

# Drop-In Aquatics

## Schedule

### Find Your Fit!



Summer TERM - June 29th to Aug 16th, 2025

<b>Monday</b>	7:00 – 8:55am	Lane Swim	25yd Benson Pool
	9:10 - 9:55am	Women-only Swim	25yd Benson Pool
	12:10 – 2:55pm	Lane Swim	50m short
	12:10 – 2:55pm	Diving and Open Swim	50m short
	4:10 - 6:55pm	Lane Swim	50m short
	7:10 - 8:55pm	Lane Swim	50m short
<b>Tuesday</b>	7:00 – 8:55am	Lane Swim	25yd Benson Pool
	12:10 – 2:55pm	Lane Swim	50m long course
	4:10 – 5:55pm	Lane Swim	25yd Benson Pool
	6:10 – 7:25pm	Women-only Swim	25yd Benson Pool
<b>Wednesday</b>	7:00 – 8:55am	Lane Swim	25yd Benson Pool
	9:10 - 9:55am	Women-only Swim	25yd Benson Pool
	12:10 – 2:55pm	Lane Swim	50m short
	12:10 – 2:55pm	Diving and Open Swim	50m short
	4:10 - 8:55pm	Lane Swim	50m short
	4:10 - 6:55pm	Fun Swim	50m short
	4:10 - 8:55pm	Fun Swim	Teach Pool
<b>Thursday</b>	7:00 – 8:55am	Lane Swim	25yd Benson Pool
	12:10 – 2:55pm	Lane Swim	50m long course
	4:10 – 5:20pm	Lane Swim	25yd Benson Pool
<a href="#">Registration Required</a>	5:35 – 6:50pm	Trans Pool Hours	25yd Benson Pool
	7:10-8:55pm	Lane Swim	25yd Benson Pool
<b>Friday</b>	7:00 – 8:55am	Lane Swim	50m long course (lanes 5-8)
	9:10 - 9:55am	Women-only Swim	25yd Benson Pool
	12:10 – 2:55pm	Lane Swim	50m short
	12:10 – 2:55pm	Diving and Open Swim	50m short
	4:10 - 6:55pm	Lane Swim	50m short
<b>Saturday</b>	12:10 – 4:55pm	Lane Swim	25yd Benson Pool
<b>Sunday</b>	10:40 – 11:55am	Women-only Swim	25yd Benson Pool
	12:10 – 2:55pm	Lane Swim	50m short
	12:10 – 2:55pm	Fun Swim	50m short
	12:10 – 2:55pm	Fun Swim	Teach Pool

### UPCOMING SCHEDULE ADJUSTMENTS

Further dates below are cancelled or modified due to special bookings/closures at our facility.

Monday, June 30th	All drop-in swims	CANCELLED
Tuesday, July 1st	All drop-in swims	CANCELLED
Wednesday, July 2nd	4:10 - 8:55pm	Lane Swim FROM 4:10-6:00pm CHANGED to Lanes 3-8
Friday, July 18th	9:10 - 9:55am	Women-only Swim CANCELLED
Friday, August 1st	All drop-in swims	CANCELLED
Saturday, August 2nd	All drop-in swims	CANCELLED
Sunday, August 3rd	All drop-in swims	CANCELLED
Monday, August 4th	All drop-in swims	CANCELLED
Monday to Friday	1:00pm-3:00pm	Teach Pool CLOSED for Camp U of T

Our most up to date facility notices and updates for any facility closures or service interruptions can be found at:  
<https://kpe.utoronto.ca/facility-notices>:



The latest information on aquatics programming can be found at: [uoft.me/sportandrec-aquatics](https://uoft.me/sportandrec-aquatics):



Updated: 6/23/25

Visit our website for the latest information:  
[uoft.me/sportandrec-aquatics](https://uoft.me/sportandrec-aquatics)

