



**Fitness & Movement Instructor**

*Are you looking for challenging, meaningful work in a supportive and diverse environment? Are you looking for a career at one of Canada's top employers? Work where the world comes to think, discover and learn. Consider a career at the University of Toronto.*

*The University of Toronto is strongly committed to diversity within its community and especially welcomes applications from racialized persons / persons of colour, women, Indigenous / Aboriginal People of North America, persons with disabilities, LGBTQ persons, and others who may contribute to the further diversification of ideas.*

<b>Deadline:</b>	<b>March 18, 2019</b>
<b>Number of Positions:</b>	20-40
<b>Rate of Pay:</b>	\$27-\$50/hour
<b>Position Start Date:</b>	April 29, 2019
<b>Position End Date:</b>	Sept. 8, 2019
<b>Number of Hours per week:</b>	1-1.5 hours per class
<b>Classification:</b>	Non-union
<b>Summary:</b>	<p>Reporting to the Assistant Manager, the Fitness &amp; Movement Instructor will be responsible for leading safe, educational classes to members across facilities. The Instructor must demonstrate knowledge of the class type being taught; have the ability to explain, demonstrate and teach techniques at the appropriate level of participation; and have the ability to set up and maintain equipment.</p> <p>The Instructor must demonstrate professionalism: arrive ten minutes prior to class; start and end class on time; follow the safety policy and instructor's handbook; record attendance; complete pay procedures promptly; report on facility/equipment; respect all staff and members; and attend professional development workshops if applicable.</p>

<p><b>Minimum Qualifications:</b></p>	<p><b>Education/Certification:</b>  Training in Group Exercise Leadership building on the National Fitness Leadership Alliance (NFLA) Exercise Theory prerequisite knowledge base, or training in Fitness/Movement/Dance Leadership including anatomy and class organization or any other equivalent combination of training and experience. Degree or education in PHE/Exercise Science/Kinesiology/Dance an asset. Registered Health and Exercise Practitioner (RHEP)/Fitness Leadership Certification an asset. Yoga Certification (RYT) &amp; Applied Mindfulness Meditation certificate an asset. Current CPR &amp; Standard First Aid required. Preference given to University of Toronto students.</p> <p><b>Experience:</b>  A minimum of six months Fitness/Movement Instructor experience leading a group fitness, teaching a range of movement styles and levels. Familiarity with Sport &amp; Rec programs and services across KPE facilities.</p> <p><b>Experience:</b>  A minimum of six months Group Exercise/Fitness &amp; Movement Leadership. Familiarity with Sport &amp; Rec programs and services across KPE facilities.</p>
<p><b>Method of Application</b></p>	<p><b>Resume, references, cover letter and copies of certifications to be emailed to:</b>  Jill Cressy  Assistant Manager, Fitness &amp; Instruction  Faculty of Kinesiology &amp; Physical Education, University of Toronto  <a href="mailto:jill.cressy@utoronto.ca">jill.cressy@utoronto.ca</a></p> <p><b>Subject line to include title of position.</b></p>
<p><b>Contact Information:</b></p>	<p>Jill Cressy  Assistant Manager, Fitness &amp; Instruction  Faculty of Kinesiology &amp; Physical Education, University of Toronto  <a href="mailto:jill.cressy@utoronto.ca">jill.cressy@utoronto.ca</a>  <b>(416) 946-5300</b></p>
<p><b>Date Posted:</b></p>	<p><b>March 4, 2019</b></p>