



JUNIOR BLUES



Learn new *Skills!*

From gymnastics to swimming and everything in between,
get active with the U of T Junior Blues.

Registration opens 7 a.m. December 4, 2024

Explore our programs at juniorblues.ca



LEARN, PLAY AND GROW WITH JUNIOR BLUES!

U of T Sport and Rec's Junior Blues program offers a range of activities for children ages six months to 17 years. With a variety of classes on land, in water and on ice, Junior Blues gives children and youth the physical literacy skills they need to be active and healthy for life.

Conveniently located on the University's downtown campus, our 'Junior Blues' enjoy access to world-class facilities including the Varsity Centre, Athletic Centre and Back Campus fields.

In the pages that follow, you will find the full schedule of Junior Blues programs being offered for the 2025 Winter session.

We are looking forward to another terrific year and hope to see you here!

Learn more about our programs and facilities at juniorblues.ca

Please check our website for the latest program details: juniorblues.ca.

OFFERING	AGE	START DATE	END DATE	LOCATION/FACILITY	COURSE FEE
GYMNASTICS					
Gymnastics Caregiver and Tot					
Tuesday 9:30 a.m.–10:20 a.m.	18mo–3.5	January 28	April 8	Athletic Centre Lower Gym	\$220
Tuesday 10:30 a.m.–11:20 a.m.	18mo–3.5	January 28	April 8	Athletic Centre Lower Gym	\$220
Gymnastics Preschool 4–5 yr					
Saturday 9:10 a.m.–10 a.m.	4–5	January 25	April 12	Athletic Centre Lower Gym	\$275
Saturday 10:10 a.m.–11 a.m.	4–5	January 25	April 12	Athletic Centre Lower Gym	\$275
Saturday 11:10 a.m.–12 p.m.	4–5	January 25	April 12	Athletic Centre Lower Gym	\$275
Saturday 12:10 p.m.–1 p.m.	4–5	January 25	April 12	Athletic Centre Lower Gym	\$275
Sunday 9:10 a.m.–10 a.m.	4–5	January 26	April 13	Athletic Centre Lower Gym	\$275
Sunday 10:10 a.m.–11 a.m.	4–5	January 26	April 13	Athletic Centre Lower Gym	\$275
Sunday 11:10 a.m.–12 p.m.	4–5	January 26	April 13	Athletic Centre Lower Gym	\$275
Sunday 12:10 p.m.–1 p.m.	4–5	January 26	April 13	Athletic Centre Lower Gym	\$275
Gymnastics Girls 6–12 yr					
Saturday 9:10 a.m.–10:30 a.m.	6–12	January 25	April 12	Athletic Centre Lower Gym	\$405
Saturday 10:45 a.m.–12:15 p.m.	6–12	January 25	April 12	Athletic Centre Lower Gym	\$405
Saturday 12:30 p.m.–2 p.m.	6–12	January 25	April 12	Athletic Centre Lower Gym	\$405
Sunday 9:10 a.m.–10:30 a.m.	6–12	January 26	April 13	Athletic Centre Lower Gym	\$405
Sunday 10:45 a.m.–12:15 p.m.	6–12	January 26	April 13	Athletic Centre Lower Gym	\$405
Sunday 12:30 p.m.–2 p.m.	6–12	January 26	April 13	Athletic Centre Lower Gym	\$405
Gymnastics Boys 6–8 yr					
Saturday 12:30 p.m.–2 p.m.	6–8	January 25	April 12	Athletic Centre Lower Gym	\$405
Gymnastics Boys 9–12 yr					
Sunday 12:30 p.m.–2 p.m.	9–12	January 26	April 13	Athletic Centre Lower Gym	\$405
SPORT					
Badminton 9–12 yr					
Sunday 9:10 a.m.–10:30 a.m.	9–12	January 26	April 6	Athletic Centre Sports Gym	\$282
Sunday 10:40 a.m.–12 p.m.	9–12	January 26	April 6	Athletic Centre Sports Gym	\$282
Basketball 6–7 yr					
Sunday 9:10 a.m.–10:30 a.m.	6–7	January 26	April 13	AC Field House Courts 2 & 3	\$310
Basketball 8–9 yr					
Sunday 9:10 a.m.–10:30 a.m.	8–9	January 26	April 13	AC Field House Courts 2 & 3	\$310
Sunday 10:40 a.m.–12 p.m.	8–9	January 26	April 13	AC Field House Courts 2 & 3	\$310
Basketball 10–12 yr					
Sunday 10:40 a.m.–12 p.m.	10–12	January 26	April 13	AC Field House Courts 2 & 3	\$310
MiniSport 4–5 yr					
Sunday 9:10 a.m.–10 a.m.	4–5	January 26	April 13	Athletic Centre Dance Studio	\$211
MultiSport 6–8 yr					
Sunday 10:10 a.m.–11:30 a.m.	6–8	January 26	April 13	Athletic Centre Dance Studio	\$310
Soccer 6–7 yr					
Sunday 8:10 a.m.–9 a.m.	6–7	January 26	April 13	Varsity Field Dome	\$301
Soccer 8–10 yr					
Sunday 9:10 a.m.–10 a.m.	8–10	January 26	April 13	Varsity Field Dome	\$301
Trackivites 7–12 yr					
Saturday 9:10 a.m.–10:30 a.m.	7–12	January 25	April 12	AC Field House/Athletic Centre	\$310
Saturday 10:40 a.m.–12 p.m.	7–12	January 25	April 12	AC Field House/Athletic Centre	\$310

SPORT (continued)**Track & Field—Intro to Training**

Wednesday and Friday 4:30 p.m.–6 p.m.	9–12	January 29	April 11	AC Field House Court 1	\$441
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Track & Field—Rising Stars

Wednesday and Friday 6 p.m.–7:15 p.m.	8–12	January 29 and 31	April 9 and 11	AC Field House Court 1	\$435
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Skating 4–7 yr

Saturday 8:45 a.m.–9:30 a.m.	4–7	January 25	April 12	Varsity Arena	\$264
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Saturday 9:30 a.m.–10:15 a.m.	4–7	January 25	April 12	Varsity Arena	\$264
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Saturday 10:30 a.m.–11:15 a.m.	4–7	January 25	April 12	Varsity Arena	\$264
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Saturday 11:15 a.m.–12 p.m.	4–7	January 25	April 12	Varsity Arena	\$264
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Sunday 8:30 a.m.–9:15 a.m.	4–7	January 26	April 13	Varsity Arena	\$264
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Sunday 9:15 a.m.–10 a.m.	4–7	January 26	April 13	Varsity Arena	\$264
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Sunday 10 a.m.–10:45 a.m.	4–7	January 26	April 13	Varsity Arena	\$264
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Sunday 11 a.m.–11:45 a.m.	4–7	January 26	April 13	Varsity Arena	\$264
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Sunday 11:45 a.m.–12:30 p.m.	4–7	January 26	April 13	Varsity Arena	\$264
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Sunday 12:30 p.m.–1:15 p.m.	4–7	January 26	April 13	Varsity Arena	\$264
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Skating 8–12 yr

Saturday 8:45 a.m.–9:30 a.m.	8–12	January 25	April 12	Varsity Arena	\$264
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Saturday 9:30 a.m.–10:15 a.m.	8–12	January 25	April 12	Varsity Arena	\$264
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Saturday 10:30 a.m.–11:15 a.m.	8–12	January 25	April 12	Varsity Arena	\$264
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Saturday 11:15 a.m.–12 p.m.	8–12	January 25	April 12	Varsity Arena	\$264
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Sunday 8:30 a.m.–9:15 a.m.	8–12	January 26	April 13	Varsity Arena	\$264
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Sunday 9:15 a.m.–10 a.m.	8–12	January 26	April 13	Varsity Arena	\$264
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Sunday 10 a.m.–10:45 a.m.	8–12	January 26	April 13	Varsity Arena	\$264
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Sunday 11 a.m.–11:45 a.m.	8–12	January 26	April 13	Varsity Arena	\$264
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Sunday 11:45 a.m.–12:30 p.m.	8–12	January 26	April 13	Varsity Arena	\$264
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Sunday 12:30 p.m.–1:15 p.m.	8–12	January 26	April 13	Varsity Arena	\$264
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MARCH BREAK CAMPS**Adventure Camp**

Monday to Friday 9 a.m.–4 p.m.	4–5	March 10	March 14	Goldring Centre	\$382
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MultiSport Camps

Monday to Friday 9 a.m.–4 p.m.	6–7	March 10	March 14	Varsity Arena	\$382
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Monday to Friday 9 a.m.–4 p.m.	8–9	March 10	March 14	Varsity Arena	\$382
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Monday to Friday 9 a.m.–4 p.m.	10–12	March 10	March 14	Varsity Arena	\$382
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Gymnastics Camp

Monday to Friday 9 a.m.–4 p.m.	6–12	March 10	March 14	Athletic Centre Lower Gym	\$430
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SWIMMING & AQUATICS**Caregiver and Tot Swimming**

Saturday 9:15 a.m.–9:45 a.m. (Slot 1)	6mo–3yr	February 1	April 5	Athletic Centre 25yd Pool	\$161
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Saturday 9:15 a.m.–9:45 a.m. (Slot 2)	6mo–3yr	February 1	April 5	Athletic Centre 25yd Pool	\$161
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Adapted Preschool A

Sunday 12:15 p.m.–12:45 p.m.	3–5	January 26	March 30	Athletic Centre 25yd Pool	\$161
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Adapted Preschool B

Sunday 12:15 p.m.–12:45 p.m.	3–5	January 26	March 30	Athletic Centre 25yd Pool	\$161
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Adapted Swim for Life 1

Sunday 1:15 p.m.–1:45 p.m. (Slot 1)	5–12	January 26	March 30	Athletic Centre 25yd Pool	\$161
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Sunday 1:15 p.m.–1:45 p.m. (Slot 2)	5–12	January 26	March 30	Athletic Centre 25yd Pool	\$161
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SWIMMING & AQUATICS (continued)**Adapted Swim for Life 2**

Sunday 1:45 p.m.–2:15 p.m.	5–12	January 26	March 30	Athletic Centre 25yd Pool	\$161
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Adapted Swim for Life 3

Sunday 1:45 p.m.–2:15 p.m.	5–12	January 26	March 30	Athletic Centre 25yd Pool	\$161
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Adapted Swim for Life 4

Sunday 12:45 p.m.–1:15 p.m.	5–12	January 26	March 30	Athletic Centre 25yd Pool	\$161
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Adapted Intermediate (Swim for Life 5–7)

Sunday 2:15 p.m.–2:45 p.m.	5–14	January 26	March 30	Athletic Centre 25yd Pool	\$161
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Adapted Swim for Life 1/2 Youth

Sunday 2:15 p.m.–2:45 p.m.	10–16	January 26	March 30	Athletic Centre 25yd Pool	\$161
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Adapted Intermediate (Swim for Life 5–7) Youth

Sunday 12:45 p.m.–1:15 p.m.	10–16	January 26	March 30	Athletic Centre 25yd Pool	\$161
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Preschool A

Thursday 4:30 p.m.–5 p.m.	3–5	January 23	April 3	Athletic Centre Teach Pool	\$181
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Thursday 5 p.m.–5:30 p.m.	3–5	January 23	April 3	Athletic Centre Teach Pool	\$181
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Thursday 5:30 p.m.–6 p.m.	3–5	January 23	April 3	Athletic Centre Teach Pool	\$181
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Saturday 9:45 a.m.–10:15 a.m.	3–5	February 1	April 5	Athletic Centre 25yd Pool	\$161
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Preschool B

Thursday 5 p.m.–5:30 p.m.	3–5	January 23	April 3	Athletic Centre Teach Pool	\$181
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Saturday 9:45 a.m.–10:15 a.m.	3–5	February 1	April 5	Athletic Centre 25yd Pool	\$161
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Preschool C

Monday 4:30 p.m.–5 p.m.	3–5	January 20	March 31	Athletic Centre 25yd Pool	\$201
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Thursday 5:30 p.m.–6 p.m.	3–5	January 23	April 3	Athletic Centre Teach Pool	\$181
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Preschool D

Thursday 4:30 p.m.–5 p.m.	3–5	January 23	April 3	Athletic Centre Teach Pool	\$181
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Thursday 5:30 p.m.–6 p.m.	3–5	January 23	April 3	Athletic Centre Teach Pool	\$181
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Preschool C/D

Saturday 10:15 a.m.–10:45 a.m.	3–5	February 1	April 5	Athletic Centre 25yd Pool	\$161
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Preschool E

Friday 4 p.m.–4:30 p.m.	3–5	January 31	April 4	Athletic Centre 25yd Pool	\$161
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Swim for Life 1

Monday 4 p.m.–4:30 p.m.	5–12	January 20	March 31	Athletic Centre 25yd Pool	\$201
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Wednesday 4:30 p.m.–5 p.m.	5–12	January 22	April 2	Athletic Centre 25yd Pool	\$181
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Thursday 4:30 p.m.–5 p.m.	5–12	January 23	April 3	Athletic Centre Teach Pool	\$181
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Thursday 5 p.m.–5:30 p.m.	5–12	January 23	April 3	Athletic Centre Teach Pool	\$181
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Thursday 6:15 p.m.–6:45 p.m.	5–12	January 23	April 3	Athletic Centre Teach Pool	\$181
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Saturday 10:15 a.m.–10:45 a.m.	5–12	February 1	April 5	Athletic Centre 25yd Pool	\$161
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Swim for Life 2

Monday 4 p.m.–4:30 p.m.	5–12	January 20	March 31	Athletic Centre 25yd Pool	\$201
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Monday 5:30 p.m.–6 p.m.	5–12	January 20	March 31	Athletic Centre 25yd Pool	\$201
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Wednesday 4:30 p.m.–5 p.m.	5–12	January 22	April 2	Athletic Centre 25yd Pool	\$181
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Wednesday 5 p.m.–5:30 p.m.	5–12	January 22	April 2	Athletic Centre 25yd Pool	\$181
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Thursday 6:15 p.m.–6:45 p.m.	5–12	January 23	April 3	Athletic Centre Teach Pool	\$181
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Saturday 11:30 a.m.–12 p.m.	5–12	February 1	April 5	Athletic Centre 25yd Pool	\$201
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SWIMMING & AQUATICS (continued)**Swim for Life 3**

Monday 4:30 p.m.–5 p.m.	5–12	January 20	March 31	Athletic Centre 25yd Pool	\$201
Monday 5 p.m.–5:30 p.m.	5–12	January 20	March 31	Athletic Centre 25yd Pool	\$201
Wednesday 4 p.m.–4:30 p.m.	5–12	January 22	April 2	Athletic Centre 25yd Pool	\$181
Wednesday 5:30 p.m.–6 p.m.	5–12	January 22	April 2	Athletic Centre 25yd Pool	\$181
Saturday 11:30 a.m.–12 p.m.	5–12	February 1	April 5	Athletic Centre 25yd Pool	\$161
Sunday 4:30 p.m.–5 p.m.	5–12	January 26	March 30	Athletic Centre 25yd Pool	\$161

Swim for Life 4

Monday 4:30 p.m.–5 p.m.	5–12	January 20	March 31	Athletic Centre 25yd Pool	\$201
Wednesday 4 p.m.–4:30 p.m.	5–12	January 22	April 2	Athletic Centre 25yd Pool	\$181
Wednesday 4:30 p.m.–5 p.m.	5–12	January 22	April 2	Athletic Centre 25yd Pool	\$181
Sunday 4:30 p.m.–5 p.m.	5–12	January 26	March 30	Athletic Centre 25yd Pool	\$161

Swim for Life 5

Monday 5:45 p.m.–6:30 p.m.	7–14	January 20	March 31	Athletic Centre 25yd Pool	\$235
Wednesday 5 p.m.–5:45 p.m.	7–14	January 22	April 2	Athletic Centre 25yd Pool	\$211
Saturday 10:30 a.m.–11:15 a.m.	7–14	February 1	April 5	Athletic Centre 25yd Pool	\$188
Sunday 3 p.m.–3:45 p.m.	7–14	January 26	March 30	Athletic Centre 25yd Pool	\$188

Swim for Life 6

Monday 5 p.m.–5:45 p.m.	5–14	January 20	March 31	Athletic Centre 25yd Pool	\$235
Wednesday 5:45 p.m.–6:30 p.m.	5–14	January 22	April 2	Athletic Centre 25yd Pool	\$211
Saturday 10:45 a.m.–11:30 a.m.	5–14	February 1	April 5	Athletic Centre 25yd Pool	\$188
Sunday 3:45 p.m.–4:30 p.m.	5–14	January 26	March 30	Athletic Centre 25yd Pool	\$188

Swim for Life 5/6

Thursday 6:45 p.m.–7:30 p.m.	5–14	January 23	April 3	Athletic Centre Varsity Pool	\$211
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Swim for Life 7

Monday 5:45 p.m.–6:30 p.m.	7–14	January 20	March 31	Athletic Centre 25yd Pool	\$235
Wednesday 5 p.m.–5:45 p.m.	7–14	January 22	April 2	Athletic Centre 25yd Pool	\$211
Saturday 10:30 a.m.–11:15 a.m.	7–14	February 1	April 5	Athletic Centre 25yd Pool	\$188
Sunday 3 p.m.–3:45 p.m.	7–14	January 26	March 30	Athletic Centre 25yd Pool	\$188

Swim for Life 8

Monday 5:45 p.m.–6:30 p.m.	7–14	January 20	March 31	Athletic Centre 25yd Pool	\$235
Wednesday 5 p.m.–5:45 p.m.	7–14	January 22	April 2	Athletic Centre 25yd Pool	\$211
Saturday 11:15 a.m.–12 p.m.	7–14	February 1	April 5	Athletic Centre 25yd Pool	\$188
Sunday 3 p.m.–3:45 p.m.	7–14	January 26	March 30	Athletic Centre 25yd Pool	\$188

Swim for Life 7/8

Thursday 6:45 p.m.–7:30 p.m.	7–14	January 23	April 3	Athletic Centre Varsity Pool	\$211
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Swim for Life 9 (Rookie)

Thursday 7:30 p.m.–8:15 p.m.	8–14	January 23	April 3	Athletic Centre Varsity Pool	\$211
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Swim for Life 10 (Ranger)

Thursday 7:30 p.m.–8:15 p.m.	8–14	January 23	April 3	Athletic Centre Varsity Pool	\$211
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Swim for Life 9/10 (Rookie/Ranger)

Saturday 9:45 a.m.–10:30 a.m.	8–14	February 1	April 5	Athletic Centre 25yd Pool	\$188
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Private Swim Lessons

Monday 4 p.m.–4:30 p.m.	5–14	January 20	March 31	Athletic Centre 25yd Pool	\$540
Monday 6 p.m.–6:30 p.m.	5–14	January 20	March 31	Athletic Centre 25yd Pool	\$540
Wednesday 4 p.m.–4:30 p.m.	5–14	January 22	April 2	Athletic Centre 25yd Pool	\$486
Wednesday 6 p.m.–6:30 p.m.	5–14	January 22	April 2	Athletic Centre 25yd Pool	\$486
Friday 4 p.m.–4:30 p.m.	5–14	January 31	April 4	Athletic Centre 25yd Pool	\$432
Friday 4:30 p.m.–5 p.m. (Slot 1)	5–14	January 31	April 4	Athletic Centre 25yd Pool	\$432

Private Swim Lessons (continued)

Friday 4:30 p.m.–5 p.m. (Slot 2)	5–14	January 31	April 4	Athletic Centre 25yd Pool	\$432
Friday 5 p.m.–5:30 p.m. (Slot 1)	5–14	January 31	April 4	Athletic Centre 25yd Pool	\$432
Friday 5 p.m.–5:30 p.m. (Slot 2)	5–14	January 31	April 4	Athletic Centre 25yd Pool	\$432
Friday 5:30 p.m.–6 p.m. (Slot 1)	5–14	January 31	April 4	Athletic Centre 25yd Pool	\$432
Friday 5:30 p.m.–6 p.m. (Slot 2)	5–14	January 31	April 4	Athletic Centre 25yd Pool	\$432
Friday 6 p.m.–6:30 p.m. (Slot 1)	5–14	January 31	April 4	Athletic Centre 25yd Pool	\$432
Friday 6 p.m.–6:30 p.m. (Slot 2)	5–14	January 31	April 4	Athletic Centre 25yd Pool	\$432
Friday 6:30 p.m.–7 p.m. (Slot 1)	5–14	January 31	April 4	Athletic Centre 25yd Pool	\$432
Friday 6:30 p.m.–7 p.m. (Slot 2)	5–14	January 31	April 4	Athletic Centre 25yd Pool	\$432
Sunday 12:15 p.m.–12:45 p.m.	5–14	January 26	March 30	Athletic Centre 25yd Pool	\$432
Sunday 12:45 p.m.–1:15 p.m.	5–14	January 26	March 30	Athletic Centre 25yd Pool	\$432
Sunday 1:15 p.m.–1:45 p.m.	5–14	January 26	March 30	Athletic Centre 25yd Pool	\$432
Sunday 1:45 p.m.–2:15 p.m.	5–14	January 26	March 30	Athletic Centre 25yd Pool	\$432
Sunday 2:15 p.m.–2:45 p.m.	5–14	January 26	March 30	Athletic Centre 25yd Pool	\$432

Intro to Competitive Swim 8–10 years

Sunday 3 p.m.–3:55 p.m.	8–10	January 26	March 30	Athletic Centre Varsity Pool	\$239
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Intro to Competitive Swim 11–15 years

Sunday 4 p.m.–4:55 p.m.	11–15	January 26	March 30	Athletic Centre Varsity Pool	\$239
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CERTIFICATIONS

Bronze Star & Basic First Aid

Tuesday 7 p.m.–8:30 p.m.	11–14	January 21	April 1	Athletic Centre Varsity Pool	\$270
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Bronze Medallion & Emergency First Aid

Thursday 6 p.m.–9 p.m.	13–17	January 23	April 3	Athletic Centre Varsity Pool	\$328
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Bronze Cross

Thursday 6 p.m.–9 p.m.	13–17	January 23	April 3	Athletic Centre Varsity Pool	\$328
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WINTER 2025 JUNIOR BLUES PROGRAM EXCLUSION DATES

February 14 (Track)

February 15–21 (Reading Week) Aquatics only

March 4–8 (U Sports) Aquatics only

SWIM LEVEL DESCRIPTIONS

Please refer to our website for more details, level descriptions and prerequisites:

<https://www.kpe.utoronto.ca/sport-and-fitness/swimming-year-round>

REGISTRATION

Registration can be busy, particularly when registration first opens. When you log-in, you may be placed into a virtual queue. You will be assigned a number representing your place in line and provided with an estimated wait-time. Once your user ID reaches the front of the queue you will be able to access the “campus rec” system to complete your registration(s).

Please ensure that you have created an account and added your dependents prior to the registration date. For instructions on account creation, visit

uoft.me/campusrec

If you require assistance registering due to a disability please contact us in advance at junior.blues@utoronto.ca.

REFUND POLICY/WITHDRAWALS

Refunds are available for most Junior Blues programs and must be requested **WITHIN** two business days after the first class.

Refunds can be requested in person, by phone or by email at sportandrec@utoronto.ca by 11:59 p.m. Please remember to include your name, your child’s name, and the program from which you are requesting to withdraw. Participants will be refunded the full amount less a cancellation fee of 10%.

Participants withdrawing for medical reasons will receive a full refund for the remainder of the program. A medical note is required. Notes must be received within two weeks of the date of illness.

INFORMED CONSENT

Remember, only the parent or guardian of the child can complete the informed consent and register them for programs.

TRANSFERS

Participants may transfer to another class or time any time before the second scheduled class. Transfers must be officially completed by main office staff and can only be completed if there is space in the program to which you wish to be transferred. Participants may transfer to any Junior Blues or Camp U of T program for which registration is open.

AGE GUIDELINES

Age guidelines for Junior Blues programs are based on a child’s developmental stage, the facility in which the program is held and individual program goals. Your child’s safety and enjoyment are important to us. We ask that all parents and caregivers adhere to age guidelines.

CHILDREN UNDER 3 YEARS OLD

Programs for children under three are family programs and require an adult to attend and fully participate. One adult per child is required.

CHILDREN 3 & 4 YEARS OLD

All children participating in classes for three- and four-year-olds must be the minimum age specified in the class description by the first day of class.

CHILDREN 5+ YEARS OLD

All children participating in classes for those five and over must be the minimum age specified in the class description by the last day of class.

Exception: For aquatics programs, participants must meet the minimum age by the first day of class for all levels.

If you would like to enroll your older child in a program that is set for younger children, please contact junior.blues@utoronto.ca.

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