

Fitness & Performance Facilitator

Are you looking for challenging, meaningful work in a supportive and diverse environment? Are you looking for a career at one of Canada's top employers? Work where the world comes to think, discover and learn. Consider a career at the University of Toronto.

The University of Toronto is strongly committed to diversity within its community and especially welcomes applications from racialized persons / persons of colour, women, Indigenous / Aboriginal People of North America, persons with disabilities, LGBTQ persons, and others who may contribute to the further diversification of ideas.

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Deadline:	SAMPLE
Number of	30-40
Positions:	
Rate of Pay:	\$15.50
Position Start	Tuesday, September 5, 2023
Date:	
Position End	Sunday, January 14, 2024
Date:	
Number of Hours	Available to work for a minimum of 8-12 hours per week. Must be willing to work
per week:	early mornings, evenings, and/or weekends.
Classification:	Casual, Part-time, USW-union
Summary:	The Fitness & Performance (F&P) department of U of T Sport & Rec within the Faculty of Kinesiology and Physical Education (FKPE), offers its members comprehensive and integrated physical activity and fitness training experiences at the Athletic Centre, Goldring Centre for High Performance Sport, and Varsity Centre at the St. George Campus. As an industry leader in wellness, physical activity, and high-performance training, the Fitness & Performance department offers diverse opportunities for members to move well via integration of research, practice, and experiential learning to meet the needs of a broad range of participants and movement goals. The Fitness & Performance team continues to develop and implement innovative programs and services that emphasize individual learning and will enhance physical and mental wellness, contribute to academic success, and create a foundation for healthy active living for members at the University and beyond. Reporting to the Lead Coach, Fitness & Performance, the Fitness & Performance (F&P) Facilitator will monitor the safe use of multiple physical activity and fitness spaces and equipment, and uphold facility policies and procedures at the Athletic Centre and Goldring Centre for High Performance Sport. This involves having fundamental knowledge and expertise of the equipment and activities being

monitored and supervised, and being able to orient members of the proper use of that equipment and space.

Reporting to the Fitness & Performance Lead Coaches, core responsibilities include:

- Facilitate the health and safety of spaces and members, including space cleanliness and tidiness, equipment maintenance reporting, and injury/incident reporting;
- Support with set up and tear down of various program offerings within our spaces, including recreational group fitness workouts, intercollegiate athletic training, personal and group training, and external group training;
- Deliver exceptional customer service support to all members;
- Contribute to daily operational tasks and other F&P projects as assigned.

Qualifications:

Education:

 Actively pursuing a degree at the University of Toronto. Education in Kinesiology or health related field is an asset.

Experience:

- Working experience or strong interest in health, wellness, fitness, and physical education is required.
- Customer service experience in a work or volunteer setting is preferred.

Skills:

- Excellent communication (oral and written) and listening skills is required.
- Demonstrated ability to work with a diverse group of people in a team and with various client populations.
- Strong ability to manage multiple task priorities at a given time.
- Demonstrated commitment and professionalism to equity, diversity, inclusion and promotion of a respectful and welcoming learning and working environment.

Certifications Required:

- **CPR-C**; issued by Canadian Red Cross, Lifesaving Society, or St. John's Ambulance dated not more than one (1) year prior to your start date.
- **Standard First Aid**; issued by Canadian Red Cross, Lifesaving Society, or St. John's Ambulance dated not more than three (3) years prior to your start date.

Other:

All successful candidates will be required to actively participate in all staff training and ongoing professional development workshops as outlined below:

- **Mandatory Staff Training:** 3-Hour Session on September 6th, 7th, or 8th. To be determined once hired.
- Ongoing Professional Development: 4 hours (2 sessions total) during the contract period.

Method of Application

Resume and cover letter to be submitted via email to: fitness.performance@utoronto.ca

	Subject line should include title of position.
Contact Information:	Laura-Ellen de Vries, Lead Coach, Fitness & Performance fitness.performance@utoronto.ca
Date Posted:	SAMPLE
Diversity Statement	The University of Toronto embraces Diversity and is building a culture of belonging that increases our capacity to effectively address and serve the interests of our global community. We strongly encourage applications from Indigenous Peoples, Black and racialized persons, women, persons with disabilities, and people of diverse sexual and gender identities. We value applicants who have demonstrated a commitment to equity, diversity and inclusion and recognize that diverse perspectives, experiences, and expertise are essential to strengthening our academic mission.
Accessibility Statement	The University strives to be an equitable and inclusive community, and proactively seeks to increase diversity among its community members. Our values regarding equity and diversity are linked with our unwavering commitment to excellence in the pursuit of our academic mission. The University is committed to the principles of the Accessibility for Ontarians with Disabilities Act (AODA). As such, we strive to make our recruitment, assessment and selection processes as accessible as possible and provide accommodations as required for applicants with disabilities. If you require any accommodations at any point during the application and hiring process, please contact uoft.careers@utoronto.ca.