Registration dates:
Aug. 29, 2018 Fall programs
Dec. 5, 2018 Winter programs + March break camps
February 13, 2019 Camp U of T, Summer programs
All registrations open at 8 a.m.

Waitlists:
If the class you want is full please waitlist your child for the desired class. If a space becomes available, the main office will notify you.

How to Register:
More information about how to register is online. Registration can be completed online or in person at any of our Customer and Membership Services locations. Please ensure you have read the FAQs, policies and informed consent prior to registering. Remember, only the parent or guardian of the child can complete the informed consent and register a child for programs.

Access to Registration
If you require assistance registering due to a disability, please contact us in advance at junior.blues@utoronto.ca

Contact Us
Main Office 416-978-3436
Fax: 416-946-7679
junior.blues@utoronto.ca
campuoft@utoronto.ca

Code Guide
Days
M – Monday
Tu – Tuesday
W – Wednesday
Th – Thursday
F – Friday
Sa – Saturday
Su – Sunday

Athletic Centre
2Syd – 25 yd Pool (Benson)
FH – Field House
FS – Fencing Salle
LG – Lower Gym
TP – Teach Pool
VP – Varsity Pool (50m)
UG – Upper Gym
DS – Dance Studio

Varsity Centre
VC – Varsity Centre
VA – Varsity Arena
VC - TF – Trinity Field
VC – Dome, Varsity Dome

Golding Centre
For High Performance
Sport
GC - FS – Fitness Studio
GC – MP Multipurpose room

How to use this guide:
Class descriptions and facility information are listed in the Junior Blues guide, available online at www.juniorblues.ca or in our facilities.

Parent viewing areas, how to enter the facility, what to wear and other information is available under the FAQ section of www.juniorblues.ca. Policies regarding supervision, refunds and receipts can be found under the policy areas. We strongly recommend reviewing the website prior to registering as programs, policies and other information are subject to change.

Schedule information is subject to change and this document will be updated periodically. When registering check the listed dates and times to ensure that the correct class is listed.

Age Guidelines
Age guidelines for Junior Blues programs are based on a child’s developmental stage, the facility in which the program is held and individual program goals. Your child’s safety and enjoyment are important to us. We ask that all parents and guardians adhere to age guidelines.

- All children participating in classes for three and four year-olds must be the minimum age specified in the class description by the first day of class.
- All children participating in classes for those five and over must be the minimum age specified in the class description by the last day of class.
- If you would like to enroll your older child in a program that is set for younger children, please contact junior.blues@utoronto.ca.

Faculty of Kinesiology & Physical Education • www.juniorblues.ca
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Updated: September 13, 2018
- Programs for children under three are family programs and require an adult to attend and fully participate with the child. One adult per child is required.

**Supervision Requirements**
Parents/guardians are responsible for their children at all times. Children under 12 years of age require constant supervision by an adult. Some facilities have specific supervision requirements; please ask if you have any questions. Unaccompanied minors (17 and under) are not permitted to enter or use the facilities unless formally registered in a program.

**Facility Access**
ALL programs require a facility access pass (green card). Access passes are available at the registration desk at each facility on the first day of programs; please ensure you leave enough time to pick up your pass. Show the card every time you enter the facility. Use of the Athletic Centre, Goldring Centre and Varsity Centre facilities is restricted to members, students and registered participants.

**Discounts**
Discounts for Junior Blues programs are available for children of U of T students and Athletic Centre members. Contact the main office for details. Please note that time restrictions apply.

**Refunds and Withdrawals - NEW**
Refunds are available for most Junior Blues programs for **two business days AFTER the first class**. Requests must be received within two business days after the first class. Please request refunds in person or by phone or by email at sportandrec@utoronto.ca by 11:59 p.m. Please remember to include your name, your child's name and the exact program from which you are requesting to withdraw.

### U Can Move – Physical literacy

<table>
<thead>
<tr>
<th>Program</th>
<th>Ages</th>
<th>Days</th>
<th>Time</th>
<th>Location</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Active Start with Caregiver</strong></td>
<td>Ages 18 - 30 months</td>
<td>Su</td>
<td>9:10-10:00 a.m.</td>
<td>FS</td>
<td>$119</td>
</tr>
<tr>
<td><strong>Active Start with Caregiver</strong></td>
<td>Ages 24 months - 4 years</td>
<td>Su</td>
<td>10:10-11:00 a.m.</td>
<td>FS</td>
<td>$119</td>
</tr>
<tr>
<td><strong>Active Start</strong></td>
<td>Ages 4-5</td>
<td>Su</td>
<td>11:10- 12:00 p.m.</td>
<td>UG</td>
<td>$119</td>
</tr>
<tr>
<td><strong>FUNdamentals</strong></td>
<td>Ages 6-8+</td>
<td>Su</td>
<td>12:10-1:00 p.m.</td>
<td>UG</td>
<td>$119</td>
</tr>
</tbody>
</table>

### AQUATICS

#### Aquatics – Red Cross Swim Adapted
This program is for children with physical, mental and/or emotional exceptionalities. Please register in the program and complete the Intake + Support form online at **www.juniorblues.ca**. Your child’s instructor will contact you prior to the start of the program.

<table>
<thead>
<tr>
<th>Program</th>
<th>Dates</th>
<th>Days</th>
<th>Time</th>
<th>Location</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sea Turtle, Aquatics - Swim Adapted</td>
<td>Sep.23 – Nov. 18</td>
<td>Su</td>
<td>1:00- 1:30 p.m.</td>
<td>25yd</td>
<td>$80</td>
</tr>
<tr>
<td>Salamander, Aquatics - Swim Adapted</td>
<td>Sep.23 – Nov. 18</td>
<td>Su</td>
<td>1:00- 1:30 p.m.</td>
<td>25yd</td>
<td>$80</td>
</tr>
<tr>
<td>Sunfish, Aquatics - Swim Adapted</td>
<td>Sep.23 – Nov. 18</td>
<td>Su</td>
<td>1:30- 2:00 p.m.</td>
<td>25yd</td>
<td>$80</td>
</tr>
<tr>
<td>Swim Kids 1, Aquatics - Swim Adapted</td>
<td>Sep.23 – Nov. 18</td>
<td>Su</td>
<td>12:00- 12:30 p.m.</td>
<td>25yd</td>
<td>$80</td>
</tr>
<tr>
<td>Swim Kids 2, Aquatics - Swim Adapted</td>
<td>Sep.23 – Nov. 18</td>
<td>Su</td>
<td>12:00- 12:30 p.m.</td>
<td>25yd</td>
<td>$80</td>
</tr>
<tr>
<td>Swim Kids 3, Aquatics - Swim Adapted</td>
<td>Sep.23 – Nov. 18</td>
<td>Su</td>
<td>12:30- 1:00 p.m.</td>
<td>25yd</td>
<td>$80</td>
</tr>
<tr>
<td>Swim Kids 4, Aquatics - Swim Adapted</td>
<td>Sep.23 – Nov. 18</td>
<td>Su</td>
<td>12:30- 1:00 p.m.</td>
<td>25yd</td>
<td>$80</td>
</tr>
<tr>
<td>Swim Kids 5/6, Aquatics - Swim Adapted</td>
<td>Sep.23 – Nov. 18</td>
<td>Su</td>
<td>2:00- 2:45 p.m.</td>
<td>25yd</td>
<td>$80</td>
</tr>
<tr>
<td>Swim Kids 7/8, Aquatics - Swim Adapted</td>
<td>Sep.23 – Nov. 18</td>
<td>Su</td>
<td>2:00- 2:45 p.m.</td>
<td>25yd</td>
<td>$80</td>
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</table>

#### Aquatics Parent and Tot (1 – 4 years)

<table>
<thead>
<tr>
<th>Program</th>
<th>Dates</th>
<th>Days</th>
<th>Time</th>
<th>Location</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aquatics Caregiver and Tot Swimming</td>
<td>Sep.25 – Nov. 20</td>
<td>Tu</td>
<td>6:30- 7:00 p.m.</td>
<td>TP</td>
<td>$59</td>
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<tr>
<td></td>
<td>Sep.27 – Nov. 22</td>
<td>Th</td>
<td>6:15- 6:45 p.m.</td>
<td>TP</td>
<td>$59</td>
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#### Aquatics Preschool (3 – 5 years)

<table>
<thead>
<tr>
<th>Program</th>
<th>Dates</th>
<th>Days</th>
<th>Time</th>
<th>Location</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Swim Preschool Sea Turtle</td>
<td>Sep.25 – Nov. 20</td>
<td>Tu</td>
<td>4:00- 4:30 p.m.</td>
<td>TP</td>
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<tr>
<td></td>
<td>Sep.25 – Nov. 20</td>
<td>Tu</td>
<td>4:30- 5:00 p.m.</td>
<td>TP</td>
<td>$80</td>
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<tr>
<td></td>
<td>Sep.25 – Nov. 20</td>
<td>Tu</td>
<td>5:30- 6:00 p.m.</td>
<td>TP</td>
<td>$80</td>
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<tr>
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<td>Sep.25 – Nov. 20</td>
<td>Tu</td>
<td>5:30- 6:00 p.m.</td>
<td>TP</td>
<td>$80</td>
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<tr>
<td></td>
<td>Sep.27 – Nov. 22</td>
<td>Th</td>
<td>4:30- 5:00 p.m.</td>
<td>TP</td>
<td>$80</td>
</tr>
</tbody>
</table>

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*Schedule subject to change. Please check website for most up-to-date information.*

*Updated: September 13, 2018*
<table>
<thead>
<tr>
<th>Course</th>
<th>Dates</th>
<th>Days</th>
<th>Time</th>
<th>Distance</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Swim Preschool Sea Otter</td>
<td>Sep. 25 – Nov. 20</td>
<td>Tu</td>
<td>4:30-5:00 p.m.</td>
<td>TP</td>
<td>$80</td>
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<tr>
<td>Swim Preschool Salamander</td>
<td>Sep. 25 – Nov. 20</td>
<td>Tu</td>
<td>5:00-5:30 p.m.</td>
<td>TP</td>
<td>$80</td>
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<tr>
<td>Swim Preschool Sunfish</td>
<td>Sep. 25 – Nov. 20</td>
<td>Tu</td>
<td>4:00-4:30 p.m.</td>
<td>TP</td>
<td>$80</td>
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<tr>
<td>Swim Preschool Crocodile/Whale</td>
<td>Sep. 26 – Nov. 21</td>
<td>W</td>
<td>5:00-5:30 p.m.</td>
<td>25yd</td>
<td>$80</td>
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<tr>
<td>Swim Kids Level 1</td>
<td>Sep. 22 – Nov. 17</td>
<td>Sa</td>
<td>10:30-11:00 a.m.</td>
<td>25yd</td>
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<tr>
<td>Swim Kids Level 2</td>
<td>Sep. 22 – Nov. 17</td>
<td>Sa</td>
<td>11:30-12:00 p.m.</td>
<td>25yd</td>
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<tr>
<td>Swim Kids Level 3</td>
<td>Sep. 22 – Nov. 17</td>
<td>Sa</td>
<td>9:15-9:45 a.m.</td>
<td>25yd</td>
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<td>Swim Kids Level 4</td>
<td>Sep. 22 – Nov. 17</td>
<td>Sa</td>
<td>10:00-10:30 a.m.</td>
<td>25yd</td>
<td>$80</td>
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<td>Swim Kids Level 5</td>
<td>Sep. 22 – Nov. 17</td>
<td>Sa</td>
<td>9:15-10:00 a.m.</td>
<td>25yd</td>
<td>$80</td>
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<tr>
<td>Swim Kids Level 6</td>
<td>Sep. 22 – Nov. 17</td>
<td>Sa</td>
<td>11:15-12:00 p.m.</td>
<td>25yd</td>
<td>$80</td>
</tr>
<tr>
<td>Swim Kids Level 7/8</td>
<td>Sep. 22 – Nov. 17</td>
<td>Sa</td>
<td>9:45-10:30 p.m.</td>
<td>25yd</td>
<td>$80</td>
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<tr>
<td>Swim Kids Level 9</td>
<td>Sep. 27 – Nov. 22</td>
<td>Th</td>
<td>7:30-8:15 p.m.</td>
<td>VP</td>
<td>$80</td>
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<tr>
<td>Swim Kids Level 10</td>
<td>Sep. 27 – Nov. 22</td>
<td>Th</td>
<td>6:45-7:30 p.m.</td>
<td>VP</td>
<td>$80</td>
</tr>
<tr>
<td>Introduction to Competitive Swimming</td>
<td>Sep. 23 – Nov. 18</td>
<td>Su</td>
<td>3:00-3:45 p.m.</td>
<td>VP</td>
<td>$121</td>
</tr>
<tr>
<td>Competitive Swim: 8-12 yrs.</td>
<td>Sep. 23 – Nov. 18</td>
<td>Su</td>
<td>3:00-3:45 p.m.</td>
<td>VP</td>
<td>$121</td>
</tr>
<tr>
<td>Competitive Swim: 13-17 yrs.</td>
<td>Sep. 23 – Nov. 18</td>
<td>Su</td>
<td>3:00-3:45 p.m.</td>
<td>VP</td>
<td>$121</td>
</tr>
<tr>
<td>Private Swim Lessons</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Private Swim Lessons</td>
<td>Sep. 24 – Nov. 26</td>
<td>M</td>
<td>4:00-4:30 p.m.</td>
<td>25yd</td>
<td>$295</td>
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<tr>
<td></td>
<td>Sep. 24 – Nov. 26</td>
<td>M</td>
<td>4:00-4:30 p.m.</td>
<td>25yd</td>
<td>$295</td>
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<tr>
<td></td>
<td>Sep. 24 – Nov. 26</td>
<td>M</td>
<td>4:30-5:00 p.m.</td>
<td>25yd</td>
<td>$295</td>
</tr>
</tbody>
</table>

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Updated: September 13, 2018
CERTIFICATIONS & LEADERSHIP

Aquatics Lifesaving

- Students must attend and participate fully in all classroom and in-water activities.
- Students must be self-motivated in these courses.
- Please watch for signs directing you to the location for the first class.
- Prerequisites are available online and are checked. Please be prepared to show proof at the first class.
- All certification courses are pass/fail. We reserve the right to not recommend candidates for the exam.

**Does not include the price of required manual or HST in course fee; this may be purchased at the Main Office prior to the start of the course.

Bronze Star <18yrs
Sep. 21 – Nov. 30 F 5:00- 7:00 p.m. 25yd $144

Bronze Medallion & Emergency First Aid <18yrs
Sep. 18 – Nov. 27 Tu 6:00- 9:00 p.m. VP $190**

Red Cross Babysitting Course
Oct. 5 F 9:00- 5:00 p.m. Rm221* $71
Nov. 16 F 9:00- 5:00 p.m. Rm221* $71
Dec. 7 F 9:00- 5:00 p.m. Rm221* $71

*Located at the Goldring Centre for High Performance Sport

Coach in Training program – Gymnastics
The Coach in Training program will run in Jan – Apr. Interested participants are asked to contact Barb Brophey at barb.brophey@utoronto.ca for prerequisites and dates.

BADMINTON

Badminton 8 - 9
Sep. 22 - Dec. 1 Sa 9:10-10:30 a.m. SG $177

Badminton 10 - 12
Sep. 22 - Dec. 1 eSa 10:40-12:00 p.m. SG $177

BASKETBALL

Steve Nash Youth Basketball, 6 - 7
Sep. 23 – Dec. 2 Su 9:10-10:30 a.m. FH $177

Steve Nash Youth Basketball, 8 – 9
Sep. 23 – Dec. 2 Su 9:10-10:30 a.m. FH $177

Steve Nash Youth Basketball, 10 - 12
Sep. 23 – Dec. 2 Su 10:40-12:00 p.m. FH $177

GYMNASTICS

Gymnastics Caregiver & Tot
Gymnastics Caregiver and Tot (16 mths – 3 1/2 years)
Sep. 18 - Dec. 4 Tu 9:30-10:20 a.m. LG $180
Sep. 18 - Dec. 4 Tu 10:30-11:20 a.m. LG $180
Sep. 19 - Dec. 5 W 9:30-10:20 a.m. LG $180
Sep. 19 - Dec. 5 W 10:30-11:20 a.m. LG $180

Gymnastics Preschool 3 yr. olds
Sep. 23 - Dec. 16 Su 9:10-10:00 a.m. LG $210
Sep. 23 - Dec. 16 Su 10:10-11:00 a.m. LG $210
Sep. 23 - Dec. 16 Su 11:10-12:00 p.m. LG $210
Sep. 22 - Dec. 15 Sa 9:10-10:00 a.m. LG $210
Sep. 22 - Dec. 15 Sa 10:10-11:00 a.m. LG $210
Sep. 22 - Dec. 15 Sa 11:10-12:00 p.m. LG $210

Gymnastics Preschool 4 & 5 yr. olds
Sep. 23 - Dec. 16 Su 9:10-10:00 a.m. LG $210
Sep. 23 - Dec. 16 Su 10:10-11:00 a.m. LG $210

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Updated: September 13, 2018
SKATING

Skating, 4-12 yr. old
Sep.23 - Dec. 2  Su  9:15-10:00 a.m.  VA $197
Sep.23 - Dec. 2  Su  10:00-10:45 a.m.  VA $197
Sep.23 - Dec. 2  Su  11:00-11:45 a.m.  VA $197
Sep.23 - Dec. 2  Su  11:45-12:30 p.m.  VA $197
Sep.25 - Nov.27  Tu  3:30- 4:15 p.m.  VA $197
Sep.25 - Nov.27  Tu  4:15- 5:00 p.m.  VA $197
Sep.22 - Dec. 1  Sa  8:45- 9:30 a.m.  VA $197
Sep.22 - Dec. 1  Sa  9:30-10:15 a.m.  VA $197
Sep.22 - Dec. 1  Sa  10:30-11:15 a.m.  VA $197
Sep.22 - Dec. 1  Sa  11:15-12:00 p.m.  VA $197

INTRODUCTION TO STRENGTH TRAINING

Strength Training, 12-14
Sep.22 - Dec. 1  Sa  9:10- 10:30 a.m.  GR $376

Strength Training, 15-16
Sep.22 - Dec. 1  Sa  10:40- 12:00 p.m.  GR $376

TRACK AND FIELD

Tracktivities
Sep.22 — Dec. 1  Sa  9:10-10:30 a.m.  FH $177
Sep.22 — Dec. 1  Sa  10:40-12:00 p.m.  FH $177
Sep.23 — Dec. 2  Su  9:10-10:30 a.m.  FH $177
Sep.23 — Dec. 2  Su  10:40-12:00 p.m.  FH $177

Intro Training Group
Sep.19 – Nov. 30  W, F  4:30- 6:00 p.m.  FH $376

For information on the University of Toronto Track Club opportunities for youth 12 – 18 please contact the assistant coaches, track and field at 416-946-7293.

SOCCER

Soccer, 6-7
Sep. 23 – Nov. 18  Su  9:10-10:00 a.m.  TF $141

Soccer, 8-9
Sep. 23 – Nov. 18  Su  10:10-11:00 a.m.  TF $141

Soccer, 10-12
Sep. 23 – Nov. 18  Su  11:10-12:30 p.m.  TF $141

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Waitlists:
If your preferred time for the class is sold and you are interested in registering for another time slot AND remaining waitlisted for your preferred time registration MUST be done in the following order to stay waitlisted for the preferred time:

1. Register for the class in the less preferred time slot.
2. Return to the preferred time slot and wait list your child.

If this order is not followed (i.e. waitlisting for the preferred time slot and then registering in a class with the same name) REMOVES your child from the wait list.

Registration dates: Registration opens at 8 a.m. August 29th, 2018 for all Fall 2018 Junior Blues Programs

Contact us:
Email: junior.blues@utoronto.ca
www.juniorblues.ca
Main Office: 416-978-3436
Fax: 416-946-7679

Code Guide

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<tr>
<th>Days</th>
<th>Athletic Centre</th>
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</tr>
<tr>
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<td>FS – Fencing Salle</td>
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<td>LG – Lower Gym</td>
</tr>
<tr>
<td>F – Friday</td>
<td>TP – Teach Pool</td>
</tr>
</tbody>
</table>