

# Faculty of Kinesiology and Physical Education

## University of Toronto

### Undergraduate Academic Timetable 2025- 26

#### YEAR I COURSES – FALL TERM

| Course             | Section Code | Title                                         | Meeting Section | Time                  | Location           | CAT     | Instructor      |
|--------------------|--------------|-----------------------------------------------|-----------------|-----------------------|--------------------|---------|-----------------|
| *ANA124H1<br>INPER | F            | Kinesiology Human<br>Anatomy I: Organ Systems | L0101           | T 1 – 3<br>R 9 – 10   | OI G162<br>MY 150  | REQ - C | Laprade         |
|                    |              |                                               | P0101 ①         | F 9 – 11              | TBC                |         |                 |
|                    |              |                                               | P0102 ①         | F 9 – 11              | TBC                |         |                 |
|                    |              |                                               | P0103 ①         | F 9 – 11              | TBC                |         |                 |
|                    |              |                                               | P0104 ①         | F 9 – 11              | TBC                |         |                 |
|                    |              |                                               | P0105 ①         | F 11 – 1              | TBC                |         |                 |
|                    |              |                                               | P0106 ①         | F 11 – 1              | TBC                |         |                 |
|                    |              |                                               | P0107 ①         | F 11 – 1              | TBC                |         |                 |
|                    |              |                                               | P0108 ①         | F 11 – 1              | TBC                |         |                 |
|                    |              |                                               | P0109 ①         | F 1 – 3               | TBC                |         |                 |
|                    |              |                                               | P0110 ①         | F 1 – 3               | TBC                |         |                 |
|                    |              |                                               | P0111 ①         | F 1 – 3               | TBC                |         |                 |
|                    |              |                                               | P0112 ①         | F 1 – 3               | TBC                |         |                 |
|                    |              |                                               | P0113 ①         | M 2 – 4               | TBC                |         |                 |
|                    |              |                                               | P0114 ①         | M 2 – 4               | TBC                |         |                 |
|                    |              |                                               | P0115 ①         | M 2 – 4               | TBC                |         |                 |
|                    |              |                                               | P0116 ①         | M 2 – 4               | TBC                |         |                 |
| KPE160H1<br>INPER  | F            | Fundamentals of Human<br>Movement             | L0101           | T 4 – 5<br>R 1 – 3    | MS 2158<br>ES 1050 | REQ - C | Richards/Pathak |
| *KPE162H1<br>INPER | F            | Physical Activity and<br>Healthy Lifestyles   | L0101           | T 9 – 11<br>R 11 – 12 | OI G162<br>MS 2158 | REQ - B | Richards        |
|                    |              |                                               | T0101           | F 1 – 2               | UC 148             |         |                 |
|                    |              |                                               | T0102           | F 1 – 2               | OI 2198            |         |                 |
|                    |              |                                               | T0103           | F 1 – 2               | BF 214             |         |                 |
|                    |              |                                               | T0104           | F 1 – 2               | HS 614             |         |                 |
|                    |              |                                               | T0105           | F 12 – 1              | HS 614             |         |                 |
|                    |              |                                               | T0106           | F 12 – 1              | BF 214             |         |                 |
|                    |              |                                               | T0107           | F 12 – 1              | OI 2198            |         |                 |
|                    |              |                                               | T0108           | F 12 – 1              | UC 148             |         |                 |
|                    |              |                                               | T0109           | F 11 – 12             | AP 124             |         |                 |
|                    |              |                                               | T0110           | F 11 – 12             | HS 614             |         |                 |
|                    |              |                                               | T0111           | F 11 – 12             | SS 2114            |         |                 |
|                    |              |                                               | T0112           | F 11 – 12             | BF 214             |         |                 |
|                    |              |                                               | T0113           | F 10 – 11             | BF 315             |         |                 |
|                    |              |                                               | T0114           | F 10 – 11             | BF 214             |         |                 |
|                    |              |                                               | T0115           | F 10 – 11             | OI 2198            |         |                 |
|                    |              |                                               | T0116           | F 10 – 11             | UC 248             |         |                 |
|                    |              |                                               | T0117           | F 9 – 10              | BF 214             |         |                 |
|                    |              |                                               | T0118           | F 9 – 10              | UC 148             |         |                 |
|                    |              |                                               | T0119           | F 9 – 10              | FE 238             |         |                 |
|                    |              |                                               | T0120           | F 9 – 10              | OI 2198            |         |                 |

|                   |   |                                                           |       |                      |                      |         |         |
|-------------------|---|-----------------------------------------------------------|-------|----------------------|----------------------|---------|---------|
| KPE182H1<br>HYBR  | F | Introduction to Movement<br>Observation and<br>Evaluation | L0101 | M 10 – 1             | ONLINE<br>SYNC/ASYNC | REQ - B | Frost   |
|                   |   |                                                           | P0101 | W 12 – 2             | BN 210N              |         |         |
|                   |   |                                                           | P0102 | W 12 – 2             | BN 210S              |         |         |
|                   |   |                                                           | P0103 | W 12 – 2             | WS FH1               |         |         |
|                   |   |                                                           | P0104 | W 12 – 2             | WS FH2               |         |         |
|                   |   |                                                           | P0105 | W 12 – 2             | WS FH2               |         |         |
|                   |   |                                                           | P0106 | W 12 – 2             | WS FH3               |         |         |
|                   |   |                                                           | P0107 | W 2 – 4              | BN 210S              |         |         |
|                   |   |                                                           | P0108 | W 2 – 4              | BN 210N              |         |         |
|                   |   |                                                           | P0109 | W 2 – 4              | WS FH1               |         |         |
|                   |   |                                                           | P0110 | W 2 – 4              | WS FH2               |         |         |
|                   |   |                                                           | P0111 | W 2 – 4              | WS FH2               |         |         |
|                   |   |                                                           | P0112 | W 2 – 4              | WS FH3               |         |         |
| KPE190H1<br>INPER | F | Inquiry in Kinesiology and<br>Physical Education          | L0101 | W 10 – 11<br>R 3 – 5 | MY 150<br>ES 1050    | REQ - A | Darnell |
|                   |   |                                                           | T0101 | W 4 – 5              | SK 348               |         |         |
|                   |   |                                                           | T0102 | W 4 – 5              | OI 4418              |         |         |
|                   |   |                                                           | T0103 | W 4 – 5              | FE 326               |         |         |
|                   |   |                                                           | T0104 | W 4 – 5              | OI 5290              |         |         |
|                   |   |                                                           | T0105 | W 4 – 5              | SK 114               |         |         |
|                   |   |                                                           | T0106 | W 4 – 5              | OI 2205              |         |         |
|                   |   |                                                           | T0107 | W 4 – 5              | FE 33                |         |         |
|                   |   |                                                           | T0108 | W 5 – 6              | FE 326               |         |         |
|                   |   |                                                           | T0109 | W 5 – 6              | OI 3322              |         |         |
|                   |   |                                                           | T0110 | W 5 – 6              | FE 328               |         |         |
|                   |   |                                                           | T0111 | W 5 – 6              | SK 348               |         |         |
|                   |   |                                                           | T0112 | W 5 – 6              | OI 4418              |         |         |
|                   |   |                                                           | T0113 | W 5 – 6              | SK 418               |         |         |
|                   |   |                                                           | T0114 | W 5 – 6              | UC 67                |         |         |

**YEAR I – REQUIRED LABS\*/ TUTORIALS\* 2025 Fall Term**

Not all Labs/ Tutorials meet every week. See detailed schedules in the course outlines. F = Friday

Laboratory and tutorial sessions for **KPE162H1** & **ANA124H1** courses have been grouped to optimize time slots. In a given block of time you could be attending a lab/tutorial in one course one week, and another course lab/tutorial the following week. See individual courses and times for applicable Meeting Sections

## YEAR I COURSES – WINTER TERM

| Course            | Section Code | Title                                                        | Meeting Section                                                                                                                                                                           | Time                                                                                                                                                                                                           | Location                                                                                                                                                        | CAT     | Instructor |
|-------------------|--------------|--------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|------------|
| ANA125H1<br>INPER | S            | Kinesiology Human Anatomy II:<br><br>Musculoskeletal System  | L0101<br><br>P0101 ❶<br>P0102 ❶<br>P0103 ❶<br>P0104 ❶<br>P0105 ❶<br>P0106 ❶<br>P0107 ❶<br>P0108 ❶<br>P0109 ❶<br>P0110 ❶<br>P0111 ❶<br>P0112 ❶<br>P0113 ❶<br>P0114 ❶<br>P0115 ❶<br>P0116 ❶ | T 1 – 3<br>R 1 – 2<br><br>F 9 – 11<br>F 9 – 11<br>F 9 – 11<br>F 9 – 11<br>F 11 – 1<br>F 11 – 1<br>F 11 – 1<br>F 11 – 1<br>F 1 – 3<br>F 1 – 3<br>F 1 – 3<br>F 1 – 3<br>M 2 – 4<br>M 2 – 4<br>M 2 – 4<br>M 2 – 4 | OI G162<br>OI G162<br><br>TBC<br>TBC<br>TBC<br>TBC<br>TBC<br>TBC<br>TBC<br>TBC<br>TBC<br>TBC<br>TBC<br>TBC<br>TBC<br>TBC<br>TBC                                 | REQ - C | Laprade    |
| KPE100H1<br>INPER | S            | Physical Cultural Studies                                    | L0101<br><br>T0101 ❶<br>T0102 ❶<br>T0103 ❶<br>T0104 ❶<br>T0105 ❶<br>T0106 ❶<br>T0107 ❶<br>T0108 ❶<br>T0109 ❶<br>T0110 ❶<br>T0111 ❶<br>T0112 ❶<br>T0113 ❶<br>T0114 ❶                       | W 1 – 4<br><br>R 4 – 5<br>R 4 – 5<br>R 4 – 5<br>R 2 – 3<br>R 2 – 3<br>R 2 – 3<br>R 4 – 5<br>R 4 – 5<br>R 4 – 5<br>R 4 – 5<br>R 4 – 5<br>R 4 – 5<br>R 4 – 5<br>R 4 – 5                                          | MS 2158<br><br>OI 5260<br>OI 5270<br>OI 3322<br>SK 348<br>OI 4418<br>SK 346<br>OI 4410<br>SK 348<br>OI 2205<br>FE 324<br>OI 2211<br>SK 346<br>SK 418<br>OI 2281 | REQ -A  | Sailofsky  |
| KPE120H1<br>HYBR  | S            | Foundations of Sport,<br><br>Exercise, and Health Psychology | L0101<br><br>T0101 ❶<br>T0102 ❶<br>T0103 ❶<br>T0104 ❶<br>T0105 ❶<br>T0106 ❶<br>T0107 ❶<br>T0108 ❶<br>T0109 ❶<br>T0110 ❶<br>T0111 ❶<br>T0112 ❶<br>T0113 ❶<br>T0114 ❶                       | W 9 – 11<br><br>R 3 – 4<br>R 3 – 4<br>R 3 – 4<br>R 3 – 4<br>R 3 – 4<br>R 3 – 4<br>R 3 – 4<br>R 5 – 6<br>R 5 – 6<br>R 5 – 6<br>R 5 – 6<br>R 5 – 6<br>R 5 – 6<br>R 5 – 6                                         | BT 101<br><br>SK 348<br>OI 5250<br>BL 114<br>BL 112<br>SK 346<br>SK 418<br>FE 222<br>SK 114<br>SK 346<br>SK 348<br>SK 418<br>SK 222<br>FE 33<br>OI 5290         | REQ - B | Trinh      |

|                                                                                                                                                                                                                                    |   |                                            |       |          |         |         |          |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---|--------------------------------------------|-------|----------|---------|---------|----------|
| KPE161H1<br>INPER                                                                                                                                                                                                                  | S | Fitness: Principles and<br>Practice        | L0101 | R 9 – 12 | ES 1050 | REQ - C | Taha     |
| KPE255H1<br>INPER                                                                                                                                                                                                                  | S | Future Workplace Trends<br>and Preparation | L0101 | T 9 – 12 | BR 200  | B       | Stirling |
| **Note: There are no pre-requisites for the course. It will be available to BKin students of all years and highly recommended for 1st and 2nd year students as a precursor to elective upper-year work-integrated learning course. |   |                                            |       |          |         |         |          |

**REGISTRATION NOTES FOR YEAR I:**

- ❶ Tutorials/labs will be explained in the first week of lectures

|               |                         |                                                                              |
|---------------|-------------------------|------------------------------------------------------------------------------|
| <b>LEGEND</b> | <b>Course:</b>          | H=half credit course,<br>Y =full credit course, 1=St. George Campus          |
|               | <b>Section Code:</b>    | F=fall session, S=winter session, Y=fall & winter sessions.                  |
|               | <b>Meeting Section:</b> | L= Lecture, T = Tutorial, P = Labs                                           |
|               |                         | Time: R = Thursday                                                           |
|               | <b>Building Key:</b>    | see Campus Map <a href="http://map.utoronto.ca/">http://map.utoronto.ca/</a> |
|               | <b>ACORN</b>            | <a href="http://www.acorn.utoronto.ca">www.acorn.utoronto.ca</a>             |

## YEAR II COURSES – FALL TERM

| Course            | Section Code | Title                                                         | Meeting Section | Time                  | Location         | CAT     | Instructor |
|-------------------|--------------|---------------------------------------------------------------|-----------------|-----------------------|------------------|---------|------------|
| KPE200H1<br>INPER | F            | Physical Cultural Studies:<br>Societies, Bodies & Politics    | L0101           | T 1 – 3<br>R 1 – 2    | MC 102<br>FE 114 | REQ - A | Fusco      |
|                   |              |                                                               | T0101           | R 1 – 2               | SK 346           |         |            |
|                   |              |                                                               | T0102           | R 1 – 2               | OI 7192          |         |            |
|                   |              |                                                               | T0103           | R 1 – 2               | AP 124           |         |            |
|                   |              |                                                               | T0104           | R 1 – 2               | BA 2185          |         |            |
|                   |              |                                                               | T0105           | R 1 – 2               | HA 410           |         |            |
|                   |              |                                                               | T0106           | R 1 – 2               | BF 315           |         |            |
|                   |              |                                                               | T0107           | R 1 – 2               | SK 218           |         |            |
|                   |              |                                                               | T0108           | R 1 – 2               | OI 4410          |         |            |
|                   |              |                                                               | T0109           | R 1 – 2               | SK 348           |         |            |
|                   |              |                                                               | T0110           | R 1 – 2               | SK 222           |         |            |
| KPE220H1<br>INPER | F            | Psychosocial Development                                      | L0101           | M 4 – 7               | ES 1050          | REQ - B | Jorgensen  |
| KPE260H1<br>INPER | F            | Human Physiology I                                            | L0101           | T 9 – 11<br>R 2 – 3   | BT 101<br>FE 114 | REQ- C  | Locke      |
|                   |              |                                                               | P0101           | W 2 – 3               | BN 61            |         |            |
|                   |              |                                                               | P0102           | W 2 – 3               | BN 155           |         |            |
|                   |              |                                                               | P0103           | W 2 – 3               | BN 61            |         |            |
|                   |              |                                                               | P0104           | W 2 – 3               | BN 155           |         |            |
|                   |              |                                                               | P0105           | W 3 – 4               | BN 61            |         |            |
|                   |              |                                                               | P0106           | W 3 – 4               | BN 155           |         |            |
|                   |              |                                                               | P0107           | W 3 – 4               | BN 61            |         |            |
|                   |              |                                                               | P0108           | W 3 – 4               | BN 155           |         |            |
|                   |              |                                                               | P0109           | W 4 – 5               | BN 61            |         |            |
|                   |              |                                                               | P0110           | W 4 – 5               | BN 155           |         |            |
|                   |              |                                                               | P0111           | W 4 – 5               | BN 61            |         |            |
|                   |              |                                                               | P0112           | W 4 – 5               | BN 155           |         |            |
|                   |              |                                                               | P0113           | T 4 – 5               | BN 61            |         |            |
|                   |              |                                                               | P0114           | T 4 – 5               | BN 155           |         |            |
|                   |              |                                                               | P0115           | T 4 – 5               | BN 61            |         |            |
|                   |              |                                                               | P0116           | T 4 – 5               | BN 155           |         |            |
|                   |              |                                                               | P0117           | W 5 – 6               | BN 61            |         |            |
|                   |              |                                                               | P0118           | W 5 – 6               | BN 155           |         |            |
| KPE261H1<br>INPER | F            | Theory of Motor Skill<br>Acquisition – Motor Learning         | L0101           | W 10 - 11<br>R 9 – 11 | TBC<br>ES 1050   | REQ - C | Tremblay   |
| KPE291H1<br>INPER | F            | Research Design and<br>Evaluation: Quantitative<br>Approaches | L0101           | M 10 – 1              | BT 101           | REQ - C | Hutchison  |

## YEAR II COURSES – WINTER TERM

| Course            | Section Code | Title                                                               | Meeting Section | Time                 | Location          | CAT     | Instructor    |
|-------------------|--------------|---------------------------------------------------------------------|-----------------|----------------------|-------------------|---------|---------------|
| KPE240H1<br>INPER | S            | Indigenous & Black Histories: Health, Healing and Physical Activity | L0101           | T 3 – 5              | ES 1050           | REQ – A | McGuire-Adams |
|                   |              |                                                                     | T0101           | R 9 – 10             | OI 4416           |         |               |
|                   |              |                                                                     | T0102           | R 9 – 10             | OI 8214           |         |               |
|                   |              |                                                                     | T0103           | R 9 – 10             | OI 3322           |         |               |
|                   |              |                                                                     | T0104           | R 9 – 10             | OI 5290           |         |               |
|                   |              |                                                                     | T0105           | R 9 – 10             | FE 33             |         |               |
|                   |              |                                                                     | T0106           | R 9 – 10             | ES 4000           |         |               |
|                   |              |                                                                     | T0107           | R 9 – 10             | ES 139            |         |               |
|                   |              |                                                                     | T0108           | R 9 – 10             | FE 326            |         |               |
|                   |              |                                                                     | T0109           | R 9 – 10             | BA 2139           |         |               |
| KPE263H1<br>INPER | S            | Introductory Biomechanics                                           | L0101           | M 9 – 11<br>W 12 – 1 | BT 101<br>BT 101  | REQ - C | Burkhart      |
|                   |              |                                                                     | P0101           | F 2 – 5              | BN 155            |         |               |
|                   |              |                                                                     | P0102           | F 2 – 5              | BN 61             |         |               |
|                   |              |                                                                     | P0103           | F 2 – 5              | BN 155            |         |               |
|                   |              |                                                                     | P0104           | F 2 – 5              | BN 61             |         |               |
|                   |              |                                                                     | P0105           | M 2 – 5              | BN 155            |         |               |
|                   |              |                                                                     | P0106           | M 2 – 5              | BN 61             |         |               |
|                   |              |                                                                     | P0107           | M 2 – 5              | BN 155            |         |               |
|                   |              |                                                                     | P0108           | M 2 – 5              | BN 61             |         |               |
|                   |              |                                                                     | P0109           | M 11 – 2             | BN 155            |         |               |
|                   |              |                                                                     | P0110           | M 11 – 2             | BN 61             |         |               |
|                   |              |                                                                     | P0111           | M 11 – 2             | BN 155            |         |               |
|                   |              |                                                                     | P0112           | M 11 – 2             | BN 61             |         |               |
|                   |              |                                                                     | P0113           | M 5 – 8              | BN 155            |         |               |
|                   |              |                                                                     | P0114           | M 5 – 8              | BN 61             |         |               |
|                   |              |                                                                     | P0115           | M 5 – 8              | BN 155            |         |               |
|                   |              |                                                                     | P0116           | M 5 – 8              | BN 61             |         |               |
|                   |              |                                                                     | P0117           | T 5 – 8              | BN 155            |         |               |
|                   |              |                                                                     | P0118           | T 5 – 8              | BN 61             |         |               |
| KPE264H1<br>INPER | S            | Exercise Physiology                                                 | L0101           | T 1 – 3<br>R 1 – 2   | BT 101<br>ES 1050 | REQ- C  | Moore         |
|                   |              |                                                                     | P0101           | F 12 – 2             | BN 155            |         |               |
|                   |              |                                                                     | P0102           | F 12 – 2             | BN 61             |         |               |
|                   |              |                                                                     | P0103           | F 12 – 2             | BN 155            |         |               |
|                   |              |                                                                     | P0104           | F 12 – 2             | BN 61             |         |               |
|                   |              |                                                                     | P0105           | W 4 – 6              | BN 155            |         |               |
|                   |              |                                                                     | P0106           | W 4 – 6              | BN 61             |         |               |
|                   |              |                                                                     | P0107           | W 4 – 6              | BN 155            |         |               |
|                   |              |                                                                     | P0108           | W 4 – 6              | BN 61             |         |               |
|                   |              |                                                                     | P0109           | R 4 – 6              | BN 155            |         |               |
|                   |              |                                                                     | P0110           | R 4 – 6              | BN 61             |         |               |
|                   |              |                                                                     | P0111           | R 4 – 6              | BN 155            |         |               |
|                   |              |                                                                     | P0112           | R 4 – 6              | BN 61             |         |               |
|                   |              |                                                                     | P0113           | R 6 – 8              | BN 155            |         |               |
|                   |              |                                                                     | P0114           | R 6 – 8              | BN 61             |         |               |

|                   |   |                                                              |       |           |                      |         |       |
|-------------------|---|--------------------------------------------------------------|-------|-----------|----------------------|---------|-------|
| KPE282H1<br>HYBR  | S | Physical Activity and<br>Exercise Applications               | L0101 | W 9 – 11  | ONLINE<br>SYNC/ASYNC | REQ - B | Frost |
|                   |   |                                                              | P0101 | R 2 – 4   | BN 210N              |         |       |
|                   |   |                                                              | P0102 | R 2 – 4   | BN 210S              |         |       |
|                   |   |                                                              | P0103 | R 2 – 4   | WS FH1               |         |       |
|                   |   |                                                              | P0104 | R 2 – 4   | WS FH2               |         |       |
|                   |   |                                                              | P0105 | R 2 – 4   | WS FH2               |         |       |
|                   |   |                                                              | P0106 | R 2 – 4   | WS FH3               |         |       |
|                   |   |                                                              | P0107 | R 10 – 12 | BN 210N              |         |       |
|                   |   |                                                              | P0108 | R 10 – 12 | BN 210S              |         |       |
|                   |   |                                                              | P0109 | R 10 – 12 | WS FH1               |         |       |
|                   |   |                                                              | P0110 | R 10 – 12 | WS FH2               |         |       |
|                   |   |                                                              | P0111 | R 10 – 12 | WS FH2               |         |       |
|                   |   |                                                              | P0112 | R 10 – 12 | WS FH3               |         |       |
| KPE391H1<br>INPER | S | Research Design and<br>Evaluation: Qualitative<br>Approaches | L0101 | W 1 – 4   | BT 101               | REQ - A | Orr   |

## YEAR III and IV COURSES – FALL TERM

| Course            | Section Code | Title                                                       | Meeting Section                                                                                                                                 | Time                                                                                                                                                               | Location                                                                                                                                   | CAT       | Instructor           |
|-------------------|--------------|-------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------|-----------|----------------------|
| KPE311H1<br>INPER | F            | Sports Media and Culture                                    | L0101                                                                                                                                           | T 1 – 4                                                                                                                                                            | SS 1072                                                                                                                                    | A         | Sailofsky            |
| KPE320H1<br>INPER | F            | Administrative Theory and Organizational Behaviour          | L0101                                                                                                                                           | W 5 – 8                                                                                                                                                            | SS 1070                                                                                                                                    | B         | VanWiechen           |
| KPE324H1<br>INPER | F            | Advanced Sport Psychology                                   | L0101                                                                                                                                           | M 1 – 4                                                                                                                                                            | NF 7                                                                                                                                       | B         | Gairdner             |
| KPE326H1<br>INPER | F            | Aging, Health and Physical Activity                         | L0101<br>P0101<br>P0102                                                                                                                         | T 9 – 11<br>T 11 – 1<br>T 11 – 1                                                                                                                                   | BN 307<br>BN 219<br>BN 219                                                                                                                 | B         | Amara                |
| KPE327H1<br>INPER | F            | Exercise and Mental Health                                  | L0101                                                                                                                                           | W 5 – 8                                                                                                                                                            | FE 139                                                                                                                                     | B         | DeJonge              |
| KPE328H1<br>INPER | F            | Exercise and Nutrition for Health and Performance           | L0101                                                                                                                                           | W 9 – 11<br>R 1 – 2                                                                                                                                                | KP 108<br>AH 400                                                                                                                           | B         | Moore                |
| KPE329H1<br>INPER | F            | Developing Physical Literacy Foundations in the Early Years | L0101<br>P0101                                                                                                                                  | T 3 – 5<br>W 10 – 12                                                                                                                                               | BN 307<br>BN 307 + BN W3                                                                                                                   | B         | Razack               |
| KPE331H1<br>INPER | F            | Sport Analytics Game Theory and Tactics                     | L0101                                                                                                                                           | M 1 – 2<br>W 11 – 1                                                                                                                                                | BN 61<br>BN 61                                                                                                                             | B         | Taha                 |
| KPE333H1<br>INPER | F            | The Pedagogy of Playing Games                               | L0101                                                                                                                                           | T 9 – 10:30<br>R 1 – 2:30                                                                                                                                          | OI 4426 + BC<br>BN 302 + BC                                                                                                                | B         | Lowe                 |
| KPE334H1<br>INPER | F            | Adapted Physical Activity                                   | L0101<br><br>P0101<br>P0102<br>P0103<br>P0104<br>P0105<br>P0106                                                                                 | M 10 – 1<br><br>R 9 – 12<br>R 9 – 12<br>R 9 – 12<br>R 9 – 12<br>R 9 – 12<br>R 9 – 12                                                                               | ES 1050<br><br>WS FH1-FH3<br>WS FH1-FH3<br>WS FH1-FH3<br>WS FH1-FH3<br>WS FH1-FH3<br>WS FH1-FH3                                            | REQ 2 - B | Arbour- Nicitopoulos |
| KPE336H1          | F            | Outdoor Physical Activity                                   | L0101                                                                                                                                           | M 1 – 4                                                                                                                                                            | OI 3322                                                                                                                                    | B         | Kirk                 |
| KPE340H1<br>HYBR  | F            | Introduction to Physical Activity Pedagogy                  | L9999<br>P0101                                                                                                                                  | ASYNCR<br>W 12 – 2                                                                                                                                                 | ONLINE ASYNCR<br>BN 307 + BN W3                                                                                                            | B         | Razack               |
| KPE342H1<br>INPER | F            | Theory of Coaching Part I                                   | L0101 ①                                                                                                                                         | T 10:30 – 12<br>R 2:30 – 4:00                                                                                                                                      | OI 4426 + BC<br>BN 302 + BC                                                                                                                | B         | Lowe                 |
| KPE355Y1<br>INPER | Y            | Interpersonal Theory in Kinesiology and Physical            | L0101 ④<br><br>T0101 ①<br>T0102 ①<br>T0103 ①<br>T0104 ①<br>T0105 ①<br>T0106 ①<br>T0107 ①<br>T0108 ①<br>T0109 ①<br>T0110 ①<br>T0111 ①<br>T0112 ① | W 9 – 11<br><br>W 9 – 10<br>W 9 – 10<br>W 9 – 10<br>W 9 – 10<br>W 9 – 10<br>W 9 – 10<br>W 10 – 11<br>W 10 – 11<br>W 10 – 11<br>W 10 – 11<br>W 10 – 11<br>W 10 – 11 | ES 1050<br><br>FE 324<br>FE 326<br>FE 328<br>OI 2211<br>OI 3312<br>OI 2281<br>OI 2211<br>OI 3312<br>OI 4418<br>OI 8201<br>FE 324<br>FE 326 | B         | Banwell              |

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|-------------------|---|---------------------------------------------------------------------------------|---------|----------------------|--------------------|---------|---------------|
| KPE360H1<br>INPER | F | Advanced Cardiorespiratory Physiology                                           | L0101   | T 1 – 4              | SS 1071            | C       | Bentley       |
|                   |   |                                                                                 | P0101 ❶ | R 1 – 3              | BN 61              |         |               |
|                   |   |                                                                                 | P0102 ❶ | R 1 – 3              | BN 61              |         |               |
|                   |   |                                                                                 | P0103 ❶ | W 3 – 5              | BN 61              |         |               |
|                   |   |                                                                                 | P0104 ❶ | W 3 – 5              | BN 61              |         |               |
|                   |   |                                                                                 | P0105 ❶ | W 5 – 7              | BN 61              |         |               |
|                   |   |                                                                                 | P0106 ❶ | W 5 – 7              | BN 61              |         |               |
| KPE362H1<br>INPER | F | Neural Basis of Human Movement                                                  | L0101   | M 9 – 10<br>T 11 – 1 | BN 307<br>BN 307   | C       | Welsh         |
| KPE366H1<br>INPER | F | Ergonomics                                                                      | L0101   | M 5 – 8              | LA 248             | C       | Raina         |
| KPE367H1<br>INPER | F | Sport and Exercise Biomechanics                                                 | L0101   | W 9:30 – 12:30       | BR 200             | C       | Frost         |
| KPE371H1<br>INPER | F | Lifestyle & Metabolic Disease                                                   | L0101   | T 5 – 8              | UC 256             | C       | TBC           |
| KPE372H1<br>INPER | F | Injury and Orthopaedic Biomechanics                                             | L0101   | W 1 – 3<br>R 3 – 4   | MS 2172<br>MS 2172 | C       | Burkhart      |
|                   |   |                                                                                 | P0101   | R 4 – 5              | BN 155             |         |               |
|                   |   |                                                                                 | P0102   | R 4 – 5              | BN 61              |         |               |
|                   |   |                                                                                 | P0103   | R 5 – 6              | BN 155             |         |               |
|                   |   |                                                                                 | P0104   | R 5 – 6              | BN 61              |         |               |
|                   |   |                                                                                 | P0105   | R 6 – 7              | BN 155             |         |               |
|                   |   |                                                                                 | P0106   | R 6 – 7              | BN 61              |         |               |
| KPE390H1<br>INPER | Y | Directed Research                                                               | L0101 ❸ | F 9 – 10             | BN 307             | B       | Various       |
| KPE400H1<br>INPER | F | Ethics and Power in Kinesiology, Physical Education and Health Fields           | L0101   | T 1 – 4              | BR 200             | REQ - A | Atkinson      |
|                   |   |                                                                                 | T0101   | R 9 – 10             | FE 213             |         |               |
|                   |   |                                                                                 | T0102   | R 9 – 10             | OI 5250            |         |               |
|                   |   |                                                                                 | T0103   | R 10 – 11            | FE 213             |         |               |
|                   |   |                                                                                 | T0104   | R 10 – 11            | OI 5150            |         |               |
| KPE403H1<br>INPER | F | Sexuality and Gender in Sport                                                   | L0101   | R 9 – 12             | AH 400             | A       | Fusco         |
| KPE407H1<br>INPER | F | Maltreatment in Youth Sport                                                     | L0101   | W 10 – 1             | EM 1               | A       | Willson       |
| KPE412H1<br>INPER | F | Dance Cultures and Practice                                                     | L0101   | M 5 – 8              | BA 4164            | A       | TBC           |
| KPE418H1<br>INPER | F | Special Topics in Kinesiology: Invisible Disability in the Field of Kinesiology | L0101   | R 5 – 8              | KP 113             | A       | Christopoulos |
| KPE422H1<br>INPER | F | Topics in Coaching                                                              | L0101   | T 10 – 1             | UC 256             | B       | Drakich       |
| KPE423H1<br>INPER | F | Theory of Dance Performance                                                     | L0101   | W 9 – 10:30          | BN 302             | B       | Berg          |
|                   |   |                                                                                 | P0101   | W 10:30 – 12         | BN 219             |         |               |
| KPE432H1<br>INPER | F | Legal Aspects of Sport, Recreation and Kinesiology                              | L0101   | R 2 – 5              | NF 113             | B       | Kitengie      |
| KPE434H1<br>INPER | F | Advanced Adapted Physical Activity                                              | L0101   | W 3 – 5              | FE 324             | B       | O'Rourke      |
|                   |   |                                                                                 | P0101   | T 10 – 12            | BN 210N + BN210S   |         |               |

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|-------------------|---|--------------------------------------------------------------------------------|------------------------------------------------|--------------------------------------------------------|-------------------------------------------------|---|------------|
| KPE455Y1<br>INPER | Y | Kinesiology and Physical<br>Education in Society                               | L0101🔒<br>T0101🔒<br>T0102🔒<br>T0103🔒<br>T0104🔒 | R 11 – 1<br>R 11 – 12<br>R 11 – 12<br>R 12-1<br>R 12-1 | SU B120<br>NF 205<br>SS 2119<br>TF 103<br>UC 63 | B | Banwell    |
| KPE461H1<br>INPER | F | Speed and Power                                                                | L0101<br>T0101                                 | M 9 – 11<br>R 1 – 3                                    | BN 302<br>WS FH1 + VC Track                     | C | Taha       |
| KPE463H1<br>INPER | F | Topics in Professional<br>Kinesiology                                          | L0101                                          | M 11 – 1<br>T 9 - 10                                   | RW 143<br>SS 1072                               | C | Santa Mina |
| KPE478H1<br>INPER | F | Special Topics in<br>Kinesiology: Sex<br>Differences in Exercise<br>Physiology | L0101                                          | R 5 – 8                                                | OI 3322                                         | C | Estafanos  |
| KPE479H1<br>INPER | F | Special Topics in<br>Kinesiology: Endocrinology<br>in Exercise and Disease     | L0101                                          | T 5 – 8                                                | VC 206                                          | C | Small      |
| KPE490Y1<br>INPER | Y | Advanced Research                                                              | L0101🔒                                         | F 9 – 10                                               | BN 307                                          | B | Various    |

## YEAR III and IV COURSES – WINTER TERM

| Course            | Section Code | Title                                                       | Meeting Section                                                                                                                | Time                                                                                                                                                            | Location                                                                                                                               | CAT | Instructor |
|-------------------|--------------|-------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------|-----|------------|
| KPE306H1<br>INPER | S            | Hockey in Canadian Society                                  | L0101                                                                                                                          | M 12– 1:30<br>W 12– 1:30                                                                                                                                        | BN 302<br>FE 240                                                                                                                       | A   | Lowe       |
| KPE310H1<br>INPER | S            | Sport and Climate Change                                    | L0101                                                                                                                          | R 1 – 4                                                                                                                                                         | FE 139                                                                                                                                 | A   | Orr        |
| KPE321H1<br>INPER | S            | Population Health                                           | L0101                                                                                                                          | T 5 – 8                                                                                                                                                         | VC 101                                                                                                                                 | B   | Lombardo   |
| KPE329H1<br>INPER | S            | Developing Physical Literacy Foundations in the Early Years | L0101<br>P0101                                                                                                                 | T 12 – 2<br>W 10 – 12                                                                                                                                           | BN 307<br>BN 210N +BN 210S<br>+BN 307                                                                                                  | B   | Razack     |
| KPE330H1<br>INPER | S            | Advanced Exercise Psychology                                | L0101                                                                                                                          | W 1 – 4                                                                                                                                                         | FE 230                                                                                                                                 | B   | Trinh      |
| KPE331H1<br>SYNC  | S            | Sport Analytics Game Theory and Tactics                     | L0101                                                                                                                          | M 9 – 10                                                                                                                                                        | ONLINE SYNC                                                                                                                            | B   | Taha       |
| KPE332H1<br>INPER | S            | Innovations in Mobile Health                                | L0101                                                                                                                          | T 9 – 11<br>R 11 -12                                                                                                                                            | BL 112<br>BL 112                                                                                                                       | B   | Shah       |
| KPE342H1<br>INPER | S            | Theory of Coaching Part I                                   | L0101❶                                                                                                                         | T 8:30 – 10<br>R 8:30 – 10                                                                                                                                      | BN 302 + WS FH2/2<br>BN 302 + WS FH2/2                                                                                                 | B   | Lowe       |
| KPE355Y1<br>INPER | Y            | Interpersonal Theory in Kinesiology and Physical Education  | L0101❷<br>T0101❶<br>T0102❶<br>T0103❶<br>T0104❶<br>T0105❶<br>T0106❶<br>T0107❶<br>T0108❶<br>T0109❶<br>T0110❶<br>T0111❶<br>T0112❶ | W 9 – 11<br>W 9 – 10<br>W 9 – 10<br>W 9 – 10<br>W 9 – 10<br>W 9 – 10<br>W 10 – 11<br>W 10 – 11<br>W 10 – 11<br>W 10 – 11<br>W 10 – 11<br>W 10 – 11<br>W 10 – 11 | BR 200<br>FE 324<br>FE 326<br>FE 328<br>OI 2211<br>OI 3322<br>OI 2205<br>OI 2205<br>OI 3322<br>OI 5160<br>OI 8201<br>FE 328<br>OI 5260 | B   | Banwell    |
| KPE361H1<br>INPER | S            | Motor Control                                               | L0101                                                                                                                          | R 2 - 5                                                                                                                                                         | FE 213                                                                                                                                 | C   | Tremblay   |
| KPE363H1<br>INPER | S            | Sport Medicine                                              | L0101<br>T0101❶<br>T0102❶<br>T0103❶<br>T0104❶<br>T0105❶<br>T0106❶                                                              | T 9 – 10<br>R 9 – 11<br>M 4 – 5<br>M 4 – 5<br>M 4 – 5<br>M 5 – 6<br>M 3 – 4<br>M 3 – 4                                                                          | KP 108<br>KP 108<br>OI 5290<br>OI 3322<br>OI 4410<br>OI 4420<br>OI 2289<br>OI 3322                                                     | C   | Richards   |
| KPE365H1<br>INPER | S            | Advanced Biomechanics                                       | L0101                                                                                                                          | R 5 – 8                                                                                                                                                         | FE 213                                                                                                                                 | C   | Zehr       |
| KPE369H1<br>INPER | S            | Human Physiology II                                         | L0101                                                                                                                          | T 12 – 1<br>R 12 – 2                                                                                                                                            | OI 2212<br>EM 001                                                                                                                      | C   | Haeri      |

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| KPE370H1<br>INPER | S | Science and Practice of Training for Sport Performance     | L0101  | M 12 – 1<br>T 10 – 12        | RW 143<br>HA 401                       | C       | Taha       |
| KPE380H1<br>INPER | S | Advanced Assessment and Exercise Program Design            | L0101① | M 10 – 12<br>T 2 – 4         | FE 230<br>BN 307 + BN 210N<br>+ BN210S | B       | Frost      |
| KPE390Y1<br>INPER | Y | Directed Research                                          | L0101② | F 9 – 10                     | BN 302                                 | B       | Various    |
| KPE391H1<br>INPER | S | Research Design and Evaluation: Qualitative Approaches     | L0101③ | W 1 – 4                      | BT 101                                 | REQ - A | Orr        |
| KPE399H1<br>INPER | S | Research Inquiry Applications                              | L0101  | R 2 – 4                      | BN 302                                 | B       | Amara      |
|                   |   |                                                            | P0101  | R 2– 3                       | SS 2112                                |         |            |
|                   |   |                                                            | P0102  | R 2– 3                       | BA 1240                                |         |            |
|                   |   |                                                            | P0103  | R 2– 3                       | FE 222                                 |         |            |
|                   |   |                                                            | P0104  | R 3– 4                       | SS 2111                                |         |            |
|                   |   |                                                            | P0105  | R 3– 4                       | OI 3322                                |         |            |
|                   |   |                                                            | P0106  | R 3– 4                       | SK 222                                 |         |            |
| KPE405H1<br>INPER | S | Race, Indigeneity and Physical Culture                     | L0101  | M 2 – 5                      | LA 248                                 | A       | Rahman     |
| KPE409H1<br>INPER | S | Sport, Physical Activity and Human Rights                  | L0101  | W 5 – 8                      | OI 3322                                | A       | Donnelly   |
| KPE410H1<br>INPER | S | Criminology of Sport and Games                             | L0101  | M 2 – 5                      | VC 206                                 | A       | Sailofsky  |
| KPE411H1<br>INPR  | S | Sport and Physical Culture in the Global South             | L0101  | T 4 – 7                      | HI CART                                | A       | TBC        |
| KPE421H1<br>INPER | S | The Role of Physical Activity in Girls' and Women's Health | L0101  | M 1 – 4                      | WI 1017                                | B       | Gairdner   |
| KPE423H1<br>INPER | S | Theory of Dance Performance                                | L0101  | R 9 – 10:30                  | BN 307                                 | B       | Berg       |
|                   |   |                                                            | P0101  | R 10:30 - 12                 | BN 219                                 |         |            |
| KPE426H1<br>INPER | S | Exercise and Cancer Survivorship                           | L0101  | M 9 – 11<br>W 11 – 12        | SS 2125<br>HA 403                      | B       | Santa Mina |
| KPE427H1<br>HYBR  | S | Health & Physical Education in the Elementary Years        | L9999  | ASYN                         | ONLINE ASYN                            | B       | Razack     |
|                   |   |                                                            | P0101  | W 12 – 2                     | BN307 + BN 210N +<br>BN210S            |         |            |
| KPE429H1<br>SYNC  | S | Sport Management                                           | L0101  | W 5 – 8                      | ONLINE SYNC                            | B       | VanWiechen |
| KPE434H1<br>INPER | S | Advanced Adapted Physical Activity                         | L0101  | T 12 – 2                     | OI 2205                                | B       | O'Rourke   |
|                   |   |                                                            | P0101  | T 10 – 12                    | BN 210N + BN 210S                      |         |            |
| KPE435H1<br>INPER | S | Psychology of Body Image                                   | L0101  | R 5 – 8                      | MP 137                                 | B       | TBC        |
| KPE436H1<br>INPER | S | Outdoor Education and Environmental Stewardship            | L0101  | M 1 – 4                      | WI 524                                 | B       | Kirk       |
| KPE442H1<br>INPER | S | Theory of Coaching Part II                                 | L0101  | T 10 – 11:30<br>R 10 – 11:30 | BN 302<br>BN 302                       | B       | Lowe       |
| KPE455Y1<br>INPER | Y | Kinesiology and Physical Education in Society              | L0101④ | R 11 – 1                     | NL 6                                   | B       | Banwell    |
|                   |   |                                                            | T0101① | R 11 – 12                    | NF 205                                 |         |            |
|                   |   |                                                            | T0102① | R 11 – 12                    | SS 2119                                |         |            |
|                   |   |                                                            | T0103① | R 12-1                       | TF 103                                 |         |            |
|                   |   |                                                            | T0104① | R 12-1                       | UC 63                                  |         |            |

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|-------------------|---|----------------------------------------------------|--------|-----------------------|-------------------|---|---------|
| KPE467H1<br>INPER | S | Cellular Physiology                                | L0101  | M 9 – 11<br>W 10 – 11 | RW 143<br>BA 2195 | C | Locke   |
| KPE469H1<br>INPER | S | Performance &<br>Neuroplasticity                   | L0101  | W 9 – 12              | HS 108            | C | TBC     |
| KPE470H1<br>INPER | S | Science in Sport, Health and<br>Exercise           | L0101  | M 12 – 2<br>W 9 – 10  | OI 8170<br>BL 112 | C | Locke   |
| KPE474H1<br>INPR  | S | Exercise Training and Non-<br>Responder Physiology | L0101  | W 1 – 4               | FE 213            | C | Bentley |
| KPE490Y1<br>INPER | Y | Advanced Research                                  | L0101⑤ | F 9 – 10              | BN 302            | B | Various |
| KPE495H1<br>INPER | Y | Independent Study                                  | L0101⑤ | F 9 – 10              | BN 302            | B | Various |

**REGISTRATION NOTES FOR YEAR III-IV:**

- ❶ Tutorials/labs will be arranged in the first week of lectures or via course website.
- ❷ Required course for students admitted in September 2015 or later.
- ❸ Check KPE Calendar for information and procedures. Research activities may be remote or in person as determined with supervisor.
- ❹ In-Field learning placements will be primarily in person with a few remote placement site options at the time of application.
- ❺ Can be taken in either second or third year. Please see an academic advisor to assist with your course planning.

**Reading Weeks and Sessional Breaks**

There will be a Reading Week in each of the Fall and Winter terms. No academic classes will take place during these weeks.

Fall term: October 27 – October 31, 2025

Winter term: February 16 – February 20, 2026

There will be no classes held during the following weeks between terms.

December 24, 2025 – January 4, 2026

**Final exam Periods:**

Fall term: December 5 to December 23, 2025

Winter term: April 9 to April 30, 2026

**📍 LEGEND FOR KPE GYM/ACTIVITY SPACES**

|                               |        |
|-------------------------------|--------|
| <b>Sports Gym 1</b>           | BN W1  |
| <b>Sports Gym 2</b>           | BN W2  |
| <b>Upper Gym</b>              | BN W3  |
| <b>Field House Court 1</b>    | WS FH1 |
| <b>Field House Court 2</b>    | WS FH2 |
| <b>Field House Court 3</b>    | WS FH2 |
| <b>Field House Court 4</b>    | WS FH3 |
| <b>Benson Dance Studio</b>    | BN 219 |
| <b>Golding Fitness Studio</b> | GO 310 |

**Delivery Mode Code Description**

|       |                                                                                                                                                                                                                                                                                  |
|-------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| INPER | In Person meeting sections require attendance at a specific time and physical location for most or all activities.                                                                                                                                                               |
| HYBR  | Hybrid meeting sections involve a mix of online and in-person interaction and require attendance at a specific time and physical location for some activities.                                                                                                                   |
| SYNC  | Online Synchronous meeting sections require online attendance at a specific time for some or all activities. Attendance at a specific location is not required with the exception of final or interim assessments, which may require attendance at a specific physical location. |
| ASYN  | Online Asynchronous meeting sections do not require attendance at a specific time or location for any activities, with the exception of final or interim assessments, which may require attendance at a specific time and specific physical location.                            |

\*Definitions apply to the course as a whole (e.g., the combined experience of lecture / lab / tutorial)

**Statement Regarding In-Person Learning**

The University of Toronto delivers academic programs through an in-person learning environment. All students should therefore plan to attend on-campus activities in-person in order to successfully complete their program/ degree unless: (i) students have been approved by the University to participate in off-campus activities (such as study abroad or work terms), or (ii) the calendar entry for a program/degree explicitly states that no in-person activities are required.

While the University strives to maintain an in-person learning environment, the University reserves the right to alter the manner in which it delivers its courses and co-curricular opportunities in response to health and safety emergencies and public health guidance.

**Recommended technology requirements for online/remote learning**

The University of Toronto has identified [minimum technical requirements](#) needed for students to access remote/online learning. Institutional supports are available for any students experiencing challenges in acquiring these minimum requirements. Please contact [undergrad.kpe@utoronto.ca](mailto:undergrad.kpe@utoronto.ca) for more information.