



UNIVERSITY OF TORONTO

FACULTY OF KINESIOLOGY & PHYSICAL EDUCATION

Fitness & Performance SCC Facilitator	
<i>Are you looking for challenging, meaningful work in a supportive and diverse environment? Are you looking for a career at one of Canada's top employers? Work where the world comes to think, discover and learn. Consider a career at the University of Toronto.</i> <i>The University of Toronto is strongly committed to diversity within its community and especially welcomes applications from racialized persons / persons of colour, women, Indigenous / Aboriginal People of North America, persons with disabilities, LGBTQ persons, and others who may contribute to the further diversification of ideas.</i>	
Deadline:	Sunday, November 9th, 2025
Number of Positions:	30-40
Rate of Pay:	\$20.00
Position Start Date:	Returning Staff: Monday, January 12 th , 2026 New Staff: Monday, December 8 th , 2025 (Mandatory New Staff Training during the week of December 8 th)
Position End Date:	Sunday, May 3 rd , 2026
Number of Hours per week:	Up to 14 hours per week. Must be willing to work a consistent schedule of 2-3 shifts per week with a weekend shift rotation. Including early mornings, afternoons, and evenings.
Classification:	USW Casual
Summary:	The Fitness & Performance (F&P) department of U of T Sport & Rec within the Faculty of Kinesiology and Physical Education (FKPE), offers its members comprehensive and integrated physical activity and fitness training experiences at the Athletic Centre, Goldring Centre for High Performance Sport, and Varsity Centre at the St. George Campus. We believe 'moving well' means different things to different people, and we invest in ways to directly integrate Faculty research to offer coaching support for members' everyday thriving, recreational pursuits, and intercollegiate athletics. The F&P department offers diverse opportunities for members to practice moving with safety, joy, and competence via integration of research, practice, and experiential learning to meet the needs of a broad range of participants and movement goals. The Fitness & Performance team continues to develop and implement innovative programs and services that emphasize individual learning, enhance physical, and mental, social and community wellness, contribute to

	academic success, and create a foundation for healthy active living for members at the University and beyond. Reporting to an assigned Lead Coach, Fitness & Performance, the Fitness & Performance (F&P) Facilitators are entry-level customer service representatives and support the safety of F&P spaces. Facilitators will monitor the safe use of multiple physical activity and fitness spaces and equipment and uphold facility policies and procedures at the Athletic Centre and Goldring Centre for High Performance Sport. This involves having general knowledge of the equipment and activities being monitored and entry-level familiarity with gym spaces to ensure patron safety and enjoyment. Core responsibilities include: • Facilitate the health and safety of spaces and members (e.g., space cleanliness and tidiness, equipment usage, first aid emergency responding, injury/incident reporting); • Support with set up and tear down of various program offerings within our strength and conditioning centres, including recreational group fitness workouts, intercollegiate athletic training, personal and group training, and external group training; • Co-create welcoming F&P spaces by engaging and supporting customers; • Support Lead Facilitators in their responsibilities (e.g., daily cleaning, equipment inspections and maintenance reporting); • Accurately record participation data and other statistics/feedback as instructed; • Communicate across Sport & Rec teams (i.e., Facilities and Customer and Membership Services) to maintain F&P spaces; • Contribute to daily operational tasks and other F&P projects as assigned.
Qualifications:	Education: • Actively pursuing a degree at the University of Toronto. Education in Kinesiology or health related field is an asset. Full-time University of Toronto students will be given preference. Experience: • Working experience or strong interest in health, wellness, fitness, and physical education is required. • Customer service experience in a work or volunteer setting is preferred. Skills: • Excellent communication (oral and written) and listening skills is required. • Demonstrated application of critical thinking and problem-solving skills. • Demonstrated ability to work with a diverse group of people in a team and with various client populations. • Strong ability to multi-task and manage priorities. • Demonstrated commitment to ensuring equitable customer service experiences, working with people and communities marginalized from gym

	spaces, and promoting a respectful and welcoming learning and working environment. Certifications Required: • CPR-C; issued by Canadian Red Cross, Lifesaving Society, or St. John's Ambulance dated not more than one (1) year prior to your start date. • Standard First Aid; issued by Canadian Red Cross, Lifesaving Society, or St. John's Ambulance dated not more than three (3) years prior to your start date. Mandatory Staff Training: • New Staff Training the week of December 8th to 12th, 2025 • All Staff Training the week of January 12th to 16th, 2026
Method of Application	Resume and cover letter to be submitted via email to: fitness.performance@utoronto.ca If you are a returning staff member, please submit your resume only. Subject line should include title of position. In the cover letter, please answer the following questions (1-page max): 1. Please share your direct or related experience working in a gym/fitness space. 2. What does customer service look like to you? Give an example of how you would demonstrate this in a gym setting.
Contact Information:	Laura-Ellen de Vries, Lead Coach, Fitness & Performance fitness.performance@utoronto.ca
Date Posted:	Friday, October 24th, 2025
Diversity Statement	The University of Toronto embraces Diversity and is building a culture of belonging that increases our capacity to effectively address and serve the interests of our global community. We strongly encourage applications from Indigenous Peoples, Black and racialized persons, women, persons with disabilities, and people of diverse sexual and gender identities. We value applicants who have demonstrated a commitment to equity, diversity and inclusion and recognize that diverse perspectives, experiences, and expertise are essential to strengthening our academic mission.
Accessibility Statement	The University strives to be an equitable and inclusive community, and proactively seeks to increase diversity among its community members. Our values regarding equity and diversity are linked with our unwavering commitment to excellence in the pursuit of our academic mission. The University is committed to the principles of the Accessibility for Ontarians with Disabilities Act (AODA). As such, we strive to make our recruitment, assessment and selection processes as accessible as possible and provide accommodation as required for applicants with disabilities.

	If you require any accommodation at any point during the application and hiring process, please contact uoft.careers@utoronto.ca .
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