

## CAREGIVER & TOT LEVEL DESCRIPTION AND PREREQUISITES

	Caregiver & Tot (6–24 months)	Caregiver & Tot (ages 2–3)
<b>Skills Categories</b>	<b>Prerequisites - What your child needs before you register:</b>	
	Age is the only prerequisite for Caregiver & Tot level (students must be at least 6 months to enter the program and can stay until 3 years of age)	
	<b>What your child will learn:</b>	
<b>Floats</b>	Front float (face out 6–12 months; face in 12–24 months) Back float	Front starfish float (assisted) Back starfish float (assisted)
<b>Kicks</b>	Kicking on front and back (12–24 months)	Kicking on front (assisted) Kicking on back (assisted)
<b>Entries</b>	-	Standing jump entry
<b>Underwater Skills</b>	Readiness for submersion (6–12 months) Blow bubbles (12–24 months)	Hold breath underwater Attempt to open eyes underwater



**SPORT & REC**