



JUNIOR BLUES



Learn new *Skills!*

From basketball to soccer and everything in between,
get into the game with the U of T Junior Blues.

Program registration starting on April 5, 2023 at 7 a.m.

Explore our programs at juniorblues.ca



LEARN, PLAY AND GROW WITH JUNIOR BLUES!

U of T Sport and Rec's Junior Blues program offers a range of activities for children ages 1 to 17 years. With a variety of classes on land, in water and on ice, Junior Blues gives children and youth the physical literacy skills they need to be active and healthy for life.

Conveniently located on the University's downtown campus, our 'Junior Blues' enjoy access to world-class facilities including the Varsity Centre, Athletic Centre and Back Campus fields.

In the pages that follow, you will find the full schedule of Junior Blues programs being offered for the Spring and Summer 2023 session.

We are looking forward to another terrific year and hope to see you here!

Learn more about our programs and facilities at juniorblues.ca



JUNIOR BLUES

juniorblues.ca

SPRING PROGRAMS

GYMNASTICS, SPORTS & CERTIFICATIONS

**REGISTRATION STARTING ON
APRIL 5, 2023 AT 7 A.M.**

OFFERING	AGE	START DATE	END DATE	LOCATION/FACILITY	COURSE FEE
GYMNASTICS					
Gymnastics Caregiver & Tot					
Tuesday 9:30 a.m.–10:20 a.m.	18mo–3.5 yr	April 18	June 13	Athletic Centre Lower Gym	\$180
Tuesday 10:30 a.m.–11:20 a.m.	18mo–3.5 yr	April 18	June 13	Athletic Centre Lower Gym	\$180
Gymnastics Preschool 4-5 yr					
Saturday 9:10 a.m.–10:00 a.m.	4-5	April 15	June 17	Athletic Centre Lower Gym	\$205
Saturday 10:10 a.m.–11:00 a.m.	4-5	April 15	June 17	Athletic Centre Lower Gym	\$205
Saturday 11:10 a.m.–12:00 p.m.	4-5	April 15	June 17	Athletic Centre Lower Gym	\$205
Saturday 12:10 p.m.–1:00 p.m.	4-5	April 15	June 17	Athletic Centre Lower Gym	\$205
Sunday 9:10 a.m.–10:00 a.m.	4-5	April 16	June 18	Athletic Centre Lower Gym	\$205
Sunday 10:10 a.m.–11:00 a.m.	4-5	April 16	June 18	Athletic Centre Lower Gym	\$205
Sunday 11:10 a.m.–12:00 p.m.	4-5	April 16	June 18	Athletic Centre Lower Gym	\$205
Sunday 12:10 p.m.–1:00 p.m.	4-5	April 16	June 18	Athletic Centre Lower Gym	\$205
Gymnastics Girls 6-9 yr					
Thursday 4:10 p.m.–5:30 p.m.	6-9	April 20	June 15	Athletic Centre Lower Gym	\$300
Wednesday 4:10 p.m.–5:30 p.m.	6-9	April 19	June 14	Athletic Centre Lower Gym	\$300
Gymnastics Girls 6-12 yr					
Saturday 9:10 a.m.–10:30 a.m.	6-12	April 15	June 17	Athletic Centre Lower Gym	\$300
Saturday 10:45 a.m.–12:15 p.m.	6-12	April 15	June 17	Athletic Centre Lower Gym	\$300
Saturday 12:30 p.m.–2:00 p.m.	6-12	April 15	June 17	Athletic Centre Lower Gym	\$300
Sunday 9:10 a.m.–10:30 a.m.	6-12	April 16	June 18	Athletic Centre Lower Gym	\$300
Sunday 10:45 a.m.–12:15 p.m.	6-12	April 16	June 18	Athletic Centre Lower Gym	\$300
Sunday 12:30 p.m.–2:00 p.m.	6-12	April 16	June 18	Athletic Centre Lower Gym	\$300
Gymnastics Boys 6-8 yr					
Saturday 12:30 p.m.–2:00 p.m.	6-8	April 15	June 17	Athletic Centre Lower Gym	\$300
Gymnastics Boys 9-12 yr					
Sunday 12:30 –2 p.m.	9-12	April 24	June 19	Athletic Centre Lower Gym	\$225

OFFERING	AGE	START DATE	END DATE	LOCATION/FACILITY	COURSE FEE
SPORT					
Badminton 9–12 yr					
Sunday 9:10 a.m.–10:30 a.m.	9-12	April 30	June 18	Athletic Centre Sports Gym	\$232
Sunday 10:40 a.m.–12:00 p.m.	9-12	April 30	June 18	Athletic Centre Sports Gym	\$232
Basketball 6–7 yr					
Sunday 9:10 a.m.–10:30 a.m.	6-7	April 16	June 18	Athletic Centre Field House Court 2&3	\$232
Basketball 8–9 yr					
Sunday 10:40 a.m.–12:00 p.m.	8-9	April 16	June 18	Athletic Centre Field House Court 2&3	\$232
Sunday 9:10 a.m.–10:30 a.m.	8-9	April 16	June 18	Athletic Centre Field House Court 2&3	\$232
Basketball 10–12 yr					
Sunday 10:40 a.m.–12:00 p.m.	10-12	April 16	June 18	Athletic Centre Field House Court 2&3	\$232
MiniSport– 4–5 yr					
Sunday 9:10 a.m.–10:00 a.m.	4-5	April 16	June 18	Athletic Centre Dance Studio	\$158
MultiSport 6–8 yr					
Sunday 10:10 a.m.–11:30 a.m.	6-8	April 16	June 18	Athletic Centre Dance Studio	\$232
Soccer 6–7 yr					
Sunday 10:40 a.m.–12:00 p.m.	6-7	April 16	June 18	Varsity Field	\$232
Soccer 8–9 yr					
Sunday 10:40 a.m.–12:00 p.m.	8-9	April 16	June 18	Varsity Field	\$232
Sunday 9:10 a.m.–10:30 a.m.	8-9	April 16	June 18	Varsity Field	\$232
Soccer 10–12 yr					
Sunday 9:10 a.m.–10:30 a.m.	10-12	April 16	June 18	Varsity Field	\$232
Tracktivites 7–12 yr					
Saturday 10:40 a.m.–12:00p.m.	7-12	April 15	June 17	Athletic Centre Field House Court 1	\$232
Saturday 9:10 a.m.–10:30 a.m.	7-12	April 15	June 17	Athletic Centre Field House Court 1	\$232
Track & Field–Intro to Training					
Wednesday and Friday 4:30 p.m.–6:00 p.m.	9-12	April 12	June 16	Athletic Centre Field House Court 1	\$404



SPRING AND SUMMER PROGRAMS

SWIMMING & AQUATICS

**REGISTRATION OPENS ON
APRIL 12, 2023 AT 7 A.M.**

SPRING PROGRAMS

OFFERING	AGE	START DATE	END DATE	LOCATION/FACILITY	COURSE FEE
SWIMMING & AQUATICS					
Caregiver and Tot Swimming					
Thursday 5:30 p.m.–6:00 p.m.	6mo-3	May 4	Jun 22	Athletic Centre Teach Pool	\$133
Saturday 9:15 a.m.–9:45 a.m.	6mo-3	May 6	Jun 24	Athletic Centre 25yd Pool	\$116
Swim Adapted Preschool Beginner					
Sunday 12:00 p.m.–12:30 p.m.	3-5	May 7	Jun 25	Athletic Centre 25yd Pool	\$116
Sunday 12:30 p.m.–1:00 p.m.	3-5	May 7	Jun 25	Athletic Centre 25yd Pool	\$116
Swim Adapted Beginner					
Sunday 1:00 p.m.–1:30 p.m.	3-5	May 7	Jun 25	Athletic Centre 25yd Pool	\$116
Sunday 2:00 p.m.–2:30 p.m.	3-5	May 7	Jun 25	Athletic Centre 25yd Pool	\$116
Swim Adapted Intermediate					
Sunday 1:30 p.m.–2:00 p.m.	3-5	May 7	Jun 25	Athletic Centre 25yd Pool	\$116
Preschool A					
Thursday 4:30 p.m.–5:00 p.m.	3-5	May 4	Jun 22	Athletic Centre Teach Pool	\$133
Saturday 9:45 a.m.–10:15 a.m.	3-5	May 6	Jun 24	Athletic Centre 25yd Pool	\$116
Preschool B					
Thursday 5:00 p.m.–5:30 p.m.	3-5	May 4	Jun 22	Athletic Centre Teach Pool	\$133
Saturday 9:45 a.m.–10:15 a.m.	3-5	May 6	Jun 24	Athletic Centre 25yd Pool	\$116
Preschool C					
Thursday 5:30 p.m.–6:00 p.m.	3-5	May 4	Jun 22	Athletic Centre Teach Pool	\$133
Friday 4:00 p.m.–4:30 p.m.	3-5	May 5	Jun 23	Athletic Centre 25yd Pool	\$133
Preschool D					
Saturday 10:15 a.m.–10:45 a.m.	3-5	May 6	Jun 24	Athletic Centre 25yd Pool	\$116
Friday 4:30 p.m.–5:00 p.m.	3-5	May 5	Jun 23	Athletic Centre 25yd Pool	\$133
Preschool E/F					
Saturday 9:15 a.m.–9:45 a.m.	3-5	May 6	Jun 24	Athletic Centre 25yd Pool	\$116
Swim for Life 1					
Monday 4:00 p.m.–4:30 p.m.	5-12	May 1	Jun 19	Athletic Centre 25yd Pool	\$116
Wednesday 4:30 p.m.–5:00 p.m.	5-12	May 3	Jun 21	Athletic Centre 25yd Pool	\$133
Thursday 6:15 p.m.–6:45 p.m.	5-12	May 4	Jun 22	Athletic Centre Teach Pool	\$133
Friday 5:00 p.m.–5:30 p.m.	5-12	May 5	Jun 23	Athletic Centre 25yd Pool	\$133
Saturday 10:15 a.m.–10:45 a.m.	5-12	May 6	Jun 24	Athletic Centre 25yd Pool	\$116
Swim for Life 2					
Monday 4:00 p.m.–4:30 p.m.	5-12	May 1	Jun 19	Athletic Centre 25yd Pool	\$116
Wednesday 4:30 p.m.–5:00 p.m.	5-12	May 3	Jun 21	Athletic Centre 25yd Pool	\$133

OFFERING	AGE	START DATE	END DATE	LOCATION/FACILITY	COURSE FEE
Thursday 6:15 p.m.–6:45 p.m.	5-12	May 4	Jun 22	Athletic Centre Teach/Varsity Pools	\$133
Friday 5:30 p.m.–6:00 p.m.	5-12	May 5	Jun 23	Athletic Centre 25yd Pool	\$133
Saturday 11:30 a.m.–12:00 p.m.	5-12	May 6	Jun 24	Athletic Centre 25yd Pool	\$116
Swim for Life 3					
Monday 4:30 p.m.–5:00 p.m.	5-12	May 1	Jun 19	Athletic Centre 25yd Pool	\$116
Wednesday 4:00 p.m.–4:30 p.m.	5-12	May 3	Jun 21	Athletic Centre 25yd Pool	\$133
Friday 6:00 p.m.–6:30 p.m.	5-12	May 5	Jun 23	Athletic Centre 25yd Pool	\$133
Saturday 11:30 a.m.–12:00 p.m.	5-12	May 6	Jun 24	Athletic Centre 25yd Pool	\$116
Swim for Life 4					
Monday 4:30 p.m.–5:00 p.m.	5-12	May 1	Jun 19	Athletic Centre 25yd Pool	\$116
Wednesday 4:00 p.m.–4:30 p.m.	5-12	May 3	Jun 21	Athletic Centre 25yd Pool	\$133
Friday 6:30 p.m.–7:00 p.m.	5-12	May 5	Jun 23	Athletic Centre 25yd Pool	\$133
Swim for Life 5					
Monday 5:00 p.m.–5:45 p.m.	5-14	May 1	Jun 19	Athletic Centre 25yd Pool	\$136
Wednesday 5:45 p.m.–6:30 p.m.	5-14	May 3	Jun 21	Athletic Centre 25yd Pool	\$155
Swim for Life 6					
Monday 5:00 p.m.–5:45 p.m.	5-14	May 1	Jun 19	Athletic Centre 25yd Pool	\$136
Wednesday 5:45 p.m.–6:30 p.m.	5-14	May 3	Jun 21	Athletic Centre 25yd Pool	\$155
Swim for Life 5/6					
Thursday 6:45 p.m.–7:30 p.m.	5-14	May 4	Jun 22	Athletic Centre Varsity Pool	\$155
Saturday 10:45 a.m.–11:30 a.m.	5-14	May 6	Jun 24	Athletic Centre 25yd Pool	\$136
Swim for Life 7					
Monday 5:45 p.m.–6:30 p.m.	7-14	May 1	Jun 19	Athletic Centre 25yd Pool	\$136
Wednesday 5:00 p.m.–5:45 p.m.	7-14	May 3	Jun 21	Athletic Centre 25yd Pool	\$155
Swim for Life 8					
Monday 5:45 p.m.–6:30 p.m.	7-14	May 1	Jun 19	Athletic Centre 25yd Pool	\$136
Wednesday 5:00 p.m.–5:45 p.m.	7-14	May 3	Jun 21	Athletic Centre 25yd Pool	\$155
Swim for Life 7/8					
Thursday 6:45 p.m.–7:30 p.m.	7-14	May 4	Jun 22	Athletic Centre Varsity Pool	\$155
Saturday 10:45 a.m.–11:30 a.m.	7-14	May 6	Jun 24	Athletic Centre 25yd Pool	\$136
Swim for Life 9 (Rookie)					
Thursday 7:30 p.m.–8:15 p.m.	8-14	May 4	Jun 22	Athletic Centre Varsity Pool	\$155
Swim for Life 10 (Ranger)					
Thursday 7:30 p.m.–8:15 p.m.	8-14	May 4	Jun 22	Athletic Centre Varsity Pool	\$155
Private Swim Lessons					
Friday 4:00 p.m.–4:30 p.m.	5-17	May 5	Jun 23	Athletic Centre 25yd Pool	\$357
Friday 4:30 p.m.–5:00 p.m.	5-17	May 5	Jun 23	Athletic Centre 25yd Pool	\$357
Friday 5:00 p.m.–5:30 p.m.	5-17	May 5	Jun 23	Athletic Centre 25yd Pool	\$357
Friday 5:30 p.m.–6:00 p.m.	5-17	May 5	Jun 23	Athletic Centre 25yd Pool	\$357
Friday 6:00 p.m.–6:30 p.m.	5-17	May 5	Jun 23	Athletic Centre 25yd Pool	\$357
Friday 6:30 p.m.–7:00 p.m.	5-17	May 5	Jun 23	Athletic Centre 25yd Pool	\$357
Intro to Competitive Swim 8–11 years					
Sunday 3:00 p.m.–3:45 p.m.	8-11	May 7	Jun 25	Athletic Centre Varsity Pool	\$141
Intro to Competitive Swim 11–15 years					
Sunday 3:45 p.m.–4:30 p.m.	11-15	May 7	Jun 25	Athletic Centre Varsity Pool	\$141

OFFERING	AGE	START DATE	END DATE	LOCATION/FACILITY	COURSE FEE
CERTIFICATIONS*					
Bronze Star & Basic First Aid					
Thursday 6:45 p.m.—8:15 p.m.	11-13	May 4	Jun 22	Athletic Centre Varsity Pool	\$199
Bronze Medallion & Emergency First Aid					
Tuesday 6:00 p.m.—9:00 p.m.	13-17+	May 2	Jun 20	Athletic Centre Varsity Pool	\$253
Bronze Cross					
Tuesday 6:00 p.m.—9:00 p.m.	13-17+	May 2	Jun 20	Athletic Centre Varsity Pool	\$253

* Please note: Certifications are offered in combination with Sport & Rec programs for those over 17 years old.



SUMMER PROGRAMS

OFFERING	AGE	START DATE	END DATE	LOCATION/FACILITY	COURSE FEE
SWIMMING & AQUATICS					
Caregiver and Tot Swimming					
Thursday 5:30 p.m.–6:00 p.m.	6mo-3	July 6	August 17	Athletic Centre Teach Pool	\$116
Preschool A					
Thursday 4:30 p.m.–5:00 p.m.	3-5	July 6	August 17	Athletic Centre Teach Pool	\$116
Preschool B					
Thursday 5:00 p.m.–5:30 p.m.	3-5	July 6	August 17	Athletic Centre Teach Pool	\$116
Preschool A/B					
Tuesday 4:00 p.m.–4:30 p.m.	3-5	July 4	August 15	Athletic Centre Teach Pool	\$116
Preschool C					
Thursday 5:30 p.m.–6:00 p.m.	3-5	July 6	August 17	Athletic Centre Teach Pool	\$116
Preschool D					
Friday 4:30 p.m.–5:00 p.m.	3-5	July 7	August 18	Athletic Centre 25yd Pool	\$116
Preschool C/D					
Tuesday 4:30 p.m.–5:00 p.m.	3-5	July 4	August 15	Athletic Centre Teach Pool	\$116
Preschool E/F					
Tuesday 5:00 p.m.–5:30 p.m.	3-5	July 4	August 15	Athletic Centre Teach Pool	\$116
Swim for Life 1					
Wednesday 4:30 p.m.–5:00 p.m.	5-12	July 5	August 16	Athletic Centre 25yd Pool	\$116
Tuesday 5:30 p.m.–6:00 p.m.	5-12	July 4	August 15	Athletic Centre Teach Pool	\$116
Thursday 6:15 p.m.–6:45 p.m.	5-12	July 6	August 17	Athletic Centre Teach Pool	\$116
Swim for Life 2					
Wednesday 4:30 p.m.–5:00 p.m.	5-12	July 5	August 16	Athletic Centre 25yd Pool	\$116
Thursday 6:15 p.m.–6:45 p.m.	5-12	July 6	August 17	Athletic Centre Teach/Varsity Pools	\$116
Friday 5:30 p.m.–6:00 p.m.	5-12	July 7	August 18	Athletic Centre 25yd Pool	\$116
Swim for Life 3					
Wednesday 4:00 p.m.–4:30 p.m.	5-12	July 5	August 16	Athletic Centre 25yd Pool	\$116
Friday 6:00 p.m.–6:30 p.m.	5-12	July 7	August 18	Athletic Centre 25yd Pool	\$116
Swim for Life 4					
Wednesday 4:00 p.m.–4:30 p.m.	5-12	July 5	August 16	Athletic Centre 25yd Pool	\$116
Swim for Life 5					
Wednesday 5:45 p.m.–6:30 p.m.	5-14	July 5	August 16	Athletic Centre 25yd Pool	\$136
Swim for Life 6					
Wednesday 5:45 p.m.–6:30 p.m.	5-14	July 5	August 16	Athletic Centre 25yd Pool	\$136
Swim for Life 5/6					
Thursday 6:45 p.m.–7:30 p.m.	5-14	July 6	August 17	Athletic Centre Varsity Pool	\$136
Swim for Life 7					
Wednesday 5:00 p.m.–5:45 p.m.	7-14	July 5	August 16	Athletic Centre 25yd Pool	\$136
Swim for Life 8					
Wednesday 5:00 p.m.–5:45 p.m.	7-14	July 5	August 16	Athletic Centre 25yd Pool	\$136
Swim for Life 7/8					
Thursday 6:45 p.m.–7:30 p.m.	7-14	July 6	August 17	Athletic Centre Varsity Pool	\$136
Swim for Life 9 (Rookie)/10 (Ranger)					
Thursday 7:30 p.m.–8:15 p.m.	8-14	July 6	August 17	Athletic Centre Varsity Pool	\$136
Thursday 7:30 p.m.–8:15 p.m.	8-14	July 6	August 17	Athletic Centre Varsity Pool	\$136



OFFERING	AGE	START DATE	END DATE	LOCATION/FACILITY	COURSE FEE
Private Swim Lessons					
Friday 4:00 p.m.–4:30 p.m.	5-17	July 7	August 18	Athletic Centre 25yd Pool	\$313
Friday 5:00 p.m.–5:30 p.m.	5-17	July 7	August 18	Athletic Centre 25yd Pool	\$313
Friday 6:30 p.m.–7:00 p.m.	5-17	July 7	August 18	Athletic Centre 25yd Pool	\$313
Intro to Competitive Swim 10–15 years					
Thursday 7:30 p.m.–8:15 p.m.	10-15	July 6	August 17	Athletic Centre Varsity Pool	\$141
CERTIFICATIONS**					
Bronze Medallion & Emergency First Aid					
Tue - Fri 9:00 a.m.–12:00 p.m.	13-17+	July 4	July 14	Athletic Centre 25yd Pool/WS2007	\$285
Bronze Cross					
Mon - Fri 9:00 a.m.–12:00 p.m.	13-17+	July 17	July 28	Athletic Centre 25yd Pool/WS2007	\$317
National Lifeguard Pool					
Mon - Fri 9:00 a.m.–3:00 p.m.	15-17+	July 31	August 11	Athletic Centre 25yd Pool/WS2007	\$360
Swim Instructor					
Mon - Fri 9:00 a.m.–3:00 p.m.	15-17+	August 14	August 18	Athletic Centre 25yd Pool/WS2007	\$285
Standard First Aid with CPR-C and AED					
Sat - Sun 9:30 a.m.–5:30 p.m.	15-17+	July 15	July 16	Athletic Centre Classroom 2007	\$120
Sat - Sun 9:30 a.m.–5:30 p.m.	15-17+	July 29	July 30	Athletic Centre Classroom 2007	\$120

** Please note: Certifications are offered in combination with Sport & Rec programs for those over 17 years old.



SPRING AND SUMMER 2022 PROGRAM EXCLUSION DATES

May 20-22 (Victoria Day long weekend)

August 7 (Civic Holiday)

REGISTRATION

Registration can be busy, particularly when registration first opens. When you log-in, you may be placed into a virtual queue. You will be assigned a number representing your place in line and provided with an estimated wait-time. Once your user ID reaches the front of the queue you will be able to access the "campus rec" system to complete your registration(s).

Please ensure that you have created an account and added your dependents prior to the registration date. For instructions on account creation, visit uoft.me/campusrec

If you require assistance registering due to a disability please contact us in advance at junior.blues@utoronto.ca.

REFUND POLICY/WITHDRAWALS

Refunds are available for most Junior Blues programs and must be received **WITHIN** two business days after the first class.

Refunds can be requested in person, by phone or by email at sportandrec@utoronto.ca by 11:59 p.m. Please remember to include your name, your child's name, and the program from which you are requesting to withdraw. Participants will be refunded the full amount less a cancellation fee of 10%.

Participants withdrawing for medical reasons will receive a full refund for the remainder of the program. A medical note is required. Notes must be received within two weeks of the date of illness.

INFORMED CONSENT

Remember, only the parent or guardian of the child can complete the informed consent and register them for programs.

TRANSFERS

Participants may transfer to another class or time any time before the second scheduled class. Transfers must be officially completed by main office staff and can only be completed if there is space in the program to which you wish to be transferred. Participants may transfer to any Junior Blues or Camp U of T program for which registration is open.

AGE GUIDELINES

Age guidelines for Junior Blues programs are based on a child's developmental stage, the facility in which the program is held and individual program goals. Your child's safety and enjoyment are important to us. We ask that all parents and guardians adhere to age guidelines.

CHILDREN UNDER 3 YEARS OLD

Programs for children under three are family programs and require an adult to attend and fully participate. One adult per child is required.

CHILDREN 3 & 4 YEARS OLD

All children participating in classes for three and four year-olds must be the minimum age specified in the class description by the first day of class.

CHILDREN 5+ YEARS OLD

All children participating in classes for those five and over must be the minimum age specified in the class description by the last day of class. All children participating in Aquatics programs must be the age of five by the first day of class.

If you would like to enroll your older child in a program that is set for younger children, please contact junior.blues@utoronto.ca.



JUNIOR BLUES
juniorblues.ca

Looking for activities for your kids this summer?

REGISTER NOW FOR CAMP U OF T!

Learn more at uoft.me/campuoft

Bring Back the

Fun!



CAMP U of T