



UNIVERSITY OF TORONTO
FACULTY OF KINESIOLOGY & PHYSICAL EDUCATION

Capstone Projects

2025-26 Capstone Programme



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UofT

Opening Remarks at 11 a.m.			
Presenter		Topic	Time
Exercise as Medicine			
1	Luceta Wut	Keeping the Momentum: A Virtual Support Approach to Long-Term Physical Activity in Cancer Survivorship	11:10 a.m.
2	Nallyssa Jones	BlackOvaSync: An Online Educational Platform Intervention for Black Women with PMOS	11:20 a.m.
3	Lu Shen	Empowering Women with POTS: A Virtual Exercise and Peer Support Initiative	11:30 a.m.
4	Matthew Prenevost	Making Every Session Count: Exercise Redesign at Yee Hong ADP	11:40 a.m.
High Performance and Sport			
5	Venujan Kulendrarajah	Development of an Evidence-Informed Heat Mitigation Strategy for Competitive Soccer Players in Hot Environmental Conditions	11:50 a.m.
6	Kaijian Hou	From Evidence to Clearance: A Knowledge Translation Pathway for Concussion Return-to-Sport in Snowboarders	12:00 p.m.
Occupational Health			
7	Tina Chen	Closing the Adherence Gap: A COM-B-Informed Strategy to Support Recovery Break and Task Variation Behaviours in Manufacturing Work	12:10 p.m.
8	Mitchell Eldridge	Crowning Concussion Champions: A Professional Development Workshop for Pre-Service Physical Education Teachers	12:20 p.m.
Closing Reception at 12:30 p.m. (SS 1085)			

GRADUATE DEPARTMENT OF KINESIOLOGY

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