

Drop-In Aquatics Schedule

Find Your Fit!



SPORT & REC



Winter Exam Schedule - April 5 to May 2, 2026

Monday	7:00 – 8:55am	Lane Swim	25yd Benson Pool
	10:40 - 11:55am	Women-only Swim	25yd Benson Pool
	12:10 – 2:55pm	Lane Swim	50m short
	12:10 – 2:55pm	Diving and Open Swim	50m short
	5:10 - 6:55pm	Lane Swim	50m short
	7:10 - 8:55pm	Lane Swim	50m short
Tuesday	7:00 – 8:55am	Lane Swim	25yd Benson Pool
	11:10 – 2:55pm	Lane Swim	50m long course
	4:10 – 5:55pm	Lane Swim	25yd Benson Pool
	6:10 – 7:25pm	Women-only Swim	25yd Benson Pool
	7:40 - 8:55pm	Lane Swim	25yd Benson Pool
Wednesday	7:00 – 8:55am	Lane Swim	25yd Benson Pool
	10:40 - 11:55am	Women-only Swim	25yd Benson Pool
	12:10 – 2:55pm	Lane Swim	50m short
	12:10 – 2:55pm	Diving and Open Swim	50m short
	5:10 - 6:55pm	Lane Swim	50m short
Thursday	7:00 – 8:55am	Lane Swim	25yd Benson Pool
	11:10 – 2:55pm	Lane Swim	50m long course
	4:10 – 5:20pm	Lane Swim	25yd Benson Pool
Registration Required	5:35 – 6:50pm	Trans Pool Hours	25yd Benson Pool
	7:10 - 8:55pm	Lane Swim	25yd Benson Pool
Friday	7:00 – 8:55am	Lane Swim	50m long course
	10:40 – 11:55am	Women-only Swim	25yd Benson Pool
	12:10 – 2:55pm	Lane Swim	50m short
	12:10 – 2:55pm	Diving and Open Swim	50m short
	5:10 - 6:55pm	Lane Swim	50m short
Saturday	12:10 – 4:55pm	Lane Swim	25yd Benson Pool
Sunday	10:40 - 11:55am	Women-only Swim	25yd Benson Pool
	12:10 – 2:55pm	Lane Swim	50m short
	12:10 – 2:55pm	Diving and Open Swim	50m short

UPCOMING SCHEDULE ADJUSTMENTS

Further dates below are cancelled or modified due to special bookings/closures at our facility.

Sunday, April 12th	12:10 – 2:55pm	Lane Swim	MOVED TO Benson Pool
Sunday, April 12th	12:10 – 2:55pm	Diving and Open Swim	CANCELLED
Thursday, April 23rd	11:10 – 2:55pm	Lane Swim	MOVED TO Benson Pool
Friday, April 24th	7:00 – 8:55am	Lane Swim	MOVED TO Benson Pool
Friday, April 24th	12:10 – 2:55pm	Lane Swim	MOVED TO Benson Pool
Friday, April 24th	12:10 – 2:55pm	Diving and Open Swim	CANCELLED
Friday, April 24th	5:10 – 6:55pm	Lane Swim	MOVED TO Benson Pool
Sunday, April 26th	12:10 – 2:55pm	Lane Swim	MOVED TO Benson Pool
Sunday, April 26th	12:10 – 2:55pm	Diving and Open Swim	CANCELLED

<p>Our most up to date facility notices and updates for any facility closures or service interruptions can be found at: https://kpe.utoronto.ca/facility-notices</p> 	<p>The latest information on aquatics programming can be found at: uoft.me/sportandrec-aquatics</p> 
--	---

Updated: 3/9/2026

Visit our website for the latest information:

