



JUNIOR BLUES



Learn new *Skills!*

From gymnastics to swimming and everything in between,
get active with the U of T Junior Blues.

Registration opens March 26, 2024 at 7 A.M.

Explore our programs at juniorblues.ca



LEARN, PLAY AND GROW WITH JUNIOR BLUES!

U of T Sport and Rec's Junior Blues program offers a range of activities for children ages 6 months to 17 years. With a variety of classes on land, in water and on ice, Junior Blues gives children and youth the physical literacy skills they need to be active and healthy for life.

Conveniently located on the University's downtown campus, our 'Junior Blues' enjoy access to world-class facilities including the Varsity Centre, Athletic Centre and Back Campus fields.

In the pages that follow, you will find the full schedule of Junior Blues programs being offered for the 2024 Spring\Summer session.

We are looking forward to another terrific year and hope to see you here!

Learn more about our programs and facilities at juniorblues.ca

SPRING\SUMMER 2024 PROGRAMS

Registration opens March 26, 2024 at 7 A.M.

Please check our website for the latest program details: juniorblues.ca

OFFERING	AGE	START DATE	END DATE	LOCATION/FACILITY	COURSE FEE
GYMNASTICS					
Gymnastics - Caregiver and Tot					
Tuesdays 9:30am - 10:20am	18 months - 3.5 years	April 9	June 11	Athletic Centre Lower Gym	\$210
Tuesdays 10:30am - 11:20am	18 months - 3.5 years	April 9	June 11	Athletic Centre Lower Gym	\$210
Gymnastics - Preschool 4-5 years					
Saturdays 9:10am - 10:00am	4-5	6 April	15 June	Athletic Centre Lower Gym	\$235
Saturdays 10:10am - 11:00am	4-5	6 April	15 June	Athletic Centre Lower Gym	\$235
Saturdays 11:10am - 12:00pm	4-5	6 April	15 June	Athletic Centre Lower Gym	\$235
Saturdays 12:10pm - 1:00pm	4-5	6 April	15 June	Athletic Centre Lower Gym	\$235
Sundays 9:10am - 10:00am	4-5	7 April	16 June	Athletic Centre Lower Gym	\$235
Sundays 10:10am - 11:00am	4-5	7 April	16 June	Athletic Centre Lower Gym	\$235
Sundays 11:10am - 12:00pm	4-5	7 April	16 June	Athletic Centre Lower Gym	\$235
Sundays 12:10pm - 1:00pm	4-5	7 April	16 June	Athletic Centre Lower Gym	\$235
Gymnastics - Girls - 6-12 years					
Saturdays 9:10am - 10:30am	6-12	6 April	15 June	Athletic Centre Lower Gym	\$350
Saturdays 10:45am - 12:15pm	6-12	6 April	15 June	Athletic Centre Lower Gym	\$350
Saturdays 12:30pm - 2:00pm	6-12	6 April	15 June	Athletic Centre Lower Gym	\$350
Sundays 9:10am - 10:30am	6-12	7 April	16 June	Athletic Centre Lower Gym	\$350
Sundays 10:45am - 12:15pm	6-12	7 April	16 June	Athletic Centre Lower Gym	\$350
Sundays 12:30pm - 2:00pm	6-12	7 April	16 June	Athletic Centre Lower Gym	\$350
Gymnastics - Boys - 6-8 years					
Saturdays 12:30pm - 2:00pm	6-8	6 April	15 June	Athletic Centre Lower Gym	\$350
Gymnastics - Boys - 7-10 years					
Sundays 12:30pm - 2:00pm	7-10	7 April	16 June	Athletic Centre Lower Gym	\$350
SPORT					
Badminton - 9-12 years					
Sundays 9:10am - 10:30am	9-12	May 5	16 June	Athletic Centre Sports Gym	\$164
Sundays 10:40am - 12:00pm	9-12	May 5	16 June	Athletic Centre Sports Gym	\$164
Basketball - 6-7 years					
Sundays 9:10am - 10:30am	6-7	7 April	16 June	Athletic Centre Field House Court 2 & 3	\$245
Basketball - 8-9 years					
Sundays 9:10am - 10:30am	8-9	7 April	16 June	Athletic Centre Field House Court 2 & 3	\$245
Sundays 10:40am - 12:00pm	8-9	7 April	16 June	Athletic Centre Field House Court 2 & 3	\$245
Basketball - 10-12 years					
Sundays 10:40am - 12:00pm	10-12	7 April	16 June	Athletic Centre Field House Court 2 & 3	\$245
MiniSport - 4-5 years					
Sundays 9:10am - 10:00am	4-5	7 April	16 June	Athletic Centre Dance Studio	\$168

SPRING 2024 PROGRAMS

OFFERING	AGE	START DATE	END DATE	LOCATION FACILITY	COURSE FEE
SPORT (continued)					
MultiSport - 6-8 years					
Sundays 10:10am - 11:30am	6-8	7 April	16 June	Athletic Centre Dance Studio	\$245
Tracktivities - 7-12 years					
Saturdays 9:10am - 10:30am	7-12	6 April	15 June	Athletic Centre Field House/Athletic Centre	\$217
Saturdays 10:40am - 12:00pm	7-12	6 April	15 June	Athletic Centre Field House/Athletic Centre	\$217
Track & Field - Intro to Training					
Wednesdays and Fridays 4:30pm - 6:00pm	9-12	10 April	14 June	Athletic Centre Field House	\$426
SWIMMING AND AQUATICS					
Caregiver and Tot Swimming					
Saturdays 9:15am - 9:45am - Slot 1	6 months - 3 years	4 May	22 June	Athletic Centre 25yd. Pool	\$128
Saturdays 9:15am - 9:45am - Slot 2	6 months - 3 years	4 May	22 June	Athletic Centre 25yd. Pool	\$128
Swim for Life 1					
Saturdays 10:15am - 10:45am	5-12	4 May	22 June	Athletic Centre 25yd. Pool	\$128
Saturdays 11:00am - 11:30am	5-12	4 May	22 June	Athletic Centre 25yd. Pool	\$128
Mondays 4:00pm - 4:30pm	5-12	6 May	24 June	Athletic Centre 25yd. Pool	\$128
Wednesdays 4:30pm - 5:00pm	5-12	8 May	26 June	Athletic Centre 25yd. Pool	\$146
Thursdays 5:30pm - 6:00pm	5-12	9 May	27 June	Athletic Centre Teach Pool	\$146
Fridays 5:00pm - 5:30pm	5-12	10 May	21 June	Athletic Centre 25yd. Pool	\$128
Swim for Life 2					
Saturdays 11:30am - 12:00pm	5-12	4 May	22 June	Athletic Centre 25yd. Pool	\$128
Mondays 4:00pm - 4:30pm	5-12	6 May	24 June	Athletic Centre 25yd. Pool	\$128
Wednesdays 4:30pm - 5:00pm	5-12	8 May	26 June	Athletic Centre 25yd. Pool	\$146
Fridays 6:00pm - 6:30pm	5-12	10 May	21 June	Athletic Centre 25yd. Pool	\$128
Swim for Life 3					
Saturdays 11:30am - 12:00pm	5-12	4 May	22 June	Athletic Centre 25yd. Pool	\$128
Sundays 4:30pm - 5:00pm	5-12	5 May	23 June	Athletic Centre 25yd. Pool	\$128
Mondays 4:30pm - 5:00pm	5-12	6 May	24 June	Athletic Centre 25yd. Pool	\$128
Wednesdays 4:00pm - 4:30pm	5-12	8 May	26 June	Athletic Centre 25yd. Pool	\$146
Fridays 4:00pm - 4:30pm	5-12	10 May	21 June	Athletic Centre 25yd. Pool	\$128
Swim for Life 4					
Saturdays 11:30am - 12:00pm	5-12	4 May	22 June	Athletic Centre 25yd. Pool	\$128
Sundays 4:30pm - 5:00pm	5-12	5 May	23 June	Athletic Centre 25yd. Pool	\$128
Mondays 4:30pm - 5:00pm	5-12	6 May	24 June	Athletic Centre 25yd. Pool	\$128
Wednesdays 4:00pm - 4:30pm	5-12	8 May	26 June	Athletic Centre 25yd. Pool	\$146
Fridays 6:30pm - 7:00pm	5-12	10 May	21 June	Athletic Centre 25yd. Pool	\$128
Swim for Life 3/4					
Fridays 4:30pm - 5:00pm	5-12	10 May	21 June	Athletic Centre 25yd. Pool	\$128
Swim for Life 5					
Sundays 3:45pm - 4:30pm	5-14	5 May	23 June	Athletic Centre 25yd. Pool	\$149
Mondays 5:00pm - 5:45pm	5-14	6 May	24 June	Athletic Centre 25yd. Pool	\$149
Wednesdays 5:45pm - 6:30pm	5-14	8 May	26 June	Athletic Centre 25yd. Pool	\$171
Fridays 4:00pm - 4:45pm	5-14	10 May	21 June	Athletic Centre 25yd. Pool	\$149

Please check our website for the latest program details: juniorblues.ca

SPRING 2024 PROGRAMS

OFFERING	AGE	START DATE	END DATE	LOCATION FACILITY	COURSE FEE
SWIMMING & AQUATICS (continued)					
Swim for Life 6					
Sundays 3:45pm - 4:30pm	5-14	5 May	23 June	Athletic Centre 25yd. Pool	\$149
Mondays 5:00pm - 5:45pm	5-14	6 May	24 June	Athletic Centre 25yd. Pool	\$149
Wednesdays 5:45pm - 6:30pm	5-14	8 May	26 June	Athletic Centre 25yd. Pool	\$171
Fridays 4:45pm - 5:30pm	5-14	10 May	21 June	Athletic Centre 25yd. Pool	\$149
Swim for Life 5/6					
Saturdays 10:45am - 11:30am	5-14	4 May	22 June	Athletic Centre 25yd. Pool	\$149
Thursdays 6:15pm - 7:00pm	5-14	9 May	27 June	Athletic Centre Varsity Pool	\$171
Swim for Life 7					
Sundays 3:00pm - 3:45pm	7-14	5 May	23 June	Athletic Centre 25yd. Pool	\$149
Mondays 5:45pm - 6:30pm	7-14	6 May	24 June	Athletic Centre 25yd. Pool	\$149
Wednesdays 5:00pm - 5:45pm	7-14	8 May	26 June	Athletic Centre 25yd. Pool	\$171
Fridays 5:30pm - 6:00pm	7-14	10 May	21 June	Athletic Centre 25yd. Pool	\$149
Swim for Life 8					
Sundays 3:00pm - 3:45pm	7-14	5 May	23 June	Athletic Centre 25yd. Pool	\$149
Mondays 5:45pm - 6:30pm	7-14	6 May	24 June	Athletic Centre 25yd. Pool	\$149
Wednesday 5:00pm - 5:45pm	7-14	8 May	26 June	Athletic Centre 25yd. Pool	\$171
Fridays 6:15pm - 7:00pm	7-14	10 May	21 June	Athletic Centre 25yd. Pool	\$149
Swim for Life 7/8					
Saturdays 10:45am - 11:00am	7-14	4 May	22 June	Athletic Centre 25yd. Pool	\$149
Thursdays 7:00pm - 7:45pm	7-14	9 May	27 June	Athletic Centre Varsity Pool	\$171
Swim for Life 9/10 - Rookie/Ranger Patrol					
Saturdays 9:45am - 10:30am	8-14	4 May	22 June	Athletic Centre 25yd. Pool	\$149
Thursdays 7:45pm - 8:30pm	8-14	9 May	27 June	Athletic Centre Varsity Pool	\$171
Swim for Life Preschool A					
Saturdays 9:45am - 10:15am	3-5	4 May	22 June	Athletic Centre 25yd. Pool	\$128
Sundays 1:45pm - 2:15pm	3-5	5 May	23 June	Athletic Centre 25yd. Pool	\$128
Thursdays 4:00pm - 4:30pm	3-5	9 May	27 June	Athletic Centre Teach Pool	\$128
Thursdays 5:00pm - 5:30pm	3-5	9 May	27 June	Athletic Centre Teach Pool	\$128
Swim for Life Preschool B					
Saturdays 10:15am - 10:45am	3-5	4 May	22 June	Athletic Centre 25yd. Pool	\$128
Sundays 2:15pm - 2:45pm	3-5	5 May	23 June	Athletic Centre 25yd. Pool	\$128
Thursdays 4:00pm - 4:30pm	3-5	9 May	27 June	Athletic Centre Teach Pool	\$146
Thursdays 5:00pm - 5:30pm	3-5	9 May	27 June	Athletic Centre Teach Pool	\$146
Swim for Life Preschool C					
Saturdays 10:30am - 11:00am	3-5	4 May	22 June	Athletic Centre 25yd. Pool	\$128
Thursdays 4:30pm - 5:00pm	3-5	9 May	27 June	Athletic Centre Teach Pool	\$146
Fridays 4:30pm - 5:00pm	3-5	10 May	21 June	Athletic Centre 25yd. Pool	\$128
Swim for Life Preschool D					
Saturdays 10:15am - 10:45am	3-5	4 May	22 June	Athletic Centre 25yd. Pool	\$128
Thursdays 4:30pm - 5:00pm	3-5	9 May	27 June	Athletic Centre Teach Pool	\$146

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SPRING 2024 PROGRAMS

OFFERING	AGE	START DATE	END DATE	LOCATION FACILITY	COURSE FEE
SWIMMING & AQUATICS (continued)					
Swim for Life Preschool E					
Thursdays 5:30pm - 6:00pm	3-5	9 May	27 June	Athletic Centre Teach Pool	\$146
Fridays 5:00pm - 5:30pm	3-5	10 May	21 June	Athletic Centre 25yd. Pool	\$128
Private Swim Lessons					
Sundays 12:15pm - 12:45pm	5-17	5 May	23 June	Athletic Centre 25yd. Pool	\$344
Sundays 12:45pm - 1:15pm	5-17	5 May	23 June	Athletic Centre 25yd. Pool	\$344
Sundays 1:15pm - 1:45pm	5-17	5 May	23 June	Athletic Centre 25yd. Pool	\$344
Fridays 4:00pm - 4:30pm	5-17	10 May	21 June	Athletic Centre 25yd. Pool	\$344
Fridays 5:30pm - 6:00pm - Slot 1	5-17	10 May	21 June	Athletic Centre 25yd. Pool	\$344
Fridays 5:30pm - 6:00pm - Slot 2	5-17	10 May	21 June	Athletic Centre 25yd. Pool	\$344
Fridays 6:00pm - 6:30pm	5-17	10 May	21 June	Athletic Centre 25yd. Pool	\$344
Fridays 6:30pm - 7:00pm	5-17	10 May	21 June	Athletic Centre 25yd. Pool	\$344
Adapted Swim - Preschool A					
Sundays 12:15pm - 12:45pm - Slot 1	3-5	5 May	23 June	Athletic Centre 25yd. Pool	\$128
Sundays 12:15pm - 12:45pm - Slot 2	3-5	5 May	23 June	Athletic Centre 25yd. Pool	\$128
Adapted Swim - Preschool B					
Sundays 12:45pm - 1:15pm	3-5	5 May	23 June	Athletic Centre 25yd. Pool	\$128
Adapted Swim - Swim for Life 1					
Sundays 12:45pm - 1:15pm	5-12	5 May	23 June	Athletic Centre 25yd. Pool	\$128
Sundays 1:15pm - 1:45pm	5-12	5 May	23 June	Athletic Centre 25yd. Pool	\$128
Sundays 2:15pm - 2:45pm	5-12	5 May	23 June	Athletic Centre 25yd. Pool	\$128
Adapted Swim - Swim for Life 2					
Sundays 1:15pm - 1:45pm	5-12	5 May	23 June	Athletic Centre 25yd. Pool	\$128
Adapted Swim - Swim for Life 3					
Sundays 1:45pm - 2:15pm	5-12	5 May	23 June	Athletic Centre 25yd. Pool	\$128
Adapted Swim - Swim for Life 4					
Sundays 2:15pm - 2:45pm	5-12	5 May	23 June	Athletic Centre 25yd. Pool	\$128
Adapted Swim - Intermediate (Swim for Life 5+)					
Sundays 1:45pm - 2:15pm	5-12	5 May	23 June	Athletic Centre 25yd. Pool	\$128
Introduction to Competitive Swim Ages 8-10					
Sundays 3:00pm - 3:45pm	8-10	5 May	23 June	Athletic Centre Varsity Pool	\$156
Introduction to Competitive Swim Ages 11-15					
Sundays 3:45pm - 4:30pm	11-15	5 May	23 June	Athletic Centre Varsity Pool	\$156
CERTIFICATION COURSES					
Bronze Star & Basic First Aid					
Tuesdays 7:00pm - 8:30pm	11-14	7 May	25 June	Athletic Centre Varsity Pool	\$219
Bronze Medallion & Emergency First Aid					
Thursdays 6:00pm - 9:00pm	13+	9 May	27 June	Athletic Centre Varsity Pool	\$279
Bronze Cross					
Thursdays 6:00pm - 9:00pm	13+	9 May	27 June	Athletic Centre Varsity Pool	\$279
Emergency First Aid					
Tuesdays 5:30pm - 6:30pm	11-15	7 May	25 June	Athletic Centre - Room TBD	\$99

Please check our website for the latest program details: juniorblues.ca

SUMMER 2024 AQUATICS PROGRAMS

OFFERING	AGE	START DATE	END DATE	LOCATION FACILITY	COURSE FEE
SWIMMING AND AQUATICS (SUMMER)					
Swim for Life 1					
Tuesdays and Thursdays 5:30pm - 6:00pm	5-12	9 July	8 August	Athletic Centre Teach Pool	\$183
Fridays 4:00pm - 4:30pm	5-12	12 July	9 August	Athletic Centre 25yd. Pool	\$91
Swim for Life 2					
Fridays 4:30pm - 5:00pm	5-12	12 July	9 August	Athletic Centre 25yd. Pool	\$91
Swim for Life 1/2					
Mondays and Wednesdays 4:00pm - 4:30pm	5-12	8 July	7 August	Athletic Centre 25yd. Pool	\$165
Swim for Life 3					
Thursdays 6:15pm - 6:45pm	5-12	11 July	8 August	Athletic Centre Teach & Varsity Pool	\$91
Fridays 5:00pm - 5:30pm	5-12	12 July	9 August	Athletic Centre 25yd. Pool	\$91
Swim for Life 4					
Thursdays 6:15pm - 6:45pm	5-12	11 July	8 August	Athletic Centre Teach & Varsity Pool	\$91
Fridays 5:30pm - 6:00pm	5-12	12 July	9 August	Athletic Centre 25yd. Pool	\$91
Swim for Life 3/4					
Mondays and Wednesdays 4:30pm - 5:00pm	5-12	8 July	7 August	Athletic Centre 25yd. Pool	\$165
Swim for Life 5					
Fridays 6:00pm - 6:45pm	5-14	12 July	9 August	Athletic Centre 25yd. Pool	\$107
Swim for Life 5\6					
Mondays and Wednesdays 5:45pm - 6:30pm	5-14	8 July	7 August	Athletic Centre 25yd. Pool	\$192
Swim for Life 7\8					
Mondays and Wednesdays 5:00pm - 5:45pm	7-14	8 July	7 August	Athletic Centre 25yd. Pool	\$192
Swim for Life Preschool A\B					
Tuesdays and Thursdays 4:00pm - 4:30pm	3-5	9 July	8 August	Athletic Centre Teach Pool	\$183
Swim for Life Preschool C\D					
Tuesdays and Thursdays 4:30pm - 5:00pm	3-5	9 July	8 August	Athletic Centre Teach Pool	\$183
Swim for Life Preschool E\F					
Tuesdays and Thursdays 5:00pm - 5:30pm	3-5	9 July	8 August	Athletic Centre Teach Pool	\$183
Adapted Swim Preschool A					
Fridays 4:00pm - 4:30pm	3-5	12 July	9 August	Athletic Centre 25yd. Pool	\$91
Adapted Swim - Swim for Life 1					
Fridays 4:30pm - 5:00pm	5-12	12 July	9 August	Athletic Centre 25yd. Pool	\$91
Adapted Swim - Swim for Life 2					
Fridays 5:00pm - 5:30pm	5-12	12 July	9 August	Athletic Centre 25yd. Pool	\$91
Adapted Swim - Swim for Life 3/4					
Fridays 5:30pm - 6:00pm	5-12	12 July	9 August	Athletic Centre 25yd. Pool	\$91
Adapted Swim - Intermediate (Swim for Life 5+)					
Fridays 6:00pm - 6:45pm	5-12	12 July	9 August	Athletic Centre 25yd. Pool	\$107
Introduction to Competitive Swimming (10-15 years)					
Thursdays 6:45pm - 7:30pm	10-15	11 July	7 August	Athletic Centre Varsity Pool	\$111
CERTIFICATION COURSES (SUMMER)					
Bronze Medallion and Emergency First Aid					
2 weeks - Monday to Friday - 9am to 12pm	13+	8 July	19 July	Athletic Centre 25yd. Pool	\$364
Bronze Cross					
2 weeks - Monday to Friday - 9am to 12pm	13+	22 July	2 August	Athletic Centre 25yd. Pool	\$364



SPRING/SUMMER 2024 PROGRAM EXCLUSION DATES

May 18, 19, 20 - All programs

June 7, 8 - Programs are canceled (except gymnastics and swimming)

SWIM LEVEL DESCRIPTIONS

Please refer to our website for more details, level descriptions and prerequisites:

<https://www.kpe.utoronto.ca/sport-and-fitness/swimming-year-round>

REGISTRATION

Registration can be busy, particularly when registration first opens. When you log-in, you may be placed into a virtual queue. You will be assigned a number representing your place in line and provided with an estimated wait-time. Once your user ID reaches the front of the queue you will be able to access the "campus rec" system to complete your registration(s).

Please ensure that you have created an account and added your dependents prior to the registration date. For instructions on account creation, visit uoft.me/campusrec

If you require assistance registering due to a disability please contact us in advance at junior.blues@utoronto.ca.

REFUND POLICY/WITHDRAWALS

Refunds are available for most Junior Blues programs and must be requested **WITHIN** two business days after the first class.

Refunds can be requested in person, by phone or by email at sportandrec@utoronto.ca by 11:59 p.m. Please remember to include your name, your child's name, and the program from which you are requesting to withdraw. Participants will be refunded the full amount less a cancellation fee of 10%.

Participants withdrawing for medical reasons will receive a full refund for the remainder of the program. A medical note is required. Notes must be received within two weeks of the date of illness.

INFORMED CONSENT

Remember, only the parent or guardian of the child can complete the informed consent and register them for programs.

TRANSFERS

Participants may transfer to another class or time any time before the second scheduled class. Transfers must be officially completed by main office staff and can only be completed if there is space in the program to which you wish to be transferred. Participants may transfer to any Junior Blues or Camp U of T program for which registration is open.

AGE GUIDELINES

Age guidelines for Junior Blues programs are based on a child's developmental stage, the facility in which the program is held and individual program goals. Your child's safety and enjoyment are important to us. We ask that all parents and caregivers adhere to age guidelines.

CHILDREN UNDER 3 YEARS OLD

Programs for children under three are family programs and require an adult to attend and fully participate. One adult per child is required.

CHILDREN 3 & 4 YEARS OLD

All children participating in classes for three and four year-olds must be the minimum age specified in the class description by the first day of class.

CHILDREN 5+ YEARS OLD

All children participating in classes for those five and over must be the minimum age specified in the class description by the last day of class.

Exception: For aquatics programs, participants must meet the minimum age by the first day of class for all levels.

If you would like to enroll your older child in a program that is set for younger children, please contact junior.blues@utoronto.ca.

Make Summer Fun with **Camp U of T!**



CAMP U of T

Learn more at campuoft.ca