



UNIVERSITY OF TORONTO
FACULTY OF KINESIOLOGY & PHYSICAL EDUCATION

Part-Time Coach – Fitness & Performance	
<p><i>Are you looking for challenging, meaningful work in a supportive and diverse environment? Are you looking for a career at one of Canada’s top employers? Work where the world comes to think, discover and learn. Consider a career at the University of Toronto.</i></p> <p><i>The University of Toronto is strongly committed to diversity within its community and especially welcomes applications from racialized persons / persons of colour, women, Indigenous / Aboriginal People of North America, persons with disabilities, LGBTQ persons, and others who may contribute to the further diversification of ideas.</i></p>	
Deadline:	Friday, Feb 28th, 2025
Number of Positions:	6-8
Rate of Pay:	\$23.90
Position Start Date:	Monday, April 28th, 2025
Position End Date:	Thursday April 30th, 2026
Number of Hours per week:	Available to work at least 20 hours per week; hours subject to session programming times. Must be willing to work early mornings, evenings, and/or weekends, and split shifts. Considerations may be made for qualified candidates who can work a minimum of 10-14 hours per week. Candidates can expect that reduced programming during the summer months may result in reduced scheduled work hours.
Classification:	Casual, Part-time, Non-union
Summary:	<p>The Fitness & Performance (F&P) department of U of T Sport & Rec within the Faculty of Kinesiology and Physical Education (FKPE), offers its members comprehensive and integrated physical activity and fitness training experiences at the Athletic Centre, Goldring Centre for High Performance Sport, and Varsity Centre at the St. George Campus. We believe ‘moving well’ means different things to different people, and we invest in ways to directly integrate Faculty research to offer coaching support for members’ everyday thriving, recreational pursuits, and intercollegiate athletics.</p> <p>The F&P department offers diverse opportunities for members to practice moving with safety, enjoyment, and competence via integration of research, practice, and experiential learning to meet the needs of a broad range of participants and movement goals. The Fitness & Performance team continues to develop and implement innovative programs and services that emphasize individual learning and will enhance physical, mental, social and community wellness, contribute to academic success, and create a foundation for healthy active living for members at the University and beyond.</p>

	<p>Part-Time F&P Coaches will have the opportunity to further enhance their knowledge and working experience relating to strength and conditioning, coaching, and leadership, under the guidance and mentorship of Lead Coaches and Senior Coaches.</p> <p>Reporting to the Fitness & Performance Lead Coaches, core responsibilities include:</p> <ul style="list-style-type: none"> • Identify ways – big and small – to incorporate equitable practices and a sense of welcome; • Deliver effective coaching and program design support for recreational group workouts, including IMPACT Training and Big/Studio HIIT; • Deliver one-on-one and/or small group Personal Training to gym members with a broad range of goals and movement abilities; • Support Senior Coaches during intercollegiate athletic training sessions; • Effectively work and collaborate with various F&P coaches and staff members; • Maintaining health and safety standards within U of T exercise spaces, which may include sundry duties such as, but not limited to, cleaning and returning equipment to its proper place, equipment maintenance reporting, and injury/incident reporting; • Deliver exceptional customer service support to all members; • Support with daily operational tasks and other F&P projects as assigned.
<p>Qualifications:</p>	<p>Education:</p> <ul style="list-style-type: none"> • Completed a degree and/or certificate in Kinesiology / related field or equivalent combination of education and working experience. • NSCA C.S.C.S. is preferred but not required, and relevant First Aid/CPR/AED certifications (required, see below). <p>Experience:</p> <ul style="list-style-type: none"> • Minimum two (2) years of working experience in a health, wellness, fitness, and/or physical education setting as a coach or instructor is required. • Customer service experience in a work or volunteer setting is preferred. • Demonstrated experience in designing and/or delivering equitable programming or practices, working with people and communities marginalized from gym spaces, and promoting a respectful and welcoming learning and working environment. <p>Skills:</p> <ul style="list-style-type: none"> • Excellent communication (oral and written) and listening skills are required. • Demonstrated ability to work with a diverse group of people in a team and with various client populations. • Strong ability to manage multiple tasks at a time. • Demonstrated professionalism, ability to display respect for members and other staff, and maintain client confidentiality. <p>Certifications Required:</p> <ul style="list-style-type: none"> • CPR-C; issued by Canadian Red Cross, Lifesaving Society, or St. John’s Ambulance dated not more than one (1) year prior to your start date.

	<ul style="list-style-type: none"> • Standard First Aid; issued by Canadian Red Cross, Lifesaving Society, or St. John's Ambulance dated not more than three (3) years prior to your start date. • Criminal Records Check within (1) year prior to start date may be requested. <p>All successful candidates must actively participate in all staff training and professional development training.</p>
Method of Application	<p>Resume and cover letter to be submitted via email to: fitness.performance@utoronto.ca Subject line should include title of position.</p>
Contact Information:	<p>Anthony Belza, Lead Coach, Fitness & Performance fitness.performance@utoronto.ca</p>
Date Posted:	Tuesday, Feb 11th, 2025
Diversity Statement	<p>The University of Toronto embraces Diversity and is building a culture of belonging that increases our capacity to effectively address and serve the interests of our global community. We strongly encourage applications from Indigenous Peoples, Black and racialized persons, women, persons with disabilities, and people of diverse sexual and gender identities. We value applicants who have demonstrated a commitment to equity, diversity and inclusion and recognize that diverse perspectives, experiences, and expertise are essential to strengthening our academic mission.</p>
Accessibility Statement	<p>The University strives to be an equitable and inclusive community, and proactively seeks to increase diversity among its community members. Our values regarding equity and diversity are linked with our unwavering commitment to excellence in the pursuit of our academic mission.</p> <p>The University is committed to the principles of the Accessibility for Ontarians with Disabilities Act (AODA). As such, we strive to make our recruitment and selection processes as accessible as possible and provide accommodation as required for applicants with disabilities.</p> <p>If you require any accommodation at any point during the application and hiring process, please contact uoft.careers@utoronto.ca.</p>