



# JUNIOR BLUES



Learn new *Skills!*

From gymnastics to swimming and everything in between,  
get active with the U of T Junior Blues.

**Registration opens August 26, 2026 at 7 A.M.**

Explore our programs at [juniorblues.ca](https://juniorblues.ca)





# LEARN, PLAY AND GROW WITH JUNIOR BLUES!

U of T Sport and Rec's Junior Blues program offers a range of activities for children ages six months to 17 years. With a variety of classes on land, in water and on ice, Junior Blues gives children and youth the physical literacy skills they need to be active and healthy for life.

Conveniently located on the University's downtown campus, our Junior Blues enjoy access to world-class facilities including the Varsity Centre, Athletic Centre and Back Campus fields.

In the pages that follow, you will find the full schedule of Junior Blues programs being offered for the 2026 Fall session.

We are looking forward to another terrific year and hope to see you here!

Learn more about our programs and facilities at [juniorblues.ca](https://juniorblues.ca)

# FALL 2026 PROGRAMS

Please check our website for the latest program details: [juniorblues.ca](http://juniorblues.ca)

Registration opens August 26, 2026 at 7 A.M.

| OFFERING                                | AGE               | START DATE | END DATE | LOCATION/FACILITY                     | COURSE FEE |
|-----------------------------------------|-------------------|------------|----------|---------------------------------------|------------|
| <b>GYMNASTICS</b>                       |                   |            |          |                                       |            |
| <b>Gymnastics - Caregiver and Tot</b>   |                   |            |          |                                       |            |
| Wednesdays 9:30 a.m. - 10:20 a.m.       | 18 mo. - 3.5 yrs. | 23 Sept.   | 2 Dec.   | Athletic Centre Lower Gym             | \$260      |
| Wednesdays 10:30 a.m. - 11:20 a.m.      | 18 mo - 3.5 yrs.  | 23 Sept.   | 2 Dec.   | Athletic Centre Lower Gym             | \$260      |
| <b>Gymnastics - Preschool 4-5 years</b> |                   |            |          |                                       |            |
| Saturdays 9:10 a.m. - 10:00 a.m.        | 4-5               | 19 Sept.   | 5 Dec.   | Athletic Centre Lower Gym             | \$295      |
| Saturdays 10:10 a.m. - 11:00 a.m.       | 4-5               | 19 Sept.   | 5 Dec.   | Athletic Centre Lower Gym             | \$295      |
| Saturdays 11:10 a.m. - 12:00 p.m.       | 4-5               | 19 Sept.   | 5 Dec.   | Athletic Centre Lower Gym             | \$295      |
| Saturdays 12:10 p.m. - 1:00 p.m.        | 4-5               | 19 Sept.   | 5 Dec.   | Athletic Centre Lower Gym             | \$295      |
| Sundays 9:10 a.m. - 10:00 a.m.          | 4-5               | 20 Sept.   | 6 Dec.   | Athletic Centre Lower Gym             | \$295      |
| Sundays 10:10 a.m. - 11:00 a.m.         | 4-5               | 20 Sept.   | 6 Dec.   | Athletic Centre Lower Gym             | \$295      |
| Sundays 11:10 a.m. - 12:00 p.m.         | 4-5               | 20 Sept.   | 6 Dec.   | Athletic Centre Lower Gym             | \$295      |
| Sundays 12:10 p.m. - 1:00 p.m.          | 4-5               | 20 Sept.   | 6 Dec.   | Athletic Centre Lower Gym             | \$295      |
| <b>Gymnastics - Girls - 6-12 years</b>  |                   |            |          |                                       |            |
| Saturdays 9:10 a.m. - 10:40 a.m.        | 6-12              | 19 Sept.   | 5 Dec.   | Athletic Centre Lower Gym             | \$435      |
| Saturdays 10:45 a.m. - 12:15 p.m.       | 6-12              | 19 Sept.   | 5 Dec.   | Athletic Centre Lower Gym             | \$435      |
| Saturdays 12:30 p.m. - 2:00 p.m.        | 6-12              | 19 Sept.   | 5 Dec.   | Athletic Centre Lower Gym             | \$435      |
| Sundays 9:10 a.m. - 10:40 a.m.          | 6-12              | 20 Sept.   | 6 Dec.   | Athletic Centre Lower Gym             | \$435      |
| Sundays 10:45 a.m. - 12:15 p.m.         | 6-12              | 20 Sept.   | 6 Dec.   | Athletic Centre Lower Gym             | \$435      |
| Sundays 12:30 p.m. - 2:00 p.m.          | 6-12              | 20 Sept.   | 6 Dec.   | Athletic Centre Lower Gym             | \$435      |
| <b>Gymnastics - Boys - 6-8 years</b>    |                   |            |          |                                       |            |
| Saturdays 12:30 p.m. - 2:00 p.m.        | 6-8               | 19 Sept.   | 5 Dec.   | Athletic Centre Lower Gym             | \$435      |
| <b>Gymnastics - Boys - 7-10 years</b>   |                   |            |          |                                       |            |
| Sundays 12:30 p.m. - 2:00 p.m.          | 9-12              | 20 Sept.   | 6 Dec.   | Athletic Centre Lower Gym             | \$435      |
| <b>SPORT</b>                            |                   |            |          |                                       |            |
| <b>Badminton 9-12 yr</b>                |                   |            |          |                                       |            |
| Sunday 9:10 a.m.-10:30 a.m.             | 9-12              | 20 Sept.   | 29 Nov.  | Athletic Centre Sports Gym            | \$299      |
| Sunday 10:40 a.m.-12:00 p.m.            | 9-12              | 20 Sept.   | 29 Nov.  | Athletic Centre Sports Gym            | \$299      |
| Sunday 12:10 p.m.-1:30 p.m.             | 9-12              | 20 Sept.   | 29 Nov.  | Athletic Centre Sports Gym            | \$299      |
| <b>Soccer 6-7 yr</b>                    |                   |            |          |                                       |            |
| Sunday 9:10 a.m.-10:30 a.m.             | 6-7               | 20 Sept.   | 29 Nov.  | Athletic Centre Field House Court 2&3 | \$299      |
| Sunday 10:40 a.m.-12:00 p.m.            | 6-7               | 20 Sept.   | 29 Nov.  | Athletic Centre Field House Court 2&3 | \$299      |
| <b>Soccer 8-9 yr</b>                    |                   |            |          |                                       |            |
| Sunday 9:10 a.m.-10:30 a.m.             | 8-9               | 20 Sept.   | 29 Nov.  | Athletic Centre Field House Court 2&3 | \$299      |
| <b>Soccer 10-12 yr</b>                  |                   |            |          |                                       |            |
| Sunday 10:40 a.m.-12:00 p.m.            | 10-12             | 20 Sept.   | 29 Nov.  | Athletic Centre Field House Court 2&3 | \$299      |
| <b>MiniSport- 4-5 yr</b>                |                   |            |          |                                       |            |
| Sunday 9:10 a.m.-10:00 a.m.             | 4-5               | 20 Sept.   | 29 Nov.  | Athletic Centre Dance Studio          | \$222      |
| <b>MultiSport 6-8 yr</b>                |                   |            |          |                                       |            |
| Sunday 10:10 a.m.-11:30 a.m.            | 6-8               | 20 Sept.   | 29 Nov.  | Athletic Centre Dance Studio          | \$299      |



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| OFFERING                                   | AGE     | START DATE    | END DATE     | LOCATION/FACILITY                           | COURSE FEE |
|--------------------------------------------|---------|---------------|--------------|---------------------------------------------|------------|
| <b>SPORT (continued)</b>                   |         |               |              |                                             |            |
| <b>Tracktivites 7–12 yr</b>                |         |               |              |                                             |            |
| Saturday 9:10 a.m.–10:30 a.m.              | 7-12    | 19 Sept.      | 28 Nov.      | Athletic Centre Field House/Athletic Centre | \$299      |
| Saturday 10:40 a.m.–12:00 p.m.             | 7-12    | 19 Sept.      | 28 Nov.      | Athletic Centre Field House/Athletic Centre | \$299      |
| <b>Track &amp; Field—Intro to Training</b> |         |               |              |                                             |            |
| Wednesday and Friday 5:00 p.m.–6:30 p.m.   | 9-12    | 23 & 25 Sept. | 25 & 27 Nov. | Athletic Centre Field House Court 1         | \$425      |
| <b>Skating 4-7 yr</b>                      |         |               |              |                                             |            |
| Saturday 8:45 a.m.–9:30 a.m.               | 4-7     | 19 Sept.      | 28 Nov.      | Varsity Arena                               | \$255      |
| Saturday 9:30 a.m.–10:15 a.m.              | 4-7     | 19 Sept.      | 28 Nov.      | Varsity Arena                               | \$255      |
| Saturday 10:30 a.m.–11:15 a.m.             | 4-7     | 19 Sept.      | 28 Nov.      | Varsity Arena                               | \$255      |
| Saturday 11:15 a.m.–12:00 p.m.             | 4-7     | 19 Sept.      | 28 Nov.      | Varsity Arena                               | \$255      |
| Sunday 8:30 a.m.–9:15 a.m.                 | 4-7     | 20 Sept.      | 29 Nov.      | Varsity Arena                               | \$255      |
| Sunday 9:15 a.m.–10:00 a.m.                | 4-7     | 20 Sept.      | 29 Nov.      | Varsity Arena                               | \$255      |
| Sunday 10:00 a.m.–10:45 a.m.               | 4-7     | 20 Sept.      | 29 Nov.      | Varsity Arena                               | \$255      |
| Sunday 11:00 a.m.–11:45 a.m.               | 4-7     | 20 Sept.      | 29 Nov.      | Varsity Arena                               | \$255      |
| Sunday 11:45 a.m.–12:30 p.m.               | 4-7     | 20 Sept.      | 29 Nov.      | Varsity Arena                               | \$255      |
| Sunday 12:30 p.m.–1:15 p.m.                | 4-7     | 20 Sept.      | 29 Nov.      | Varsity Arena                               | \$255      |
| <b>Skating 8-12 yr</b>                     |         |               |              |                                             |            |
| Saturday 8:45 a.m.–9:30 a.m.               | 8-12    | 19 Sept.      | 28 Nov.      | Varsity Arena                               | \$255      |
| Saturday 9:30 a.m.–10:15 a.m.              | 8-12    | 19 Sept.      | 28 Nov.      | Varsity Arena                               | \$255      |
| Saturday 10:30 a.m.–11:15 a.m.             | 8-12    | 19 Sept.      | 28 Nov.      | Varsity Arena                               | \$255      |
| Saturday 11:15 a.m.–12:00 p.m.             | 8-12    | 19 Sept.      | 28 Nov.      | Varsity Arena                               | \$255      |
| Sunday 8:30 a.m.–9:15 a.m.                 | 8-12    | 20 Sept.      | 29 Nov.      | Varsity Arena                               | \$255      |
| Sunday 9:15 a.m.–10:00 a.m.                | 8-12    | 20 Sept.      | 29 Nov.      | Varsity Arena                               | \$255      |
| Sunday 10:00 a.m.–10:45 a.m.               | 8-12    | 20 Sept.      | 29 Nov.      | Varsity Arena                               | \$255      |
| Sunday 11:00 a.m.–11:45 a.m.               | 8-12    | 20 Sept.      | 29 Nov.      | Varsity Arena                               | \$255      |
| Sunday 11:45 a.m.–12:30 p.m.               | 8-12    | 20 Sept.      | 29 Nov.      | Varsity Arena                               | \$255      |
| Sunday 12:30 p.m.–1:15 p.m.                | 8-12    | 20 Sept.      | 29 Nov.      | Varsity Arena                               | \$255      |
| <b>SWIMMING AND AQUATICS</b>               |         |               |              |                                             |            |
| <b>Caregiver and Tot Swimming</b>          |         |               |              |                                             |            |
| Thursdays 4:00 p.m. - 4:30 p.m.            | 6mo-3yr | 24 Sept.      | 26 Nov.      | Athletic Centre Teach Pool                  | \$247      |
| Saturday 9:15 a.m. - 9:45 a.m. (Slot 1)    | 6mo-3yr | 26 Sept.      | 28 Nov.      | Athletic Centre 25yd Pool                   | \$219      |
| Saturday 9:15 a.m. - 9:45 a.m. (Slot 2)    | 6mo-3yr | 26 Sept.      | 28 Nov.      | Athletic Centre 25yd Pool                   | \$219      |
| <b>Adapted Preschool A/B</b>               |         |               |              |                                             |            |
| Sundays 12:15 p.m. - 12:45 p.m.            | 3-5     | 27 Sept.      | 29 Nov.      | Athletic Centre 25yd Pool                   | \$219      |
| <b>Adapted Swim for Life 1</b>             |         |               |              |                                             |            |
| Sundays 12:45 p.m. - 1:15 p.m.             | 5-12    | 27 Sept.      | 29 Nov.      | Athletic Centre 25yd Pool                   | \$219      |
| Sundays 1:15 p.m. - 1:45 p.m. (Slot 1)     | 5-12    | 27 Sept.      | 29 Nov.      | Athletic Centre 25yd Pool                   | \$219      |
| Sundays 1:15 p.m. - 1:45 p.m. (Slot 2)     | 5-12    | 27 Sept.      | 29 Nov.      | Athletic Centre 25yd Pool                   | \$219      |
| <b>Adapted Swim for Life 2</b>             |         |               |              |                                             |            |
| Sundays 12:15 p.m. - 12:45 p.m.            | 5-12    | 27 Sept.      | 29 Nov.      | Athletic Centre 25yd Pool                   | \$219      |
| Sundays 1:45 p.m. - 2:15 p.m.              | 5-12    | 27 Sept.      | 29 Nov.      | Athletic Centre 25yd Pool                   | \$219      |

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| OFFERING                                                | AGE   | START DATE | END DATE | LOCATION/FACILITY                           | COURSE FEE |
|---------------------------------------------------------|-------|------------|----------|---------------------------------------------|------------|
| <b>SWIMMING AND AQUATICS (continued)</b>                |       |            |          |                                             |            |
| <b>Adapted Swim for Life 3/4</b>                        |       |            |          |                                             |            |
| Sundays 1:45 p.m. - 2:15 p.m.                           | 5-12  | 27 Sept.   | 29 Nov.  | Athletic Centre 25yd Pool                   | \$219      |
| <b>Adapted Intermediate (Swim for Life levels 5- 7)</b> |       |            |          |                                             |            |
| Sundays 2:15 p.m. - 2:45 p.m.                           | 5-12  | 27 Sept.   | 29 Nov.  | Athletic Centre 25yd Pool                   | \$219      |
| <b>Adapted Youth (Any Level)</b>                        |       |            |          |                                             |            |
| Sundays 12:45 p.m. - 1:15 p.m.                          | 12-17 | 27 Sept.   | 29 Nov.  | Athletic Centre 25yd Pool                   | \$219      |
| Sundays 2:15 p.m. - 2:45 p.m.                           | 12-17 | 27 Sept.   | 29 Nov.  | Athletic Centre 25yd Pool                   | \$219      |
| <b>Preschool A</b>                                      |       |            |          |                                             |            |
| Thursdays 4:00 p.m. - 4:30 p.m.                         | 3-5   | 24 Sept.   | 26 Nov.  | Athletic Centre Teach Pool                  | \$247      |
| Thursdays 4:30 p.m. - 5:00 p.m.                         | 3-5   | 24 Sept.   | 26 Nov.  | Athletic Centre Teach Pool                  | \$247      |
| Thursdays 5:00 p.m. - 5:30 p.m.                         | 3-5   | 24 Sept.   | 26 Nov.  | Athletic Centre Teach Pool                  | \$247      |
| Fridays 4:00 p.m. - 4:30 p.m.                           | 3-5   | 25 Sept.   | 27 Nov.  | Athletic Centre 25yd Pool                   | \$247      |
| Saturdays 9:45 a.m. - 10:15 a.m.                        |       | 26 Sept.   | 28 Nov.  | Athletic Centre 25yd Pool                   | \$219      |
| <b>Preschool A/B</b>                                    |       |            |          |                                             |            |
| Wednesdays 4:00 p.m. - 4:30 p.m.                        | 3-5   | 23 Sept.   | 25 Nov.  | Athletic Centre 25yd Pool                   | \$247      |
| <b>Preschool B</b>                                      |       |            |          |                                             |            |
| Thursdays 4:30 p.m. - 5:00 p.m.                         | 3-5   | 24 Sept.   | 26 Nov.  | Athletic Centre Teach Pool                  | \$247      |
| Thursdays 5:00 p.m. - 5:30 p.m.                         | 3-5   | 24 Sept.   | 26 Nov.  | Athletic Centre Teach Pool                  | \$247      |
| Saturdays 9:45 a.m. - 10:15 a.m.                        | 3-5   | 26 Sept.   | 28 Nov.  | Athletic Centre 25yd Pool                   | \$219      |
| <b>Preschool C</b>                                      |       |            |          |                                             |            |
| Mondays 4:30 p.m. - 5:00 p.m.                           | 3-5   | 21 Sept.   | 30 Nov.  | Athletic Centre 25yd Pool                   | \$247      |
| Thursday 5:30 p.m. - 6:00 p.m.                          | 3-5   | 24 Sept.   | 26 Nov.  | Athletic Centre Teach Pool                  | \$247      |
| <b>Preschool D</b>                                      |       |            |          |                                             |            |
| Thursday 5:30 p.m. - 6:00 p.m.                          | 3-5   | 24 Sept.   | 26 Nov.  | Athletic Centre Teach Pool                  | \$247      |
| <b>Preschool C/D</b>                                    |       |            |          |                                             |            |
| Saturday 10:15 a.m. - 10:45 a.m.                        | 3-5   | 26 Sept.   | 28 Nov.  | Athletic Centre 25yd Pool                   | \$219      |
| <b>Preschool E</b>                                      |       |            |          |                                             |            |
| Fridays 4:00 p.m. - 4:30 p.m.                           | 3-5   | 25 Sept.   | 27 Nov.  | Athletic Centre 25yd Pool                   | \$247      |
| <b>Swim for Life 1</b>                                  |       |            |          |                                             |            |
| Mondays 4:00 p.m. - 4:30 p.m.                           | 5-12  | 21 Sept.   | 30 Nov.  | Athletic Centre 25yd Pool                   | \$247      |
| Mondays 6:00 p.m. - 6:30 p.m.                           | 5-12  | 21 Sept.   | 30 Nov.  | Athletic Centre 25yd Pool                   | \$247      |
| Wednesdays 4:30 p.m. - 5:00 p.m.                        | 5-12  | 23 Sept.   | 25 Nov.  | Athletic Centre 25yd Pool                   | \$247      |
| Wednesdays 5:00 p.m. - 5:30 p.m.                        | 5-12  | 23 Sept.   | 25 Nov.  | Athletic Centre 25yd Pool                   | \$247      |
| Thursdays 6:15 p.m. - 6:45 p.m.                         | 5-12  | 24 Sept.   | 26 Nov.  | Athletic Centre Teach Pool/50m              | \$247      |
| Fridays 4:30 p.m. - 5:00 p.m.                           | 5-12  | 25 Sept.   | 27 Nov.  | Athletic Centre 25yd Pool                   | \$247      |
| Saturday 10:15 a.m. - 10:45 a.m.                        | 5-12  | 26 Sept.   | 28 Nov.  | Athletic Centre 25yd Pool                   | \$219      |
| <b>Swim for Life 2</b>                                  |       |            |          |                                             |            |
| Mondays 4:00 p.m. - 4:30 p.m.                           | 5-12  | 21 Sept.   | 30 Nov.  | Athletic Centre 25yd Pool                   | \$247      |
| Mondays 5:30 p.m. - 6:00 p.m.                           | 5-12  | 21 Sept.   | 30 Nov.  | Athletic Centre 25yd Pool                   | \$247      |
| Wednesdays 4:30 p.m. - 5:00 p.m.                        | 5-12  | 23 Sept.   | 25 Nov.  | Athletic Centre 25yd Pool                   | \$247      |
| Thursdays 6:15 p.m. - 6:45 p.m.                         | 5-12  | 24 Sept.   | 26 Nov.  | Athletic Centre Teach Pool/50m Varsity Pool | \$247      |
| Fridays 4:30 p.m. - 5:00 p.m.                           | 5-12  | 25 Sept.   | 27 Nov.  | Athletic Centre 25yd Pool                   | \$247      |

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| OFFERING                                  | AGE  | START DATE | END DATE | LOCATION/FACILITY                | COURSE FEE |
|-------------------------------------------|------|------------|----------|----------------------------------|------------|
| <b>SWIMMING AND AQUATICS (continued)</b>  |      |            |          |                                  |            |
| <b>Swim for Life 2 (Continued)</b>        |      |            |          |                                  |            |
| Saturdays 11:30 a.m. - 12:00 p.m.         | 5-12 | 26 Sept.   | 28 Nov.  | Athletic Centre 25yd Pool        | \$219      |
| <b>Swim for Life 3</b>                    |      |            |          |                                  |            |
| Mondays 4:30 p.m. - 5:00 p.m.             | 5-12 | 21 Sept.   | 30 Nov.  | Athletic Centre 25yd Pool        | \$247      |
| Mondays 5:00 p.m. - 5:30 p.m.             | 5-12 | 21 Sept.   | 30 Nov.  | Athletic Centre 25yd Pool        | \$247      |
| Wednesday 5:30 p.m. - 6:00 p.m.           | 5-12 | 23 Sept.   | 25 Nov.  | Athletic Centre 25yd Pool        | \$247      |
| Saturdays 11:30 a.m. - 12:00 p.m.         | 5-12 | 26 Sept.   | 28 Nov.  | Athletic Centre 25yd Pool        | \$219      |
| Sundays 4:30 p.m. - 5:00 p.m.             | 5-12 | 27 Sept.   | 29 Nov.  | Athletic Centre 25yd Pool        | \$219      |
| <b>Swim for Life 3/4</b>                  |      |            |          |                                  |            |
| Wednesdays 4:00 p.m. - 4:30 p.m.          | 5-12 | 23 Sept.   | 25 Nov.  | Athletic Centre 25yd Pool        | \$247      |
| <b>Swim for Life 4</b>                    |      |            |          |                                  |            |
| Mondays 4:30 p.m. - 5:00 p.m.             | 5-12 | 21 Sept.   | 30 Nov.  | Athletic Centre 25yd Pool        | \$247      |
| Wednesdays 4:30 p.m. - 5:00 p.m.          | 5-12 | 23 Sept.   | 25 Nov.  | Athletic Centre 25yd Pool        | \$247      |
| Sundays 4:30 p.m. - 5:00 p.m.             | 5-12 | 27 Sept.   | 29 Nov.  | Athletic Centre 25yd Pool        | \$219      |
| <b>Swim for Life 5</b>                    |      |            |          |                                  |            |
| Mondays 5:00 p.m. - 5:45 p.m.             | 5-14 | 21 Sept.   | 30 Nov.  | Athletic Centre 25yd Pool        | \$255      |
| Wednesdays 5:45 p.m. - 6:30 p.m.          | 5-14 | 23 Sept.   | 25 Nov.  | Athletic Centre 25yd Pool        | \$255      |
| Thursdays 6:45 p.m. - 7:30 p.m.           | 5-14 | 24 Sept.   | 26 Nov.  | Athletic Centre 50m Varsity Pool | \$255      |
| Saturdays 10:45 a.m. - 11:30 a.m.         | 5-14 | 26 Sept.   | 28 Nov.  | Athletic Centre 25yd Pool        | \$226      |
| Sundays 3:45 p.m. - 4:30 p.m.             | 5-14 | 27 Sept.   | 29 Nov.  | Athletic Centre 25yd Pool        | \$226      |
| <b>Swim for Life 6</b>                    |      |            |          |                                  |            |
| Mondays 5:00 p.m. - 5:45 p.m.             | 5-14 | 21 Sept.   | 30 Nov.  | Athletic Centre 25yd Pool        | \$255      |
| Wednesdays 5:45 p.m. - 6:30 p.m.          | 5-14 | 23 Sept.   | 25 Nov.  | Athletic Centre 25yd Pool        | \$255      |
| Thursdays 6:45 p.m. - 7:30 p.m.           | 5-14 | 24 Sept.   | 26 Nov.  | Athletic Centre 50m Varsity Pool | \$255      |
| Saturdays 10:45 a.m. - 11:30 a.m.         | 5-14 | 26 Sept.   | 28 Nov.  | Athletic Centre 25yd Pool        | \$226      |
| Sundays 3:45 p.m. - 4:30 p.m.             | 5-14 | 27 Sept.   | 29 Nov.  | Athletic Centre 25yd Pool        | \$226      |
| <b>Swim for Life 7</b>                    |      |            |          |                                  |            |
| Mondays 5:45 p.m. - 6:30 p.m.             | 7-14 | 21 Sept.   | 30 Nov.  | Athletic Centre 25yd Pool        | \$255      |
| Wednesday 5:00 p.m. - 5:45 p.m.           | 7-14 | 23 Sept.   | 25 Nov.  | Athletic Centre 25yd Pool        | \$255      |
| Sundays 3:00 p.m. - 3:45 p.m.             | 7-14 | 27 Sept.   | 29 Nov.  | Athletic Centre 25yd Pool        | \$226      |
| <b>Swim for Life 8</b>                    |      |            |          |                                  |            |
| Mondays 5:45 p.m. - 6:30 p.m.             | 7-14 | 21 Sept.   | 30 Nov.  | Athletic Centre 25yd Pool        | \$255      |
| Wednesday 5:00 p.m. - 5:45 p.m.           | 7-14 | 23 Sept.   | 25 Nov.  | Athletic Centre 25yd Pool        | \$255      |
| Sundays 3:00 p.m. - 3:45 p.m.             | 7-14 | 27 Sept.   | 29 Nov.  | Athletic Centre 25yd Pool        | \$226      |
| <b>Swim for Life 7/8</b>                  |      |            |          |                                  |            |
| Thursdays 7:30 p.m. - 8:15 p.m.           | 7-14 | 24 Sept.   | 26 Nov.  | Athletic Centre 50m Varsity Pool | \$255      |
| Saturdays 11:15 a.m. - 12:00 p.m.         | 7-14 | 26 Sept.   | 28 Nov.  | Athletic Centre 25yd Pool        | \$226      |
| <b>Swim for Life 9 (Rookie)</b>           |      |            |          |                                  |            |
| Saturdays 9:45 a.m. - 10:30 a.m.          | 8-14 | 26 Sept.   | 28 Nov.  | Athletic Centre 25yd Pool        | \$226      |
| <b>Swim for Life 9/10 (Rookie/Ranger)</b> |      |            |          |                                  |            |
| Thursdays 7:30 p.m. - 8:15 p.m.           | 8-14 | 24 Sept.   | 26 Nov.  | Athletic Centre 50m Varsity Pool | \$255      |

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|---------------------------------------------------------|-------|------------|----------|----------------------------------|------------|
| <b>SWIMMING AND AQUATICS (continued)</b>                |       |            |          |                                  |            |
| <b>Swim for Life 10 (Ranger)</b>                        |       |            |          |                                  |            |
| Saturdays 10:30 a.m. - 11:15 a.m.                       | 8-14  | 26 Sept.   | 28 Nov.  | Athletic Centre 25yd Pool        | \$226      |
| <b>Private Swim Lessons</b>                             |       |            |          |                                  |            |
| Mondays 4:00 p.m. - 4:30 p.m.                           | 5-17  | 21 Sept.   | 30 Nov.  | Athletic Centre 25yd Pool        | \$531      |
| Wednesdays 4:00 p.m. - 4:30 p.m.                        | 5-17  | 23 Sept.   | 25 Nov.  | Athletic Centre 25yd Pool        | \$531      |
| Wednesdays 6:00 p.m. - 6:30 p.m.                        | 5-17  | 23 Sept.   | 25 Nov.  | Athletic Centre 25yd Pool        | \$531      |
| Fridays 4:00 p.m. - 4:30 p.m.                           | 5-17  | 25 Sept.   | 27 Nov.  | Athletic Centre 25yd Pool        | \$531      |
| Fridays 5:00 p.m. - 5:30 p.m. (Slot 1)                  | 5-17  | 25 Sept.   | 27 Nov.  | Athletic Centre 25yd Pool        | \$531      |
| Fridays 5:00 p.m. - 5:30 p.m. (Slot 2)                  | 5-17  | 25 Sept.   | 27 Nov.  | Athletic Centre 25yd Pool        | \$531      |
| Fridays 5:30 p.m. - 6:00 p.m. (Slot 1)                  | 5-17  | 25 Sept.   | 27 Nov.  | Athletic Centre 25yd Pool        | \$531      |
| Fridays 5:30 p.m. - 6:00 p.m. (Slot 2)                  | 5-17  | 25 Sept.   | 27 Nov.  | Athletic Centre 25yd Pool        | \$531      |
| Fridays 6:00 p.m. - 6:30 p.m. (Slot 1)                  | 5-17  | 25 Sept.   | 27 Nov.  | Athletic Centre 25yd Pool        | \$531      |
| Fridays 6:00 p.m. - 6:30 p.m. (Slot 2)                  | 5-17  | 25 Sept.   | 27 Nov.  | Athletic Centre 25yd Pool        | \$531      |
| Fridays 6:30 p.m. - 7:00 p.m. (Slot 1)                  | 5-17  | 25 Sept.   | 27 Nov.  | Athletic Centre 25yd Pool        | \$531      |
| Fridays 6:30 p.m. - 7:00 p.m. (Slot 2)                  | 5-17  | 25 Sept.   | 27 Nov.  | Athletic Centre 25yd Pool        | \$531      |
| Sunday 12:15 p.m. - 12:45 p.m.                          | 5-17  | 27 Sept.   | 29 Nov.  | Athletic Centre 25yd Pool        | \$472      |
| Sunday 12:45 p.m. - 1:15 p.m.                           | 5-17  | 27 Sept.   | 29 Nov.  | Athletic Centre 25yd Pool        | \$472      |
| Sunday 1:15 p.m. - 1:45 p.m.                            | 5-17  | 27 Sept.   | 29 Nov.  | Athletic Centre 25yd Pool        | \$472      |
| Sunday 1:45 p.m. - 2:15 p.m.                            | 5-17  | 27 Sept.   | 29 Nov.  | Athletic Centre 25yd Pool        | \$472      |
| Sunday 2:15 p.m. - 2:45 p.m.                            | 5-17  | 27 Sept.   | 29 Nov.  | Athletic Centre 25yd Pool        | \$472      |
| Sundays 3:30 p.m. - 4:00 p.m.                           | 5-17  | 27 Sept.   | 29 Nov.  | Athletic Centre 25yd Pool        | \$472      |
| Sundays 4:00 p.m. - 4:30 p.m.                           | 5-17  | 27 Sept.   | 29 Nov.  | Athletic Centre 25yd Pool        | \$472      |
| <b>Intro to Competitive Swim 8- 10 years</b>            |       |            |          |                                  |            |
| Thursdays 6:15 p.m. - 7:15 p.m.                         | 8-10  | 24 Sept.   | 26 Nov.  | Athletic Centre 50m Varsity Pool | \$301      |
| <b>Intro to Competitive Swim 11–15 years</b>            |       |            |          |                                  |            |
| Thursdays 7:15 p.m. - 8:15 p.m.                         | 11-15 | 24 Sept.   | 26 Nov.  | Athletic Centre 50m Varsity Pool | \$301      |
| <b>Intro to Competitive Swim 10–15 years</b>            |       |            |          |                                  |            |
| Sundays 3:00 p.m. - 4:00 p.m.                           | 10-15 | 27 Sept.   | 29 Nov.  | Athletic Centre 50m Varsity Pool | \$234      |
| <b>CERTIFICATION COURSES</b>                            |       |            |          |                                  |            |
| <b>Bronze Star</b>                                      |       |            |          |                                  |            |
| Tuesdays 7:00 p.m. - 8:30 p.m.                          | 11-14 | 22 Sept.   | 24 Nov.  | Athletic Centre 50m Varsity Pool | \$243      |
| <b>Bronze Medallion</b>                                 |       |            |          |                                  |            |
| Thursdays 6:15 p.m. - 8:15 p.m.                         | 13-17 | 24 Sept.   | 26 Nov.  | Athletic Centre 50m Varsity Pool | \$300      |
| <b>Basic First Aid with CPR-C &amp; AED</b>             |       |            |          |                                  |            |
| Friday November 20 - 9:15 a.m. - 5:15 p.m.              | 13-17 | 20 Nov.    | 20 Nov.  | Athletic Centre                  | \$105      |
| <b>Intermediate First Aid with CPR-C and AED</b>        |       |            |          |                                  |            |
| Saturday 9:15a.m. - 5:15p.m.                            | 15-17 | 28 Nov.    | 28 Nov.  | Athletic Centre                  | \$135      |
| <b>National Lifeguard - Pools</b>                       |       |            |          |                                  |            |
| Fri 4:00 p.m. - 9:00 a.m.; Sat-Sun 9:00 a.m - 5:00 p.m. | 15-17 | 4 Dec.     | Dec. 13  | Athletic Centre Pools            | \$372      |





#### FALL 2026 PROGRAM EXCLUSION DATES

November 22 – Intro to Competitive Swim only (Event)  
October 10-12 (Thanksgiving Long Weekend) – All programs  
October 26 - November 1 (Reading Week) – except gymnastics

#### SWIM LEVEL DESCRIPTIONS

Please refer to our website for more details, level descriptions and prerequisites:  
<https://www.kpe.utoronto.ca/sport-and-fitness/swimming-year-round>

#### REGISTRATION

Registration can be busy, particularly when registration first opens. When you log-in, you may be placed into a virtual queue. You will be assigned a number representing your place in line and provided with an estimated wait-time. Once your user ID reaches the front of the queue you will be able to access the “campus rec” system to complete your registration(s).

Please ensure that you have created an account and added your dependents prior to the registration date. For instructions on account creation, visit [uoft.me/campusrec](https://uoft.me/campusrec)

If you require assistance registering due to a disability please contact us in advance at [junior.blues@utoronto.ca](mailto:junior.blues@utoronto.ca).

#### REFUND POLICY/WITHDRAWALS

Refunds are available for most Junior Blues programs and must be requested **WITHIN** two business days after the first class.

Refunds can be requested in person, by phone or by email at [sportandrec@utoronto.ca](mailto:sportandrec@utoronto.ca) by 11:59 p.m. Please remember to include your name, your child's name, and the program from which you are requesting to withdraw. Participants will be refunded the full amount less a cancellation fee of 10%.

Participants withdrawing for medical reasons will receive a full refund for the remainder of the program. A medical note is required. Notes must be received within two weeks of the date of illness.

#### INFORMED CONSENT

Remember, only the parent or guardian of the child can complete the informed consent and register them for programs.

#### TRANSFERS

Participants may transfer to another class or time any time before the second scheduled class. Transfers must be officially completed by main office staff and can only be completed if there is space in the program to which you wish to be transferred. Participants may transfer to any Junior Blues or Camp U of T program for which registration is open.

#### AGE GUIDELINES

Age guidelines for Junior Blues programs are based on a child's developmental stage, the facility in which the program is held and individual program goals. Your child's safety and enjoyment are important to us. We ask that all parents and caregivers adhere to age guidelines.

#### CHILDREN UNDER 3 YEARS OLD

Programs for children under three are family programs and require an adult to attend and fully participate. One adult per child is required.

#### CHILDREN 3 & 4 YEARS OLD

All children participating in classes for three and four year-olds must be the minimum age specified in the class description by the first day of class.

#### CHILDREN 5+ YEARS OLD

All children participating in classes for those five and over must be the minimum age specified in the class description by the last day of class.

**Exception: For aquatics programs, participants must meet the minimum age by the first day of class for all levels.**

If you would like to enroll your older child in a program that is set for younger children, please contact [junior.blues@utoronto.ca](mailto:junior.blues@utoronto.ca).



# Make Summer Fun with **Camp U of T!**



**CAMP U of T**

Learn more at **campuoft.ca**