	\$166

Swim for Life 7

Monday 5:45 p.m.–6:30 p.m.	5-14	January 23	April 3	Athletic Centre 25yd Pool	\$185
Wednesday 5 p.m.–5:45 p.m.	5-14	January 25	April 5	Athletic Centre 25yd Pool	\$185

Swim for Life 8

Monday 5:45 p.m.–6:30 p.m.	5-14	January 23	April 3	Athletic Centre 25yd Pool	\$185
Wednesday 5 p.m.–5:45 p.m.	5-14	January 25	April 5	Athletic Centre 25yd Pool	\$185

SWIMMING & AQUATICS (continued)**Swim for Life 7/8**

Thursday 6:45 p.m.–7:30 p.m.	5-14	January 26	April 6	Athletic Centre Varsity Pool	\$185
Saturday 10:45 a.m.–11:30 a.m.	5-14	January 28	April 1	Athletic Centre 25yd Pool	\$166
Sunday 3 p.m.–3:45 p.m.	5-14	January 29	April 2	Athletic Centre 25yd Pool	\$166

Swim for Life 9 (Rookie)

Thursday 7:30 p.m.–8:15 p.m.	8-14	January 26	April 6	Athletic Centre Varsity Pool	\$185
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Swim for Life 10 (Ranger)

Thursday 7:30 p.m.–8:15 p.m.	8-14	January 26	April 6	Athletic Centre Varsity Pool	\$185
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Private Swim Lessons

Friday 4 p.m.–4:30 p.m.	5-17	January 27	March 31	Athletic Centre 25yd Pool	\$383
Friday 4:30 p.m.–5 p.m.	5-17	January 27	March 31	Athletic Centre 25yd Pool	\$383
Friday 5 p.m.–5:30 p.m.	5-17	January 27	March 31	Athletic Centre 25yd Pool	\$383
Friday 5:30 p.m.–6 p.m.	5-17	January 27	March 31	Athletic Centre 25yd Pool	\$383
Friday 6 p.m.–6:30 p.m.	5-17	January 27	March 31	Athletic Centre 25yd Pool	\$383
Friday 6:30 p.m.–7 p.m.	5-17	January 27	March 31	Athletic Centre 25yd Pool	\$383
Sunday 1 p.m.–1:30 p.m.	5-17	January 29	April 2	Athletic Centre 25yd Pool	\$340
Sunday 1:30 p.m.–2 p.m.	5-17	January 29	April 2	Athletic Centre 25yd Pool	\$340
Sunday 2 p.m.–2:30 p.m.	5-17	January 29	April 2	Athletic Centre 25yd Pool	\$340

Intro to Competitive Swim 8–11 years

Sunday 3 p.m.–3:45 p.m.	8-11	January 29	April 2	Athletic Centre Varsity Pool	\$173
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Intro to Competitive Swim 11–15 years

Sunday 3:45 p.m.–4:30 p.m.	11-15	January 29	April 2	Athletic Centre Varsity Pool	\$173
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CERTIFICATIONS**Bronze Star & Basic First Aid**

Thursday 6:45 p.m.–8:15 p.m.	11-13	January 26	April 6	Athletic Centre Varsity Pool	\$237
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Bronze Medallion & Emergency First Aid

Tuesday 6 p.m.–9 p.m.	13-17	January 24	April 4	Athletic Centre Varsity Pool	\$317
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Bronze Cross

Tuesday 6 p.m.–9 p.m.	13-17	January 24	April 4	Athletic Centre Varsity Pool	\$317
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MARCH BREAK CAMPS**Adventure Camp**

Monday to Friday 9 a.m.–4 p.m.	4-5	March 13	March 17	Goldring Centre	\$360
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Multisport

Monday to Friday 9 a.m.–4 p.m.	6-7	March 13	March 17	Varsity Centre	\$360
Monday to Friday 9 a.m.–4 p.m.	8-9	March 13	March 17	Varsity Centre	\$360
Monday to Friday 9 a.m.–4 p.m.	10-12	March 13	March 17	Varsity Centre	\$360

Gymnastics

Monday to Friday 9 a.m.–4 p.m.	6-12	March 13	March 17	Athletic Centre	\$405
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WINTER 2023 PROGRAM EXCLUSION DATES

Classes will not run on the following dates:
February 18 - 24, 2023 (Reading Week)

Gymnastics and Aquatics programs run during March Break.
Due to special events at our pools swimming classes are cancelled on March 5, 2023.

SWIM TRANSITION

Please note that starting Fall 2022 Junior Blues Swimming Lessons have transitioned from Canadian Red Cross to a customized Lifesaving Society Swim for Life program. Please refer to our website for more details, level descriptions and prerequisites: <https://www.kpe.utoronto.ca/sport-and-fitness/swimming-year-round>

REGISTRATION

Registration can be busy, particularly when registration first opens. When you log-in, you may be placed into a virtual queue. You will be assigned a number representing your place in line and provided with an estimated wait-time. Once your user ID reaches the front of the queue you will be able to access the "campus rec" system to complete your registration(s).

Please ensure that you have created an account and added your dependents prior to the registration date. For instructions on account creation, visit [uoft.me/campusrec](https://www.utoronto.ca/uoft-me/campusrec)

If you require assistance registering due to a disability please contact us in advance at junior.blues@utoronto.ca.

REFUND POLICY/WITHDRAWALS

Refunds are available for most Junior Blues programs and must be requested **WITHIN** two business days after the first class.

Refunds can be requested in person, by phone or by email at sportandrec@utoronto.ca by 11:59 p.m. Please remember to include your name, your child's name, and the program from which you are requesting to withdraw. Participants will be refunded the full amount less a cancellation fee of 10%.

Participants withdrawing for medical reasons will receive a full refund for the remainder of the program. A medical note is required. Notes must be received within two weeks of the date of illness.

INFORMED CONSENT

Remember, only the parent or guardian of the child can complete the informed consent and register them for programs.

TRANSFERS

Participants may transfer to another class or time any time before the second scheduled class. Transfers must be officially completed by main office staff and can only be completed if there is space in the program to which you wish to be transferred. Participants may transfer to any Junior Blues or Camp U of T program for which registration is open.

AGE GUIDELINES

Age guidelines for Junior Blues programs are based on a child's developmental stage, the facility in which the program is held and individual program goals. Your child's safety and enjoyment are important to us. We ask that all parents and caregivers adhere to age guidelines.

CHILDREN UNDER 3 YEARS OLD

Programs for children under three are family programs and require an adult to attend and fully participate. One adult per child is required.

CHILDREN 3 & 4 YEARS OLD

All children participating in classes for three and four year-olds must be the minimum age specified in the class description by the first day of class.

CHILDREN 5+ YEARS OLD

All children participating in classes for those five and over must be the minimum age specified in the class description by the last day of class.

If you would like to enroll your older child in a program that is set for younger children, please contact junior.blues@utoronto.ca.



JUNIOR BLUES

juniorblues.ca