



# MoveU

## Residence Engagement Assistant



**POSITION TITLE:** MoveU Residence Engagement Assistant

**NUMBER OF OPPORTUNITIES:** 1

**DEPARTMENT:** Faculty of Kinesiology & Physical Education

**PAY RATE:** \$14.00/hour

**HOURS:** 5-10 hours per week from May-August 2018

### Overview of MoveU:

MoveU is a tri-campus initiative launched in 2012, which aims to promote physical activity as a wellness strategy. A central message of the campaign is making physical activity accessible, and that being active doesn't mean taking a break from your real work. Rather, being active is you at your most productive. Students are encouraged to engage in physical activity as a stress reliever, a brain booster, and a social opportunity to improve their quality of life. Many of the initiatives and events are centered on this idea.

Under the direction of the Assistant Manager, Physical Activity the MoveU Residence Engagement Assistant will be responsible for:

- Initiating and responding to correspondence with faculty, staff, and students on the St. George Campus to develop new residence based MoveU program
- Develop facility list for all equipment available at each residence
- Develop MoveU residence programming – nutrition and physical activity
- Develop a MoveU placement toolkit; including the development of training information, resources and messaging for placement students
- Attend MoveU bi-weekly meetings (schedule permitting)

### Qualifications:

- Must be a University of Toronto St. George student enrolled for 2018 spring/summer session in good academic standing
- Qualify for the Work Study Program
- Previous peer leadership or volunteer management
- Interest in promoting student health and wellbeing
- Excellent oral and written communication skills
- Strong communication and interpersonal skills
- Self-motivated with ability to take creative initiative
- Strong organizational and promotions skills
- Proficient computer skills (i.e. Word, Access, Excel, internet)
- Ability to define instructional goals and outcomes

**Co-curricular Record Competencies developed:**

- Health Promotion
- Communication (written and oral)
- Goal - setting and prioritization
- Project management
- Leadership
- Professionalism
- Reflective Thinking

**Please apply with resume, cover letter, and portfolio by April 8 2018 to:**

Kate Moore

Assistant Manager, Physical Activity

Faculty of Kinesiology and Physical Education | University of Toronto

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