



# JUNIOR BLUES



Learn new Skills!

From basketball to track & field and everything in between,  
get into the game with the U of T Junior Blues.

**Registration opens 7 a.m. August 31, 2022**

Explore our programs at [juniorblues.ca](https://juniorblues.ca)



# LEARN, PLAY AND GROW WITH JUNIOR BLUES!

U of T Sport and Rec's Junior Blues program offers a range of activities for children ages 1 to 17 years. With a variety of classes on land, in water and on ice, Junior Blues gives children and youth the physical literacy skills they need to be active and healthy for life.

Conveniently located on the University's downtown campus, our 'Junior Blues' enjoy access to world-class facilities including the Varsity Centre, Athletic Centre and Back Campus fields.

In the pages that follow, you will find the full schedule of Junior Blues programs being offered for the Fall session of 2022-2023.

We are looking forward to another terrific year and hope to see you here!

Learn more about our programs and facilities at [juniorblues.ca](https://juniorblues.ca)



# Program Details

**Important note:** With ongoing and evolving developments relating to COVID-19, there may be changes or cancellations around these programs. We appreciate your patience and cooperation.

Please check our website for the latest program details: [juniorblues.ca](http://juniorblues.ca).

OFFERING	AGE	START DATE	END DATE	LOCATION/FACILITY	COURSE FEE
<b>GYMNASTICS</b>					
<b>Gymnastics Caregiver and Tot</b>					
Wednesday 9:30 a.m.–10:20 a.m.	18mo - 3.5	September 28	December 7	Athletic Centre Lower Gym	\$215
Wednesday 10:30 a.m.–11:20 a.m.	18mo - 3.5	September 28	December 7	Athletic Centre Lower Gym	\$215
<b>Gymnastics Preschool 4–5 yr</b>					
Saturday 9:10 a.m.–10 a.m.	4-5	September 24	December 10	Athletic Centre Lower Gym	\$245
Saturday 10:10 a.m.–11 a.m.	4-5	September 24	December 10	Athletic Centre Lower Gym	\$245
Saturday 11:10 a.m.–12 p.m.	4-5	September 24	December 10	Athletic Centre Lower Gym	\$245
Saturday 12:10 p.m.–1 p.m.	4-5	September 24	December 10	Athletic Centre Lower Gym	\$245
Sunday 9:10 a.m.–10 a.m.	4-5	September 25	December 11	Athletic Centre Lower Gym	\$245
Sunday 10:10 a.m.–11 a.m.	4-5	September 25	December 11	Athletic Centre Lower Gym	\$245
Sunday 11:10 a.m.–12 p.m.	4-5	September 25	December 11	Athletic Centre Lower Gym	\$245
Sunday 12:10 p.m.–1 p.m.	4-5	September 25	December 11	Athletic Centre Lower Gym	\$245
<b>Gymnastics Girls 6–12 yr</b>					
Saturday 9:10 a.m.–10:30 a.m.	6-12	September 24	December 10	Athletic Centre Lower Gym	\$360
Saturday 10:45 a.m.–12:15 p.m.	6-12	September 24	December 10	Athletic Centre Lower Gym	\$360
Saturday 12:30 p.m.–2 p.m.	6-12	September 24	December 10	Athletic Centre Lower Gym	\$360
Sunday 9:10 a.m.–10:30 a.m.	6-12	September 25	December 11	Athletic Centre Lower Gym	\$360
Sunday 10:45 a.m.–12:15 p.m.	6-12	September 25	December 11	Athletic Centre Lower Gym	\$360
Sunday 12:30 p.m.–2 p.m.	6-12	September 25	December 11	Athletic Centre Lower Gym	\$360
<b>Gymnastics Boys 6–8 yr</b>					
Saturday 12:30 p.m.–2 p.m.	6-8	September 24	December 10	Athletic Centre Lower Gym	\$360
<b>Gymnastics Boys 9–12 yr</b>					
Sunday 12:30 p.m.–2 p.m.	9-12	September 25	December 11	Athletic Centre Lower Gym	\$360
<b>SPORT</b>					
<b>Badminton 9–12 yr</b>					
Sunday 9:10 a.m.–10:30 a.m.	9-12	September 25	December 4	Athletic Centre Sports Gym	\$206
Sunday 10:40 a.m.–12 p.m.	9-12	September 25	December 4	Athletic Centre Sports Gym	\$206
<b>Basketball 6–7 yr</b>					
Sunday 9:10 a.m.–10:30 a.m.	8-9	September 25	December 4	Athletic Centre Field House Court 2&3	\$232
<b>Basketball 8–9 yr</b>					
Sunday 9:10 a.m.–10:30 a.m.	8-9	September 25	December 4	Athletic Centre Field House Court 2&3	\$232
Sunday 10:40 a.m.–12 p.m.	8-9	September 25	December 4	Athletic Centre Field House Court 2&3	\$232
<b>Basketball 10–12 yr</b>					
Sunday 10:40 a.m.–12 p.m.	10-12	September 25	December 4	Athletic Centre Field House Court 2&3	\$232
<b>MiniSport– 4–5 yr</b>					
Sunday 9:10 a.m.–10 a.m.	4-5	September 25	December 4	Athletic Centre Dance Studio	\$158
<b>MultiSport 6–8 yr</b>					
Sunday 10:10 a.m.–11:30 a.m.	6-8	September 25	December 4	Athletic Centre Dance Studio	\$232

**SPORT (continued)****Trackivites 7–12 yr**

Saturday 9:10 a.m.–10:30 a.m.	7-12	September 24	December 3	Athletic Centre Field House/Athletic Centre	\$232
Saturday 10:40 a.m.–12 p.m.	7-12	September 24	December 3	Athletic Centre Field House/Athletic Centre	\$232

**Track & Field—Intro to Training**

Wednesday and Friday 4:30 p.m.–6 p.m.	9-12	September 28 & 30	Nov 30 & Dec 2	Athletic Centre Field House Court 1	\$383
---------------------------------------	------	-------------------	----------------	-------------------------------------	-------

**Skating 4-5 yr**

Saturday 8:45 a.m.–9:30 a.m.	4-5	September 24	December 3	Varsity Arena	\$198
Saturday 9:30 a.m.–10:15 a.m.	4-5	September 24	December 3	Varsity Arena	\$198
Saturday 10:30 a.m.–11:15 a.m.	4-5	September 24	December 3	Varsity Arena	\$198
Saturday 11:15 a.m.–12 p.m.	4-5	September 24	December 3	Varsity Arena	\$198
Sunday 8:30 a.m.–9:15 a.m.	4-5	September 25	December 4	Varsity Arena	\$198
Sunday 9:15 a.m.–10 a.m.	4-5	September 25	December 4	Varsity Arena	\$198
Sunday 10 a.m.–10:45 a.m.	4-5	September 25	December 4	Varsity Arena	\$198
Sunday 11 a.m.–11:45 a.m.	4-5	September 25	December 4	Varsity Arena	\$198
Sunday 11:45 a.m.–12:30 p.m.	4-5	September 25	December 4	Varsity Arena	\$198
Sunday 12:30 p.m.–1:15 p.m.	4-5	September 25	December 4	Varsity Arena	\$198

**Skating 6-7 yr**

Saturday 8:45 a.m.–9:30 a.m.	6-7	September 24	December 3	Varsity Arena	\$198
Saturday 9:30 a.m.–10:15 a.m.	6-7	September 24	December 3	Varsity Arena	\$198
Saturday 10:30 a.m.–11:15 a.m.	6-7	September 24	December 3	Varsity Arena	\$198
Saturday 11:15 a.m.–12 p.m.	6-7	September 24	December 3	Varsity Arena	\$198
Sunday 8:30 a.m.–9:15 a.m.	6-7	September 25	December 4	Varsity Arena	\$198
Sunday 9:15 a.m.–10 a.m.	6-7	September 25	December 4	Varsity Arena	\$198
Sunday 10 a.m.–10:45 a.m.	6-7	September 25	December 4	Varsity Arena	\$198
Sunday 11 a.m.–11:45 a.m.	6-7	September 25	December 4	Varsity Arena	\$198
Sunday 11:45 a.m.–12:30 p.m.	6-7	September 25	December 4	Varsity Arena	\$198
Sunday 12:30 p.m.–1:15 p.m.	6-7	September 25	December 4	Varsity Arena	\$198

**Skating 8-9 yr**

Saturday 8:45 a.m.–9:30 a.m.	8-9	September 24	December 3	Varsity Arena	\$198
Saturday 9:30 a.m.–10:15 a.m.	8-9	September 24	December 3	Varsity Arena	\$198
Saturday 10:30 a.m.–11:15 a.m.	8-9	September 24	December 3	Varsity Arena	\$198
Saturday 11:15 a.m.–12 p.m.	8-9	September 24	December 3	Varsity Arena	\$198
Sunday 8:30 a.m.–9:15 a.m.	8-9	September 25	December 4	Varsity Arena	\$198
Sunday 9:15 a.m.–10 a.m.	8-9	September 25	December 4	Varsity Arena	\$198
Sunday 10 a.m.–10:45 a.m.	8-9	September 25	December 4	Varsity Arena	\$198
Sunday 11 a.m.–11:45 a.m.	8-9	September 25	December 4	Varsity Arena	\$198
Sunday 11:45 a.m.–12:30 p.m.	8-9	September 25	December 4	Varsity Arena	\$198
Sunday 12:30 p.m.–1:15 p.m.	8-9	September 25	December 4	Varsity Arena	\$198

**Skating 10-12 yr**

Saturday 8:45 a.m.–9:30 a.m.	10-12	September 24	December 3	Varsity Arena	\$198
Saturday 9:30 a.m.–10:15 a.m.	10-12	September 24	December 3	Varsity Arena	\$198
Saturday 10:30 a.m.–11:15 a.m.	10-12	September 24	December 3	Varsity Arena	\$198
Saturday 11:15 a.m.–12 p.m.	10-12	September 24	December 3	Varsity Arena	\$198
Sunday 8:30 a.m.–9:15 a.m.	10-12	September 25	December 4	Varsity Arena	\$198
Sunday 9:15 a.m.–10 a.m.	10-12	September 25	December 4	Varsity Arena	\$198
Sunday 10 a.m.–10:45 a.m.	10-12	September 25	December 4	Varsity Arena	\$198
Sunday 11 a.m.–11:45 a.m.	10-12	September 25	December 4	Varsity Arena	\$198
Sunday 11:45 a.m.–12:30 p.m.	10-12	September 25	December 4	Varsity Arena	\$198
Sunday 12:30 p.m.–1:15 p.m.	10-12	September 25	December 4	Varsity Arena	\$198

**SWIMMING & AQUATICS** \*Please see note on swim transition**Caregiver and Tot Swimming**

Thursday 5:30 p.m.–6 p.m.	6mo-3	September 22	December 1	Athletic Centre Teach Pool	\$158
Saturday 9:15 a.m.–9:45 a.m.	6mo-3	September 24	December 3	Athletic Centre 25yd Pool	\$143

**Swim Adapted Preschool Beginner**

Sunday 12 p.m.–12:30 p.m.	3-5	October 16	December 4	Athletic Centre 25yd Pool	\$95
---------------------------	-----	------------	------------	---------------------------	------

**Swim Adapted Preschool Intermediate**

Sunday 12:30 p.m.–1 p.m.	3-5	October 16	December 4	Athletic Centre 25yd Pool	\$95
--------------------------	-----	------------	------------	---------------------------	------

**Swim Adapted Beginner**

Sunday 1 p.m.–1:30 p.m.	5-12	October 16	December 4	Athletic Centre 25yd Pool	\$95
Sunday 2 p.m.–2:30 p.m.	5-12	October 16	December 4	Athletic Centre 25yd Pool	\$95

**Swim Adapted Intermediate**

Sunday 1:30 p.m.–2 p.m.	5-14	October 16	December 4	Athletic Centre 25yd Pool	\$95
-------------------------	------	------------	------------	---------------------------	------

**Preschool A (former Sea Turtle)**

Thursday 4:30 p.m.–5 p.m.	3-5	September 22	December 1	Athletic Centre Teach Pool	\$158
Saturday 9:45 a.m.–10:15 a.m.	3-5	September 24	December 3	Athletic Centre 25yd Pool	\$143
Sunday 12 p.m.–12:30 p.m.	3-5	October 16	December 4	Athletic Centre 25yd Pool	\$95

**Preschool B (former Sea Otter)**

Thursday 5 p.m.–5:30 p.m.	3-5	September 22	December 1	Athletic Centre Teach Pool	\$158
Saturday 9:45 a.m.–10:15 a.m.	3-5	September 24	December 3	Athletic Centre 25yd Pool	\$143
Sunday 12:30 p.m.–1 p.m.	3-5	October 16	December 4	Athletic Centre 25yd Pool	\$95

**Preschool C (former Salamander)**

Thursday 5:30 p.m.–6 p.m.	3-5	September 22	December 1	Athletic Centre Teach Pool	\$158
Friday 4 p.m.–4:30 p.m.	3-5	September 23	December 2	Athletic Centre 25yd Pool	\$111
Saturday 10:15 a.m.–10:45 a.m.	3-5	September 24	December 3	Athletic Centre 25yd Pool	\$143

**Preschool D (former Sunfish)**

Friday 4:30 p.m.–5 p.m.	3-5	September 23	December 2	Athletic Centre 25yd Pool	\$111
-------------------------	-----	--------------	------------	---------------------------	-------

**Swim for Life 1**

Monday 4 p.m.–4:30 p.m.	5-12	September 19	November 28	Athletic Centre 25yd Pool	\$143
Wednesday 4:30 p.m.–5 p.m.	5-12	September 21	November 30	Athletic Centre 25yd Pool	\$158
Thursday 6:15 p.m.–6:45 p.m.	5-12	September 22	December 1	Athletic Centre Teach Pool	\$158
Friday 5 p.m.–5:30 p.m.	5-12	September 23	December 2	Athletic Centre 25yd Pool	\$111
Saturday 10:15 a.m.–10:45 a.m.	5-12	September 24	December 3	Athletic Centre 25yd Pool	\$143

**Swim for Life 2**

Monday 4 p.m.–4:30 p.m.	5-12	September 19	November 28	Athletic Centre 25yd Pool	\$143
Wednesday 4:30 p.m.–5 p.m.	5-12	September 21	November 30	Athletic Centre 25yd Pool	\$158
Thursday 6:15 p.m.–6:45 p.m.	5-12	September 22	December 1	Athletic Centre Teach/Varsity Pools	\$158
Friday 5:30 p.m.–6 p.m.	5-12	September 23	December 2	Athletic Centre 25yd Pool	\$111
Saturday 11:30 a.m.–12 p.m.	5-12	September 24	December 3	Athletic Centre 25yd Pool	\$143

**Swim for Life 3**

Monday 4:30 p.m.–5 p.m.	5-12	September 19	November 28	Athletic Centre 25yd Pool	\$143
Wednesday 4 p.m.–4:30 p.m.	5-12	September 21	November 30	Athletic Centre 25yd Pool	\$158
Friday 6 p.m.–6:30 p.m.	5-12	September 23	December 2	Athletic Centre 25yd Pool	\$111
Saturday 11:30 a.m.–12 p.m.	5-12	September 24	December 3	Athletic Centre 25yd Pool	\$143

**Swim for Life 4**

Monday 4:30 p.m.–5 p.m.	5-12	September 19	November 28	Athletic Centre 25yd Pool	\$143
Wednesday 4 p.m.–4:30 p.m.	5-12	September 21	November 30	Athletic Centre 25yd Pool	\$158
Friday 6:30 p.m.–7 p.m.	5-12	September 23	December 2	Athletic Centre 25yd Pool	\$111
Sunday 4:30 p.m.–5 p.m.	5-12	October 16	December 4	Athletic Centre 25yd Pool	\$95

SWIMMING & AQUATICS (Continued) *Please see note on swim transition					
<b>Swim for Life 5</b>					
Monday 5 p.m.–5:45 p.m.	5-14	September 19	November 28	Athletic Centre 25yd Pool	\$166
Wednesday 5:45 p.m.–6:30 p.m.	5-14	September 21	November 30	Athletic Centre 25yd Pool	\$185
<b>Swim for Life 6</b>					
Monday 5 p.m.–5:45 p.m.	5-14	September 19	November 28	Athletic Centre 25yd Pool	\$166
Wednesday 5:45 p.m.–6:30 p.m.	5-14	September 21	November 30	Athletic Centre 25yd Pool	\$185
<b>Swim for Life 5/6</b>					
Thursday 6:45 p.m.–7:30 p.m.	5-14	September 22	December 1	Athletic Centre Varsity Pool	\$185
Saturday 10:45 a.m.–11:30 a.m.	5-14	September 24	December 3	Athletic Centre 25yd Pool	\$166
Sunday 3:45 p.m.–4:30 p.m.	5-14	October 16	December 4	Athletic Centre 25yd Pool	\$111
<b>Swim for Life 7</b>					
Monday 5:45 p.m.–6:30 p.m.	5-14	September 19	November 28	Athletic Centre 25yd Pool	\$166
Wednesday 5 p.m.–5:45 p.m.	5-14	September 21	November 30	Athletic Centre 25yd Pool	\$185
<b>Swim for Life 8</b>					
Monday 5:45 p.m.–6:30 p.m.	5-14	September 19	November 28	Athletic Centre 25yd Pool	\$166
Wednesday 5 p.m.–5:45 p.m.	5-14	September 21	November 30	Athletic Centre 25yd Pool	\$185
<b>Swim for Life 7/8</b>					
Thursday 6:45 p.m.–7:30 p.m.	5-14	September 22	December 1	Athletic Centre Varsity Pool	\$185
Saturday 10:45 a.m.–11:30 a.m.	5-14	September 24	December 3	Athletic Centre 25yd Pool	\$166
Sunday 3 p.m.–3:45 p.m.	5-14	October 16	December 4	Athletic Centre 25yd Pool	\$111
<b>Swim for Life 9 (Rookie)</b>					
Thursday 7:30 p.m.–8:15 p.m.	8-14	September 22	December 1	Athletic Centre Varsity Pool	\$185
<b>Swim for Life 10 (Ranger)</b>					
Thursday 7:30 p.m.–8:15 p.m.	8-14	September 22	December 1	Athletic Centre Varsity Pool	\$185
<b>Private Swim Lessons</b>					
Friday 4 p.m.–4:30 p.m.	5-17	September 23	December 2	Athletic Centre 25yd Pool	\$298
Friday 4:30 p.m.–5 p.m.	5-17	September 23	December 2	Athletic Centre 25yd Pool	\$298
Friday 5 p.m.–5:30 p.m.	5-17	September 23	December 2	Athletic Centre 25yd Pool	\$298
Friday 5:30 p.m.–6 p.m.	5-17	September 23	December 2	Athletic Centre 25yd Pool	\$298
Friday 6 p.m.–6:30 p.m.	5-17	September 23	December 2	Athletic Centre 25yd Pool	\$298
Friday 6:30 p.m.–7 p.m.	5-17	September 23	December 2	Athletic Centre 25yd Pool	\$298
Sunday 1 p.m.–1:30 p.m.	5-17	October 16	December 4	Athletic Centre 25yd Pool	\$255
Sunday 1:30 p.m.–2 p.m.	5-17	October 16	December 4	Athletic Centre 25yd Pool	\$255
Sunday 2 p.m.–2:30 p.m.	5-17	October 16	December 4	Athletic Centre 25yd Pool	\$255
<b>Intro to Competitive Swim 8–11 years</b>					
Sunday 3 p.m.–3:45 p.m.	8-11	October 16	December 4	Athletic Centre Varsity Pool	\$116
<b>Intro to Competitive Swim 11–15 years</b>					
Sunday 3:45 p.m.–4:30 p.m.	11-15	October 16	December 4	Athletic Centre Varsity Pool	\$116
<b>Bronze Star &amp; Basic First Aid</b>					
Thursday 6:45 p.m.–8:15 p.m.	11-13	September 22	December 1	Athletic Centre Varsity Pool	\$237
<b>CERTIFICATIONS</b>					
<b>Bronze Medallion &amp; Emergency First Aid</b>					
Tuesday 6 p.m.–9 p.m.	13-17	September 20	November 29	Athletic Centre Varsity Pool	\$317
<b>Bronze Cross</b>					
Tuesday 6 p.m.–9 p.m.	13-17	September 20	November 29	Athletic Centre Varsity Pool	\$317
<b>Red Cross Babysitting</b>					
Friday 9 a.m.–5 p.m.	11-15	October 7	October 7	Athletic Centre Room 304	\$88
Friday 9 a.m.–5 p.m.	11-15	November 18	November 18	Athletic Centre Room 304	\$88



#### FALL 2022 PROGRAM EXCLUSION DATES

Classes will not run on the following dates:

October 8-10 (Thanksgiving Long Weekend)

November 7 - 13 (Reading Week) - except gymnastics

Due to special events at our pools Swimming classes are also cancelled on:  
October 14, October 28, November 27

#### \*NOTE: SWIM TRANSITION

Please note that Junior Blues Swimming lessons are transitioning from Canadian Red Cross to Lifesaving Society programs in the Fall 2022 term. Please refer to our website for the level descriptions and prerequisites:

<https://www.kpe.utoronto.ca/sport-and-fitness/swimming-year-round>

#### REGISTRATION

Registration can be busy, particularly when registration first opens. When you log-in, you may be placed into a virtual queue. You will be assigned a number representing your place in line and provided with an estimated wait-time. Once your user ID reaches the front of the queue you will be able to access the "campus rec" system to complete your registration(s).

Please ensure that you have created an account and added your dependents prior to the registration date. For instructions on account creation, visit [uoft.me/campusrec](https://uoft.me/campusrec)

If you require assistance registering due to a disability please contact us in advance at [junior.blues@utoronto.ca](mailto:junior.blues@utoronto.ca).

#### REFUND POLICY/WITHDRAWALS

Refunds are available for most Junior Blues programs and must be requested **WITHIN** two business days after the first class.

Refunds can be requested in person, by phone or by email at [sportandrec@utoronto.ca](mailto:sportandrec@utoronto.ca) by 11:59 p.m. Please remember to include your name, your child's name, and the program from which you are requesting to withdraw. Participants will be refunded the full amount less a cancellation fee of 10%.

Participants withdrawing for medical reasons will receive a full refund for the remainder of the program. A medical note is required. Notes must be received within two weeks of the date of illness.

#### INFORMED CONSENT

Remember, only the parent or guardian of the child can complete the informed consent and register them for programs.

#### TRANSFERS

Participants may transfer to another class or time any time before the second scheduled class. Transfers must be officially completed by main office staff and can only be completed if there is space in the program to which you wish to be transferred. Participants may transfer to any Junior Blues or Camp U of T program for which registration is open.

#### AGE GUIDELINES

Age guidelines for Junior Blues programs are based on a child's developmental stage, the facility in which the program is held and individual program goals. Your child's safety and enjoyment are important to us. We ask that all parents and guardians adhere to age guidelines.

#### CHILDREN UNDER 3 YEARS OLD

Programs for children under three are family programs and require an adult to attend and fully participate. One adult per child is required.

#### CHILDREN 3 & 4 YEARS OLD

All children participating in classes for three and four year-olds must be the minimum age specified in the class description by the first day of class.

#### CHILDREN 5+ YEARS OLD

All children participating in classes for those five and over must be the minimum age specified in the class description by the last day of class.

If you would like to enroll your older child in a program that is set for younger children, please contact [junior.blues@utoronto.ca](mailto:junior.blues@utoronto.ca).





**JUNIOR BLUES**

[juniorblues.ca](http://juniorblues.ca)