

# Health History Form

For your information:

An accurate health history is important to ensure that it is safe for you to receive treatment. If your health status changes please let us know. All information gathered for treatment is confidential except as required or allowed by law or except to facilitate diagnosis (assessment) or treatment. You will be asked to provide written authorization for release of any information.

Name: \_\_\_\_\_ D.O.B.: \_\_\_\_\_ File #: \_\_\_\_\_

Occupation: \_\_\_\_\_ What is your primary complaint? \_\_\_\_\_

Family Physician: \_\_\_\_\_ Phone# \_\_\_\_\_

**Health History:** Please indicate conditions you are experiencing, or have experienced:

### Respiratory

- chronic cough
- shortness of breath
- bronchitis
- asthma
- emphysema
- other: \_\_\_\_\_

### Cardiovascular

- high blood pressure or hypertension
- low blood pressure
- CCHF
- heart attack
- stroke/CVA
- pacemaker or similar device
- heart disease
- Is there a family history of any of the above  
 Yes  No

### Other Conditions

- osteoporosis
- prolonged steroid use
- inflammatory disease
- collagen disease
- skin conditions, what?  
\_\_\_\_\_

### Other Conditions

- loss of sensation, where? \_\_\_\_\_
- diabetes (onset: \_\_\_\_\_)
- allergies / hypersensitivity  
to what? \_\_\_\_\_  
What kind of reaction? \_\_\_\_\_
- epilepsy
- cancer, where? \_\_\_\_\_
- sleeping disorder
- arthritis
- Is there a family history of arthritis?  
 Yes  No

### Head/Neck

- vision problems
- vision loss
- ear problems
- hearing loss
- history of headaches
- concussion
- oral or dental problems or injuries

### Infections

- hepatitis  HIV / AIDS
- TB  Herpes

### Women

- pregnant (due: \_\_\_\_\_)
- gynecological problems, what?  
\_\_\_\_\_

### Soft Tissue/Joint Discomfort and its nature:

- neck \_\_\_\_\_
- low back \_\_\_\_\_
- mid back \_\_\_\_\_
- upper back \_\_\_\_\_
- shoulders \_\_\_\_\_
- arms \_\_\_\_\_
- phlebitis / varicose veins \_\_\_\_\_
- legs \_\_\_\_\_
- knees \_\_\_\_\_
- bones \_\_\_\_\_
- other \_\_\_\_\_

Overall, how is your general health?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Current Medications:** \_\_\_\_\_

Condition it treats: \_\_\_\_\_

**Surgery(s):** \_\_\_\_\_ date(s): \_\_\_\_\_  
nature: \_\_\_\_\_

**Current injury:** \_\_\_\_\_ date: \_\_\_\_\_  
nature: \_\_\_\_\_

- anticoagulants
- corticosteroids
- methotrexate
- cyclosporine A

**Are you currently receiving treatment elsewhere?**

- Yes  No

If yes, for what? : \_\_\_\_\_  
\_\_\_\_\_

**Other Medical Conditions (e.g. digestive conditions, hemophilia, mental illness, etc.):** \_\_\_\_\_  
\_\_\_\_\_

**Of Special Note:** (presence of internal pins, wires, artificial joints, special equipment): \_\_\_\_\_

What is the reason you are seeking therapy? \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_