



UNIVERSITY OF TORONTO
FACULTY OF KINESIOLOGY & PHYSICAL EDUCATION

Fitness & Performance Lead SCC Facilitator	
<p><i>Are you looking for challenging, meaningful work in a supportive and diverse environment? Are you looking for a career at one of Canada's top employers? Work where the world comes to think, discover and learn. Consider a career at the University of Toronto.</i></p> <p><i>The University of Toronto is strongly committed to diversity within its community and especially welcomes applications from racialized persons / persons of colour, women, Indigenous / Aboriginal People of North America, persons with disabilities, LGBTQ persons, and others who may contribute to the further diversification of ideas.</i></p>	
Deadline:	Friday, July 5, 2024
Number of Positions:	10-12
Rate of Pay:	\$22.00
Position Start Date:	Monday, August 26, 2024 (Mandatory New Staff Training on the week of August 26 to August 30, and Mandatory All Staff Training on the week of September 3 to September 6, 2024)
Position End Date:	Sunday, January 12, 2025
Number of Hours per week:	Up to 14 hours per week. Must be willing to work a consistent schedule of 2-3 shifts per week with a weekend shift rotation. Including early mornings, afternoons, and evenings.
Classification:	USW Casual
Summary:	<p>The Fitness & Performance (F&P) department of U of T Sport & Rec within the Faculty of Kinesiology and Physical Education (FKPE), offers its members comprehensive and integrated physical activity and fitness training experiences at the Athletic Centre, Goldring Centre for High Performance Sport, and Varsity Centre at the St. George Campus. We believe 'moving well' means different things to different people, and we invest in ways to directly integrate Faculty research to offer coaching support for members' everyday thriving, recreational pursuits, and intercollegiate athletics.</p> <p>The F&P department offers diverse opportunities for members to practice moving with safety, joy, and competence via integration of research, practice, and experiential learning to meet the needs of a broad range of participants and movement goals. The Fitness & Performance team continues to develop and implement innovative programs and services that emphasize individual learning, enhance physical, and mental, social and community wellness, contribute to</p>

	<p>academic success, and create a foundation for healthy active living for members at the University and beyond.</p> <p>Reporting to an assigned Lead Coach, Fitness & Performance, the Fitness & Performance (F&P) Lead Facilitators are the customer service leads and supervise the safety of F&P spaces. Lead Facilitators connect directly with management for administrative reporting on daily operations of F&P spaces at the Athletic Centre and Goldring Centre for High Performance Sport. This involves having an advanced gym awareness and equipment knowledge, including thorough understanding of facility policies and procedures.</p> <p>Core responsibilities include:</p> <ul style="list-style-type: none"> • Identify ways – big and small – to incorporate equitable practices and a sense of welcome; • Administrative duties such as: daily roaming shift assignments, break monitoring, deep cleaning checklist assignments, and inventory checks; • Support with on-the-job training and onboarding (including shadow shifts) of new F&P Facilitators; • Responsible for ensuring prompt opening and closing of the facility as per detailed procedures provided; • Work alongside F&P Facilitators in performing the full scope of F&P combined duties; • Facilitate the health and safety of spaces and members (e.g., including space cleanliness and tidiness, equipment usage, and first aid emergency responding, and injury/incident reporting); • Support with set up and tear down of various program offerings within our strength and conditioning centres, including recreational group fitness workouts, intercollegiate athletic training, personal and group training, and external group training; • Co-create welcoming F&P spaces by engaging and supporting customers; • Accurately record participation data and other statistics/feedback as instructed; • Communicate across Sport & Rec teams (i.e., Facilities and, Customer and Membership Services) to maintain F&P spaces; • Contribute to daily operational tasks and other F&P projects as assigned.
<p>Qualifications:</p>	<p>Education:</p> <ul style="list-style-type: none"> • Completed or near completion of undergraduate degree in Kinesiology or health related field. Full-time University of Toronto students will be given preference. <p>Experience:</p> <ul style="list-style-type: none"> • Working experience or strong interest in health, wellness, fitness, and physical education is required. • Experience working with health and fitness equipment in a gym setting is an asset. • Customer service experience in a work setting is required. • Experience in a leadership role in a work environment (i.e. team lead, trainer, program lead, etc.) is preferred.

	<ul style="list-style-type: none"> • Demonstrated experience in ensuring equitable customer service experiences, working with people and communities marginalized from gym spaces, and promoting a respectful and welcoming learning and working environment. <p>Skills:</p> <ul style="list-style-type: none"> • Excellent communication (oral and written) and listening skills are required. • Demonstrated application of critical thinking and problem-solving skills. • Demonstrated ability to work with a diverse group of people in a team and with various client populations. • Strong ability to apply conflict management skills as needed. • Strong ability to multi-task and manage priorities. <p>Certifications:</p> <ul style="list-style-type: none"> • Pursuing or obtained certification with a recognized fitness entity is preferred (e.g. CanFitPro, CSCS, NASM). • CPR-C (Required); issued by Canadian Red Cross, Lifesaving Society, or St. John’s Ambulance dated not more than one (1) year prior to your start date. • Standard First Aid (Required); issued by Canadian Red Cross, Lifesaving Society, or St. John’s Ambulance dated not more than three (3) years prior to your start date. <p>Mandatory Staff Training:</p> <ul style="list-style-type: none"> • New Staff Training the week of August 26 to August 30, 2024 • All Staff Training the week of September 3 to September 6, 2024
Method of Application	<p>Resume and cover letter to be submitted via email to: fitness.performance@utoronto.ca Subject line should include title of position.</p> <p>In the cover letter, please answer the following questions (1-page max):</p> <ol style="list-style-type: none"> 1. Why are you interested in this leadership position? Give one example demonstrating your leadership qualities. 2. What part can you play in making the gym a welcoming and engaging space for members and staff?
Contact Information:	<p>Laura-Ellen de Vries, Lead Coach, Fitness & Performance fitness.performance@utoronto.ca</p>
Date Posted:	<p>Monday, June 24, 2024</p>
Diversity Statement	<p>The University of Toronto embraces Diversity and is building a culture of belonging that increases our capacity to effectively address and serve the interests of our global community. We strongly encourage applications from Indigenous Peoples, Black and racialized persons, women, persons with disabilities, and people of diverse sexual and gender identities. We value applicants who have demonstrated a commitment to equity, diversity and inclusion and recognize that diverse perspectives, experiences, and expertise are essential to strengthening our academic mission.</p>

Accessibility Statement	<p>The University strives to be an equitable and inclusive community, and proactively seeks to increase diversity among its community members. Our values regarding equity and diversity are linked with our unwavering commitment to excellence in the pursuit of our academic mission.</p> <p>The University is committed to the principles of the Accessibility for Ontarians with Disabilities Act (AODA). As such, we strive to make our recruitment, assessment and selection processes as accessible as possible and provide accommodations as required for applicants with disabilities.</p> <p>If you require any accommodations at any point during the application and hiring process, please contact uoft.careers@utoronto.ca.</p>
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