



Fitness & Movement Instructor

Are you looking for challenging, meaningful work in a supportive and diverse environment? Are you looking for a career at one of Canada's top employers? Work where the world comes to think, discover and learn. Consider a career at the University of Toronto.

The University of Toronto is strongly committed to diversity within its community and especially welcomes applications from racialized persons / persons of colour, women, Indigenous / Aboriginal People of North America, persons with disabilities, LGBTQ persons, and others who may contribute to the further diversification of ideas.

Deadline:	Oct. 15, 2018
Number of Positions:	20-40
Rate of Pay:	\$27-\$50/hour
Position Start Date:	Jan. 6, 2019
Position End Date:	April 7, 2019
Number of Hours per week:	1-1.5 hours per class
Classification:	Non-union
Summary:	<p>Reporting to the Assistant Manager, the Fitness & Movement Instructor will be responsible for leading safe, educational classes to members across facilities. The Instructor must demonstrate knowledge of the class type being taught; have the ability to explain, demonstrate and teach techniques at the appropriate level of participation; and have the ability to set up and maintain equipment.</p> <p>The Instructor must demonstrate professionalism: arrive ten minutes prior to class; start and end class on time; follow the safety policy and instructor's handbook; record attendance; complete pay procedures promptly; report on facility/equipment; respect all staff and members; and attend professional development workshops if applicable.</p>

Minimum Qualifications:	<p>Training in Group Exercise Leadership building on the National Fitness Leadership Alliance (NFLA) Exercise Theory prerequisite knowledge base, or training in Fitness/Movement/Dance Leadership including anatomy and class organization or any other equivalent combination of training and experience. Degree or education in PHE/Exercise Science/Kinesiology/Dance an asset. Registered Health and Exercise Practitioner (RHEP), Fitness Leadership/Specialty Fitness Certification an asset. Yoga Certification (RYT) & Applied Mindfulness Meditation Certificate an asset. Current CPR & Standard First Aid required. Preference given to University of Toronto students.</p> <p>Experience: A minimum of six months Group Exercise/Fitness & Movement Leadership. Familiarity with Sport & Rec programs and services across KPE facilities.</p>
Method of Application	<p>Resume, references, cover letter and copies of certifications to be emailed to: Jill Cressy Assistant Manager, Fitness & Instruction Faculty of Kinesiology & Physical Education, University of Toronto jill.cressy@utoronto.ca</p> <p>Subject line should include title of position.</p>
Contact Information:	<p>Jill Cressy Assistant Manager, Fitness & Instruction Faculty of Kinesiology & Physical Education, University of Toronto jill.cressy@utoronto.ca (416) 946-5300</p>
Date Posted:	Oct. 1, 2018