Junior Blues Schedules and Fees
WINTER 2019

Registration dates:
NEW REGISTRATION DATES AND TIMES;
This registration will happen over 3 days at 7am.

December 11
March Break Camp & Sport Programs
(Badminton, Basketball, Skating, Strength and Conditioning,
Track + Field, U Can Move-MultiSport, Volleyball)

December 12
Aquatics

December 13
Gymnastics

Waitlists:
If the class you want is full please waitlist your child for the desired class. If a space becomes available, the main office will notify you.

How to Register:
More information about how to register is online. Registration can be completed online or in person at any of our Customer and Membership Services locations. Please ensure you have read the FAQs, policies and informed consent prior to registering. Remember, only the parent or guardian of the child can complete the informed consent and register a child for programs.

Access to Registration
If you require assistance registering due to a disability, please contact us in advance at junior.blues@utoronto.ca

Contact Us
Main Office 416-978-3436 ext.0
Fax: 416-946-7679
Junior.blues@utoronto.ca
campuoft@utoronto.ca

Code Guide
Days                          Athletic Centre
M - Monday                    25yd – 25 yd Pool (Benson)
Tu – Tuesday                  FH – Field House
W – Wednesday                 FS – Fencing Salle

Th – Thursday         LG – Lower Gym
F – Friday                TP – Teach Pool
Sa – Saturday             VP – Varsity Pool (50m)
Su – Sunday                UG – Upper Gym

Varsity Centre
VC – Varsity Centre
VA – Varsity Arena
VC -TF – Trinity Field
VC – Dome, Varsity Dome

Golding Centre
For High Performance
Sport
GC - FS – Fitness Studio
GC – MP Multipurpose room

How to use this guide:
Class descriptions and facility information are listed in the Junior Blues guide, available online at www.juniorblues.ca or in our facilities.

Parent viewing areas, how to enter the facility, what to wear and other information is available under the FAQ section of www.juniorblues.ca. Policies regarding supervision, refunds and receipts can be found under the policy areas. We strongly recommend reviewing the website prior to registering as programs, policies and other information are subject to change.

Schedule information is subject to change and this document will be updated periodically. When registering check the listed dates and times to ensure that the correct class is listed.

Age Guidelines
Age guidelines for Junior Blues programs are based on a child’s developmental stage, the facility in which the program is held and individual program goals. Your child’s safety and enjoyment are important to us. We ask that all parents and guardians adhere to age guidelines.

- All children participating in classes for three and four year-olds must be the minimum age specified in the class description by the first day of class.

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Schedule subject to change. Please check website for most up-to-date information.
- All children participating in classes for those five and over must be the minimum age specified in the class description by the last day of class.
- If you would like to enroll your older child in a program that is set for younger children, please contact junior.blues@utoronto.ca.
- Programs for children under three are family programs and require an adult to attend and fully participate with the child. **One adult per child is required.**

**Supervision Requirements**
Parents/guardians are responsible for their children at all times. Children under the age of 12 must be supervised by an adult. Some facilities have specific supervision requirements; please ask if you have any questions. Unaccompanied minors (17 and under) are not permitted to enter or use the facilities unless formally registered in a program.

**Facility Access**
ALL programs require a facility access pass (green card). Access passes are available at the registration desk at each facility on the first day of programs; please ensure you leave enough time to pick up your pass. Show the card every time you enter the facility. Use of the Athletic Centre, Goldring Centre and Varsity Centre facilities is restricted to members, students and registered participants.

**Discounts**
Discounts for Junior Blues programs are available for children of U of T students and Athletic Centre members. Contact the main office for details. Please note that time restrictions apply.

**Refunds and Withdrawals - NEW**
Refunds are available for most Junior Blues programs for **two business days AFTER the first class**. Requests must be received within two business days after the first class. Please request refunds in person or by phone or by email at sportandrec@utoronto.ca by 11:59 p.m. Please remember to include your name, your child’s name and the exact program from which you are requesting to withdraw.

## U Can Move – Physical literacy

<table>
<thead>
<tr>
<th>Program Name</th>
<th>Age Range</th>
<th>Days</th>
<th>Time</th>
<th>Status</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Active Start with Caregiver - Ages 18 - 30 months</strong></td>
<td>Jan. 7 – Apr. 20</td>
<td>Su</td>
<td>9:10-10:00 a.m.</td>
<td>FS</td>
<td>$119</td>
</tr>
<tr>
<td><strong>Active Start with Caregiver - Ages 24 months - 4 years</strong></td>
<td>Jan. 7 – Apr. 20</td>
<td>Su</td>
<td>10:10-11:00 a.m.</td>
<td>FS</td>
<td>$119</td>
</tr>
<tr>
<td><strong>Active Start - Independent - Ages 4-5</strong></td>
<td>Jan. 7 – Apr. 20</td>
<td>Su</td>
<td>11:10-12:00 p.m.</td>
<td>UG</td>
<td>$119</td>
</tr>
<tr>
<td><strong>FUNdamentals - Ages 6-8</strong></td>
<td>Jan. 7 – Apr. 20</td>
<td>Su</td>
<td>12:10-1:00 p.m.</td>
<td>UG</td>
<td>$119</td>
</tr>
</tbody>
</table>

## AQUATICS

### Aquatics – Red Cross Swim Adapted
This program is for children with physical, mental and/or emotional exceptionalities. Please register in the program and complete the Intake + Support form online at [www.juniorblues.ca](http://www.juniorblues.ca). Your child’s instructor will contact you prior to the start of the program.

<table>
<thead>
<tr>
<th>Program Name</th>
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<th>Distance</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Sea Turtle, Aquatics - Swim Adapted</strong></td>
<td>Jan.27 – Mar.31</td>
<td>Su</td>
<td>1:00-1:30 p.m.</td>
<td>25yd</td>
</tr>
<tr>
<td><strong>Salamander, Aquatics - Swim Adapted</strong></td>
<td>Jan.27 – Mar.31</td>
<td>Su</td>
<td>1:00-1:30 p.m.</td>
<td>25yd</td>
</tr>
<tr>
<td><strong>Swim Kids 1, Aquatics - Swim Adapted</strong></td>
<td>Jan.27 – Mar.31</td>
<td>Su</td>
<td>12:00-12:30 p.m.</td>
<td>25yd</td>
</tr>
<tr>
<td><strong>Swim Kids 2, Aquatics - Swim Adapted</strong></td>
<td>Jan.27 – Mar.31</td>
<td>Su</td>
<td>12:00-12:30 p.m.</td>
<td>25yd</td>
</tr>
<tr>
<td><strong>Swim Kids 3, Aquatics - Swim Adapted</strong></td>
<td>Jan.27 – Mar.31</td>
<td>Su</td>
<td>12:30-1:00 p.m.</td>
<td>25yd</td>
</tr>
<tr>
<td><strong>Swim Kids 4, Aquatics - Swim Adapted</strong></td>
<td>Jan.27 – Mar.31</td>
<td>Su</td>
<td>12:30-1:00 p.m.</td>
<td>25yd</td>
</tr>
<tr>
<td><strong>Swim Kids 5/6, Aquatics - Swim Adapted</strong></td>
<td>Jan.27 – Mar.31</td>
<td>Su</td>
<td>1:30-2:00 p.m.</td>
<td>25yd</td>
</tr>
<tr>
<td><strong>Swim Kids 7/8, Aquatics - Swim Adapted</strong></td>
<td>Jan.27 – Mar.31</td>
<td>Su</td>
<td>2:00-2:45 p.m.</td>
<td>25yd</td>
</tr>
<tr>
<td><strong>Swim Kids 9/10, Aquatics - Swim Adapted</strong></td>
<td>Jan.27 – Mar.31</td>
<td>Su</td>
<td>2:00-2:45 p.m.</td>
<td>25yd</td>
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</table>

### Aquatics Caregiver and Tot (1 – 4 years)

<table>
<thead>
<tr>
<th>Program Name</th>
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<th>Time</th>
<th>Age</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Aquatics Caregiver and Tot Swimming</strong></td>
<td>Jan.22 – Mar.26</td>
<td>Tu</td>
<td>6:00-6:30 p.m.</td>
<td>TP</td>
</tr>
<tr>
<td><strong>Aquatics Preschool (3 – 5 years)</strong></td>
<td>Jan.22 – Mar.26</td>
<td>Tu</td>
<td>5:00-5:30 p.m.</td>
<td>TP</td>
</tr>
</tbody>
</table>

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<tr>
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<th>Age</th>
<th>Fee</th>
</tr>
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<tbody>
<tr>
<td><strong>Swim Preschool Sea Turtle</strong></td>
<td>Jan.22 – Mar.26</td>
<td>Tu</td>
<td>4:30-5:00 p.m.</td>
<td>TP</td>
</tr>
</tbody>
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Schedule subject to change. Please check website for most up-to-date information.

**Updated: November 16, 2018**
Aquatics Kids (5 – 14 years)

**Swim Kids Level 1**

| Jan.21 – Mar.25 | Tu 5:15-5:45 p.m. | TP | $90 |
| Jan.22 – Mar.26 | M 5:15-5:45 p.m. | 25yd | $90 |
| Jan.23 – Mar.27 | W 4:00-4:30 p.m. | 25yd | $90 |
| Jan.24 – Mar.27 | W 4:30-5:00 p.m. | 25yd | $90 |
| Jan.24 – Mar.28 | Th 5:30-6:00 p.m. | TP | $90 |
| Jan.25 – Mar.30 | Sa 9:15-9:45 a.m. | 25yd | $90 |

**Swim Kids Level 2**

| Jan.21 – Mar.25 | M 5:15-5:45 p.m. | 25yd | $90 |
| Jan.22 – Mar.26 | Tu 5:30-6:00 p.m. | TP | $90 |
| Jan.23 – Mar.27 | W 4:00-4:30 p.m. | 25yd | $90 |
| Jan.24 – Mar.27 | W 4:30-5:00 p.m. | 25yd | $90 |
| Jan.24 – Mar.28 | Th 5:30-6:00 p.m. | TP | $90 |
| Jan.26 – Mar.30 | Sa 9:15-9:45 a.m. | 25yd | $90 |
| Jan.26 – Mar.30 | Sa 11:30-12:00 p.m. | 25yd | $90 |
| Jan.27 – Mar.31 | Su 4:30-5:00 p.m. | 25yd | $90 |

**Swim Kids Level 3**

| Jan.21 – Mar.25 | M 4:45-5:15 p.m. | 25yd | $90 |
| Jan.23 – Mar.27 | W 5:30-6:00 p.m. | 25yd | $90 |
| Jan.24 – Mar.28 | Th 6:15-6:45 p.m. | TP | $90 |
| Jan.26 – Mar.30 | Sa 10:00-10:30 a.m. | 25yd | $90 |
| Jan.26 – Mar.30 | Sa 11:00-11:30 a.m. | 25yd | $90 |
| Jan.27 – Mar.31 | Su 3:30-4:00 p.m. | 25yd | $90 |

**Swim Kids Level 4**

| Jan.21 – Mar.25 | M 4:00-4:30 p.m. | 25yd | $90 |
| Jan.23 – Mar.27 | W 4:00-4:30 p.m. | 25yd | $90 |
| Jan.24 – Mar.28 | Th 6:15-6:45 p.m. | VP | $90 |
| Jan.26 – Mar.30 | Sa 11:00-11:30 a.m. | 25yd | $90 |
| Jan.27 – Mar.31 | Su 3:00-3:30 p.m. | 25yd | $90 |

**Swim Kids Level 5**

| Jan.21 – Mar.25 | M 4:00-4:45 p.m. | 25yd | $101 |
| Jan.23 – Mar.27 | W 4:30-5:15 p.m. | 25yd | $101 |
| Jan.24 – Mar.28 | Th 6:45-7:30 p.m. | VP | $101 |
| Jan.26 – Mar.30 | Sa 9:15-10:00 a.m. | 25yd | $101 |

**Swim Kids Level 6**

| Jan.21 – Mar.25 | M 4:30-5:15 p.m. | 25yd | $101 |
| Jan.24 – Mar.28 | Th 6:45-7:30 p.m. | VP | $101 |
| Jan.26 – Mar.30 | Sa 11:15-12:00 p.m. | 25yd | $101 |
| Jan.27 – Mar.31 | Su 3:45-4:30 p.m. | 25yd | $101 |

**Swim Kids Level 7**

| Jan.24 – Mar.28 | Th 6:45-7:30 p.m. | VP | $101 |
| Jan.26 – Mar.30 | Sa 9:45-10:30 p.m. | 25yd | $101 |

**Swim Kids Level 8**

| Jan.24 – Mar.28 | Th 7:30-8:15 p.m. | VP | $101 |
| Jan.26 – Mar.30 | Sa 9:45-10:30 p.m. | 25yd | $101 |

**Swim Kids Level 7/8**

| Jan.21 – Mar.25 | M 5:15-6:00 p.m. | 25yd | $101 |
| Jan.23 – Mar.27 | W 5:15-6:00 p.m. | 25yd | $101 |
| Jan.27 – Mar.31 | Su 4:00-4:45 p.m. | VP | $101 |

**Swim Kids Level 9**

| Jan.24 – Mar.28 | Th 7:30-8:15 p.m. | VP | $101 |

**Swim Kids Level 9/10**

| Jan.26 – Mar.30 | Sa 10:35-11:15 p.m. | 25yd | $101 |
| Jan.27 – Mar.31 | Su 3:00-3:45 p.m. | VP | $101 |
| Jan.21 – Mar.25 | M 5:45-6:30 p.m. | 25yd | $101 |

**Swim Kids Level 10**

| Jan.24 – Mar.28 | Th 7:30-8:15 p.m. | VP | $101 |

**Introduction to Competitive Swimming**

| Jan.27 – Mar.31 | Su 3:00-3:45 p.m. | VP | $136 |

**Competitive Swim: 8-12 yrs.**

| Jan.27 – Mar.31 | Su 3:00-3:45 p.m. | VP | $136 |

**Private Swim Lessons**

| Jan.21 – Mar.25 | M 4:00-4:30 p.m. | 25yd | $295 |
| Jan.21 – Mar.25 | M 4:00-4:30 p.m. | 25yd | $295 |
| Jan.21 – Mar.25 | M 4:30-5:00 p.m. | 25yd | $295 |
| Jan.21 – Mar.25 | M 4:30-5:00 p.m. | 25yd | $295 |
| Jan.21 – Mar.25 | M 5:00-5:30 p.m. | 25yd | $295 |
| Jan.21 – Mar.25 | M 5:00-5:30 p.m. | 25yd | $295 |
| Jan.21 – Mar.25 | M 5:30-6:00 p.m. | 25yd | $295 |
| Jan.21 – Mar.25 | M 5:30-6:00 p.m. | 25yd | $295 |

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Updated: November 16, 2018
CERTIFICATIONS & LEADERSHIP

Aquatics Lifesaving

- Students must attend and participate fully in all classroom and in-water activities.
- Students must be self-motivated in these courses.
- Please watch for signs directing you to the location for the first class.
- Prerequisites are available online and are checked. Please be prepared to show proof at the first class.
- All certification courses are pass/fail. We reserve the right to not recommend candidates for the exam.

**Does not include the price of required manual or HST in course fee; this may be purchased at the Main Office prior to the start of the course.

Bronze Medallion & Emergency First Aid <18yrs
Jan.22 – Mar.26 Tu 6:00- 9:00 p.m. VP $190**

Bronze Cross <18yrs
Jan.22 – Mar.26 Tu 6:00- 9:00 p.m. VP $170

Red Cross Babysitting Course
Feb. 15 F 9:00- 5:00 p.m. Rm221* $71
Mar. 15 F 9:00- 5:00 p.m. Rm335* $71
June 7 F 9:00- 5:00 p.m. Rm221* $71

*Located at the Goldring Centre for High Performance Sport

Coach in Training program – Gymnastics

The Coach in Training program will run in Jan – Apr. Interested participants are asked to contact Barb Brophey at barb.brophey@utoronto.ca for prerequisites and dates.

BADMINTON

Badminton 8 - 9
Jan.19 - Mar. 23 Sa 9:10-10:30 a.m. SG $126

Badminton 10 - 12
Jan.19 - Mar. 23 Sa 10:40-12:00 p.m. SG $126

BASKETBALL

Steve Nash Youth Basketball, 6 - 7
Jan. 20 – Apr. 14 Su 9:10-10:30 a.m. FH $177

Steve Nash Youth Basketball, 8 – 9
Jan. 20 – Apr. 14 Su 9:10-10:30 a.m. FH $177
Jan. 20 – Apr. 14 Su 10:40-12:00 p.m. FH $177

Steve Nash Youth Basketball, 10 - 12
Jan. 20 – Apr. 14 Su 10:40-12:00 p.m. FH $177

GYMNASTICS

Gymnastics Caregiver & Tot

Gymnastics Caregiver and Tot (16 mths – 3 1/2 yeas)
Jan. 15 - Apr. 16 Tu 9:30-10:20 a.m. LG $195
Jan. 15 - Apr. 16 Tu 10:30-11:20 a.m. LG $195
Jan. 16 - Apr. 17 W 9:30-10:20 a.m. LG $195
Jan. 16 - Apr. 17 W 10:30-11:20 a.m. LG $195

Gymnastics Preschool 3 yr. olds
Jan. 13 - Apr. 14 Su 9:10-10:00 a.m. LG $230
Jan. 13 - Apr. 14 Su 10:10-11:00 a.m. LG $230
Jan. 13 - Apr. 14 Su 11:10-12:00 p.m. LG $230
Jan. 12 - Apr. 13 Sa 9:10-10:00 a.m. LG $230
Jan. 12 - Apr. 13 Sa 10:10-11:00 a.m. LG $230
Jan. 12 - Apr. 13 Sa 11:10-12:00 p.m. LG $230

Gymnastics Preschool 4 & 5 yr. olds
Jan. 13 - Apr. 14 Su 9:10-10:00 a.m. LG $230
Jan. 13 - Apr. 14 Su 10:10-11:00 a.m. LG $230
Jan. 13 - Apr. 14 Su 11:10-12:00 p.m. LG $230
Jan. 13 - Apr. 14 Su 12:10- 1:00 p.m. LG $230
Jan. 12 - Apr. 13 Sa 9:10-10:00 a.m. LG $230
Jan. 12 - Apr. 13 Sa 10:10-11:00 a.m. LG $230
Jan. 12 - Apr. 13 Sa 11:10-12:00 p.m. LG $230
Jan. 12 - Apr. 13 Sa 12:10- 1:00 p.m. LG $230

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**INTRODUCTION TO STRENGTH TRAINING**

**Strength Training, 12-16**
Jan. 19 – Apr. 16  
Sa  9:10- 10:30 a.m.  
GR $418

**TRACK AND FIELD**

**Tracktivities**
Jan. 19 – Apr. 13  
Sa  10:40-12:00 p.m.  
FH $177
Jan. 20 – Apr. 14  
Su  10:40-12:00 p.m.  
FH $177

**Intro Training Group**
Jan. 16 – Apr. 17  
W, F  4:30- 6:00 p.m.  
FH $445

For information on the University of Toronto Track Club opportunities for youth 12 – 18 please contact the assistant coaches, track and field at 416-946-7293.

**VOLLEYBALL**

**House League Volleyball**
Jan. 19 – Apr. 13  
Sa  9:10-10:00 a.m.  
FH $177

**SKATING**

**Skating, 4-12 yr. old**
Jan. 20 – Apr. 14  
Su  8:30-9:15a.m.  
VA $236
Jan. 20 – Apr. 14  
Su  9:15-10:00 a.m.  
VA $236
Jan. 20 – Apr. 14  
Su  10:00-10:45 a.m.  
VA $236
Jan. 20 – Apr. 14  
Su  11:00-11:45 a.m.  
VA $236
Jan. 20 – Apr. 14  
Su  11:45-12:30 p.m.  
VA $236
Jan. 22 – Apr. 9  
Tu  3:30- 4:15 p.m.  
VA $236
Jan. 22 – Apr. 9  
Tu  4:15- 5:00 p.m.  
VA $236
Jan. 19 – Apr. 13  
Sa  8:45- 9:30 a.m.  
VA $236
Jan. 19 – Apr. 13  
Sa  9:30-10:15 a.m.  
VA $236
Jan. 19 – Apr. 13  
Sa  10:30-11:15 a.m.  
VA $236
Jan. 19 – Apr. 13  
Sa  11:15-12:00 p.m.  
VA $236

*Prices do not include 13% HST

For information regarding competitive gymnastics programs, private lessons, coach in training and Super Tumblers contact Barb Brophey, barb.brophey@utoronto.ca or 416-978-7381.

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Schedule information is subject to change and this document will be updated periodically. When registering check the listed dates and times to ensure that the correct class is listed.

Waitlists:
If your preferred time for the class is sold and you are interested in registering for another time slot AND remaining waitlisted for your preferred time registration MUST be done in the following order to stay waitlisted for the preferred time:
1. Register for the class in the less preferred time slot.
2. Return to the preferred time slot and waitlist your child.

If this order is not followed (i.e. waitlisting for the preferred time slot and then registering in a class with the same name) REMOVES your child from the wait list.

Contact us:
Email: junior.blues@utoronto.ca  www.juniorblues.ca
Main Office: 416-978-3436
Fax: 416-946-7679

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<td>25yd – 25yd Pool/Benson</td>
</tr>
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<td>FH – Field House</td>
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