



JUNIOR BLUES



Learn new Skills!

From gymnastics to swimming and everything in between,
get active with the U of T Junior Blues.

Registration opens 7 a.m. August 27, 2025

Explore our programs at juniorblues.ca



LEARN, PLAY AND GROW WITH JUNIOR BLUES!

U of T Sport and Rec's Junior Blues program offers a range of activities for children ages six months to 17 years. With a variety of classes on land, in water and on ice, Junior Blues gives children and youth the physical literacy skills they need to be active and healthy for life.

Conveniently located on the University's downtown campus, our 'Junior Blues' enjoy access to world-class facilities including the Varsity Centre, Athletic Centre and Back Campus fields.

In the pages that follow, you will find the full schedule of Junior Blues programs being offered for the 2025 Fall session.

We are looking forward to another terrific year and hope to see you here!

Learn more about our programs and facilities at juniorblues.ca

Please check our website for the latest program details: juniorblues.ca.

OFFERING	AGE	START DATE	END DATE	LOCATION/FACILITY	COURSE FEE
GYMNASTICS					
Gymnastics Caregiver and Tot					
Tuesdays 9:30 a.m.–10:20 a.m.	18mo–3.5	September 23	December 2	Athletic Centre Lower Gym	\$235
Tuesdays 10:30 a.m.–11:20 a.m.	18mo–3.5	September 23	December 2	Athletic Centre Lower Gym	\$235
Gymnastics Preschool 4–5 yr					
Saturdays 9:10 a.m.–10 a.m.	4–5	September 20	December 6	Athletic Centre Lower Gym	\$291
Saturdays 10:10 a.m.–11 a.m.	4–5	September 20	December 6	Athletic Centre Lower Gym	\$291
Saturdays 11:10 a.m.–12 p.m.	4–5	September 20	December 6	Athletic Centre Lower Gym	\$291
Saturdays 12:10 p.m.–1 p.m.	4–5	September 20	December 6	Athletic Centre Lower Gym	\$291
Sundays 9:10 a.m.–10 a.m.	4–5	September 21	December 7	Athletic Centre Lower Gym	\$291
Sundays 10:10 a.m.–11 a.m.	4–5	September 21	December 7	Athletic Centre Lower Gym	\$291
Sundays 11:10 a.m.–12 p.m.	4–5	September 21	December 7	Athletic Centre Lower Gym	\$291
Sundays 12:10 p.m.–1 p.m.	4–5	September 21	December 7	Athletic Centre Lower Gym	\$291
Gymnastics Girls 6–12 yr					
Saturdays 9:10 a.m.–10:40 a.m.	6–12	September 20	December 6	Athletic Centre Lower Gym	\$429
Saturdays 10:45 a.m.–12:15 p.m.	6–12	September 20	December 6	Athletic Centre Lower Gym	\$429
Saturdays 12:30 p.m.–2 p.m.	6–12	September 20	December 6	Athletic Centre Lower Gym	\$429
Sundays 9:10 a.m.–10:40 a.m.	6–12	September 21	December 7	Athletic Centre Lower Gym	\$429
Sundays 10:45 a.m.–12:15 p.m.	6–12	September 21	December 7	Athletic Centre Lower Gym	\$429
Sundays 12:30 p.m.–2 p.m.	6–12	September 21	December 7	Athletic Centre Lower Gym	\$429
Gymnastics Boys 6–8 yr					
Saturdays 12:30 p.m.–2 p.m.	6–8	September 20	December 6	Athletic Centre Lower Gym	\$429
Gymnastics Boys 9–12 yr					
Sundays 12:30 p.m.–2 p.m.	9–12	September 21	December 7	Athletic Centre Lower Gym	\$429
SPORT					
Badminton 9–12 yr					
Sunday 9:10 a.m.–10:30 a.m.	9–12	September 21	November 30	Athletic Centre Sports Gym	\$290
Sunday 10:40 a.m.–12 p.m.	9–12	September 21	November 30	Athletic Centre Sports Gym	\$290
Basketball 6–7 yr					
Sunday 9:10 a.m.–10:30 a.m.	6–7	September 21	November 30	AC Field House Courts 2 & 3	\$290
Basketball 8–9 yr					
Sunday 9:10 a.m.–10:30 a.m.	8–9	September 21	November 30	AC Field House Courts 2 & 3	\$290
Sunday 10:40 a.m.–12 p.m.	8–9	September 21	November 30	AC Field House Courts 2 & 3	\$290
Basketball 10–12 yr					
Sunday 10:40 a.m.–12 p.m.	10–12	September 21	November 30	AC Field House Courts 2 & 3	\$290
MiniSport 4–5 yr					
Sunday 9:10 a.m.–10 a.m.	4–5	September 21	November 30	Athletic Centre Dance Studio	\$216
MultiSport 6–8 yr					
Sunday 10:10 a.m.–11:30 a.m.	6–8	September 21	November 30	Athletic Centre Dance Studio	\$290
Trackivites 7–12 yr					
Saturday 9:10 a.m.–10:30 a.m.	7–12	September 20	November 29	AC Field House/Athletic Centre	\$290
Saturday 10:40 a.m.–12 p.m.	7–12	September 20	November 29	AC Field House/Athletic Centre	\$290
Track & Field—Intro to Training					
Wednesday and Friday 4:30 p.m.–6 p.m.	9–12	September 24, 26	November 26, 28	AC Field House Court 1	\$413

SPORT (continued)					
Skating 4–7 yr					
Saturday 8:45 a.m.–9:30 a.m.	4–7	September 20	November 29	Varsity Arena	\$248
Saturday 9:30 a.m.–10:15 a.m.	4–7	September 20	November 29	Varsity Arena	\$248
Saturday 10:30 a.m.–11:15 a.m.	4–7	September 20	November 29	Varsity Arena	\$248
Saturday 11:15 a.m.–12 p.m.	4–7	September 20	November 29	Varsity Arena	\$248
Sunday 8:30 a.m.–9:15 a.m.	4–7	September 21	November 30	Varsity Arena	\$248
Sunday 9:15 a.m.–10 a.m.	4–7	September 21	November 30	Varsity Arena	\$248
Sunday 10 a.m.–10:45 a.m.	4–7	September 21	November 30	Varsity Arena	\$248
Sunday 11 a.m.–11:45 a.m.	4–7	September 21	November 30	Varsity Arena	\$248
Sunday 11:45 a.m.–12:30 p.m.	4–7	September 21	November 30	Varsity Arena	\$248
Sunday 12:30 p.m.–1:15 p.m.	4–7	September 21	November 30	Varsity Arena	\$248
Skating 8–12 yr					
Saturday 8:45 a.m.–9:30 a.m.	8–12	September 20	November 29	Varsity Arena	\$248
Saturday 9:30 a.m.–10:15 a.m.	8–12	September 20	November 29	Varsity Arena	\$248
Saturday 10:30 a.m.–11:15 a.m.	8–12	September 20	November 29	Varsity Arena	\$248
Saturday 11:15 a.m.–12 p.m.	8–12	September 20	November 29	Varsity Arena	\$248
Sunday 8:30 a.m.–9:15 a.m.	8–12	September 21	November 30	Varsity Arena	\$248
Sunday 9:15 a.m.–10 a.m.	8–12	September 21	November 30	Varsity Arena	\$248
Sunday 10 a.m.–10:45 a.m.	8–12	September 21	November 30	Varsity Arena	\$248
Sunday 11 a.m.–11:45 a.m.	8–12	September 21	November 30	Varsity Arena	\$248
Sunday 11:45 a.m.–12:30 p.m.	8–12	September 21	November 30	Varsity Arena	\$248
Sunday 12:30 p.m.–1:15 p.m.	8–12	September 21	November 30	Varsity Arena	\$248
SWIMMING & AQUATICS					
Caregiver and Tot Swimming					
Saturdays 9:15 a.m.–9:45 a.m. (Slot 1)	6mo–3yr	September 20	November 29	Athletic Centre 25yd Pool	\$210
Saturdays 9:15 a.m.–9:45 a.m. (Slot 2)	6mo–3yr	September 20	November 29	Athletic Centre 25yd Pool	\$210
Adapted Preschool A/B					
Sunday 12:15 p.m.–12:45 p.m.	3–5	September 21	November 30	Athletic Centre 25yd Pool	\$210
Adapted Swim for Life 1					
Sunday 12:45 p.m.–1:15 p.m.	5–12	September 21	November 30	Athletic Centre 25yd Pool	\$210
Sunday 1:15 p.m.–1:45 p.m. (Slot 1)	5–12	September 21	November 30	Athletic Centre 25yd Pool	\$210
Sunday 1:15 p.m.–1:45 p.m. (Slot 2)	5–12	September 21	November 30	Athletic Centre 25yd Pool	\$210
Adapted Swim for Life 2					
Sunday 12:15 p.m.–12:45 p.m.	5–12	September 21	November 30	Athletic Centre 25yd Pool	\$210
Sunday 1:45 p.m.–2:15 p.m.	5–12	September 21	November 30	Athletic Centre 25yd Pool	\$210
Adapted Swim for Life 3					
Sunday 1:45 p.m.–2:15 p.m.	5–12	September 21	November 30	Athletic Centre 25yd Pool	\$210
Adapted Swim for Life 4					
Sunday 12:45 p.m.–1:15 p.m.	5–12	September 21	November 30	Athletic Centre 25yd Pool	\$210
Adapted Intermediate (Swim for Life 5–7)					
Sunday 2:15 p.m.–2:45 p.m.	5–14	September 21	November 30	Athletic Centre 25yd Pool	\$210
Adapted Youth (Any Level)					
Sunday 2:15 p.m.–2:45 p.m.	12–17	September 21	November 30	Athletic Centre 25yd Pool	\$210
Preschool A					
Thursday 4:30 p.m.–5 p.m.	3–5	September 18	November 27	Athletic Centre Teach Pool	\$233

SWIMMING & AQUATICS (continued)					
Preschool A (continued)					
Thursday 5 p.m.–5:30 p.m.	3–5	September 18	November 27	Athletic Centre Teach Pool	\$233
Thursday 5:30 p.m.–6 p.m.	3–5	September 18	November 27	Athletic Centre Teach Pool	\$233
Friday 4 p.m.–4:30 p.m.	3–5	September 19	November 28	Athletic Centre 25yd Pool	\$233
Saturday 9:45 a.m.–10:15 a.m.	3–5	September 20	November 29	Athletic Centre 25yd Pool	\$210
Preschool B					
Thursday 4:30 p.m.–5 p.m.	3–5	September 18	November 27	Athletic Centre Teach Pool	\$233
Thursday 5 p.m.–5:30 p.m.	3–5	September 18	November 27	Athletic Centre Teach Pool	\$233
Saturday 9:45 a.m.–10:15 a.m.	3–5	September 20	November 29	Athletic Centre 25yd Pool	\$210
Preschool C					
Monday 4:30 p.m.–5 p.m.	3–5	September 15	November 24	Athletic Centre 25yd Pool	\$210
Thursday 5 p.m.–5:30 p.m.	3–5	September 18	November 27	Athletic Centre Teach Pool	\$233
Thursday 5:30 p.m.–6 p.m.	3–5	September 18	November 27	Athletic Centre Teach Pool	\$233
Preschool D					
Thursday 4:30 p.m.–5 p.m.	3–5	September 18	November 27	Athletic Centre Teach Pool	\$233
Thursday 5:30 p.m.–6 p.m.	3–5	September 18	November 27	Athletic Centre Teach Pool	\$233
Preschool C/D					
Saturday 10:15 a.m.–10:45 a.m.	3–5	September 20	November 29	Athletic Centre 25yd Pool	\$210
Preschool E					
Friday 4 p.m.–4:30 p.m.	3–5	September 19	November 28	Athletic Centre 25yd Pool	\$233
Swim for Life 1					
Monday 4 p.m.–4:30 p.m.	5–12	September 15	November 24	Athletic Centre 25yd Pool	\$210
Monday 6 p.m.–6:30 p.m.	5–12	September 15	November 24	Athletic Centre 25yd Pool	\$210
Wednesday 4:30 p.m.–5 p.m.	5–12	September 17	November 26	Athletic Centre 25yd Pool	\$233
Wednesday 5 p.m.–5:30 p.m.	5–12	September 17	November 26	Athletic Centre 25yd Pool	\$233
Thursday 6:15 p.m.–6:45 p.m.	5–12	September 18	November 27	Athletic Centre Teach Pool/Varsity Pool	\$233
Friday 4:30 p.m.–5 p.m.	5–12	September 19	November 28	Athletic Centre 25yd Pool	\$233
Saturday 10:15 a.m.–10:45 a.m.	5–12	September 20	November 29	Athletic Centre 25yd Pool	\$210
Swim for Life 2					
Monday 4 p.m.–4:30 p.m.	5–12	September 15	November 24	Athletic Centre 25yd Pool	\$210
Monday 5:30 p.m.–6 p.m.	5–12	September 15	November 24	Athletic Centre 25yd Pool	\$210
Wednesday 4:30 p.m.–5 p.m.	5–12	September 17	November 26	Athletic Centre 25yd Pool	\$233
Thursday 6:15 p.m.–6:45 p.m.	5–12	September 18	November 27	Athletic Centre Teach Pool/Varsity Pool	\$233
Friday 4:30 p.m.–5 p.m.	5–12	September 19	November 28	Athletic Centre 25yd Pool	\$233
Saturday 11:30 a.m.–12 p.m.	5–12	September 20	November 29	Athletic Centre 25yd Pool	\$210
Swim for Life 3					
Monday 4:30 p.m.–5 p.m.	5–12	September 15	November 24	Athletic Centre 25yd Pool	\$210
Monday 5 p.m.–5:30 p.m.	5–12	September 15	November 24	Athletic Centre 25yd Pool	\$210
Wednesday 4 p.m.–4:30 p.m.	5–12	September 17	November 26	Athletic Centre 25yd Pool	\$233
Wednesday 5:30 p.m.–6 p.m.	5–12	September 17	November 26	Athletic Centre 25yd Pool	\$233
Saturday 11:30 a.m.–12 p.m.	5–12	September 20	November 29	Athletic Centre 25yd Pool	\$210
Sunday 4:30 p.m.–5 p.m.	5–12	September 21	November 30	Athletic Centre 25yd Pool	\$210
SWIMMING & AQUATICS (continued)					
Swim for Life 4					
Monday 4:30 p.m.–5 p.m.	5–12	September 15	November 24	Athletic Centre 25yd Pool	\$210

Wednesday 4 p.m.–4:30 p.m.	5–12	September 17	November 26	Athletic Centre 25yd Pool	\$233
Wednesday 4:30 p.m.–5 p.m.	5–12	September 17	November 26	Athletic Centre 25yd Pool	\$233
Sunday 4:30 p.m.–5 p.m.	5–12	September 21	November 30	Athletic Centre 25yd Pool	\$210
Swim for Life 5					
Monday 5 p.m.–5:45 p.m.	5–14	September 15	November 24	Athletic Centre 25yd Pool	\$218
Wednesday 5:45 p.m.–6:30 p.m.	5–14	September 17	November 26	Athletic Centre 25yd Pool	\$242
Thursday 6:45 p.m.–7:30 p.m.	5–14	September 18	November 27	Athletic Centre Varsity Pool	\$242
Saturday 10:45 a.m.–11:30 a.m.	5–14	September 20	November 29	Athletic Centre 25yd Pool	\$218
Sunday 3:45 p.m.–4:30 p.m.	5–14	September 21	November 30	Athletic Centre 25yd Pool	\$218
Swim for Life 6					
Monday 5 p.m.–5:45 p.m.	5–14	September 15	November 24	Athletic Centre 25yd Pool	\$218
Wednesday 5:45 p.m.–6:30 p.m.	5–14	September 17	November 26	Athletic Centre 25yd Pool	\$242
Thursday 6:45 p.m.–7:30 p.m.	5–14	September 18	November 27	Athletic Centre Varsity Pool	\$242
Saturday 10:45 a.m.–11:30 a.m.	5–14	September 20	November 29	Athletic Centre 25yd Pool	\$218
Sunday 3:45 p.m.–4:30 p.m.	5–14	September 21	November 30	Athletic Centre 25yd Pool	\$218
Swim for Life 7					
Monday 5:45 p.m.–6:30 p.m.	7–14	September 15	November 24	Athletic Centre 25yd Pool	\$218
Wednesday 5 p.m.–5:45 p.m.	7–14	September 17	November 26	Athletic Centre 25yd Pool	\$242
Saturday 10:30 a.m.–11:15 a.m.	7–14	September 20	November 29	Athletic Centre 25yd Pool	\$218
Sunday 3 p.m.–3:45 p.m.	7–14	September 21	November 30	Athletic Centre 25yd Pool	\$218
Swim for Life 8					
Monday 5:45 p.m.–6:30 p.m.	7–14	September 15	November 24	Athletic Centre 25yd Pool	\$218
Wednesday 5 p.m.–5:45 p.m.	7–14	September 17	November 26	Athletic Centre 25yd Pool	\$242
Saturday 11:15 a.m.–12 p.m.	7–14	September 20	November 29	Athletic Centre 25yd Pool	\$218
Sunday 3 p.m.–3:45 p.m.	7–14	September 21	November 30	Athletic Centre 25yd Pool	\$218
Swim for Life 7/8					
Thursday 7:30 p.m.–8:15 p.m.	7–14	September 18	November 27	Athletic Centre Varsity Pool	\$242
Swim for Life 9/10 (Rookie/Ranger)					
Thursday 7:30 p.m.–8:15 p.m.	8–14	September 18	November 27	Athletic Centre Varsity Pool	\$242
Saturday 9:45 a.m.–10:30 a.m.	8–14	September 20	November 29	Athletic Centre 25yd Pool	\$218
Private Swim Lessons					
Monday 4 p.m.–4:30 p.m.	5–17	September 15	November 24	Athletic Centre 25yd Pool	\$501
Wednesday 4 p.m.–4:30 p.m.	5–17	September 17	November 26	Athletic Centre 25yd Pool	\$557
Wednesday 6 p.m.–6:30 p.m.	5–17	September 17	November 26	Athletic Centre 25yd Pool	\$557
Friday 4 p.m.–4:30 p.m.	5–17	September 19	November 28	Athletic Centre 25yd Pool	\$557
Friday 5 p.m.–5:30 p.m. (Slot 1)	5–17	September 19	November 28	Athletic Centre 25yd Pool	\$557
Friday 5 p.m.–5:30 p.m. (Slot 2)	5–17	September 19	November 28	Athletic Centre 25yd Pool	\$557
Friday 5:30 p.m.–6 p.m. (Slot 1)	5–17	September 19	November 28	Athletic Centre 25yd Pool	\$557
Friday 5:30 p.m.–6 p.m. (Slot 2)	5–17	September 19	November 28	Athletic Centre 25yd Pool	\$557
Friday 6 p.m.–6:30 p.m. (Slot 1)	5–17	September 19	November 28	Athletic Centre 25yd Pool	\$557
Friday 6 p.m.–6:30 p.m. (Slot 2)	5–17	September 19	November 28	Athletic Centre 25yd Pool	\$557
Friday 6:30 p.m.–7 p.m. (Slot 1)	5–17	September 19	November 28	Athletic Centre 25yd Pool	\$557
Friday 6:30 p.m.–7 p.m. (Slot 2)	5–17	September 19	November 28	Athletic Centre 25yd Pool	\$557
Sunday 12:15 p.m.–12:45 p.m.	5–17	September 21	November 30	Athletic Centre 25yd Pool	\$501
SWIMMING & AQUATICS (continued)					
Private Swim Lessons (continued)					
Sunday 12:45 p.m.–1:15 p.m.	5–17	September 21	November 30	Athletic Centre 25yd Pool	\$501

Sunday 1:15 p.m.–1:45 p.m.	5–17	September 21	November 30	Athletic Centre 25yd Pool	\$501
Sunday 1:45 p.m.–2:15 p.m.	5–17	September 21	November 30	Athletic Centre 25yd Pool	\$501
Sunday 2:15 p.m.–2:45 p.m.	5–17	September 21	November 30	Athletic Centre 25yd Pool	\$501
Intro to Competitive Swim 8–10 years					
Sunday 3 p.m.–3:55 p.m.	8–10	September 21	November 30	Athletic Centre Varsity Pool	\$240
Intro to Competitive Swim 11–15 years					
Sunday 4 p.m.–4:55 p.m.	11–15	September 21	November 30	Athletic Centre Varsity Pool	\$240
CERTIFICATIONS					
Bronze Star & Basic First Aid					
Tuesday 7 p.m.–8:30 p.m.	11–14	September 16	November 25	Athletic Centre Varsity Pool	\$309
Bronze Medallion & Emergency First Aid					
Thursday 6 p.m.–9 p.m.	13–17	September 18	November 27	Athletic Centre Varsity Pool	\$375
Bronze Cross					
Thursday 6 p.m.–9 p.m.	13–17	September 18	November 27	Athletic Centre Varsity Pool	\$375



JUNIOR BLUES

FALL 2025 JUNIOR BLUES PROGRAM EXCLUSION DATES

September 28 — Intro to Competitive Swim only
 October 11–13 (Thanksgiving Long Weekend)
 October 25–31 (Reading Week) — except gymnastics

SWIM LEVEL DESCRIPTIONS

Please refer to our website for more details, level descriptions and prerequisites:
<https://www.kpe.utoronto.ca/sport-and-fitness/swimming-year-round>

REGISTRATION

Registration can be busy, particularly when registration first opens. When you log in, you may be placed into a virtual queue. You will be assigned a number representing your place in line and provided with an estimated wait time. Once your user ID reaches the front of the queue you will be able to access the “campus rec” system to complete your registration(s).

Please ensure that you have created an account and added your dependents prior to the registration date. For instructions on account creation, visit uoft.me/campusrec

If you require assistance registering due to a disability please contact us in advance at junior.blues@utoronto.ca.

REFUND POLICY/WITHDRAWALS

Refunds are available for most Junior Blues programs and must be requested **WITHIN** two business days after the first class.

Refunds can be requested in person, by phone or by email at sportandrec@utoronto.ca by 11:59 p.m. Please remember to include your name, your child's name, and the program from which you are requesting to withdraw. Participants will be refunded the full amount less a cancellation fee of 10%.

Participants withdrawing for medical reasons will receive a full refund for the remainder of the program. A medical note is required. Notes must be received within two weeks of the date of illness.

INFORMED CONSENT

Remember, only the parent or guardian of the child can complete the informed consent and register them for programs.

TRANSFERS

Participants may transfer to another class or time any time before the second scheduled class. Transfers must be officially completed by main office staff and can only be completed if there is space in the program to which you wish to be transferred. Participants may transfer to any Junior Blues or Camp U of T program for which registration is open.

AGE GUIDELINES

Age guidelines for Junior Blues programs are based on a child's developmental stage, the facility in which the program is held and individual program goals. Your child's safety and enjoyment are important to us. We ask that all parents and caregivers adhere to age guidelines.

CHILDREN UNDER 3 YEARS OLD

Programs for children under three are family programs and require an adult to attend and fully participate. One adult per child is required.

CHILDREN 3 & 4 YEARS OLD

All children participating in classes for three- and four-year-olds must be the minimum age specified in the class description by the first day of class.

CHILDREN 5+ YEARS OLD

All children participating in classes for those five and over must be the minimum age specified in the class description by the last day of class.

Exception: For aquatics programs, participants must meet the minimum age by the first day of class for all levels.

If you would like to enroll your older child in a program that is set for younger children, please contact junior.blues@utoronto.ca.



JUNIOR BLUES

juniorblues.ca