



# MoveU

## Team Lead



**POSITION TITLE:** MoveU Team Lead

**NUMBER OF OPPORTUNITIES:** 1

**DEPARTMENT:** Faculty of Kinesiology & Physical Education

**PAY RATE:** \$14.00/hour

**HOURS:** 10 -12 hours per week from August 2018 to February 2019

### **Overview of MoveU Crew:**

MoveU is a tri-campus initiative launched in 2012, which aims to promote physical activity as a wellness strategy. A central message of the campaign is making physical activity accessible, and that being active doesn't mean taking a break from your real work. Rather, being active is you at your most productive. Students are encouraged to engage in physical activity as a stress reliever, a brain booster, and a social opportunity to improve their quality of life. Many of the initiatives and events are centered on this idea.

Under the direction of the Assistant Manager, Physical Activity, the MoveU Crew Team Lead provides leadership to teams of volunteers focused on physical activity with a health promotion lens. The Team Lead coordinates the activities of the volunteer team including volunteer management, scheduling, program development and delivery, and reporting.

### **The MoveU Team Lead is responsible for:**

- Managing a team of 10-15 volunteers in the development and delivery of weekly health education activities including displays, walkabouts, workshops, campaigns, and events
- Scheduling and leading weekly team meetings
- Connecting with student clubs, student societies and residence life staff to identify opportunities to provide programming that meets the needs of students
- Maintaining accurate records of student interactions, workshop attendance, resources distributed, evaluation summaries, etc.
- Assisting in the coordination of health promotion events on campus
- Referring students to on- and off-campus services and resources
- Liaising with campus and community organizations in the development of health education activities

### **Qualifications:**

- Qualify for the Work Study Program
- Must be a University of Toronto St. George student enrolled for 2018/19 school year in good academic standing
- Successful completion of a minimum of 2 years of university study

- Interest in promoting student health and wellbeing
- Knowledge of campus and resources
- Excellent oral and written communication skills
- Strong time management and organizational skills
- Appreciation of diversity issues and respect for individual choices
- Previous experience on a peer-based health team an asset
- Knowledge of Microsoft Office and Google drive

Co-curricular Record Competencies developed:

- Health Promotion
- Goal-setting and prioritization
- Project management
- Leadership
- Professionalism
- Reflective Thinking

**Incumbents MUST be available for mandatory training late August 2018.**

**Please apply with resume, cover letter, and CCR by April 8 2018 to:**

Eleni Vlahiotis

Coordinator, Equity Movement and MoveU

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