

## **Fitness and Performance Assistant Coach**

Are you looking for challenging, meaningful work in a supportive and diverse environment? Are you looking for a career at one of Canada's top employers? Work where the world comes to think, discover and learn. Consider a career at the University of Toronto.

The University of Toronto is strongly committed to diversity within its community and especially welcomes applications from racialized persons / persons of colour, women, Indigenous / Aboriginal People of North America, persons with disabilities, LGBTQ persons, and others who may contribute to the further diversification of ideas.

Deadline:	March 27, 2020
Number of Jobs:	March 27, 2020 10-15
	\$15.00
Rate of pay:	•
Position Start	May 1, 2020 <u>or</u> August 24, 2020
Date:	April 20, 2024
Position End	April 30, 2021
Date:	F 40. house subject to consider an expensive
Hours per	5-10; hours subject to session programming
week:	Must be willing to work mornings, evenings and/or weekends
Classification:	Non-Union
Position	The KPE Fitness and Performance Leadership program provides students
Summary	with an opportunity to enhance their personal, professional, organizational
	and leadership skills and to take an active part in university life while
	participating in KPE initiatives.
	Assistant Coaches will gain valuable experience within the Fitness and Performance industry and will be provided the opportunity to put classroom learning to use in a real-world environment. We will be looking for successful candidates to learn, understand, and promote lifestyle behaviours that improve the health and wellness, fitness, and performance of all participants, students, and student athletes.
	Assistant Coaches will have the opportunity to assist in the coaching and implementation of Fitness and Performance sessions including varsity team sessions, squad sessions, Big Hiit sessions, and Lab sessions (program details can be found at <a href="https://kpe.utoronto.ca/fitness-performance">https://kpe.utoronto.ca/fitness-performance</a> ). A significant requirement of this position will be maintaining an engaging, motivating and inclusive environment for all participants, as well as contribute to the safe and effective management and operation of spaces, places, and equipment.

	Responsibilities will be completed under the guidance of the Fitness and
	Performance Senior Coaches. Assistant Coaches are required to embrace
	and exemplify the mission, vision, and values of the Faculty of Kinesiology.
Minimum	<b>Education:</b> Pursuing a degree in Kinesiology or relevant field
Qualifications:	
	Certifications:
	<ul> <li>CPR-C; issued by a WSIB-recognized provider not more than one (1)</li> </ul>
	year prior to March 31, 2020
	Standard First Aid; issued by a WSIB-recognized provider not more
	than three (3) years prior to March 31, 2020
	The incumbent must maintain all certifications while employed in this
	position.
	Other:
	Excellent customer service and conflict management skills
	Excellent communication (oral and written) and listening skills
	Excellent organization and time management skills
	Demonstrated ability to work with a diverse group of people and within a
	team
	Open minded/willingness to learn in academic environment and ability to
	receive and provide constructive criticism
	Flexible and adaptable to accommodate and embrace dynamic working
	environments and diversity of opinions, ideas, experiences, and
	preferences
	Professionalism, health promotion and leadership skills
	Ability to foster inclusivity and equity in a fitness/athletic setting
	Priority will be given to 2 <sup>nd</sup> -5 <sup>th</sup> year Kinesiology students.
	Successful candidates may have the opportunity to begin on <i>May 1, 2020</i>
	and obtain part time hours throughout the summer.
	and obtain part time nours throughout the summer.
	All candidates will be required to attend staff training during the week
	of August 24, 2020.
	01 August 24, 2020.
Method of	Resume and cover letter to be emailed to alanna.coulson@utoronto.ca
Application:	Please include position title in subject line.
F F	Only complete applications will be considered.
	*Only those applicants selected for an interview will be contacted.
Contact	Alanna Coulson
Information:	Lead Coach, Fitness and Performance
	alanna.coulson@utoronto.ca
Date Posted:	March 6, 2020
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