Fitness & Performance Facilitator

Are you looking for challenging, meaningful work in a supportive and diverse environment? Are you looking for a career at one of Canada’s top employers? Work where the world comes to think, discover and learn. Consider a career at the University of Toronto.

The University of Toronto is strongly committed to diversity within its community and especially welcomes applications from racialized persons / persons of colour, women, Indigenous / Aboriginal People of North America, persons with disabilities, LGBTQ persons, and others who may contribute to the further diversification of ideas.

Deadline: April 11, 2022
Number of Positions: 15-25
Rate of Pay: $15/hour
Position Start Date: April 18, 2022
Position End Date: September 10, 2022
Number of Hours per week: 6 to 14 with potential for additional hours
Classification: USW, casual

Summary: Reporting to the Manager, Fitness & Performance, the Fitness and Performance Facilitator will monitor the multiple spaces where physical activities occur, ensuring members are acting in accordance to facility policies and providing assistance when required. The Facilitator will be required to have a familiarity with the equipment and the activities they are monitoring. The Facilitator must have knowledge of the programs offered by KPE in order to promote additional programming and activities to members. In addition, the Facilitator will be required to orient people to the proper use of equipment and physical activities they are supervising. The Facilitator will need to have a fundamental understanding of the rules of Fitness & Performance training.

Duties include:

- Responsible for health & safety, proactive customer service, greeting members, answering questions, assisting and directing members looking for programs or certain equipment, and crowd control during peak hours.
• Monitors the program activity spaces wherever programming is occurring by providing checks for facility usage, booking check-ins, membership status and statistics to each space.
• Informs members of established rules, regulations and etiquette guidelines while using the program areas and the equipment as necessary.
• Ensuring facilities and equipment are prepared for all activities by cleaning and organizing equipment and performing risk management checks.
• Monitor and enforce time limits on equipment and spaces.
• Accurately record participation and other statistics or feedback as instructed
• Responds appropriately to situations requiring conflict resolution and emergency incidents requiring first aid or CPR and fills out appropriate report (injury/incident) fully in a timely manner.

**Co-curricular Record Competencies developed:**

- Health Promotion
- Goal-setting and prioritization
- Leadership
- Facilitating & Presenting
- Decision-making and action

**Minimum Qualifications:**

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<th>Education:</th>
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<td>Completed or pursuing a degree in Kinesiology is an asset. Preference given to U of T students.</td>
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<th>Experience:</th>
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<td>Previous customer service experience and/or experience working in sport and recreation required. Familiarity with the UofT Sport &amp; Rec’s programs and services is an asset. Demonstrated understanding of the requirements for safe execution of Fitness &amp; Performance activities.</td>
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<th>Certifications required:</th>
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<td>• Standard First Aid certificate issued by Canadian Red Cross, St. John Ambulance or Lifesaving Society not more than three (3) years prior to your start date April 17, 2022 (and must maintain certification throughout employment duration).</td>
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<td>• Must possess a current recognized CPR C and AED certificate completed not more than one (1) year prior to your start date April 17, 2022.</td>
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Further information, including screening criteria, will be available at the interview and at the time a conditional offer of employment is made. Please include copies of all certifications with your application.

**Skills:**
- Demonstrated excellence in leadership
- Demonstrated understanding of the rules and the safe execution of general Fitness and Performance activities.
- Ability to work with people with diverse abilities, ethnicities and sexual orientations
- Ability to foster inclusivity and equity in a physical activity setting
- Strong conflict resolution skills and problem-solving skills
- Well-developed customer service skills and excellent interpersonal communication skills
- Ability to respond to emergency and/or first aid incidents

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<th>Method of Application:</th>
<th>Resume, cover letter and Co-curricular Record* (*CCR-optional) to be emailed to: <a href="mailto:Fitness.Performance@utoronto.ca">Fitness.Performance@utoronto.ca</a> Subject line should include title of position.</th>
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<td>Note: only those applicants selected for an interview will be contacted.</td>
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**Contact Information:**
Adrian Lightowler, Manager, Fitness & Performance  
Fitness.performance@utoronto.ca  
55 Harbord St.  
Toronto, ON M5S 2W6

**Date Posted:** March 28, 2022